



What health information can we help you find today?

I'm looking for information on...



A-Z Health Topics

Popular Health Topics



Reproductive Health

What is the difference between BV and a vaginal yeast infection?

Treatment options for PCOS for women who want to try to get pregnant

More popular health topics



Women's Health Blog

“ Doctors are here to guide us and support us, but ultimately, the decisions we make about our bodies are our own. ”

Reproductive and Sexual Health

Making the Best Decisions for Your Body

Nicole Greene | April 12, 2018

View all blog posts



Tools



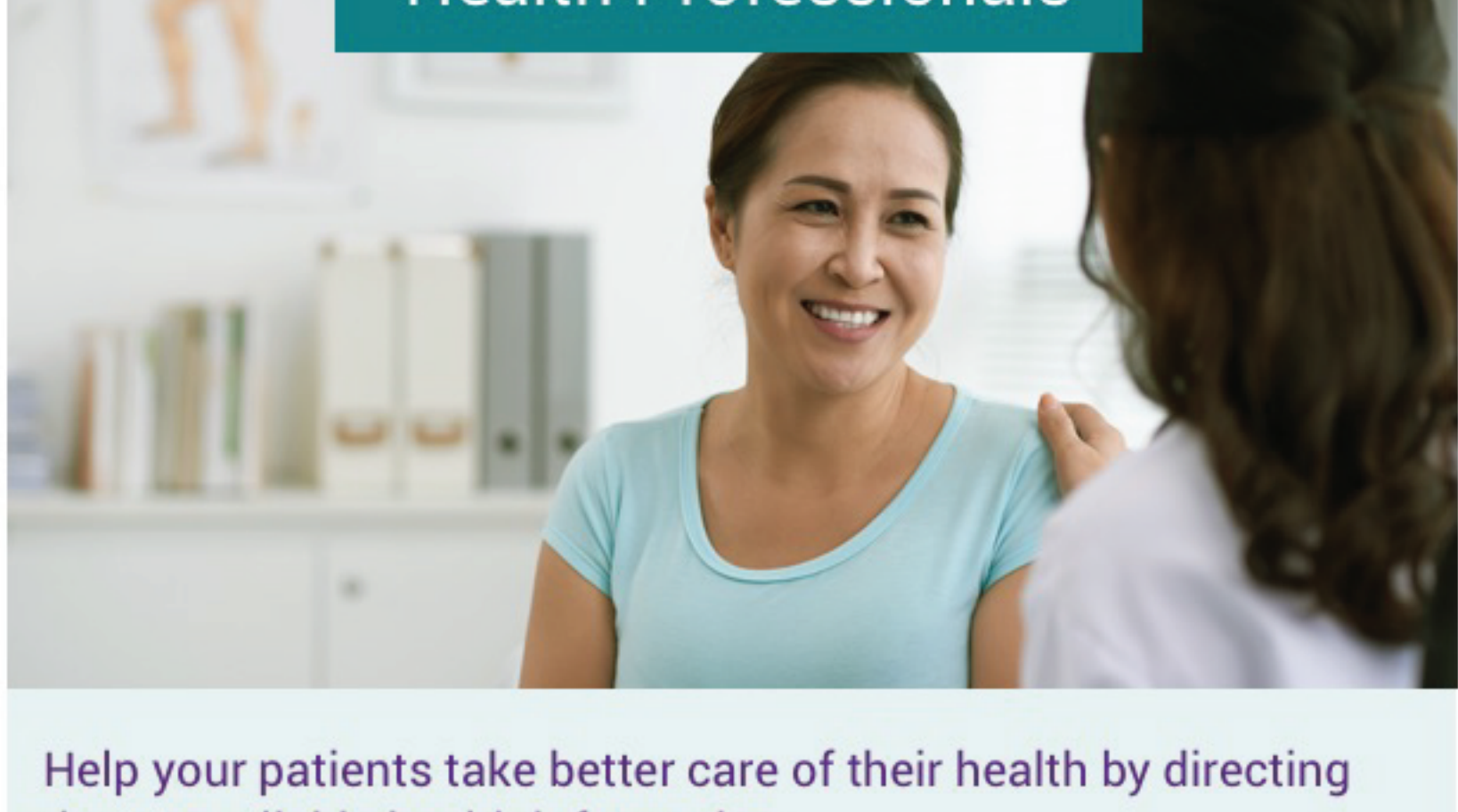
Ovulation Calculator: Learn 3 Ways to Keep Track of Your Fertile Times

Save the Date



Make your health a priority this National Women's Health Week: May 13-19, 2018

Health Professionals



Help your patients take better care of their health by directing them to reliable health information.

What steps can you take for better health?

Whether you're in your 20s or your 90s, we've got you covered.

Get personalized tips



Top

Have health questions?

Call the OWH Helpline for information and resources.

1-800-994-9662

9 a.m. – 6 p.m. ET, Monday – Friday

Subscribe to receive OWH updates

Submit

Connect with us



About Us



Programs and Activities



Popular Topics



Find Help



Stay Connected



HHS Non-Discrimination Notice | Language Assistance Available | Accessibility | Privacy Policy | Disclaimers | Freedom of Information Act (FOIA) | USA.gov | Use Our Content

Language Assistance Available

Español | 繁體中文 | Tiếng Việt | 한국어 | Tagalog | Русский | العربية | Kreyòl Ayisyen | Français | Polski | Português | Italiano | Deutsch | 日本語 | فارسی | English

A federal government website managed by the Office on Women's Health in the Office of the Assistant Secretary for Health at the U.S. Department of Health and Human Services.

200 Independence Avenue, S.W., Washington, DC 20201 • 800-994-9662 • Monday through Friday, 9 a.m. to 6 p.m. ET (closed on federal holidays).

