

AC1

- Allergy/immunology (allergies, asthma)
- Anesthesiology
- Cardiology (heart)
- Dermatology (skin)
- Endocrinology/metabolism (diabetes, thyroid)
- Family practice
- Gastroenterology
- General practice
- General surgery
- Geriatrics (elderly)
- Gynecology – obstetrics
- Hematology (blood)
- Hospital residence
- Internal medicine (internist)
- Nephrology (kidneys)
- Neurology (nervous system)

(continued)

AC1

- Nuclear medicine
- Oncology (tumors, cancer)
- Ophthalmology (eyes)
- Orthopedics (bones, joints)
- Osteopathy (DO)
- Otorhinolaryngology (ear, nose, throat)
- Pain Management Specialist
- Pathology
- Physical med/rehab
- Physician's Assistant
- Plastic surgery
- Podiatrist (ankle, foot)
- Proctology
- Psychiatry/psychiatrist (mental health)
- Pulmonary (lungs)

(continued)

AC1

- Radiology
- Rheumatology (arthritis)
- Thoracic surgery (chest)
- Urology (urinary tract)
- Vascular Surgeon/Specialist (arteries, veins, lymphatic systems)

DI1

- Mexican, Mexican American, Chicano(a)
- Puerto Rican
- Cuban

DI2

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or other Pacific Islander
- White

DI3

- Asian Indian
- Chinese
- Filipino
- Japanese
- Korean
- Vietnamese

DI4

- Native Hawaiian
- Guamanian or Chamorro
- Samoan

DI5

- No schooling completed
- Nursery school to 8th grade
- 9th-12th grade, no diploma
- High school graduate (high school diploma or the equivalent)
- Vocational/technical/business/trade school certificate or diploma (beyond the high school level)
- Some college, but no degree
- Associate degree
- Bachelor's degree
- Master's, professional, or doctorate degree

DI6

Annual Income

A. Less than \$5,000
B. \$5,000 – less than \$10,000
C. \$10,000 – less than \$15,000
D. \$15,000 – less than \$20,000
E. \$20,000 – less than \$25,000
F. \$25,000 – less than \$30,000
G. \$30,000 – less than \$40,000
H. \$40,000 – less than \$50,000
I. \$50,000 – less than \$66,000
J. \$66,000 – less than \$109,000
K. \$109,000 or more

Monthly Breakdown

A. Less than \$417
B. \$417 – less than \$834
C. \$834 – less than \$1,250
D. \$1,250 – less than \$1,667
E. \$1,667 – less than \$2,084
F. \$2,084 – less than \$2,500
G. \$2,500 – less than \$3,334
H. \$3,334 – less than \$4,167
I. \$4,167 – less than \$5,500
J. \$5,500 – less than \$9,084
K. \$9,084 or more

DU1

- General exam, checkup or consultation
- Cleaning, prophylaxis, or polishing
- X-rays, radiographs, or bitewings
- Fluoride treatment
- Sealant (plastic coatings on back teeth)
- Fillings
- Inlays
- Crowns or caps
- Root canal
- Periodontal scaling, root planing, or gum surgery
- Periodontal recall visit (periodic or regular)

(continued)

DU1

- Extraction, tooth pulled
- Implants
- Abscess or infection treatment
- Other oral surgery
- Fixed bridges
- Dentures or removable partial dentures
- Relining or repair of bridges or dentures
- Orthodontia, braces, or retainers
- Bond, whiten, or bleach
- Treatment for TMD or TMJ

ENS1

- Iraq or Afghanistan Conflict (2001 – Present)
- Persian Gulf War (Aug 1990 – March 1991)
- Vietnam Era (Aug 1964 – May 1975)
- Korean Conflict (June 1950 – Jan 1955)
- World War II (Sept 1940 – July 1947)
- World War I (1917 – 1918)
- Peace time (all other times)

HA1

- One-family, detached
- Two-family or duplex
- Apartment or condominium building
- Mobile home, trailer
- Rowhouse, townhouse
- “mother-in-law” apartment

HA2

- Retirement community
- Senior citizens housing
- Assisted living facility
- Continuing care community
- Staged living community
- Retirement apartments
- Church-provided housing
- Personal or residential care home

HA3

- Prepared meals
- Housekeeping, maid, or cleaning services
- Laundry services
- Help with medications
- Transportation
- Recreational services

HF1

- Much better now than one year ago
- Somewhat better now than one year ago
- About the same
- Somewhat worse now than one year ago
- Much worse now than one year ago

HF2

- It will get much better
- It will get somewhat better
- It will not change
- It will get somewhat worse
- It will get much worse

HF3

- No difficulty at all
- A little difficulty
- Some difficulty
- A lot of difficulty
- Not able to do it

HF4

- Bladder
- Blood
- Bone
- Brain
- Breast
- Cervix
- Colon (bowel)
- Esophagus
- Gall Bladder
- Kidney
- Larynx (windpipe)
- Leukocytes (Leukemia)
- Liver

(continued)

HF4

- Lung
- Lymph Nodes (Lymphoma)
- Mouth/Tongue/Lip
- Ovary
- Pancreas
- Prostate
- Rectum
- Soft Tissue/Fat
- Stomach
- Testis
- Throat
- Thyroid
- Uterus

HF5

- Type 1
- Type 2
- Borderline
- Pre-Diabetes
- Gestational (Pregnancy-related)

HF6

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

HF7

- Just about everything you need to know
- Most of what you need to know
- Some of what you need to know
- A little of what you need to know
- Almost none of what you need to know about managing Diabetes

HF8

- Not at all
- Several days
- More than half the days
- Nearly every day

HF9

- Not at all difficult
- Somewhat difficult
- Very difficult
- Extremely difficult

HF10

- More than one a week
- About once a week
- 2-3 times a month
- About once a month
- Every 2-3 months
- Once or twice a year
- Not at all

HH1

Home Help by Health or Medical Professionals

- Nurse (visiting nurse, private duty nurse, etc.)
- Doctor
- Social worker
- Therapist
- Hospice worker

HH2

Medical or Nursing Treatment

- Applying sterile bandages or dressings
- Giving medications
- Taking blood pressure
- Giving shots or injections

HH3

Help With Daily Needs

- Using the telephone
- Doing housework
- Preparing meals

HH4

- Bathing
- Showering
- Dressing
- Eating
- Walking
- Using the toilet

HH5

Personal Care or Help with Daily Needs from Persons Who Do Not Live with You

- Home health aides
- Homemakers
- Friends
- Neighbors
- Relatives

HI1

Health Insurance Coverage Options

- “Original” Medicare
- “Medicare Advantage” (MA) plan
 - with Prescription Drug Plan (MA-PD) **or** without
- Medicaid
- TRICARE/TRICARE for Life
- Public Programs (other than Medicaid)
- Medicare Part D Prescription Drug Plan (PDP)
- Private/Supplemental Insurance Plan
 - Purchased directly from an insurance company, *or*
 - Obtained through an employer, union, or other group, such as AARP

HI1

ORIGINAL MEDICARE	MEDICARE ADVANTAGE
<ul style="list-style-type: none"> • You have your choice of doctors and hospitals. • Generally, you or your supplemental coverage pay deductibles and coinsurance. • If you want drug coverage, you must join a stand-alone Medicare prescription drug plan –a separate policy just for drugs. • You can buy a Medigap plan, which can help pay expenses not covered by Medicare. 	<ul style="list-style-type: none"> • May either require you to see medical providers in their network or let you choose and pay more of the costs. • You usually pay a copay or coinsurance for covered services. • If you want drug coverage, you must join a plan that includes drug coverage. This will give you all of your coverage in one plan. • A Medigap plan is not available.
MEDICAID	TRICARE/TRICARE FOR LIFE
<ul style="list-style-type: none"> • Public health care plan that helps make Medicare affordable for beneficiaries with low incomes and modest assets. • Medicare beneficiaries who are also enrolled in Medicaid are referred to as “dual eligibles.” • Will be automatically enrolled in a Medicare prescription drug plan and be eligible for a low-income subsidy or “extra help.” 	<ul style="list-style-type: none"> • Covers active-duty service members, retirees, and their families. • TRICARE generally pays the fees left outstanding after Medicare has made their payment.

HI1

PRIVATE SUPPLEMENTAL INSURANCE	MEDICARE PART D PRESCRIPTION DRUG PLAN
<ul style="list-style-type: none">• Separate plans that help pay for Medicare deductibles and coinsurance, and/or provide coverage for services not covered under Medicare.• Available to beneficiaries who are covered by Original Medicare.• Obtained from previous employers, private companies, union, associations, and other groups.	<ul style="list-style-type: none">• Separate policies that cover only prescribed medicines.• Beneficiaries pay a monthly premium and copay or coinsurance for their required prescriptions.• Standalone plans are only available to beneficiaries who are covered by Original Medicare; otherwise drug coverage is available as part of Medicare Advantage plans.
PUBLIC PROGRAMS (OTHER THAN MEDICAID)	
<ul style="list-style-type: none">• Include state, county, or city-based programs such as a pharmacy program, where the local government provides at least partial coverage for the cost of prescribed medicines.• Insurance comes from a public source other than Medicare or Medicaid.	

HIT1

TRICARE Plan Names

- A. TRICARE for Life
- B. TRICARE Plus
- C. TRICARE Prime
- D. TRICARE Extra
- E. TRICARE Standard
- F. TRICARE Pharmacy / TRICARE Senior Pharmacy
- G. TRICARE Dental Program
- H. TRICARE Retiree Dental Program
- I. TRICARE Reserve Select (TRS)
- J. TRICARE US Family Health Plan

(continued)

HIT1

Beneficiary Information Card for TRICARE For Life

FRONT OF CARD

TRICARE For Life

To Provider: File claims in the usual manner to Medicare.

To Patient : *Services that are a benefit of both Medicare and TRICARE :*No deductible or cost share is required.

*Medicare only benefit :*Medicare deductible and cost share required.

*TRICARE only benefit:*TRICARE deductible and cost share required.

For benefit questions call 1-888-DoD-LIFE (1-888-363-5433) www.tricare.osd.mil

For more information call 1-800-977-6753

www.hnfs.net

BACK OF CARD

TRICARE Senior Pharmacy

Military Treatment Facility: No Co-pay

National Mail Order Pharmacy: \$3 generic;\$9 brand name
(90 day supply)

TRICARE Network Pharmacy: \$3 generic;\$9 brand name
(30 day supply)

TRICARE Non-network Pharmacy: \$9 or 20%of cost (30 day supply)
\$150/person or \$300/family
annual deductible applies.

For pharmacy questions call 1-877-DoD-MEDS (1-877-363-6337)

(Co-pays subject to change)

5007334 (9/01 T85)

HIT2

Places to Obtain Medicines in Tricare Plan

- TRICARE Mail Order Pharmacy (TMOP)
- TRICARE Retail Pharmacy Network Pharmacy (TRRx)
- Military Treatment Facility Pharmacy (MTF)
- Non-network retail pharmacy

IA1

Monthly Mortgage Payments

A. Less than \$250
B. \$250 – less than \$500
C. \$500 – less than \$1,000
D. \$1,000 – less than \$3,000
E. \$3,000 – less than \$5,000
F. \$5,000 or more

IA2

Present Value of Home/Apartment/Condo

A. Less than \$50,000
B. \$50,000 – less than \$75,000
C. \$75,000 – less than \$100,000
D. \$100,000 – less than \$200,000
E. \$200,000 – less than \$300,000
F. \$300,000 – less than \$500,000
G. \$500,000 – less than \$750,000
H. \$750,000 or more

IA3

Monthly Rent

A. Less than \$250

B. \$250 – less than \$500

C. \$500 – less than \$1,000

D. \$1,000 – less than \$3,000

E. \$3,000 – less than \$5,000

F. \$5,000 or more

IA4

Retirement Plans

- 401(k)
- 403(b)
- IRA
- Keogh

IA5

**Combined Monthly Social
Security or Railroad Retirement
Amount**

A. Less than \$1,300
B. \$1,300 – less than \$1,700
C. \$1,700 – less than \$2,200
D. \$2,200 – less than \$2,600
E. \$2,600 or more

IA6

**Individual Monthly Social
Security or Railroad
Retirement Amount**

A. Less than \$700

B. \$700 – less than \$1,000

C. \$1,000 – less than \$1,300

D. \$1,300 – less than \$1,600

E. \$1,600 or more

IA7

**Combined Monthly
Supplemental Security
Income Amount**

A. Less than \$300
B. \$300 – less than \$700
C. \$700 – less than \$1,000
D. \$1,000 or more

IA8

**Individual Monthly
Supplemental Security
Income Amount**

A. Less than \$100
B. \$100 – less than \$200
C. \$200 – less than \$400
D. \$400 – less than \$700
E. \$700 or more

IA9

**Combined Monthly Veterans
Administration Income
Amount**

A. Less than \$1,000
B. \$1,000 – less than \$1,400
C. \$1,400 – less than \$1,800
D. \$1,800 – less than \$2,200
E. \$2,200 or more

IA10

**Individual Monthly Veterans
Administration Income
Amount**

A. Less than \$500
B. \$500 – less than \$700
C. \$700 – less than \$900
D. \$900 – less than \$1,100
E. \$1,100 or more

IA11

Combined Monthly Pension Payment

A. Less than \$600
B. \$600 – less than \$1,300
C. \$1,300 – less than \$2,100
D. \$2,100 – less than \$5,900
E. \$5,900 or more

IA12

Individual Monthly Pension Payment

A. Less than \$400
B. \$400 – less than \$900
C. \$900 – less than \$1,600
D. \$1,600 – less than \$3,800
E. \$3,800 or more

IA13

Combined Total Retirement Accounts

A. Less than \$34,000
B. \$34,000 – less than \$82,000
C. \$82,000 – less than \$175,000
D. \$175,000 – less than \$413,000
E. \$413,000 or more

IA14

Individual Total Retirement Accounts

A. Less than \$20,000
B. \$20,000 – less than \$47,000
C. \$47,000 – less than \$92,000
D. \$92,000 – less than \$218,000
E. \$218,000 or more

IA15

**Combined Monthly Amount
Received from Retirement
Account**

A. Less than \$200
B. \$200 – less than \$500
C. \$500 – less than \$1,000
D. \$1,000 – less than \$2,500
E. \$2,500 or more

IA16

**Individual Monthly Amount
Received from Retirement
Account**

A. Less than \$100

B. \$100 – less than \$300

C. \$300 – less than \$700

D. \$700 – less than \$1,700

E. \$1,700 or more

IA17

**Combined Amount Received
from Retirement Account Last
Year**

A. Less than \$2,400
B. \$2,400 – less than \$6,000
C. \$6,000 – less than \$12,000
D. \$12,000 – less than \$30,000
E. \$30,000 or more

IA18

**Individual Amount Received
from Retirement Account Last
Year**

A. Less than \$1,200
B. \$1,200 – less than \$3,600
C. \$3,600 – less than \$8,400
D. \$8,400 – less than \$20,400
E. \$20,400 or more

IA19

**Combined Mutual
Funds/Stocks/Bonds Not Part
of Retirement Account**

A. Less than \$9,000

B. \$9,000 – less than \$18,000

C. \$18,000 – less than \$93,000

D. \$93,000 – less than \$350,000

E. \$350,000 or more

IA20

**IAQ35C- Mutual
Funds/Stocks/Bonds Not Part
of Retirement Account**

A. Less than \$600

B. \$600 – less than \$5,000

C. \$5,000 – less than \$16,000

D. \$16,000 – less than \$62,000

E. \$62,000 or more

IA21

**IAC26A- Mutual
Funds/Stocks/Bonds Not Part
of Retirement Account**

A. Less than \$8,000

B. \$8,000 – less than \$62,000

C. \$62,000 – less than \$192,000

D. \$192,000 – less than \$213,000

E. \$213,000 or more

IA22

**IAQ36C- Mutual
Funds/Stocks/Bonds Not Part
of Retirement Account**

A. Less than \$300

B. \$300 – less than \$2,500

C. \$2,500 – less than \$8,000

D. \$8,000 – less than \$37,000

E. \$37,000 or more

IA23

**IAQ38B – All Accounts Last
Month**

A. Less than \$11,000
B. \$11,000 – less than \$25,000
C. \$25,000 – less than \$50,000
D. \$50,000 – less than \$108,000
E. \$108,000 or more

IA24

**IAQ38C – All Accounts Last
Month**

A. Less than \$2,000
B. \$2,000 – less than \$7,000
C. \$7,000 – less than \$17,000
D. \$17,000 – less than \$57,000
E. \$57,000 or more

IA25

**IAQ39B/IAQ40B – All Accounts
Last Month**

A. Less than \$8,000
B. \$8,000 – less than \$13,000
C. \$13,000 – less than \$28,000
D. \$28,000 – less than \$54,000
E. \$54,000 or more

IA26

**IAQ39C/IAQ40C – All Accounts
Last Month**

A. Less than \$500
B. \$500 – less than \$1,900
C. \$1,900 – less than \$5,000
D. \$5,000 – less than \$20,000
E. \$20,000 or more

IA27

**IAQ41 – Combined Interest and
Dividends Last Year**

A. Less than \$200
B. \$200 – less than \$1,000
C. \$1,000 – less than \$4,000
D. \$4,000 – less than \$16,000
E. \$16,000 or more

IA28

IAQ42B/IAQ43B – Individual Interest and Dividend Income

A. Less than \$400
B. \$400 – less than \$1,000
C. \$1,000 – less than \$2,000
D. \$2,000 – less than \$11,000
E. \$11,000 or more

IA29

IAQ44A – Value of Business, Farm, or Real Estate

A. Less than \$30,000
B. \$30,000 – less than \$101,000
C. \$101,000 – less than \$247,000
D. \$247,000 – less than \$703,000
E. \$703,000 or more

IA30

**IAQ45B/IAQ46A – Value of
Business, Farm, or Real Estate**

A. Less than \$18,000

B. \$18,000 – less than \$68,000

C. \$68,000 – less than \$122,000

D. \$122,000 – less than \$293,000

E. \$293,000 or more

IA31

**IAQ47B – Income from
Businesses or Property**

A. Less than \$3,600
B. \$3,600 – less than \$12,000
C. \$12,000 – less than \$25,000
D. \$25,000 – less than \$64,000
E. \$64,000 or more

IA32

**IAQ48B/IAQ49B – Income from
Businesses or Property**

A. Less than \$3,600
B. \$3,600 – less than \$7,200
C. \$7,200 – less than \$14,000
D. \$14,000 – less than \$38,000
E. \$38,000 or more

IA33

IAQ51A – Total Income

A. Less than \$30,000
B. \$30,000 – less than \$43,000
C. \$43,000 – less than \$66,000
D. \$66,000 – less than \$109,000
E. \$109,000 or more

IA34

IAQ51B – Total Income

A. Less than \$18,000
B. \$18,000 – less than \$22,000
C. \$22,000 – less than \$36,000
D. \$36,000 – less than \$56,000
E. \$56,000 or more

IA35

Lump Sum Payments

A. Insurance Settlement
B. Pension Settlement
C. Inheritance (or Trust)
D. Gift
E. Lawsuit

IA36

Present Value of Vehicles

A. Less than \$2,500
B. \$2,500 – less than \$5,000
C. \$5,000 – less than \$7,500
D. \$7,500 – less than \$10,000
E. \$10,000 – less than \$20,000
F. \$20,000 or more

IU1

Long Term Care Places

- Skilled nursing homes
- Intermediate care facilities
- Board and care homes
- Nursing home units in hospitals
- Facilities for the mentally retarded
- Psychiatric facilities
- Group homes

KN1

- Very easy
- Somewhat easy
- Somewhat difficult
- Very difficult

KN2

- Just about everything you need to know
- Most of what you need to know
- Some of what you need to know
- A little of what you need to know
- Almost none of what you need to know

KN3

- Very interested
- Somewhat interested
- Not very interested
- Not at all interested

KN4

- At least once every year
- Once every few years
- Rarely
- Never
- Only once when first signed up for drug plan
- Only once when first signed up for Medicare
- Just signed up for Medicare

KN5

- Completely agree
- Somewhat agree
- Somewhat disagree
- Completely disagree

KN6

- Very satisfied
- Satisfied
- Dissatisfied
- Very Dissatisfied

KN7

& Medicare You



2014

This is the official U.S. government Medicare handbook:

- ★ What's important in 2014 (page 4)
- ★ What Medicare covers (page 29)



CENTERS FOR MEDICARE & MEDICAID SERVICES

Updated January 13, 2016

MP1

Health Practitioners Who Are Not Medical Doctors

- Acupuncturist
- Audiologist
- Optometrist
- Chiropractor
- Podiatrist (foot doctor)
- Homeopath
- Naturopath
- Any other kind of health provider who is not a medical doctor

MP2

Mental Health Professionals

- Psychiatrist
- Psychologist
- Clinical social worker
- Licensed professional counselor

MP3

Therapists

- Physical therapist
- Speech therapist
- (Intravenous) I.V. therapist
- Massage therapist
- Occupational therapist
- Respiratory therapist

MP4

Other Medical Persons

- Nurse
- Nurse practitioner
- Paramedic (not including ambulance services)
- Physician's assistant

MP5

Other Types of Medical Places

- Health clinic
- Neighborhood health center
- Rural health clinic
- Infirmary
- Mental health clinic
- Urgent care center
- Any other place

NA1

- 12 oz. beer
- 5 oz. glass of wine
- One and a half ounces of liquor

OM1

Orthopedic Items

- Crutches
- Canes
- Wheelchairs
- Walkers
- Corrective shoes or inserts
- Support stockings
- Braces or supports

OM2

Diabetic Equipment or Supplies

- Syringes
- Test paper
- Test strips
- Blood monitoring kits

OM3

Prostheses

- Artificial leg or arm
- Mastectomy prosthesis
- Artificial or glass eye

OM4

Other Medical Equipment and Supplies

- Portable commode or raised toilet seat
- Portable tub seat
- Special chair or cushion
- Hospital bed
- Ostomy supplies
- Incontinence supplies (such as depends, serenity or other brands of disposable undergarments, pads, or briefs)
- Bandages, dressings, tape supplies
- Pulmonary equipment (nebulizer, CPAP, etc.)
- Blood pressure equipment (such as cuffs or monitors)

OM5

Alterations Inside or Outside Home or Car

- Ramps
- Handrails (other than tub handrails)
- Elevator or incline chair
- Tub seats
- Tub handrails
- Any car alteration

PM1

- Often
- Sometimes
- Never

RX1

- Very easy
- Somewhat easy
- Somewhat difficult
- Very difficult

RX2

- Just about everything you need to know
- Most of what you need to know
- Some of what you need to know
- A little of what you need to know
- Almost none of what you need to know

RX3

- Very satisfied
- Satisfied
- Dissatisfied
- Very dissatisfied

RX4

- Extremely confident
- Very confident
- Moderately confident
- Slightly confident
- Not confident

SC1

- Very satisfied
- Satisfied
- Dissatisfied
- Very dissatisfied

SC2

- Didn't think the problem was serious
- Thought it would cost too much
- Trouble finding or getting to the doctor
- Time, schedule, or personal conflicts
- Thought doctor couldn't do much about the problem
- Was afraid of finding out what was wrong
- Doctor would not accept my insurance

SC3

- Thought it would cost too much
- Didn't think medicine would help the condition
- Was afraid of medicine reactions or contraindications
- Don't like to take medicine
- Didn't think medicine was necessary
- The medicine was not covered by insurance or not on the plan's formulary
- Trouble obtaining medicine
- Obtained or used samples
- Used another medicine as a substitution

SC4

- Often
- Sometimes
- Never

US1

- Less than 1 year
- 1 year to less than 3 years
- 3 years to less than 5 years
- 5 years to less than 10 years
- 10 years or more

US2

- Never
- Sometimes
- Usually
- Always

US3

- Strongly agree
- Agree
- Disagree
- Strongly disagree

