

## Questions For Your Doctor

Ask your doctor questions during your visit. Taking notes will help you remember your doctor's answers:



How should I take my meds (with food or other supplements)?

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How should I handle taking my meds when I've been drinking alcohol?

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Should I or should my partner get tested for STDs or Hepatitis?

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## Tips you have selected

Try these tips before your next visit:



**Set reminders on your mobile phone or put appointments on a calendar as soon as you make the appointment.** Ask a trusted family member or friend to help remind you of your appointments.



**Line up child care or transportation to the clinic.** Let the clinic know if you are having trouble finding transportation.



**Talk to your partner about protecting each other by having safer sex.** Do this before you are ready to have sex so you are prepared.