

Visual Aid #1 – Medicare & You 2016 MTM Pages

Medicare & You 2016



This is the **official U.S. government** Medicare handbook.

- ★ What's important in 2016 (page 12)
- ★ What Medicare covers (page 37)



CENTERS for MEDICARE & MEDICAID SERVICES

Important!

Starting in early 2016, with limited exceptions, your prescribers need to be enrolled in Medicare or have an “opt-out” request on file with Medicare for your prescriptions to be covered by your Medicare drug plan. If your prescriber isn’t enrolled or has “opted-out,” you’ll still be able to get a 3-month provisional fill of your prescription. This will give your prescriber time to enroll, or you time to find a new prescriber who’s enrolled. Contact your plan or your prescribers for more information.

Do you get automatic prescription refills in the mail?

Some people with Medicare get their prescription drugs by using an “automatic refill” service that automatically delivers prescription drugs when they’re about to run out. To make sure you still need a prescription before they send you a refill, prescription drug plans should get your approval to deliver a new or refilled prescription before each delivery, except when you ask for the refill or new prescription. Be sure to give your drug plan the best way to reach you so you don’t miss the refill confirmation call or other communication. The plan won’t automatically ship your refills unless you confirm you still want to get the order. If you get a prescription automatically by mail that you don’t want, and you weren’t contacted to see if you wanted it before it shipped, you may be eligible for a refund. Did you know you can also sign up online for automatic refills with some pharmacies or get your prescription history? Visit bluebuttonconnector.healthit.gov to learn how.

Medication Therapy Management (MTM) Program

If you’re in a Medicare drug plan and take medications for different medical conditions, you may be eligible to get services, at no cost to you, through a MTM program. This program helps you understand your medications and use them safely. A pharmacist or other health professional will give you a comprehensive review of all your medications and talk with you about:

- How to get the most benefit from the drugs you take
- Any concerns you have, like medication costs and drug reactions
- How best to take your medications
- Any questions or problems you have about your prescription and over-the-counter medication

You’ll get a written summary of this discussion. The summary has a medication action plan that recommends what you can do to make the best use of your medications, with space for you to take notes or write down any follow-up questions. You’ll also get a personal medication list that will include all the medications you’re taking and why you take them. Have this summary available when you talk with your health care providers.

It's a good idea to schedule your medication review before your yearly "Wellness" visit, so you can talk to your doctor about your action plan and medication list. Bring your action plan and medication list with you to your visit or anytime you talk with your doctors, pharmacists, and other health care providers. Also, take your medication list with you if you go to the hospital or emergency room.

Your drug plan may enroll you in this program if you meet all of these conditions:

1. You have more than one chronic health condition.
2. You take several different medications.
3. Your medications have a combined cost of more than \$3,507 per year. This dollar amount (which can change each year) is estimated based on your out-of-pocket costs and the costs your plan pays for the medications each calendar year. Your plan can help you find out if you may reach this dollar limit.

Visit Medicare.gov/find-a-plan to get general information about program eligibility for your Medicare drug plan or for other plans that interest you. Contact each drug plan for specific details.

How do other insurance and programs work with Part D?

The charts on this page and the next 2 pages provide information about how other insurance you have works with, or is affected by, Medicare prescription drug coverage (Part D).

Employer or union health coverage—Health coverage from your, your spouse's, or other family member's current or former employer or union. If you have prescription drug coverage based on your current or previous employment, your employer or union will notify you each year to let you know if your prescription drug coverage is creditable. **Keep the information you get.** Call your benefits administrator for more information before making any changes to your coverage. **Note:** If you join a Medicare drug plan, you, your spouse, or your dependents may lose your employer or union health coverage.