

## Teen Intervene Pre and Post-Workshop Survey for Mental Health Providers

Instructions: Circle the answer that most accurately describes how you feel about each of the ten questions below.

Circle one: Pre-Workshop      Post Workshop

1. How confident are you in your ability to competently utilize screening tools for a client's use of drugs/alcohol/tobacco?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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2. Following screening, how confident are you in determining whether or not to proceed with Teen Intervene or to refer to further assessment?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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3. Providing this service in a culturally sensitive and trauma informed manner is extremely important. How comfortable are you with listening and assisting a young person to talk honestly about their use of drugs/alcohol/tobacco?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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4. Teen Intervene includes Screening, the actual Brief Intervention, and referral. How comfortable are you in competently evaluating a client's readiness for change?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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5. Distinguishing the pros and cons of substance use occurs in Teen Session 1. How comfortable are you with listening and encouraging teens to freely talk about the positives and negatives of using and/or changing their drug/alcohol/tobacco use?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0990-0379. The time required to complete this information collection is estimated to average 5 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, to review and complete the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: U.S. Department of Health & Human Services, OS/OCIO/PRA, 200 Independence Ave., S.W., Suite 336-E, Washington D.C. 20201, Attention: PRA Reports Clearance Officer

6. How comfortable are you in your ability to competently identify internal and external triggers and cravings for the use of drugs/alcohol/tobacco?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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7. How comfortable do you feel in assisting a teen to respond to opportunities for drug/alcohol/tobacco use and peer pressure?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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8. Enhancing decision making skills can be helpful for teens in a variety of situations, including substance use. How comfortable are you with explaining the 5 Step Plan (stop, think, choose, act, and evaluate) for enhancing decision making?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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9. How comfortable are you in your competency to assist a teen to explore and build their social support systems?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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10. Family involvement is important for Teen Intervene success. How comfortable are you in involving families in the program?

Completely uncomfortable	Moderately uncomfortable	Slightly uncomfortable	Moderately comfortable	Slightly comfortable	Completely comfortable
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