

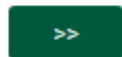
Six-Month Follow-up Training Survey

A few months ago you participated in a training on fetal alcohol spectrum disorders. We would like your feedback on how useful the training has been in your practice with your patients/clients. The purpose of this survey is to understand the opinions and practices of health professionals around their patients'/clients' alcohol use and on the prevention, identification, and treatment of fetal alcohol spectrum disorders. Your feedback is important as it will help assess the efficacy of trainings and identify the needs of health professionals to better address the services they provide to patients/clients around alcohol consumption.

This survey will take approximately 9 minutes to complete and your responses will be kept secure. Any information you provide will be presented in aggregate in a report and no individual identifying information will be included. Your participation in this survey is voluntary and you may decline to answer any question and you have the right to stop the survey at any time.

Thank you.

CDC estimates the average public reporting burden for this collection of information as 9 minutes per response, including the time for reviewing instructions, searching existing data/information sources, gathering and maintaining the data/information needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Information Collection Review Office, 1600 Clifton Road NE, MSD-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1129).



The **anonymous linkage code** below will be used to match data from different evaluation forms without using your name or information that can identify you.

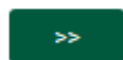
Please complete the following items for your anonymous code:

First letter in mother's first name:

First letter in father's first name:

First digit in your social security number:

Last digit in your social security number:



For each statement, please check the response which applies to you or your practice setting.

What type of training did you attend?

Webinar series

FASD or SBI training

I include prevention of alcohol misuse when talking with my patients/clients or their caregivers.

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Fetal alcohol spectrum disorders are:

Disorders a pregnant woman experiences when she drinks alcohol.

Disorders that affect the ability of a pregnant woman who drinks alcohol to go full term.

Physical disorders that affect a fetus when a pregnant woman drinks alcohol.

The range of effects that can occur in an individual who was exposed prenatally to alcohol.

Which of the following could indicate that a child may have been exposed to alcohol prenatally?

(Select all that apply.)

Growth deficiencies

Problems with self-regulation/self-soothing

Clinically significant abnormalities and/or a history of seizures

Delayed adaptive skills

Cognitive/developmental deficiencies or discrepancies

Confirmed history of alcohol exposure in utero

Executive function deficits

Don't know/Unsure

Delays in gross/fine motor function

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Risky drinking for non-pregnant women ages 21 and older is defined as more than _____ standard drinks in a day or more than _____ standard drinks per week on average:

2, 6

3, 8

3, 7

4, 7

Which of the following are the primary facial dysmorphic features associated with Fetal Alcohol Syndrome? (Select all that apply.)

Wide inner canthal distance

Thin upper lip

Short palpebral fissures

Flaring nares

Full lips

Don't know/Unsure

Smooth philtrum

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What advice would you give your patient/client about how much alcohol is safe to drink during pregnancy?

One glass of wine per day

One light beer per day

One shot of hard alcohol per day

There is no known safe amount of alcohol consumption during pregnancy.

When is it safe to drink alcohol during pregnancy?

During the first three months

During the last three months

Once in a while

Never

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What is the most effective strategy to reduce fetal alcohol spectrum disorders (FASDs)?

Enact laws and other policy strategies that punish pregnant women for drinking alcohol.

Screen all women of child bearing age for alcohol use and provide intervention as appropriate.

Tell women who you think may have a drinking problem to get help.

Conduct health fairs and other educational events for new mothers that focus on binge drinking.

Rate the importance of providing counseling to your patients/clients on risky alcohol use in women of childbearing age:

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Are you a student?

Yes

No

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When do you (or someone in your practice) ask your patients/clients or their parents/caregivers about their alcohol use?

Never

Annually

At each visit

When indicated, please describe:

Other, please specify:

My practice has a consistent process to screen or obtain information from all patients/clients about their alcohol use.

Yes

No

Don't Know

Not applicable to the patients/clients in my practice setting

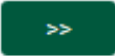
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What does initial patient/client screening for alcohol use consist of in your practice setting?

- Informal questions (e.g., "Do you drink?" "How often/much do you drink?")
- Formal screening tool or evidence-based/ validated screening instrument (AUDIT, AUDIT-C, DAST, CAGE, CRAFFT, NIAAA Youth Alcohol Screen, etc.)
- Don't know

Who generally conducts the initial screening for alcohol? (Select all that apply.)

Nurse (including nurse practitioner)	Physician
Social worker	Physician's assistant
Behavioral health specialist (coach)	Medical assistant
Psychologist	Other, please specify:
	<input type="text"/>



Is screening for alcohol use followed by some type of intervention in your practice setting? (Select all that apply.)

No, there is no patient/client education or intervention done following the initial screening

Yes, all patients/clients are given educational materials/information on "safe" levels of alcohol and health risks associated with consuming too much alcohol

Yes, patients/clients who screen positive for risky alcohol use are asked follow-up questions and provided brief counseling.

Yes, patients/clients who screen positive for risky alcohol use are asked follow-up questions and provided with additional resources (e.g., a list of treatment and/or counseling services in the community).

Not sure if there is an intervention following the initial screening.

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Who generally does the intervention in your practice setting? (Select all that apply.)

Nurse (including nurse practitioner)

Social worker

Behavioral health specialist (coach)

Psychologist

Physician

Physician's assistant

Medical assistant

Other, please specify:

Does your practice bill for screening and brief intervention services?

Yes

No

Not sure

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I have been able to convince at least one person in my profession of the importance of screening for alcohol use.

Yes

No

I have developed or changed at least one policy in my practice to focus on prevention, identification, or care/treatment for patients/clients who have or may have one of the FASDs.

Yes

No

In your current position, do you provide services to individuals who may have fetal alcohol spectrum disorders (FASDs)?

Yes

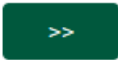
No

Not sure

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On a scale from 1 to 5 where 1 means you strongly disagree with the statement and 5 means you strongly agree, to what extent do you disagree or agree with the following statements. (Select one answer per row.)

- a. It is important to routinely screen all patients/clients for alcohol use
- b. Screening a person for alcohol use confers a stigma to the person being screened
- c. It is important to screen all pregnant women for alcohol use
- d. It is important to screen all women of reproductive age for alcohol use
- e. It is important to educate women of reproductive age, including those who are pregnant, about the effects of alcohol on a developing fetus
- f. Prenatal alcohol exposure is a potential cause of growth impairment
- g. Prenatal alcohol exposure is a potential cause of physical, cognitive, and behavioral health problems



On a scale from 1 to 5 where 1 means you are "Not confident in your skills" and 5 means you are "Totally confident in your skills," how confident are you in your skills to do the following? (Select one answer per row.)

	Not confident in my skills		Moderately confident in my skills		Totally confident in my skills
	1	2	3	4	5
Asking women, including pregnant women, about their alcohol use	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having a conversation with patients/clients who indicate risky alcohol use	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educating women of childbearing age, including those who are pregnant, about the effects of alcohol on a developing fetus	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conducting brief interventions for reducing alcohol use	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Utilizing resources to refer patients/clients who need formal treatment for alcohol abuse	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inquiring about potential prenatal alcohol exposure for my patients/clients	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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The questions in this section are designed to explore the attitudes of staff working with people who drink alcohol. There are no right or wrong answers. On a scale of 1 to 5 where 1 means you strongly disagree and 5 means you strongly agree, please indicate your response to the following statements. (Select one answer per row.)

a. I feel I know enough about causes of drinking problems to carry out my role when working with individuals who drink alcohol

b. I feel I can appropriately advise my patients about alcohol use and its effects

c. I feel I do not have much to be proud of when working with individuals who drink alcohol

d. All in all, I am inclined to feel I am a failure with individuals who drink alcohol

e. I want to work with individuals who drink alcohol

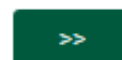
f. Pessimism is the most realistic attitude to take towards individuals who drink alcohol

g. I feel I have the right to ask patients questions about their alcohol use when necessary

h. I feel that my patients believe I have the right to ask them questions about their alcohol use when necessary

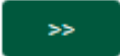
i. In general, it is rewarding to work with individuals who drink alcohol

j. In general, I like individuals who drink alcohol

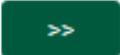


Has your practice experienced any of the following barriers to effective implementation of alcohol screening and brief intervention? (Select all that apply.)

No barriers; we screen and intervene consistently and well	Patient reluctance to be honest about alcohol use, or resistance to treatment
Time limitations during patient visits	Concerns about confidentiality and reporting requirements (example: to social services agency)
It is not required; lack of incentive	Inadequate referral sources and/or system for making referrals
Attitudes of providers and/or staff about substance use/abuse	Billing for alcohol screening, assessment, and counseling/intervention is not in place
Workforce needs education and training on screening and brief intervention	Patient/client inability to pay for treatment
Not easily accessible in the Electronic Health Record	Other, please specify:
	<input type="text"/>
Concerns about damaging rapport with patients/clients	



Is the practice setting in which you currently work the same as the practice setting in which you worked at the time you took the training?

 Yes No

Thank you for completing the survey.

