

Questions For Your Doctor

Ask your doctor questions during your visit. Taking notes will help you remember your doctor's answers:



How should I take my meds (with food or other supplements)?



How should I handle taking my meds when I've been drinking alcohol?



Should I or should my partner get tested for STDs or Hepatitis?

Tips you have selected

Try these tips before your next visit:



Set reminders on your mobile phone or put appointments on a calendar as soon as you make the appointment. Ask a trusted family member or friend to help remind you of your appointments.



Line up child care or transportation to the clinic. Let the clinic know if you are having trouble finding transportation.



Talk to your partner about protecting each other by having safer sex. Do this before you are ready to have sex so you are prepared.