

Date: _____

Thank you in advance for participating in this brief survey.

What is your position in the practice? (e.g., MD, RN, CSAC, etc.): _____

SBIRT Provider knowledge assessment¹

Please circle the letter corresponding to your response (select only one option):

1. All of the following are true of Screening, Brief Intervention, and Referral to Treatment (SBIRT) except:
 - A. SBIRT provides an opportunity to reinforce positive health behaviors
 - B. SBIRT is intended to identify patients with mild to severe substance use problems
 - C. SBIRT requires that physicians provide specialized substance abuse treatment services
 - D. SBIRT is effective for patients abusing multiple substances

2. Compared to patient self-report via standardized instruments such as the ASSIST and AUDIT-C, urine drug screens:
 - A. Provide more valid and reliable information about substance use
 - B. Provide more sensitivity and specificity when it comes to diagnosing substance use disorders
 - C. Both A and B
 - D. Neither A nor B

3. When it comes to introducing the screening process, normalizing the discussion refers to:
 - A. Letting patients know that inquiring about substance use is a routine part of an office visit
 - B. Reassuring patients that it's OK to be truthful because substance use is very common
 - C. Both A and B
 - D. Neither A nor B

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4. Brief interventions are often sufficient treatment for:
 - A. Everyone
 - B. Patients with only mild substance use problems
 - C. Patients with mild to moderate substance use problems
 - D. No one—a BI is only the first step in a larger intervention

5. The three key steps in completing brief interventions are, in order:
 - A. Introduction, feedback, advice
 - B. Feedback, advice, menu of options
 - C. Advice, referral, summary
 - D. Feedback, referral, follow-up

6. When providing feedback:
 - A. Maintain a warm, empathetic, and nonjudgmental tone
 - B. Work quickly to minimize defensiveness
 - C. Remind patients of the purpose of giving feedback
 - D. Describe the range of possible screening results
 - E. Note that any drug use is extremely dangerous
 - F. Describe where the patient falls on the range compared to others
 - G. A, C, E
 - H. A, C, D, F

7. After giving advice, we suggest the provider offer a menu of options that can support patients making changes. Why offer options?
 - A. It demonstrates that there is more than one path towards abstinence
 - B. It comforts the patient to know there are others with similar problems
 - C. It gives the patient an opportunity to respond to the provider's interpretation of the screening results
 - D. It communicates that the patients is responsible for making choices
 - E. All of the above

8. The spirit of Motivational Interviewing (MI) is characterized by all of these concepts except:
 - A. Collaboration
 - B. Depth of feeling
 - C. Respect for patient autonomy
 - D. Evocation

9. Change talk includes the following types of speech except:
- A. Difficulties of change
 - B. Reasons for change
 - C. Desire to change
 - D. Commitment to change
 - E. Ability to change
10. What should clinicians do to elicit change talk when using MI?
- A. Use open and closed questions.
 - B. Reflect what they hear.
 - C. De-emphasize change language they hear.
 - D. All of the above

¹Questions taken from: .Stoner SA, Mikko AT, Carpenter KM. Web-based training for primary care providers on screening, brief intervention, and referral to treatment (SBIRT) for alcohol, tobacco, and other drugs. *Journal of substance abuse treatment*. 2014;47(5):362-370.

Provider confidence and clinical practice behavior questions¹

Please circle the number corresponding to your response (select only one option):

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
1. I feel confident counseling my patients about their abuse of prescription drugs	5	4	3	2	1
2. I feel confident counseling my patients about their illegal drugs use	5	4	3	2	1
3. When delivering this counseling, I feel confident that I can address the unique needs of pregnant women	5	4	3	2	1
4. When delivering this counseling, I feel confident that I can address the unique needs of post-partum women	5	4	3	2	1
5. When delivering this counseling, I feel confident that I can address the unique needs of women who are already parenting	5	4	3	2	1
During the past 90 days, with a patient of childbearing age during a periodic visit or routine check-up, how often did you do the following:	Never/rarely	Sometimes	Half time	Often	Usually/always

6. Screen for misuse of prescriptions drugs	5	4	3	2	1
7. Screen for illicit substance use	5	4	3	2	1
8. Use a standard validated measure to screen for alcohol, tobacco, or other drugs	5	4	3	2	1
9. Give patients feedback about screening results	5	4	3	2	1
10. Ask patients their thoughts about your feedback	5	4	3	2	1

During the past 90 days, when you saw a patient of childbearing age who was abusing prescription drugs or using illicit substances, how often did you	Never/rarely	Sometimes	Half time	Often	Usually/always
11. Describe the harms associated with continued substance use	5	4	3	2	1
12. Give clear advice to quit or cut back	5	4	3	2	1
13. Discuss ways for patients to change their substance use	5	4	3	2	1
14. Refer those needing specialized treatment	5	4	3	2	1
15. Follow-up with patients about their substance use at their next visit	5	4	3	2	1

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