

National Mental Health Study Field Test,
Supporting Statement
Attachment K – Parent Study Description



U.S. Department of Health and
Human Services

NMHS Parent Study Description

As you know, your adolescent was selected to take part in an important study for the U.S. Department of Health and Human Services called the National Mental Health Study (NMHS). The NMHS is a nationally representative study that will:

- Examine the frequency of a variety of mental health conditions;
- Investigate connections between mental health problems and treatment.

Knowledge gained from this study will improve our ability to describe and understand mental health issues in the United States. This study is sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Institute of Mental Health (NIMH), both part of the U.S. Department of Health and Human Services (DHHS).

We would like you to take part in the NMHS Parent Interview to answer questions about your adolescent's health, development and family background. A parent's perspective is very important in getting an accurate description of an adolescent's health and development. The interview can be conducted via the web or over the phone and takes, on average, 30 minutes to complete. Your participation is voluntary. **If you agree to complete the interview, you will receive \$30 today.**

While the interview has some personal questions, federal law protects the privacy of your answers and requires us to keep all of your answers confidential. Any data that you provide will only be used by authorized personnel for statistical purposes according to the Confidential Information Protection and Statistical Efficiency Act of 2002.

If you have questions about the study, call the Project Representative at 1-800-XXX-XXXX. If you have questions about your rights as a study participant, call RTI's Office of Research Protection at 1-866-214-2043 (a toll-free number). You can also visit our project Website: <https://www.nmhsweb.org> for more information. Thank you for your cooperation and time.

Lisa J. Colpe, Ph.D., MPH
National Study Director, DHHS

Grace Medley
National Field Director, DHHS

Your confidentiality is protected by the Confidential Information Protection and Statistical Efficiency Act of 2002 (CIPSEA, PL 107-347). Any project staff or authorized data user who violates CIPSEA may be subject to a jail term of up to 5 years, a fine of up to \$250,000, or both.

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Attachment L – Parent Study Informed Consent

Parent Study Informed Consent for Web and Telephone

IF TELEPHONE INTERVIEW:

Before we begin, can you confirm that you are not driving right now?

NOT DRIVING: PROCEED BELOW.

DRIVING: When would be a good time to call again? ENTER CODE XX AND DETAILS IN CMS. Thank you for your time. END CALL.

The National Mental Health Study (NMHS) Parent Interview, sponsored by the Department of Health and Human Services, asks questions about your adolescent's health, development and family background. The NMHS is a nationally representative study that will examine the frequency of a variety of mental health conditions and investigate connections between mental health problems and treatment. A parent's perspective is very important in getting an accurate description of an adolescent's health and development, which is why you have been selected to participate.

This interview will take approximately 30 minutes. You should answer the interview questions in a private setting.

While the interview has some personal questions, federal law keeps your answers private. Any data that you provide will only be used by authorized personnel for statistical purposes according to the Confidential Information Protection and Statistical Efficiency Act of 2002.

Your participation is voluntary. You may consider some of the questions to be sensitive in nature and some of the questions may also make you feel certain emotions, such as sadness. Remember that you can refuse to answer any questions that you do not want to answer, and you can stop the interview at any time. If you become upset at any time during the interview and wish to speak to a mental health professional about how you are feeling, you have toll-free hotline numbers that are printed on your payment receipt you received from the interviewer.

These study details are also included on the Study Description you received from the interviewer who met with you in your home. If you have about the study, call the Project Representative at 1-800-XXX-XXXX. If you have questions about your rights as a study participant, call RTI's Office of Research Protection at 1-866-214-2043 (a toll-free number).

We may contact you in the future to take part in another survey. When we contact you in the future, you can decide whether or not you want to be in the study.

(TO BE DISPLAYED IN WEB INSTRUMENT BEFORE INTERVIEW OR READ ALOUD TO THE RESPONDENT DURING TELEPHONE INTERVIEW)

National Mental Health Study Field Test,
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Attachment V – Parent Interview Information
Card



Case ID: _____ #
Access code: _____
Child's Initials: _____

National Mental Health Study Parent Interview Information Sheet

Thank you for agreeing to complete the National Mental Health Study (NMHS) Parent Interview. Please follow the instructions below to complete the interview via the web or telephone. Complete the interview **now** while you have an expert field interviewer in your household that can answer any questions you have!

Instructions to complete the NMHS Parent Interview via Web

We recommend using a laptop or desktop computer (rather than a mobile device such as a cell phone or a small tablet) as well as the latest version of web browsers such as Chrome, Firefox or Internet Explorer 10 and above. If your device has a screen less than 9 inches, we encourage you to call 1-800-XXX-XXXX to complete by telephone.

1. Go to <https://www.nmhsweb.org>.
2. Enter your Case ID in the Case ID box:
[FILL SCREENSHOT OF CASE ID BOX]
3. Enter your child's initials in the Child's Initials box:
[FILL SCREENSHOT OF CHILD'S INITIALS BOX]
4. Complete parent web interview.
 - If you begin the online survey and find it difficult to complete because of the size of your screen please call 1-800-XXX-XXXX and finish the survey by telephone.

*If you need technical assistance, please contact us at 1-800-XXX-XXXX.

Instructions to complete the NMHS Parent Interview via Telephone

1. Call 1-800-XXX-XXXX.
2. Provide your Case ID and the child's Initials to the NMHS interviewer.
3. Complete the parent telephone interview.

Thank you for participating in the NMHS!

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Attachment AF – Parent E-mail and Text
Prompts

NMHS Parent E-mail & Text Prompts

A. E-mail messages

1. Initial E-mail

a. Subject of E-mail:

Welcome to the National Mental Health Study!

b. E-mail Text:

Greetings from the National Mental Health Study (NMHS)!

Thank you for agreeing to participate in the parent interview. A parent's perspective is very important in getting an accurate description of an adolescent's health and development.

For completing this interview via the web, we recommend using a laptop or desktop computer (rather than a mobile device such as a cell phone or a small tablet) as well as the latest version of browsers such as Chrome, Firefox or Internet Explorer 10 and above to access the web interview. If your device has a screen less than 9 inches, we encourage you to call 1-800-XXX-XXXX to complete by telephone.

To complete the interview online:

1. Click on this link [<https://nmhsweb.org>]
2. Enter [FILL Case ID] in the Case ID box.
3. Enter [FILL ADOLESCENT Initials] in the Adolescent Initials box.
 - If you begin the online survey and find it difficult to complete because of the size of your screen please call 1-800-XXX-XXXX and finish the survey by telephone.

*If you need technical assistance, please contact us at 1-800-XXX-XXXX.

If you prefer to complete the parent interview via telephone please:

1. Call 1-800-XXX-XXXX between [FILL TIMES].
2. Provide your Case ID (FILL Case ID) and Adolescent Initials (FILL Adolescent Initials) to the NMHS interviewer.

Thank you for participating in the National Mental Health Study Parent Interview!

2. Follow-up E-mail

a. Subject of E-mail: Participate in the National Mental Health Study!

b. E-mail Text:

Dear [FILL R NAME],

Recently, an interviewer from RTI International came to your home and asked you to participate in the National Mental Health Study (NMHS) Parent Interview. The Parent Interview will consist of questions about your adolescent's health, development and family background. A parent's perspective is very important in getting an accurate description of an adolescent's health and development -- which is why we continue to try to reach you.

We want to provide you with additional information about the study:

- The National Mental Health Study is a nationally representative study that will examine the frequency of mental health conditions as well as investigate connections between mental health problems and treatment.
- Federal law protects the privacy of your answers and requires us to keep all of your answers confidential.
- You can complete the interview online or over the phone and it takes on average 30 minutes to complete.

To complete the interview online now:

We recommend using a laptop or desktop computer (rather than a mobile device such as a cell phone or a small tablet) as well as the latest version of browsers such as Chrome, Firefox or Internet Explorer 10 and above. If your device has a screen less than 9 inches, we encourage you to call 1-800-XXX-XXXX to complete by telephone.

1. Click on this link [<https://nmhsweb.org>]
 2. Enter [FILL Case ID] in the Case ID box.
 3. Enter [FILL ADOLESCENT Initials] in the Adolescent Initials box.
- If you begin the online survey and find it difficult to complete because of the size of your screen please call 1-800-XXX-XXXX and finish the survey by telephone.

*If you need technical assistance, please contact us at 1-800-XXX-XXXX.

If you prefer to complete the parent interview via telephone please:

1. Call 1-800-XXX-XXXX between [FILL TIMES].
2. Provide your Case ID (FILL Case ID) and Adolescent Initials (FILL ADOLESCENT Initials) to the NMHS interviewer.

For more details about the study, please visit <https://nmhsweb.org>

Thank you for participating in this important national study!

3. Final Follow-up E-mail

a. *Subject of E-mail:* Last Chance To Participate!

b. *E-mail Text:*

Dear [FILL R NAME],

Your window of opportunity to contribute to the National Mental Health Study (NMHS) and our understanding of mental health conditions in the United States is closing. **Your participation in this study is important—which is why we continue to try to reach you.**

The National Mental Health Study is a nationally representative study that will examine the frequency of mental health conditions and investigate connections between mental health problems and treatment.

Your perspective is **critical** in getting an accurate description of [FILL ADOLESCENT NAME]'s health and development.

You can complete the interview online or over the phone and it takes on average 30 minutes to complete.

To complete the interview online now:

We recommend using a laptop or desktop computer (rather than a mobile device such as a cell phone or a small tablet) as well as the latest version of browsers such as Chrome, Firefox or Internet Explorer 10 and above. If your device has a screen less than 9 inches, we encourage you to call 1-800-XXX-XXXX to complete by telephone.

1. Click on this link [<https://nmhsweb.org>]
2. Enter [FILL Case ID] in the Case ID box.
3. Enter [FILL ADOLESCENT Initials] in the Adolescent Initials box.
- If you begin the online survey and find it difficult to complete because of the size of your screen please call 1-800-XXX-XXXX and finish the survey by telephone.

*If you need technical assistance, please contact us at 1-800-XXX-XXXX.

If you prefer to complete the parent interview via telephone please:

1. Call 1-800-XXX-XXXX between [FILL TIMES].
2. Provide your Case ID (FILL Case ID) and Adolescent Initials (FILL ADOLESCENT Initials) to the NMHS interviewer.

For more details about the study, please visit <https://nmhsweb.org>

Thank you for participating in this important national study!

A. Text prompts

1. Initial Text Message

Please complete the National Mental Health Study Parent Interview!

To complete online, go to [<https://nmhsweb.org>]. If you need help or would like to complete via phone, call 1-800-XXX-XXXX. Thank you for participating in the NMHS!

2. Follow-Up Text Message

We need you to participate in the National Mental Health Study this week!

To complete online go to [<https://nmhsweb.org>]. If you need help or would like to complete via phone, call 1-800-XXX-XXXX. Thank you for participating in the NMHS!

3. Final Text Message

Your window of opportunity to contribute to the National Mental Health Study (NMHS) is closing! Please participate today! To complete online, go to [<https://nmhsweb.org>]. If you need help or would like to complete via phone, call 1-800-XXX-XXXX. Thank you for participating in the NMHS!