Form Approved OMB No. 0920-0904 Exp. Date 11/30/2014



(affix label here)						
Patient ID Number	Site	Sub-site	Sequential ID			

#### SEARCH Health Questionnaire – Young Adult Version (age 18 and older)

- ♦ The purpose of this questionnaire is to learn more about young adults who have diabetes.
- ♦ In the questionnaire, the term "doctor" refers to the doctor or other health care provider, such as a nurse.

# CO-MORBIDITIES/COMPLICATIONS 1. Have you ever been tested for any genes related to diabetes? <sub>1</sub> Yes — → 1a. Results: 1 Don't know 1b. When was the test done? Month Year 1c. Where was this test done? 2 No. 3 Don't know 2. Has a doctor ever told you that you have high cholesterol or an abnormal amount of fat in your blood? 1 Yes — 2a. If yes, has a doctor ever prescribed medicine for high cholesterol or high fat? ₁☐ Yes <sub>2</sub> No 3 Don't know 2b. Are you now taking prescribed medicine for high cholesterol or high fat? <sub>2</sub> No 3 Don't know 2c. Has a doctor ever recommended changes in your diet to lower cholesterol? ₁☐ Yes <sub>2</sub> No 3 Don't know <sub>2</sub> No 3 ☐ Don't know

Public reporting burden of this collection of information is estimated to average 15 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0904).

3. H	Has a doctor eve	er told you that	you have high blo	ood pressure?		
	1☐ Yes → 3a. If yes, has a doctor ever prescribed any medicine for high blood pressure?					
		₁☐ Yes	2☐ No	₃☐ Don't know		
		3b. Are you	now taking any	medicine for high blood pressure?		
		₁☐ Yes	2☐ No	3☐ Don't know		
	2☐ No					
	3☐ Don't know	N				
4. H	Has a doctor eve	er told you that	you had any of th	he following? (check yes or no for each one)		
	₁☐ Yes	2 <b>□</b> No	Addison's Diseas	ise		
	₁☐ Yes	2☐ No	Asthma			
	₁☐ Yes	2☐ No	Celiac disease			
	₁☐ Yes	2☐ No	Hyperthyroidism	n (high thyroid)		
	₁☐ Yes	2☐ No	Hypothyroidism	(low thyroid)		
	₁☐ Yes	2☐ No	Vitiligo (white sl	kin patches)		
5. H	Has a doctor said	d that diabetes	nas affected your	r kidneys?		
	₁☐ Yes					
	2 <b>□</b> No					
	3 ☐ Don't know	N				
6. H	Has a doctor said	d that diabetes	nas damaged the	e back of your eyes, that is, the retina?		
	ı□ Yes →	6a. If yes, did t	his require laser	treatment of the retina?		
		₁☐ Yes				
		2☐ No				
	2☐ No					
	3☐ Don't knov	N				

7. Have you had any other major illness or medical conditions that we have not asked about?
1 ☐ Yes   → If yes, please describe:
2☐ No
Questions 8 and 9 are for FEMALES only.
8. Have you already had your first period?
1 Yes — 8a. If yes, how old were you when you had your first period?
1 □ Don't know 2 □ No
3 □ Don't know
9. Has a doctor ever told you that you have polycystic ovaries (PCO, PCOS)?
1☐ Yes
2□ No
3☐ Don't know
Medical History
♦ The next few questions are about emergency room and hospital visits you may have had.
10. In the last 6 months, have you been to the emergency room for any reason?
1☐ Yes → 10a. How many times were you in the emergency room? # of times
2☐ No

11. In the last 6 mg	onths, have you had one or more night's hospital stay fo	or any reason?
₁□ Yes→	11a. How many times were you in the hospital for one or more nights?	# of times
2☐ No		
12. In the past 6 m you to get	onths, have you had any severe hypoglycemia, that is, help?	very low blood sugar that required
1□ Yes →	12a. How many times?	# of times
	12b. How many times were you given an injection of glucagon – for hypoglycemia (low blood sugar)?	# of times
	12c. How many times was "911" or life squad/ paramedics called for hypoglycemia?	# of times
	12d. How many times did you go to an emergency room for hypoglycemia?	# of times
	12e. How many times did you need to stay overnight at a hospital?	# of times
2 <b>□</b> No		
	onths, have you had ketoacidosis (often called DKA, frends shortness of breath)?	equently with high blood sugar,
1□ Yes →	13a. How many times?	# of times
	13b. How many times did this result in an emergency room visit?	# of times
	13c. How many times did this result in one or more night's hospital stay?	# of times
2 <b>□</b> No		

### **MEDICATION INVENTORY**

### Insulin Use

19. Did you ever have any episodes of ket	ioacidosis (D	KA) when insu	ılin was sto	pped?	
1☐ Yes					
2☐ No					
3☐ Don't know					
20. How do you currently treat your diabe	tes? Do you	use: (check)	yes or no fo	or each)	
20a. Diabetes tablets (pills)	₁☐ Yes	2☐ No			
20b. Insulin shots, pump, or pen	₁☐ Yes	2☐ No			
20c. Diet (meal plan)	₁☐ Yes	2☐ No			
20d. Exercise	₁☐ Yes	2☐ No			
20e. Other (what?)					
21. If you are currently taking insulin, how currently taking insulin, go to question	,	ou take insulir	n each day	on average?	(if you are not
$_1$ 1 time a day $_4$ More than	n 3 times a d	lay			
2 2 times a day 5 ☐ Insulin pu	qmı				
3 ☐ 3 times a day					
22. How do you take insulin? (check all t	that apply)				
1☐ 22a. With a syringe (needle)					
2☐ 22b. With an insulin pump					
3 ☐ 22c. With an insulin pen					
23. We would like to know the dose of ins				Works	sheet
that you took yesterday. <i>(If you use the bolus amounts in 23a – 23e, and basal dose in 23f. This may require l</i>	d record the t filling out a v	total 24-hour worksheet of	23a.	Breakfast	
hourly basal rates to determine the to	otal basal do	ise.)	23b.	Lunch	
			23c.	Dinner	
			23d.	Bedtime	
			23e.	Other	
			23f.	Pump	
			Total in	nsulin:	

Prescribed N	ledications						
24. Are you taking prescribed medication(s) including insulin?							
1 ☐ Yes (If Yes or preparations.		to 10 medications below.	If you are	taking	insulin, b	e certain to include all types	
2☐ No <i>(if No, s</i>	skip to question	25)					
1			<del></del>				
2.							
3.							
4.							
5							
6.							
7.							
10							
Diabetes Ed	lucation	_					
♦ The next fe	ew questions a	are about what you hav	/e been ta	aught a	about dia	abetes.	
	12 months hav abetes educato	e you met with a diabetes r?	1	<b>1</b> Yes	2 <b>□</b> No	3☐ Don't know	
26. In the past your diet?	12 months hav	e you met with a dietician	or nutritio	onist, or	talked to	someone in detail about	
₁☐ Yes -	26a. WI	nen you were staying one ore nights in the hospital	or <sub>1</sub>	<b>1</b> Yes	2 <b>□</b> No	3☐ Don't know	
	26b. As	an outpatient	1	<b>1</b> Yes	2 <b>□</b> No	₃☐ Don't know	
2☐ No							

27. In the past 12 months, which of the following types of diabetes information have you received from yo doctor's office or health care plan? <i>(check all that apply)</i>	ur
1☐ Information about diabetes camp	
1☐ Information about diabetes support groups	
1 ☐ Written materials about diabetes such as pamphlets or newsletters	
1☐ Videos or audio tapes	
1☐ Reminder about upcoming appointments	
1 ☐ A copy or explanation of diabetes laboratory or test results	
1 ☐ Diabetes information or advice by telephone	
1 ☐ Diabetes information or advice in person	
1 ☐ How to get diabetes information on the internet	
1☐ Information about diabetes research studies other than this study	
28. How would you rate your diabetes control: Would you say:	
1☐ Excellent	
2☐ Good	
3 ☐ Fair	
4 Needs much work	
Home Diabetes Care	
♦ Here are some questions about your diabetes care outside of the doctor's office.	
29. Do you live or stay in more than one home on a regular basis? For example, if your parents are separathis would include spending the weekend with your other parent. It would also include other relatives might live or stay with on a regular basis (at least once per month).	
1 → Yes → 29a. If yes, do you live in:	
1 ☐ 2 households	
2 ☐ 3 or more households	
3☐ Don't know	
2 No, live in one household	

30. How much of your own diabetes care	do you do for yo	ourself? Would you say: (check one response)	
1 ☐ None			
2☐ Less than 25%			
₃ <b>□</b> 25-75%			
4☐ More than 75%			
5 ☐ All <i>(skip to question 32)</i>			
31. Who helps you with your diabetes car	e?		
31a. Parent/step parent/guardian	₁☐ Yes	2 <b>□</b> No	
31b. Grandparent	₁☐ Yes	2☐ No	
31c. Brother/sister	₁☐ Yes	2☐ No	
31d. Another person	₁☐ Yes	2☐ No	

32. Do you to	est your blood sugar or glucose at home or any place other than the doctor's office?
₁□ Yes →	32a. How often is your blood sugar checked with a glucose meter (glucometer)? (check one)
2 No (if no, go to question 33)	Less than once a week  Less than once a day  Less than once a week  Less than once a day  Only when you are sick

32b. Do you use a continuous glucose monitor (CGM) to mea	asure your glucose:	
1□ Yes —		
$_2$ No (if no go to 32c)		
32b(1). If yes, how do you use the CGM?		
₁☐ I have used it through <u>my</u>	doctor's office	
How often have you	1 ☐ 1 time	
used it?	2 2 or more times	
	3☐ Don't know/not su	ıre
$_2$ I have a CGM for use <u>at he</u>	<u>ome</u>	
How often do you use	e it?	
1☐ Rarely (0-1	•	
	y (20-39% of the time)	
	the time (40-59% of the	e tim
<u> </u>	-79% of the time) time (80-99% of the tire	ma)
6☐ Always (10	•	iic)
7☐ Don't know	·	
32c. What do you usually do when the blood sugar test resu	Its are running too high	or to
	0 0	Oi to
32c(1). Make changes to the diabetes treatment (insudose or other medications, diet or exercise	ılin 1□ Yes 2Ū	<b>□</b> N
32c(2). Call your diabetes doctor	1☐ Yes 2☐	
ozo(z). Gan your alabetes acctor		

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•	These q	uestions are about the doctors or health care providers that you see.					
33.	33. Who do you usually see for your diabetes care? (Check only one response)						
	Pediatric endocrinologist/diabetologist (diabetes specialist)						
	$_2$						
	$_3$	Family practice doctor					
	4	General practice doctor					
	5 <b></b>	Adult endocrinologist/diabetologist (diabetes specialist)					
	$_{6}\square$	Internist					
	7	Nurse practitioner/physician's assistant					
	8	Nurse diabetes educator					
	9	Traditional medicine man, healer, or curandero/curandera					
	10 Dietician/Nutritionist						
	11	Other (specify) →					
	12	Don't know/unsure of what kind of doctor					
	13	None/no source of medical care					
34.	Who do <u>y</u>	you usually see for your medical needs not related to diabetes? (Check only one response)					
	1	Pediatric endocrinologist/diabetologist (diabetes specialist)					
	2	Pediatrician					
	3	Family practice doctor					
	4 General practice doctor						
	Adult endocrinologist/diabetologist (diabetes specialist)						
	6☐ Internist						
	Nurse practitioner/physician's assistant						
	8	Nurse diabetes educator					
	9	Traditional medicine man, healer, or curandero/curandera					
	10	Dietician/Nutritionist					
	11	Other (specify) —					
	12	Don't know/unsure of what kind of doctor					
	13 🗖	None/no source of medical care					

♦ Below are some questions about how often you see various medical providers.							
35. \	35. Who provides medical care for you? <i>(For each provider checked, indicate the number of visits you had with this provider in the past 6 months.)</i>						
	35a.	₁☐ Yes	2☐ No	Pediatric endocrinologist/ diabetologist (diabetes specialist)		# of visits in the last 6 months	
	35b.	₁☐ Yes	2☐ No	Pediatrician		# of visits in the last 6 months	
	35c.	₁☐ Yes	2☐ No	Family practice doctor		# of visits in the last 6 months	
	35d.	₁☐ Yes	2☐ No	General practice doctor		# of visits in the last 6 months	
	35e.	₁☐ Yes	2☐ No	Adult endocrinologist/ diabetologist (diabetes specialist)		# of visits in the last 6 months	
	35f.	₁☐ Yes	2☐ No	Internist		# of visits in the last 6 months	
	35g.	₁☐ Yes	2☐ No	Nurse practitioner/physician's assistant		# of visits in the last 6 months	
	35h.	₁☐ Yes	2☐ No	Nurse diabetes educator		# of visits in the last 6 months	
	35i.	₁☐ Yes	2☐ No	Traditional medicine man, healer, or curandero/curandera		# of visits in the last 6 months	
	35j.	₁☐ Yes	2☐ No	Dietician		# of visits in the last 6 months	
	35k.	₁☐ Yes	2☐ No	Eye doctor (optometrist, ophthalmologist)		# of visits in the last 6 months	
	351.	1☐ Yes	2☐ No	Psychiatrist, psychologist, or mental health counselor		# of visits in the last 6 months	
	35m.	₁☐ Yes	2☐ No	Other (specify)		# of visits in the last 6 months	

# **Insurance and Cost of Diabetes Supplies**

36.	36. What kind of health insurance or health care plan do you have?					
	36a. Medicaid/Medicare/State-funded/ other Federally	₁☐ Yes	2 <b>□</b> No			
	36b. Private insurance, through employer	6b. Private insurance, through employer				
	36c. Private insurance, purchased on your own		₁☐ Yes	2☐ No		
	36d. Military		₁☐ Yes	2☐ No		
	36e. School-based insurance		₁☐ Yes	2☐ No		
	36f. Tribe/Indian Health Service		₁☐ Yes	2☐ No		
	36g. Any other or type unknown		₁☐ Yes	2☐ No		
	36h. None (if none, go to question 38)		₁☐ Yes	2☐ No		
37.	Does your health insurance or health care plan pay for	or any of your.	(check yes, no	o or don't know for each one)		
	37a. Diabetes medicine/insulin	₁☐ Yes	2☐ No	3☐ Don't know		
	37b. Syringes/pens/needles	₁☐ Yes	2☐ No	3☐ Don't know		
	37c. Insulin pump and supplies	₁☐ Yes	2☐ No	3☐ Don't know		
	37d. Home glucose monitor	₁☐ Yes	2☐ No	3☐ Don't know		
	37e. Monitor strips and related supplies	₁☐ Yes	2☐ No	3☐ Don't know		
	37f. Diabetes education	₁☐ Yes	2☐ No	3☐ Don't know		
	37g.   Not applicable					
38.	. About how much do you spend, on average, in a typical month on diabetes medicine and supplies? (This does not include costs that are covered or later reimbursed by your insurance plan.)					
	1 ☐ \$0 (none)					
	2 <b>□</b> \$1 - \$19					
	<b>3 □</b> \$20 - \$49					
	<b>4</b> □ \$50 - \$99					
	5 <b>□</b> \$100 - \$199					
	6☐ \$200 or more					
	7☐ Don't know					

39.	How satisfied are you with your current insurance coverage? Would you say:				
	1 ☐ Very satisfied				
	2☐ Satisfied				
	3 ☐ Somewhat satisfied				
	4 ☐ Not satisfied				
40.	Has your main health insurance plan changed in the last 6 months?				
	1 ☐ Yes (if yes, go to question 40a)				
	2☐ No (if no, go to question 41)				
	3 Don't know				
	4 Don't want to answer				
40a	What were the reasons your health insurance plan changed? (check all that apply)				
	1 Employer stopped offering this plan				
	1 ☐ Doctor left this plan				
	1 ☐ Unhappy with benefits/coverage				
	1 ☐ Too difficult to get care				
	1 ☐ Moved				
	1 ☐ Change in jobs				
	1 ☐ Other (specify) →				
	1 Don't know				
	1 Don't want to answer				
41.	41. Has your main diabetes provider changed in the last six months?				
	1 ☐ Yes (if yes, go to question 41a)				
	2☐ No (if no, go to question 42)				
	3 Don't know				
	4 ☐ Don't want to answer				

Ia. What were the reasons you had a change in diabetes provider? (check all that apply)				
1 ☐ No longer covered by health plan				
1☐ Too difficult to get care				
1 ☐ Not satisfied with care				
1 ☐ Moved				
1☐ Other ( <i>specify</i> ) →				
1 ☐ Don't know				
1 ☐ Don't want to answer				
♦ These questions deal with your parents' education.				
42. What is the highest degree or level of school your mother/guardian has COMPLETED?				
1 ☐ No schooling completed				
2☐ Nursery school to 4 <sup>th</sup> grade				
3 ☐ 5 <sup>th</sup> grade or 6 <sup>th</sup> grade				
4 ☐ 7 <sup>th</sup> grade or 8 <sup>th</sup> grade				
5  9 <sup>th</sup> grade				
6 ☐ 10 <sup>th</sup> grade				
7 ☐ 11 <sup>th</sup> grade				
8☐ 12 <sup>th</sup> grade, NO DIPLOMA				
9 High school graduate (high school diploma) or equivalent (for example: GED)				
10 Business/technical school				
11 Some college credit but less than 1 year				
12 1 or more years of college, no degree				
13 Associate degree (for example: AA, AS) (2-year)				
14 Bachelor's degree (for example: BA, AB, BS) (4-year)				
15 Master's degree (for example: MA, MS, MEng, MEd, MSW)				
16 Professional or doctorate degree (for example: MD, DDS, JD, PhD, EdD)				
17 Don't know				

43. What is the highest degree or level of school your father/guardian has COMPLETED?						
1 ☐ No schooling completed						
2☐ Nursery school to 4 <sup>th</sup> grade						
3 ☐ 5 <sup>th</sup> grade or 6 <sup>th</sup> grade						
4 ☐ 7 <sup>th</sup> grade or 8 <sup>th</sup> grade	4 ☐ 7 <sup>th</sup> grade or 8 <sup>th</sup> grade					
5 <b>□</b> 9 <sup>th</sup> grade	5 ☐ 9 <sup>th</sup> grade					
6☐ 10 <sup>th</sup> grade	6☐ 10 <sup>th</sup> grade					
7☐ 11 <sup>th</sup> grade						
8☐ 12 <sup>th</sup> grade, NO DIPLOMA						
9☐ High school graduate (high school diploma) o	or equivalent (for example: GED)					
10 ☐ Business/technical school	10 ☐ Business/technical school					
11☐ Some college credit but less than 1 year	11 ☐ Some college credit but less than 1 year					
12 1 or more years of college, no degree	12 1 or more years of college, no degree					
13 Associate degree (for example: AA, AS) (2-y	13 ☐ Associate degree (for example: AA, AS) (2-year)					
14☐ Bachelor's degree (for example: BA, AB, BS) (4-year)						
15 Master's degree (for example: MA, MS, MEng, MEd, MSW)						
16☐ Professional or doctorate degree (for examp	16☐ Professional or doctorate degree (for example: MD, DDS, JD, PhD, EdD)					
17☐ Don't know	17☐ Don't know					
44. Which of these categories best describes the total income of all persons living in your household, including yourself for the past 12 months? (Check only one category.)						
1 <b>□</b> Less than \$5,000	6  \$35,000 through \$49,999					
2 \$5,000 through \$11,999	7 □ \$50,000 through \$74,999					
₃☐ \$12,000 through \$15,999	8☐ \$75,000 through \$99,999					
4□ \$16,000 through \$24,999	9☐ \$100,000 and greater					
5 □ \$25,000 through \$34,999	10 ☐ Don't know					
	11☐ Prefer not to answer					

45. How many people are currently living in your household, including yourself?					
45a. Total number of people					
45b. Number of children (less than 18)					
45c. Number of adults					
45c(1). Of the number of adults, how many bring income into the household?					
46. Are you participating in another research study?					
1 ☐ Yes 46a. If yes, what study? —>					
2☐ No					
♦ As a part of the study, we will be contacting you in the future. It would be helpful to us if you could provide us with the names, addresses, and phone numbers of two people who could contact you even if you move.					
Name					
Relationship					
Address:					
P.O. Box Street Apt. #					
City State Zip Code					
State Zip Code					
Email Address					

Phone # (best)			
	(area code)		ext.
Phone # (other)			
	(area code)		ext.
Phone # (other)			
	(area code)		ext.
Name			
Relationship			
Address:			
P.O. Box	Street		Apt. #
City		State	Zip Code
Email Address			
Phone # (best)			
(area code)			ext.
Phone # (other)			
	(area code)		ext.
Phone # (other)			
	(area code)		ext.

Thank you for completing this questionnaire.

FOR STUDY USE ONLY					
Date Completed	Month	Day	Year	Completed by	
Date Reviewed	Month	Day	Year	Reviewer Code	
Date Entered	Month	Day	Year	Data Entry Code	