

# THE LONGITUDINAL INVESTIGATION OF GENDER, HEALTH, AND TRAUMA SURVEY (LIGHT Survey)

#### Time 1

Over one's lifetime, people experience a wide range of significant life events. We are specifically interested in the unique experiences Veterans have during their lives. This survey will ask you questions about life experiences, health, attitudes, and emotions, as well as how you have been supported and how you generally cope. Thank you in advance for completing this survey.	Q1 Q2	What is your age?  Are you of Hispanic, Latino/a, or Spanish origin?  Yes  No
If you wish to participate PLEASE GO TO QUESTION 1.  If you do not wish to participate PLEASE MAIL BACK THE OPT-OUT FORM TO STOP FUTURE	Q3	How do you describe your race? Select all that apply.  Native American or Alaska Native Black Asian
REQUESTS TO COMPLETE THE SURVEY. You may also contact our helpdesk at 1-855-462-7577.  INSTRUCTIONS  Choose one answer for each question unless the instructions say otherwise.  Read each question carefully. Different questions ask about different timeframes.		West Asian, Middle Eastern, or North African Native Hawaiian Other Pacific Islander White/European Other: (Please describe)
Please use pen or dark pencil to mark an "X" in the answer box.  EXAMPLES: Correct Incorrect Inc	Q4 Q5	What is the highest degree or level of education you have completed?  Some high school but no diploma or GED  High school diploma / GED  Post-high school vocational or technical training  Some college credit, no degree  Associate's degree (for example, AA, AS)  Bachelor's degree (for example, BA, BS)  Master's, Doctorate or professional degree (for example, MA, MSW, MBA, PhD, MD, JD)  How many children do you have (both your biological children and other children for whom you have parenting responsibilities)?
		Number of children: ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Q5b	If you have children, what are their ages in	Q7	What is your current living situation?
	years?		Rent an apartment, house, or room
	Child 1		Own my house or apartment
	Child 2		Live with a relative or friend and not paying rent
	Child 3		Live in a car, on the street, or in a homeless shelter
	Child 4		Other (Please describe)
	Child 5		
	Child 6	Q8	Have you ever been homeless?
	Child 7		Yes
	Child 8		∐ No
	Child 9	Q9	What is your current employment status? Select all the apply.
	Chilid 10		Working for pay full-time (≥30 hours/week)
			Working for pay part-time (<30 hours/week)
			Not working for pay but actively looking for paid work
			Full-time care of children under the age of 18 or adult (for example, disabled adult child/parent/spouse)
Q5c	Would you consider yourself the or one of the primary caregivers for your child/children?		Full-time homemaker without full-time child or elder care responsibilities
	Yes		Retired
	☐ No		Disabled
Q6	Do you have family members who are veterans	Q10	Please provide an estimate of your HOUSEHOLD'S yearly income before taxes are taken out. Include all sources of income from <b>all earners</b> in your household. If you do not know the answer, please make your best
	of the armed services? Select all that apply.		guess.
	No, I do not have an immediate or extended family member who served/serves in the		No income Less than \$15,000 per year
	military		\$15,000 – 24,999
	Yes, my grandfather and/or grandmother served in the military		\$25,000 – 34,999
	Yes, my mother and/or father served/serves in the military		\$35,000 – 44,999
	Yes, I have a sibling that served/serves in the		\$45,000 - 54,999 \$55,000 - 74,999
	military Yes, I have a child who served/serves in the		\$75,000 - 99,999
	military		\$100,000 - \$149,999
	Yes, I have an extended family member (e.g., aunt, uncle) who served/serves in the military		\$150,000 or more per year

Q11	How many people are supported by this HOUSEHOLD income, including yourself, your significant other (if you have one), and anyone else partially or fully supported by this income whether or not they live with you?	Q18	What was your paygrade on your last day of military service (for example, E-5, O-6)?
	III	Q19	What was your primary military occupation during your military service?
Q12	Have you ever been incarcerated for longer than 24 hours?		Combat arms Combat support Service support
	□ No	Q20	Which of the following describes your discharge from military service?
	Now we will ask you about your military history and experiences		Honorable General under honorable conditions
Q13	In what component(s) have you served? Select all the apply.  Active Duty Reserve National guard	Q21	Under another category besides honorable (for example, Other Than Honorable (OTH), Bad Conduct Discharge (BCD), Dishonorable)  Medical  Not sure  Did you ever deploy overseas?
Q14	In which branch of the military have you spent the most time?	QZ1	Yes  No → Go to question 22
	Army Marine Corps Navy Air Force	Q21a	If <b>YES</b> , please answer the following questions about your deployments. If you never deployed please skip to question 22.  How many times were you deployed?
	Coast Guard		
Q15	How long were you in the military?  Years  Months	Q21b	How many total months were you deployed out of country?
Q16	At what age did you enlist?	Q21c	Did you experience a deployment in support of the following wars? <i>Select all that apply.</i>
			Operation Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn (OEF/OIF/OND)
Q17	At what age did you separate from military service?		Gulf War (1990-1991) Other: (Please describe)

The statements below are about your combat experiences during your military service.

#### Please select the response that best fits your answer. Q22 During your military service... Never Once or Twice Several times Many times a. You encountered land or water mines, booby traps, or roadside bombs (for example, IEDs). b. You saw refugees who had lost their homes or belongings. c. You fired your weapon at enemy combatants d. You saw civilians after they had been severely wounded or disfigured. e. You were involved in searching and/or disarming potential enemy combatants. f. You went on combat patrols or missions. g. You personally witnessed someone from your unit or an ally unit being seriously wounded or killed. h. You were exposed to hostile incoming fire. i. You saw the bodies of dead enemy combatants. The statements below are about your relationships with other military personnel during your military service. As used in these statements, the term "unit" refers to those you lived and worked with on a daily basis during your military service. Please mark how much you agree or disagree with each statement. Q23 While I was in the military... Neither Somewhat Somewhat Strongly Agree nor Strongly Disagree Disagree Disagree Agree Agree a. My unit was like family to me. b. People in my unit were trustworthy. c. My fellow unit members appreciated my efforts. d. I felt valued by my fellow unit members. e. Members of my unit were interested in my well-being.

f. My fellow unit members were interested in what I thought and how I felt about things. g. My unit leader(s) were interested in what I thought and how I felt about things. h. I felt like my efforts really counted to the leaders in my unit. i. My service was appreciated by the leaders in my unit. j. I could go to unit leaders for help if I had a problem or concern. k. The leaders of my unit were interested in my personal welfare. I. I felt valued by the leaders of my unit.

The next set of questions is about your relationships with others (*for example, other unit members, other unit leaders, civilians*) during your military service. Please mark how often you experienced each circumstance.

#### Q24 While I was in the military, the people I worked with...

	Never	Once or twice	Several times	Many times
a. Treated me in an overly critical way.				
b. Behaved in a way that was uncooperative when working with me.				
c. Treated me as if I had to work harder than others to prove myself.				
d. Questioned my abilities or commitment to perform my job effectively.				
e. Acted as though my mistakes were worse than others'.				
f. Tried to make my job more difficult to do.				
g. "Put me down" or treated me in a condescending way.				
h. Threatened my physical safety.				
<ul> <li>i. Made crude and offensive sexual remarks directed at me, either publicly or privately.</li> </ul>				
j. Spread negative rumors about my sexual activities.				
k. Tried to talk me into participating in sexual acts when I didn't want to.				
I. Used a position of authority to pressure me into unwanted sexual activity.				
m. Offered me a specific reward or special treatment to take part in sexual behavior.				
n. Threatened me with some sort of retaliation if I was not sexually cooperative (for example, the threat of a negative review or physical violence).				
o. Touched me in a sexual way against my will.				
p. Physically forced me to have sex.				

#### Now we will ask you about experiences you have had starting in your childhood.

Q25 The sentences below refer to your relationship with your family WHEN YOU WERE GROWING UP. Please describe how much you agree or disagree with each statement by marking the response that best fits your choice. If you spent time in more than one family setting, please answer these questions about the family in which you spent the greatest part of your childhood.

		Strongly disagree	Somewhat disagree	Neither agree or disagree	Somewhat agree	Strongly agree
i	a. I got along well with my family members.	Ď				
l	o. I felt like I fit in with my family.					
	c. Family members knew what I thought and how I felt about things.					
	d. I felt like my contributions to my family were appreciated.					
	e. I shared many common interests and activities with amily members.					
1	. My opinions were valued by other family members.					
(	g. I was affectionate with family members.					
ı	n. I played an important role in my family.					
	. I spent as much of my free time with family members as possible.					
	. Family members told me when they were having a problem.					
١	k. I could be myself around family members.					
ı	. My input was sought on important family decisions.					
the	e following questions ask about experience number of times you experienced these evolves to you, mark "Not at all."		_			
Q26a	Serious accident (for example, car/boat accident,	accident a	t work)			
	Not a	at all C	nce or twice	Several tin	nes Ma	iny times
	Childhood (birth – age 17)					
	Age 18 to enlistment (if applicable)		Щ			
	During military service					Ц
	After military service until end of May 2018		Щ			
	In the last 3 months					
Q26b	Exposure to toxic substance (for example, danger			•		
	Not a	atall C ⊐	nce or twice	Several tin	nes Ma	ny times
	Childhood (birth – age 17)					
	Age 18 to enlistment (if applicable)			<u> </u>		
	During military service					
	After military service until end of May 2018					H
	In the last 3 months	┙				

Q26C	witnessed sudden, violent death or aftern	ıatın ( <i>tor exam</i> )	oie, nomiciae, su	iiciae)	
		Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until end of May 2018				
	In the last 3 months				
Q26d	Sudden, unexpected death of someone cl	ose to you			
		Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until end of May 2018				
	In the last 3 months				
Q26e	Serious injury, harm, or death you caused	to someone e	lse		
	• • • • • • • • • • • • • • • • • • • •	Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				$\Box$
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until end of May 2018				
	In the last 3 months				
Q26f	Captivity (for example, being kidnapped, h	neld hostage. p	risoner of war)		
	3 (	Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until End of May 2018				
	In the last 3 months				
Q26a	Community violence: terrorist attack, boml	oina riots			
9		Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until end of May 2018				
	In the last 3 months				

## This section is about violent attacks against you by someone who is NOT a romantic partner or spouse

Q26h	Sexual assault by anyone who is <b>NOT</b> an is sexual act through force or threat of harm)		er (rape, attempte	ed rape, made to	perform any
	,	Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until end of May 2018				
	In the last 3 months				
Q26i	Serious physical assault by anyone who is threatened with a weapon)	NOT an intima	ate partner (attac	cked with or with	out a weapon,
		Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until end of May 2018				
	In the last 3 months				
	s section is about violence against youse	ou by some	one who WAS/I	S a romantic	partner or
Q26j	Physical assault (pushed, grabbed, shake	n, hit, beat up)	by a significant of	other/spouse	
		Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until end of May 2018				
	In the last 3 months				
Q26k	Unwanted sexual experience by a signification didn't want to do)	ant other/spous	se (pressured or	forced to do sex	rual things you
		Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)				
	Age 18 to enlistment (if applicable)				
	During military service				
	After military service until end of May 2018				
	In the last 3 months				

Q26I	Q26I Emotional mistreatment by significant other/spouse (name-calling, criticized, not allowed to see friends/family, humiliated, or denied money)					
			Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)					
	Age 18 to enlistment (if appl	icable)				
	During military service					
	After military service until er	d of May 2018				
	In the last 3 months					
Q26m	n Other traumatic event: <b>pl</b>	ease specify.				
	Please describe the event:					
	Childhaad (hivth ass 17)		Not at all	Once or twice	Several times	Many times
	Childhood (birth – age 17)	iaabla)				
	Age 18 to enlistment (if appl During military service	icable)		H	$\Box$	
	After military service until er	d of May 2018		H	$ \vdash$	
	In the last 3 months	d of May 2010		H	H	
	Think about things that materightening, horrible, or training you the most distress? If y experience like this" and p  Combat/ exposure to waterighten the combat of the c	umatic. If you have ou have not had a roceed to question	re had one of t an experience	hese experience like this, please	s, which experie	ence causes
	Sexual assault					
	Accident					
	Natural disaster					
	Seen someone killed or	seriously injured				
	Death of loved one throu	igh homicide or sui	cide			
	I did not have an experie	ence like this $ ightarrow$ <b>G</b>	to question 30	)		
	Other: (Please describe)	)				
Q28	How old were you when th	is most distressin	g trauma occu	ırred?		

Below is a list of problems that people sometimes have in response to a very stressful experience. Please read each problem carefully and then choose one of the responses to the right to indicate how much you have been bothered by that problem in the past month. Please base your answers on problems related to the experience you named as the worst in question 27

### Q29 Thinking about the experience you named in question 27, in the past month, how much were you bothered by:

	Not at all	A little bit	Moderately	Quite a bit	Extremely
a. Repeated, disturbing, and unwanted memories of the stressful experience?					
b. Repeated, disturbing dreams of the stressful experience?					
c. Suddenly feeling or acting as if the stressful experience were actually happening again (as if you were actually back there reliving it)?					
d. Feeling very upset when something reminded you of the stressful experience?					
e. Having strong physical reactions when something reminded you of the stressful experience (for example, heart pounding, trouble breathing, sweating)?					
f. Avoiding memories, thoughts, or feelings related to the stressful experience?					
g. Avoiding external reminders of the stressful experience (for example, people, places, conversations, activities, objects, or situations)?					
h. Trouble remembering important parts of the stressful experience?					
i. Having strong negative beliefs about yourself, other people, or the world (for example, having thoughts such as: I am bad, there is something seriously wrong with me, no one can be trusted, the world is completely dangerous)?					
j. Blaming yourself or someone else for the stressful experience or what happened after it?					
k. Having strong negative feelings such as fear, horror, anger, guilt, or shame?					
I. Loss of interest in activities that you used to enjoy?					
m. Feeling distant or cut off from other people?					
n. Trouble experiencing positive feelings (for example, being unable to feel happiness or have loving feelings for people close to you)?					
<ul><li>o. Irritable behavior, angry outbursts, or acting aggressively?</li></ul>					
p. Taking too many risks or doing things that could cause you harm?					
q. Being "superalert" or watchful or on guard?					
r. Feeling jumpy or easily startled?					
s. Having difficulty concentrating?					
t. Trouble falling or staying asleep?					

Q30	The next set of items ask a about whether or not the s occurring for you, choose extent to which it is NOW	tressfu "N/A" a	ıl situation and go to	on desc o the ne	ribed h ext item	appene	ed in the situation	e last m	ionth. Íf	the sit	uation	IS NOT
			Not at all distressing				Somewhat distressing		_			Extremely distressing
	a. Laid off or fired from work	N/A	1	2	3	4	5	6	7	8	9	10
	b. At risk for losing your home											
	c. Caring of seriously ill and/or disabled dependents (e.g., children, elders)											
	d. Divorce or separation from romantic partner											
	e. Legal problems, court proceedings, ongoing litigation											
	f. Major negative change in financial status											
	g. Major problems at school/At risk of losing spot at school or Veteran subsidies											
	h. Major health problem											
	i. Major problem with your significant other or child(ren)											
		l	fton ho		boon b	-46-4-	d by a	ny of th	a follo	wina n	robler	ne?
Q31	Over the <u>last two weeks</u>	now o	nten na	ve you	peen p	otnere	tu by a	ווא טו נו	ie iolio	willy p		113 :
Q31	Over the <u>last two weeks</u>	now o	nten na	ve you	Deen b		_		Mo	re than h		rly every
Q31				ve you	been b	Not a	_	Several o	Mo			
Q31	a. Little interest or pleasure in	n doing	things	ve you	been b		_		Mo	re than h		rly every
Q31	a. Little interest or pleasure ir     b. Feeling down, depressed,	n doing or hope	things eless	·			_		Mo	re than h		rly every
Q31	<ul><li>a. Little interest or pleasure in</li><li>b. Feeling down, depressed,</li><li>c. Trouble falling or staying as</li></ul>	n doing or hope sleep, o	things eless er sleepin	·			_		Mo	re than h		rly every
Q31	a. Little interest or pleasure ir     b. Feeling down, depressed,	n doing or hope sleep, o e energy	things eless er sleepin	·			_		Mo	re than h		rly every
Q31	<ul><li>a. Little interest or pleasure in</li><li>b. Feeling down, depressed,</li><li>c. Trouble falling or staying as</li><li>d. Feeling tired or having little</li></ul>	n doing or hope sleep, o e energy J – or tha	things eless or sleepin / at you are	g too m	uch		_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself	n doing or hope sleep, o e energy — or tha ly down nings, s	things eless or sleepin / at you are	g too m	uch e or		_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself have let yourself or your familing. Trouble concentrating on the	or hope sleep, o e energy — or tha ly down hings, s sion wly that ing so f	things eless or sleepin t at you are cuch as re other pe	e a failur eading the	uch e or he uld have	Not a	_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself have let yourself or your familing. Trouble concentrating on the newspaper or watching televith. Moving or speaking so slow noticed. Or the opposite – be	or hope sleep, of e energy — or that ly down nings, s sion wly that ing so f d a lot r	things eless or sleepin  that you are cuch as re other pe idgety or more that	e a failur eading the ople con restless n usual	uch e or he uld have s that	Not a	_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself have let yourself or your fami g. Trouble concentrating on the newspaper or watching televinh. Moving or speaking so slow noticed. Or the opposite – be you have been moving around. Thoughts that you would be	or hope sleep, o e energy d – or tha ly down hings, s sion wly that ing so f d a lot r	things eless or sleepin  t you are cuch as re other pe idgety or more than off dead,	e a failur eading the ople con restless n usual	uch e or he uld have s that	Not a	_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself have let yourself or your familing. Trouble concentrating on the newspaper or watching televith. Moving or speaking so slow noticed. Or the opposite — be you have been moving aroun i. Thoughts that you would be yourself	or hope sleep, or e energy — or that ly down hings, s sion wly that ing so f d a lot r e better	things eless or sleepin  that you are cuch as re other pe idgety or more that off dead, ge	e a failur eading the ople con restless n usual	uch e or he uld have s that	Not a	_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself have let yourself or your fami g. Trouble concentrating on the newspaper or watching televinh. Moving or speaking so slow noticed. Or the opposite — be you have been moving aroun i. Thoughts that you would be yourself j. Feeling nervous, anxious, or	or hope sleep, or e energy d – or that ly down hings, s sion wly that ing so f d a lot r e better	things eless or sleepin  the you are cuch as re other pe idgety or more than off dead, ge	e a failur eading the ople con restless n usual	uch e or he uld have s that	Not a	_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself have let yourself or your familing. Trouble concentrating on the newspaper or watching televith. Moving or speaking so slow noticed. Or the opposite — be you have been moving aroun i. Thoughts that you would be yourself j. Feeling nervous, anxious, or k. Not being able to stop or contracting to the stop or contracting the stop of	or hope sleep, or e energy d – or that ly down hings, s sion wly that ing so f d a lot r e better	things eless or sleepin  the you are cuch as re other pe idgety or more than off dead, ge	e a failur eading the ople con restless n usual	uch e or he uld have s that	Not a	_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself have let yourself or your fami g. Trouble concentrating on the newspaper or watching televinh. Moving or speaking so slow noticed. Or the opposite — be you have been moving aroun i. Thoughts that you would be yourself j. Feeling nervous, anxious, or k. Not being able to stop or coll. Worrying too much about desired.	n doing or hope sleep, or e energy  — or that ly down nings, s sion wly that ing so f d a lot r e better or on ed ontrol w ifferent	things eless or sleepin  things at you are other pe idgety or more than off dead, ge vorrying things	e a failur eading the ople con restless n usual	uch e or he uld have s that	Not a	_		Mo	re than h		rly every
Q31	a. Little interest or pleasure in b. Feeling down, depressed, c. Trouble falling or staying as d. Feeling tired or having little e. Poor appetite or overeating f. Feeling bad about yourself have let yourself or your familing. Trouble concentrating on the newspaper or watching televith. Moving or speaking so slow noticed. Or the opposite — be you have been moving aroun i. Thoughts that you would be yourself j. Feeling nervous, anxious, or k. Not being able to stop or coll. Worrying too much about dim. Trouble relaxing	n doing or hope sleep, or e energy d — or tha ly down nings, s sion wly that ing so f d a lot r e better or on ed ontrol w ifferent hard to s or irrital	things eless or sleepin  things at you are cuch as re other pe idgety or more than off dead, ge corrying things sit still ble	e a failur eading the ople con restless n usual or of hu	uch e or he uld have s that	Not a	_		Mo	re than h		rly every

Q32	the following	ever been diagnosed with any of ng emotional/mental health ? <i>Select all that apply.</i>	Q33b	your	often have self in the pa Never	, ,		•
	Post-tra	aumatic Stress Disorder (PTSD)		=	Rarely (1 time	e)		
	Depres	esion		=	Sometimes (2	•		
		Disorder (for example, panic disorder,		=	Often (3-4 tin	,		
		lized anxiety disorder)			Very often (5	,	100)	
	Other	mental health problem (please specify):		Ш	very often (5	or more un	163)	
			Q33c	going	e you ever to g to commit heck one or	suicide, o		
Dlo	ana ahaak t	the one box beside the			No			
		phrase that best applies to			Yes, at one ti	me, but did	not really	want to die
you	-				Yes, at one ti	me, and rea	ally wanted	I to die
				$\overline{\Box}$	Yes, more tha	an once, bu	t did not w	ant to do it
Q33a	Have vou	ever thought about or attempted to			Yes, more tha it	an once, an	d really wa	anted to do
		f? Check one only.	Q33d	How	likely is it th	nat vou will	attempt s	suicide
	Never				eday? <i>Chec</i>			
	lt was j	ust a brief passing thought			Never			
		had a plan at least once to kill myself		$\Box$	No chance at	t all		
		not try to do it			Rather unlike	ely		
		had a plan at least once to kill myself ally wanted to die		$\Box$	Unlikely			
	I have	attempted to kill myself, but did not			Likely			
	want to			$\Box$	Rather likely			
	hoped	attempted to kill myself, and really to die		$\overline{\Box}$	Very likely			
wa pr	ant you to	ghts of hurting yourself can be a know that help is available. We r call the Veterans Crisis Hotline (1	ecomm	end t	that you co	ontact yo	ur prima	ary care
	Thinking <u>ov</u> that way.	<u>ver the past month</u> , check the optio	n that b	est de	escribes the	e amount	of time y	ou felt
			None almost of the	none A	little of the So	ome of the N		All or almost all of the time
	a. I found my	self getting angry at people or situations.		]				
	-	angry, I got really mad.						
	•	angry, I stayed angry.		]				
		angry at someone I wanted to hit them.		]				
	e. My anger p as well as I'd	prevented me from getting along with peop have liked to.	ole _					

Q35	What is your current marital status?	Q36 A	Are you curre	ently in a rom	antic rela	ationship?		
	Never married	[	-	in a relationsh	ip and livi	ng as a		
	Married - first and only marriage → <b>Go to</b>	- [	couple Currently	in a relationsh	nin hut not	living as a		
	☐ question 37 ☐ Married - second or later marriage → <b>Go to</b>	_	couple	iii a relationsi	iip but not	iiviiig as a		
	question 37	[	Not curre question	ntly in a relatio	onship →	Go to		
	Separated		question	30				
	Divorced							
	Widowed							
	you are married or currently in a romantic reluestions. If you are not married or in a romant							
Q37	Q37 Over the last month, how often have you done the following in your romantic relationship:							
		Never	Rarely	Sometimes	Often	Most or all of the time		
	a. Provided your significant other with the emotional	Never	naiely	Sometimes				
	support they sought							
	<ul><li>b. Shared your intimate thoughts and feelings</li><li>c. Done your fair share of day-to-day tasks. (for example,</li></ul>							
	grocery shopping, errands, planning activities)							
	d. Initiated leisure time activities that both you and your significant other enjoy.							
	e. Made effort to work through disagreements respectfully.							
	f. Expressed interest and/or willingness to engage in regular sexual or physical intimacy.							
lf y	you currently have parenting responsibilities	for any	children 1	18 or under	please	answer		
th	e following questions. If not, please skip to q	uestior	າ 39.					
Q38	All parents have strengths and weaknesses. Over	er the la	st month, h	ow often ha	ve you:			
		Never	Rarely	Sometimes	Often	Most or all of the time		
	a. Provided a healthy environment for your children. (for example, preparing healthy meals, caring for their health,							
	keeping them safe)							
	b. Been a good example for your children. (for example, being respectful during disagreements with others,							
	taking good care of your own health).							
	c. Been actively involved in your child(ren)'s activities. (for example, regularly attending sporting and school events, giving your full attention during time together)							
	d. Met your children's needs for physical affection and emotional support. (for example, giving them hugs, being sympathetic to their problems)							
	e. Been able to successfully manage your child(ren)'s unique challenges. (for example, effectively disciplining children)							

Th	e following questions ask about your neighbo	orhood ar	nd comm	unity.		
Q39	How long have you lived in your current neighborhoo Years: Months:	d (Years /	Months)?			
Ω40	Over the course of your adult life, how often have	e vou beer	n involved	l in		
α.υ	ever the course of your duals me, non onen have	Never	Rarely	Sometimes	Often	Most or all
	a. Activities that address political topics at the local, state,					of the time
	national level (for example, political rallies or fundraisers, groups that focus on specific political point of views, etc.)					
	b. Volunteer activities for non-political organizations (for example, red cross, local organization)					
	c. Religious or spiritual communities					
	d. Culture, recreational, or leisure group activities (for example, sport, music, craft, etc.)					
042	Not involved in these groups/organizations  Very unlikely  Unlikely  Neither likely nor unlikely  Likely  Very likely	abbarbaa	a.			
Q42	How likely are these things to happen in your nei	Very		Neither likely		
		Unlikely	Unlikely	nor unlikely	Likely	Very likely
	a. People around here are willing to help their neighbors.					
	b. This is a close-knit neighborhood.	Ц	Ц	Щ	Щ	Щ
	c. People in this neighborhood can be trusted.					
	d. People in this neighborhood generally don't get along with each other.					
	e. People in this neighborhood do not share the same values.					
Q43	On the whole, how much do you like this neighborhood	od as a pla	ace to live?	?		
	Not at all					
	A little					
	Somewhat					
	A great deal					

Indicate how you feel about each statement. Strongly Strongly Disagree Disagree Agree Agree a. There is a lot of graffiti in my neighborhood. b. My neighborhood is noisy. c. Vandalism is common in my neighborhood. d. There are a lot of abandoned buildings in my neighborhood. e. My neighborhood is clean. f. People in my neighborhood take good care of their houses and apartments. g. There are too many people hanging around on the streets near my home. h. There is a lot of crime in my neighborhood. i. There is too much drug use in my neighborhood. j. There is too much alcohol use in my neighborhood. k. I'm always having trouble with my neighbors. I. In my neighborhood, people watch out for each other. m. My neighborhood is safe. Q45 In the last year, how often have you heard Q49 Have you ever seen someone shot with a gun gunshots associated with crime or violence in in the neighborhood? your neighborhood? Yes Never Nο Once or twice Three to five times More than five times Q46 How common would you say it is for people to Q50 If a fight were to break out near your home, belong to street gangs in your neighborhood? how likely is it that your neighbors would attempt to break it up? Very common Somewhat common Very likely Somewhat uncommon Somewhat likely Very uncommon Somewhat unlikely Very unlikely Q47 How common do you think it is for people to carry guns in the neighborhood? Very common Somewhat common Somewhat uncommon Q51 If a fight were to break out near your home, Very uncommon how likely is it that the police would be called? Very likely Q48 Have you ever seen someone threatened with a gun in the neighborhood? Somewhat likely Yes Somewhat unlikely Nο Very unlikely

Q44 We are interested in how you feel about the following statements. Read each statement carefully.

Q52	How safe do you feel.					Q58	During the past month, how many hours of
		Very safe	Some what safe	Some what unsafe	Very unsafe		actual sleep did you get at night? (This may be different from the number of hours you spent in bed.)
	a. Alone inside your house?						Hours of sleep per night:
	b. Outside in your neighborhood during the day?					Q59	How often do you exercise for 30 minutes or more?
	c. Outside in your neighborhood at night?						Daily or almost daily
	d. Walking alone toward a group of people that you don't know?						3 to 4 times per week 2 to 3 times per week
Q53	In this neighborhood, necessary for people themselves or their fa	to carr			otect		1 to 2 times per week Fewer than once per week
	Strongly agree Agree Disagree	illiy.				rela	ise answer the following questions ted to your current and history of stance use. Skip any questions that are evant to you.
Q54	In this neighborhood, necessary for people themselves or their fa	to join			otect	Q60	How many cigarettes did you smoke on an average day in the last month (if you do not smoke write 0)?
	Strongly agree Agree						lcohol, one drink equals: z. wine
	Disagree Strongly disagree						ine cooler oz. beer
	following questions	ask a	abou	t your	•	• 1 co	ocktail with 1 oz. hard liquor
hea						Q61	How often do you currently have a drink containing alcohol?
Q55	During the past month usually gone to bed at				ou		Never
							Monthly or less  2-4 times a month
Q56	During the past month usually taken you to fa				ht?		2-3 times a week 4 or more times a week
	Number of Hours:					Q62	How many standard drinks containing alcohol do you have on a typical day?
	Number of minutes:						1 or 2 3 or 4
Q57	During the past month usually gotten up in the						5 or 6
		e mon	iiiig (i		<i>)</i> :		7 to 9
							10 or more

Q63	On average, how often do you have 5 or more drinks on one occasion?  Never Less than monthly Monthly Weekly Daily or almost daily	Q66	oth ma all? spe	er than alcoling times in a This include eed, ecstasy	oth, did you unthol or marijunthol or marijunthology a typical weetes cocaine, of methamphology prescribed for	iana? If <b>Y</b> lek did you crack, her etamines,	ES, how use, if at oin, acid, steroids,
Q64	Have you ever been diagnosed with alcohol abuse or dependence in the past?		Tim	es in a week:			
	No Yes	Q66a		narijuana cau —	e of drugs ot use any prob		alcohol or
Q65	In the past month, did you use marijuana? If <b>YES</b> , how many times in a typical week?		Ļ	Yes			
	No → Go to question 66 Yes			No N/A, I do r or marijua	not use drugs, na	not includ	ing alcohol
	Times in a week:	Q66k			se think you or marijuana		
Q65a	Does your marijuana use cause any problems?		Г	Yes	,	•	
	Yes No N/A, I do not use marijuana			No N/A, I do r or marijua	not use drugs, na	, not includ	ing alcohol
Q65b	Did anyone else think your marijuana use caused a problem?  Yes	Q67	(iı		r been diagr scription dru n the past?		
	☐ No			No			
	N/A, I do not use marijuana			Yes			
_	ou are prescribed pain medication please and item 69.	nswe	r th	ne followin	g question	s, other	wise skip
Q68	In the past 3 months						
		Ne	ver	Rarely	Sometimes	Often	Almost Always
	a. I abused prescription pain medication						
	b. I ran out of my prescription pain medication early						
	c. I got prescription pain medication from someone other than my healthcare provider						
	d. I used more of my prescription pain medication than I was supposed to						
	e. I experienced cravings for pain medication						
	f. I used more pain medication before the effects wore off						

Q68a	In the past 3 months					
		Not at a	II A little bit	Somewhat	Quite a bit	Very much
	When my prescription for pain medication ran out, I felt anxious					
Th	ne following questions are about food and eat	ting be	havior			
Q69	Please answer yes or no to the following questions:	:		No		Yes
	a. Do you make yourself sick because you feel uncomfort b. Do you worry that you have lost control over how much c. Have you recently lost more than 14 lbs in a 3-month p d. Do you believe yourself to be fat when others say you a e. Would you say that food dominates your life?	you eat period?	?			
Q70	What is your current height not wearing shoes?					
Q71	What is your current weight (if you are currently pre	gnant p	ease put you	ur pre-preg	nancy weiç	ght)?
1	Please indicate whether you are currently diagnosed a. Sleep problem or disorder (for example, insomnia, sleep b. Chronic pain or pain related disorder (for example, kneed). Sexually transmitted disease d. Other chronic physical problem (please specify)	apnea)		wing condit  No	ions:	Yes
Q73	Have you ever experienced any of the following events? Select all that apply.  Blast or explosion (IED, RPG, Landmine, Grenade, etc)  Vehicular accident/crash (any vehicle including aircraft)  Fragment wound or bullet wound above the shoulders  Fall  Blow to the head (head hit by falling/flying object, head hit by another person, head hit against something, etc)  Strangulation  Shaken violently  None of the above → <b>Go to question 77</b>	а	Being dazon Not rement Concussion Head injur	ents in Q73 asciousness ed, confused abering the element y that resulte k, face, dam	? Select al	Il that out" g stars" n bones in

Q75	Did any of the following problems begin or get worse afterwards? Select all that apply.	Q77b	Did you become pregnant eventually?
	Memory problems or lapses		No, and I have stopped trying
	Balance problems or dizziness		No, but I am still trying
	Sensitivity to bright light		Yes, I became pregnant naturally
	Irritability		Yes, I became pregnant with medical intervention (i.e. IVF)
	Headaches		,
		Q78	Are you currently pregnant?
	Sleep problems		No
	None of the above		Yes
Q76	In the past week, have you had any of the symptoms from question 73? Select all that apply.  Memory problems or lapses	Q78a	If <b>YES</b> , how many weeks pregnant are you?
	Balance problems or dizziness		
	Sensitivity to bright light	Q78b	If <b>NO</b> , are you currently trying to get pregnant?
	Irritability		
	Headaches		No → Go to question 79
	Sleep problems		Yes
	None of the above	Q78c	If <b>YES</b> , how many months have you been
Q77	Have you ever tried, for a period of 12 months or longer, to become pregnant?		trying to become pregnant?
	Yes, I have tried for 12 months or longer to		
	become pregnant  No → Go to question 78		Have you ever been pregnant? Please include
	$N/A \rightarrow Go \text{ to question 78}$		live births, stillbirths, miscarriages, induced abortions, and tubal and other ectopic
	IV/A → Go to question 70		pregnancies.
Q77a	If <b>YES</b> , Did a doctor identify any of the following reasons for your difficulties in becoming pregnant? <i>Select all that apply.</i>		No → Go to question 81 Yes
	I did not see a doctor for this problem	<b>∩</b> 79a	If <b>YES</b> , how many times have you been
	No reason identified		pregnant? Please include live births, stillbirths,
	Cervical factor		miscarriages, induced abortions, and tubal
	Tubal factor		and other ectopic pregnancies.
	Ovulation factor		
	Semen or sperm factor		
	Hormonal factor	Q79b	If <b>YES</b> , how many live or stillborn births have
	Other (please specify)		you had?

	Have you had any lead to a birth, eith an abortion or mis many?  No Yes  Number of Abortions  Number of miscarra  Age at first miscarra	s: [ ges: [	or stillbo e? If <b>YE</b> \$	rn, such a	as	pregna	ncy? s	d an ectop		
	ase answer the f gnancies that le									
Q80a	Did your pregnanc		to ( <i>Selec</i> 1st Pregnancy		<i>apply</i> ):	4th	5th	6th	7th	8th Pregnancy
	Currently Pregnant									
	Live Birth Stillborn								H	
	Twins/Triplets								H	
	Other									
Q80b	Was this pregnand	cy planr	ned?							
			lst Inancy	2nd	3rd	4th	5th	6th	7th	8th Pregnancy
	Yes									
	No									
	Do not remember									
Q80c	If planned, how long	did it tak	ke you to g	get pregna	nt?					
	1st Pregnancy	M	lonths		5th			Months		
	2nd	М	lonths		6th			Months		
	3rd	М	lonths		7th			Months		
	4th	M	lonths		8th	Pregnancy		Months		
Q80d	How old were you	when y	ou got pr	egnant?						
		Age_					Age	_		
	1st Pregnancy				5th					
	2nd				6th					
	3rd				7th					
	4th				8th	Pregnancy				

Q80e	Did you see a doctor	r regularly dur	ing your	pregnancy'	?				
	Yes No	1st Pregnancy	2nd	3rd	4th	5th	6th	7th	8th Pregnancy
		Ш			Ш		Ш	Ш	
Q80f	Did you have any of	the following	medical	conditions of	during you	ır pregnand	cy? ( <i>Selec</i>	t all that	apply)
	No conditions	1st Pregnancy	2nd	3rd	4th	5th	6th	7th	8th Pregnancy
	High blood pressure		H						
	Gestational diabetes		Ħ		H	H	Ħ		
	Sexually transmitted disease(s)								
	Depression and/or anxiety								
	Other								
Q80g	Did you use any of the apply)	ne following s	ubstance	es and/or m	edications	s during thi	s pregnan	icy? ( <i>Sele</i>	ect all that
		1st Pregnancy	2nd	3rd	4th	5th	6th	7th	8th Pregnancy
	None	Tregnancy		514					
	Prenatal Vitamins	i i	П			П			
	Cigarettes		一百	$\Box$	一百	一百	一百	Ħ	
	Alcohol								
	Opiod pain medication								
	Other non-prescribed substance(s)								
	Other prescribed substance(s)								
Q80h	What kind of delivery	y did you have	e? Do no	t include cu	ırrent preç	gnancies.			
		1st Pregnancy	2nd	3rd	4th	5th	6th	7th	8th Pregnancy
	Vaginal (spontaneous)								
	Vaginal (induced)								
	Planned c-section								
	Emergency c-section								

Non-emergency c-section

		Weeks					Weeks			
	1st Pregnancy				5th					
	2nd				6th					
	3rd				7th					
	4th				8th P	regnancy				
Q80j	What was the	birth weigh	it of the bab	y? Do not	include cu	rrent preg	nancies.			
		Lbs O	Z				Lbs	Oz		
	1st Pregnancy	/			5th					
	2nd				6th					
	3rd	/			7th		/			
	4th				8th P	regnancy				
Q80k	Were you pro	escribed pa	in medicatio	on after th	is pregnan	cy? Do no	t include c	urrent pre	gnancie	s.
			1st	Orand	04	441-	<b>Γ</b> ∔ <b>L</b>	Cale	746	8th
	Yes		Pregnancy	2nd	3rd	4th	5th	6th	7th	Pregnancy
	No									
Q80I	Did you suffe pregnancies		partum dep	ression a	nd/or anxie	ty after thi	s pregnan	cy? Do no	t include	e current
			1st Pregnancy	2nd	3rd	4th	5th	6th	7th	8th Pregnancy
	Yes									
	No									
Q80n	Have you had leading to a leadi	ive or stillbo	orn birth?	cies	Q81	menstrua about the	al period b	uple of yea een regula you were i ptives.	ar? Plea	se think
	Additional num	nber of stillbii	rths:			Canr	raceptives i	ause I was most of the have mens	time.	

Q80i How many weeks did the pregnancy last? Do not include current pregnancies.

Q82	Thinking about the time(s) when you have not used hormonal contraceptives, what is the average number of days from the first day of one period to the first day of your next period? For example, if you cycle ranges from 26-28 days, you would write 27 days.	Q85d If <b>YES</b> , what type of hormonal birth control are you on?  The pill The patch The shot Vaginal ring
Q83	How would you classify the total amount of your menstrual flow?  Light (10 or fewer pads or tampons per period)  Moderate (11 to 20 pads or tampons per period)  Moderate/heavy (21-30 pads or tampons per period)  Heavy (more than 30 pads or tampons per period)	☐ IUD/Implant  Q86 Have you ever been diagnosed or do you suffer with (Select all that apply):  ☐ Fibroids in womb ☐ Chronic pelvic pain ☐ Polycystic Ovary Syndrome or PCO/PCOS ☐ Pelvic Inflammatory Disease  Q86a At what age did this begin or were you
Q84	How much pain do you usually have with your menstrual period? Please focus on the times when you were not using hormonal contraceptives.  None Mild cramps, with medication seldom needed Moderate cramps, with medication usually needed Severe cramps, with medications and bed rest required	diagnosed?  Fibroids in womb  Chronic pelvic pain  Polycystic Ovary Syndrome or PCO/PCOS  Pelvic Inflammatory Disease  Q87 Have you had a hysterectomy (surgical removal of your uterus)?
Q85	Have you ever used hormonal birth control (for example, the pill, hormonal IUD)?  ☐ Yes ☐ No → Go to question 86	<ul> <li>No → Go to question 88</li> <li>Yes, and kept ovaries</li> <li>Yes, both ovaries removed</li> <li>Yes, one ovary removed</li> </ul>
Q85a	At what age did you first use hormonal birth control?	Q87a If <b>YES</b> , why did you have a hysterectomy?  Abdominal bleeding Pain
Q85b	How many years have you been on hormonal birth control over your lifetime (If less than one year, write 0)?	Cancer Other:
Q85c	Are you on hormonal birth control now?  Yes  No → Go to question 86	Q88 During the past three years, have you had a Pap smear?  Yes  No

Q89	Has a doctor ever told you that you had an abnormal Pap smear?	Q92a	If <b>NO</b> , why not?  Not eligible
	Yes  No → Go to question 90		Distance to VA facilities/transportation concerns
Q89a	If <b>YES</b> , did you have a colposcopy with cervical biopsies or a procedure to remove cervical tissue known as LEEP?  Yes  No  Not sure		My VA does not provide the services I need.  I don't feel comfortable seeking services at the VA.  Preference for my current healthcare providers  Other (please specify):
Q90	Did you see an OB/GYN or gynecologist during the past three years?  Yes No	Q93	I think that I am suffering from mental health problems (for example, feeling anxious depressed, or too angry).  True
Q90a	If <b>YES</b> , did you use a VA provider for this care?		False
	Yes No	Q94	I think that I might benefit from mental health treatment.
i	Please place an "x" in the box that best describes your feelings about pelvic exams (the nternal physical exam performed by your doctor):		True False
i i k	Not at Minimally Mildly Moder-Extreately mely a. Do you experience emotional distress during pelvic exams?  D. Do you experience physical discomfort during pelvic exams?  D. Are you afraid of he examiner?	Q95	Are you currently receiving mental health services (for example, seeing a therapist, counselor, or medications) to help with distress?  ☐ Yes → Go to question 96 ☐ No
r	d. How much does it	Q95a	If <b>NO</b> , what prevents you from seeking mental health treatment? Select all that apply.  Concern for job security
of h	following questions ask about your use lealthcare and thoughts about mental lth treatment.		Judgment from others  Distance/transportation to mental healthcare providers  Don't think it will halp me
Q92	Do you get any healthcare (physical and/or mental health) at Veterans' Administration (VA) hospitals or clinics?  ☐ Yes → Go to question 93 ☐ No		Don't think it will help me  No insurance coverage  I don't need mental health treatment  Other (please specify):

Q96	If I thought that I were suffering from serious depression, anxiety, anger, or fear, I would seek assistance from (Select all that apply):  Good female friends Good male friends Spouse or intimate partner Family member (brother, sister, mother, father, etc.) Coworker	Med The Info	igious leader (e dical doctor (printerapist or counse formation on the f-help books or er (please spec	mary care do elor internet magazine art	ctor)
Q97	We are interested in your use of mental health se help (even if it was only once or for a little while the no column only if you did not receive any of	), please mar	k where you	received th	is help. Mark
		No, I did not get this kind of help	Yes, from a VA provider	Yes, from a community (non-VA) provider	Yes, from both a VA and a community provider
	a. Medication for a mental health problem (e.g., an antidepressant)				
	b. Individual counseling or therapy for a mental health program				
	c. Group counseling or therapy for a mental health problem				
	d. Family therapy				
	e. Inpatient or partial hospitalization program for a mental health problem				
	f. Another type of mental health treatment (please specify):				
Q98	health treatment, do you feel your health care provider could get it for you?  Yes  No	reducir No Sli	ents, how help ng your distres ot at all helpful ghtly helpful	oful was this ss?	
Q99	If you have received any mental health treatments, how satisfied were you with the care you received?	Ve	oderately helpfu ry helpful tremely helpful A	ı	
	Not at all satisfied Slightly satisfied Moderately satisfied Very satisfied Extremely satisfied N/A				

Q101	If you have received any mental health tryour mental health appointments?	eatments	s, how dif	ficult was	it to find	a therap	ist and sc	hedule
	Very difficult							
	Difficult							
	Moderately difficult							
	Neutral							
	Easy							
	Very easy							
	N/A							
Q102	How likely would you be to use the follow	ing servi	ces if the	y were of	fered by t	the VA?		
	Not at all likely	Slightly I	ikely <b>N</b>	Moderately lik	ely \	/ery likely	Extrem	nely likely
	a. Family Education							
	b. Help with children							
	c. Help with marriage/ relationship						[	
Q103	Were you aware that the VA offers service therapy?	es to sup	port the	family, inc	cluding m	arital, co	ouples, and	d family
	Yes							
	No							
The	e next set of questions ask you abou	ut your	current	support	system	and co	ping stra	ategies.
Q104	We are interested in how you feel about		ving state	ements. R	ead each	stateme	ent careful	lly.
Q104	We are interested in how you feel about Indicate how you feel about each statem	ent.	ving state	ements. R	ead each	stateme	ent careful	•
Q104			ving state Strongly disagree	Mildly	ead each Neutral	stateme Mildly agree	ent careful Strongly agree	Very strongly agree
Q104	a. There is a special person who is around when I am in need.	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	Indicate how you feel about each statem  a. There is a special person who is around	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me.	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me. d. I get the emotional help and support I need from my family.	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me. d. I get the emotional help and support I	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me. d. I get the emotional help and support I need from my family. e. I have a special person who is a real source of comfort to me. f. My friends really try to help me.	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me. d. I get the emotional help and support I need from my family. e. I have a special person who is a real source of comfort to me. f. My friends really try to help me. g. I can count on my friends when things go wrong.	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me. d. I get the emotional help and support I need from my family. e. I have a special person who is a real source of comfort to me. f. My friends really try to help me. g. I can count on my friends when things go	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me. d. I get the emotional help and support I need from my family. e. I have a special person who is a real source of comfort to me. f. My friends really try to help me. g. I can count on my friends when things go wrong. h. I can talk about my problems with my family. i. I have friends with whom I can share my joys and sorrows.	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me. d. I get the emotional help and support I need from my family. e. I have a special person who is a real source of comfort to me. f. My friends really try to help me. g. I can count on my friends when things go wrong. h. I can talk about my problems with my family. i. I have friends with whom I can share my	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly
Q104	a. There is a special person who is around when I am in need. b. There is a special person with whom I can share my joys and sorrows. c. My family really tries to help me. d. I get the emotional help and support I need from my family. e. I have a special person who is a real source of comfort to me. f. My friends really try to help me. g. I can count on my friends when things go wrong. h. I can talk about my problems with my family. i. I have friends with whom I can share my joys and sorrows. j. There is a special person in my life who	ent. Very strongly	Strongly	Mildly		Mildly	Strongly	Very strongly

Q105	Please indicate how many times you have done each of these things to someone else in the past s months.						ast six			
		Once	Twice	e 3-5 ti	mes	6-10 times	s 11-20 times	More than		This has never happened
	a. I insulted, swore, shouted or yelled at someone.									
	b. I pushed, shoved, or slapped someone.									
	c. I punched, kicked, or beat- up someone.									
	d. I destroyed something belonging to someone else or threatened to hit someone.									
Q106	Of Please indicate the extent to which you agree with each of the following statements.									
				Strongly Disagree		Disagree	Neutral	A	gree Str	ongly Agree
	a. You tend to bounce back quic hard times.	kly after								
	b. You have a hard time making stressful events.	it through								
	c. It does not take you long to re stressful event.	cover from	а							
	d. It is hard for you to snap back something bad happens.	when								
	e. You usually come through diff with little trouble.	icult times								
	f. You tend to take a long time to backs in your life.	get over s	et							
Q107	In your day-to-day life, how o	ften do ar		Almost	At I	•	ew times Af	ew times	Less than once a year	Never
	a. You are treated with less cour other people are.	tesy than								
	b. You are treated with less respother people are.	ect than								
	c. You receive poorer service the people at restaurants or stores.	an other								
	d. People act as if they think you smart.	are not								
	e. People act as if they are afraid									
	f. People act as if they think you dishonest.									
	g. People act as if they're better are.	than you								
	h. You are called names or insul				Ļ		Н	Ц		
	i. You are threatened or harasse	d.			L					

### Please answer the following question if you answered "a few times a year" or more frequently to any of the above questions.

Q108	What do you think is the main reason for these experiences? Select all that apply.  Your Ancestry or National Origins  Your Gender										
	Your Race										
	Your Age										
	Your Religion										
	Your Height										
	Your Weight										
	Some other Aspect of Your Physical Appearance										
	Your Sexual Orientation										
	Your Education or Income Level										
Q109	What is your biological sex?	Q111	How would you describe your current sexual								
	Male		orientation?  Heterosexual/straight								
	Female										
	_		Homosexual/gay or lesbian								
			Bisexual								
			Uncertain								
			Other (please specify):								
Q110	What is your gender identity?										
	Male	Q112	There may be opportunities for you to								
	Female		participate in other studies. May we use your contact information to inform you about these opportunities?  Yes								
	Transgender										
	Other (please specify):										
			No, not at this time								

THANK YOU FOR YOUR PARTICIPATION IN THIS SURVEY. PLEASE RETURN YOUR SURVEY IN THE ENCLOSED ENVELOPE. ONCE WE RECEIVE THE SURVEY, \$20 WILL BE MAILED TO YOU.