Teen Intervene Pre and Post-Workshop Survey for Mental Health Providers

Instructions: Circle the answer that most accurately describes how you feel about each of the ten questions below.

Circle one: Pre-Worksop Post Workshop

1. How confident are you in your ability to competently utilize screening tools for a client's use of drugs/alcohol/tobacco?

Completely	Moderately	Slightly	Moderately	Slightly	Completely
uncomfortable	uncomfortable	uncomfortable	comfortable	comfortable	comfortable

2. Following screening, how confident are you in determining whether or not to proceed with Teen Intervene or to refer to further assessment?

Completely	Moderately	Slightly	Moderately	Slightly	Completely
uncomfortable	uncomfortable	uncomfortable	comfortable	comfortable	comfortable

3. Providing this service in a culturally sensitive and trauma informed manner is extremely important. How comfortable are you with listening and assisting a young person to talk honestly about their use of drugs/alcohol/tobacco?

Completely	Moderately	Slightly	Moderately	Slightly	Completely
uncomfortable	uncomfortable	uncomfortable	comfortable	comfortable	comfortable

4. Teen Intervene includes Screening, the actual Brief Intervention, and referral. How comfortable are you in competently evaluating a client's readiness for change?

Completely	Moderately	Slightly	Moderately	Slightly	Completely
uncomfortable	uncomfortable	uncomfortable	comfortable	comfortable	comfortable

5. Distinguishing the pros and cons of substance use occurs in Teen Session 1. How comfortable are you with listening and encouraging teens to freely talk about the positives and negatives of using and/or changing their drug/alcohol/tobacco use?

Completely	Moderately	Slightly	Moderately	Slightly	Completely
uncomfortable	uncomfortable	uncomfortable	comfortable	comfortable	comfortable

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6. How comfortable are you in your ability to competently identify internal and external triggers and cravings for the use of drugs/alcohol/tobacco?

Completely Moderately Slightly Moderately Slightly Completely uncomfortable uncomfortable comfortable comfortable

7. How comfortable do you feel in assisting a teen to respond to opportunities for drug/alcohol/tobacco use and peer pressure?

Completely Moderately Slightly Moderately Slightly Completely uncomfortable uncomfortable comfortable comfortable

8. Enhancing decision making skills can be helpful for teens in a variety of situations, including substance use. How comfortable are you with explaining the 5 Step Plan (stop, think, choose, act, and evaluate) for enhancing decision making?

Completely Moderately Slightly Moderately Slightly Completely uncomfortable uncomfortable comfortable comfortable

9. How comfortable are you in your competency to assist a teen to explore and build their social support systems?

Completely Moderately Slightly Moderately Slightly Completely uncomfortable uncomfortable comfortable comfortable comfortable

10. Family involvement is important for Teen Intervene success. How comfortable are you in involving families in the program?

Completely Moderately Slightly Moderately Slightly Completely uncomfortable uncomfortable comfortable comfortable