

CDC estimates the average public reporting burden for this collection of information as 3 minutes per survey, including the time for reviewing instructions, searching existing data/information sources, gathering and maintaining the data/information needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Information Collection Review Office, 1600 Clifton Road NE, MS D74, Atlanta, Georgia 30333; ATTN: PRA (0920XXXX).

## **OBGYN BI-MI Proficiency Rating Scale (PRS) - Provider/Trainee Follow-Up (3m and 6m)**

**Instructions:**

*Please indicate how well you did each of the following during your most recent brief intervention with a patient in your clinic regarding alcohol use.*

*Use the following anchors for items 1-10 and please note that Item 11 has its own set of anchors below it.*

- 1 = I did not do this.**
- 2 = I attempted, but could improve on skill/technique for best practice.**
- 3 = I performed this skill/technique at a level that is approaching acceptable.**
- 4= I did this well, with good technique.**
- 5 = I did very well, with positive reception & engagement from the patient.**

1. Ask for permission to talk about patient’s alcohol use.	1	2	3	4	5
2. Assess quantity, frequency, & consequences of alcohol use.	1	2	3	4	5
3. Explain NIAAA low risk drinking guidelines (including “0 drinks for pregnant women” and associated health risks.	1	2	3	4	5
4. Advise the patient to quit or cut down on alcohol use.	1	2	3	4	5
5. Help her think about pros & cons of her alcohol use.	1	2	3	4	5
6. Ask how ready she is to make a change.	1	2	3	4	5
7. Help the patient make a plan or set a goal for decreasing use and/or discussing further.	1	2	3	4	5
8. Explore patient’s own reasons for quitting or cutting down on alcohol use.	1	2	3	4	5
9. Work with the patient as a partner (respectfully and non-judgmentally) in addressing her alcohol use issues.	1	2	3	4	5

10. Support her autonomy and choice regarding substance use.

1	2	3	4	5
---	---	---	---	---

**11.** Because of this conversation, the patient's motivation to cut down or quit using alcohol, or at least to consider doing so, was increased.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	
<b>5</b>				
<b>Strongly Disagree Agree</b>	<b>Disagree</b>	<b>Neutral</b>	<b>Agree</b>	<b>Strongly</b>

**Thanks for your participation and feedback!**