

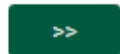
## Post-Training Survey

Thank you for completing the training. The purpose of this survey is to understand the opinions and practices of health professionals around their patients'/clients' alcohol use and on the prevention, identification, and treatment of fetal alcohol spectrum disorders. Your feedback is important as it will help assess the efficacy of trainings and identify the needs of health professionals to better address the services they provide to patients/clients around alcohol consumption and/or the effects of alcohol use during pregnancy.

This survey will take approximately 9 minutes to complete and your responses will be kept secure. You will be asked to create a unique identity code which will be used to invite you to take a similar survey after six months to assess how useful this training has been in your practice with your patients/clients regarding their alcohol use.

Your participation is voluntary; you may decline to answer any question and you have the right to stop the survey at any time. Any information you provide will be presented in aggregate in a report and no individual identifying information will be included. There will be no costs for participating, nor will you benefit from participating.

CDC estimates the average public reporting burden for this collection of information as 9 minutes per response, including the time for reviewing instructions, searching existing data/information sources, gathering and maintaining the data/information needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Information Collection Review Office, 1600 Clifton Road NE, MSD-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1129).



The **anonymous linkage code** below will be used to match data from different evaluation forms without using your name or information that can identify you.

Please complete the following items for your anonymous code:

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First letter in mother's first name:

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First letter in father's first name:

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First digit in your social security number:

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Last digit in your social security number:

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What type of training did you attend?

Webinar series

FASD or SBI training

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I have an increased understanding of fetal alcohol spectrum disorders (FASDs) after the training.

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I have an increased understanding of alcohol screening and brief intervention (SBI) after the training.

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Fetal alcohol spectrum disorders are:

Disorders a pregnant woman experiences when she drinks alcohol.

Disorders that affect the ability of a pregnant woman who drinks alcohol to go full term.

Physical disorders that affect a fetus when a pregnant woman drinks alcohol.

The range of effects that can occur in an individual who was exposed prenatally to alcohol.

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Which of the following could indicate that a child may have been exposed to alcohol prenatally? (Select all that apply.)

Growth deficiencies

Clinically significant abnormalities in neuro-imaging and/or a history of seizures

Cognitive/developmental deficiencies or discrepancies

Executive function deficits

Delays in gross/fine motor function

Problems with self-regulation/self-soothing

Delayed adaptive skills

Confirmed history of alcohol exposure in utero

Don't know/Unsure

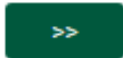
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Risky drinking for non-pregnant women ages 21 and older is defined as more than \_\_\_\_\_ standard drinks in a day, or more than \_\_\_\_\_ standard drinks per week on average:

2, 6	3, 8
3, 7	4, 7

Which of the following are the primary facial dysmorphic features associated with Fetal Alcohol Syndrome? (Select all that apply.)

Wide inner canthal distance	Thin upper lip
Short palpebral fissures	Flaring nares
Full lips	Don't know/Unsure
Smooth philtrum	



What advice would you give your patient/client about how much alcohol is safe to drink during pregnancy?

One glass of wine per day

One light beer per day

One shot of hard alcohol per day

There is no known safe amount of alcohol consumption during pregnancy.

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When is it safe to drink alcohol during pregnancy?

During the first three months

During the last three months

Once in a while

Never

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What is the most effective strategy to reduce fetal alcohol spectrum disorders (FASDs)?

Enact laws and other policy strategies that punish pregnant women for drinking alcohol.

Screen all women of child bearing age for alcohol use and provide intervention as appropriate.

Tell women who you think may have a drinking problem to get help.

Conduct health fairs and other educational events for new mothers that focus on binge drinking.

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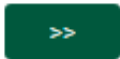
Rate the importance of providing counseling to your patients/clients on risky alcohol use in women of childbearing age:

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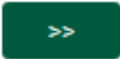
On a scale from 1 to 5 where 1 means you strongly disagree with the statement and 5 means you strongly agree, to what extent do you disagree or agree with the following statements. (Select one answer per row.)

- a. It is important to routinely screen all patients/clients for alcohol use
- b. Screening a person for alcohol use confers a stigma to the person being screened
- c. It is important to screen all pregnant women for alcohol use
- d. It is important to screen all women of reproductive age for alcohol use
- e. It is important to educate women of reproductive age, including those who are pregnant, about the effects of alcohol on a developing fetus
- f. Prenatal alcohol exposure is a potential cause of growth impairment
- g. Prenatal alcohol exposure is a potential cause of physical, cognitive, and behavioral health problems



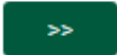
On a scale from 1 to 5 where 1 means you are "Not confident in your skills" and 5 means you are "Totally confident in your skills," how confident are you in your skills to do the following? (Select one answer per row.)

	Not confident in my skills		Moderately confident in my skills		Totally confident in my skills
	1	2	3	4	5
Asking women, including pregnant women, about their alcohol use	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having a conversation with patients/clients who indicate risky alcohol use	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educating women of childbearing age, including those who are pregnant, about the effects of alcohol on a developing fetus	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conducting brief interventions for reducing alcohol use	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Utilizing resources to refer patients/clients who need formal treatment for alcohol abuse	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inquiring about potential prenatal alcohol exposure for my patients/clients	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



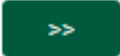
The questions in this section are designed to explore the attitudes of staff working with people who drink alcohol. There are no right or wrong answers. On a scale of 1 to 5 where 1 means you strongly disagree and 5 means you strongly agree, please indicate your response to the following statements. (Select one answer per row.)

- a. I feel I know enough about causes of drinking problems to carry out my role when working with individuals who drink alcohol
- b. I feel I can appropriately advise my patients about alcohol use and its effects
- c. I feel I do not have much to be proud of when working with individuals who drink alcohol
- d. All in all, I am inclined to feel I am a failure with individuals who drink alcohol
- e. I want to work with individuals who drink alcohol
- f. Pessimism is the most realistic attitude to take towards individuals who drink alcohol
- g. I feel I have the right to ask patients questions about their alcohol use when necessary
- h. I feel that my patients believe I have the right to ask them questions about their alcohol use when necessary
- i. In general, it is rewarding to work with individuals who drink alcohol
- j. In general, I like individuals who drink alcohol



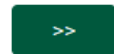
Has your practice experienced any of the following barriers to effective implementation of alcohol screening and brief intervention? (Select all that apply.)

No barriers; we screen and intervene consistently and well	Patient reluctance to be honest about alcohol use, or resistance to treatment
Time limitations during patient visits	Concerns about confidentiality and reporting requirements (example: to social services agency)
It is not required; lack of incentive	Inadequate referral sources and/or system for making referrals
Attitudes of providers and/or staff about substance use/abuse	Billing for alcohol screening, assessment, and counseling/intervention is not in place
Workforce needs education and training on screening and brief intervention	Patient/client inability to pay for treatment
Not easily accessible in the Electronic Health Record	Other, please specify: <input type="text"/>
Concerns about damaging rapport with patients/clients	



On a scale from 1 to 5 where 1 means you strongly disagree with the statement and 5 means you strongly agree, to what extent do you disagree or agree with the following statements. (Select one answer per row.)

- a. The training/webinar enhanced my skills in preventing alcohol-exposed pregnancies.
- b. The training/webinar increased my confidence in addressing alcohol use and/or FASD with my patients/clients.
- c. The content of the program related to the learning objectives.
- d. The training/webinar concepts were presented clearly.
- e. The training/webinar was presented in a culturally competent and sensitive manner.
- f. The content will be useful to me professionally.
- g. I would recommend this training/webinar to others.
- h. Overall, I am satisfied with the quality of this training/webinar.



Do you feel the content was free of commercial influence or bias?

Yes

No

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Do you feel a commercial product, device, or service was inappropriately promoted in the educational content?

Yes

No

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Do you feel the content was free of personal bias?

Yes

No

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What about this training could be improved?

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Additional comments:

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*Thank you for completing this survey.*

