



Health and Wellness

Diseases and Conditions

Reproductive Health

Printables and Shareables

About Us

## What health information can we help you find today?

I'm looking for information on...

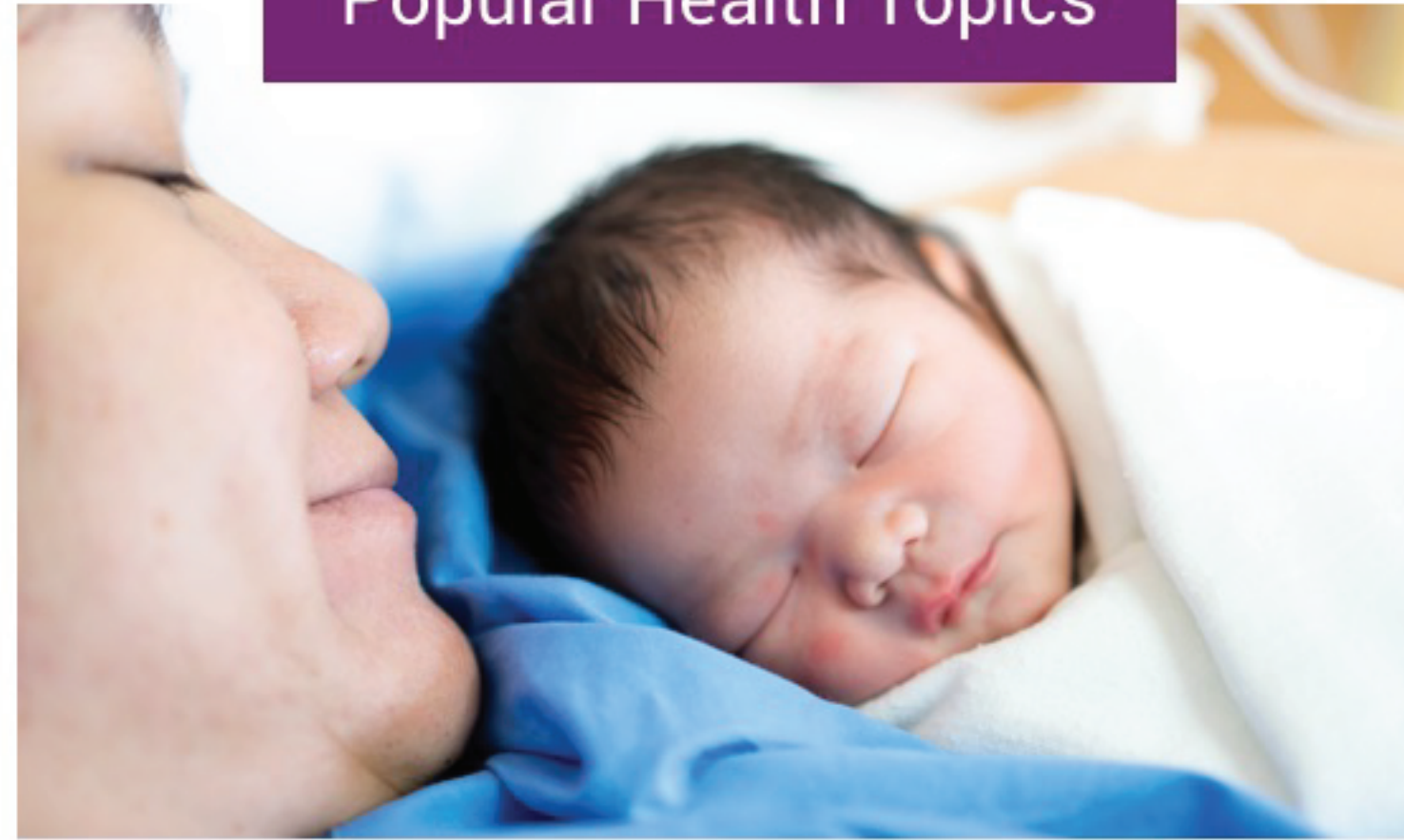


A-Z Health Topics



### Heart Disease and Stroke

Five ways stroke affects women differently than men



## Popular Health Topics

### Reproductive Health

What is the difference between BV and a vaginal yeast infection?

Treatment options for PCOS for women who want to try to get pregnant



### Healthy Weight

Could reaching a healthy weight help me get pregnant?

### Autoimmune Diseases

What autoimmune diseases affect women, and what are their symptoms?

### Thyroid Disease

What are the signs and symptoms of hypothyroidism?

## Women's Health Blog

“Doctors are here to guide us and support us, but ultimately, the decisions we make about our bodies are our own.”

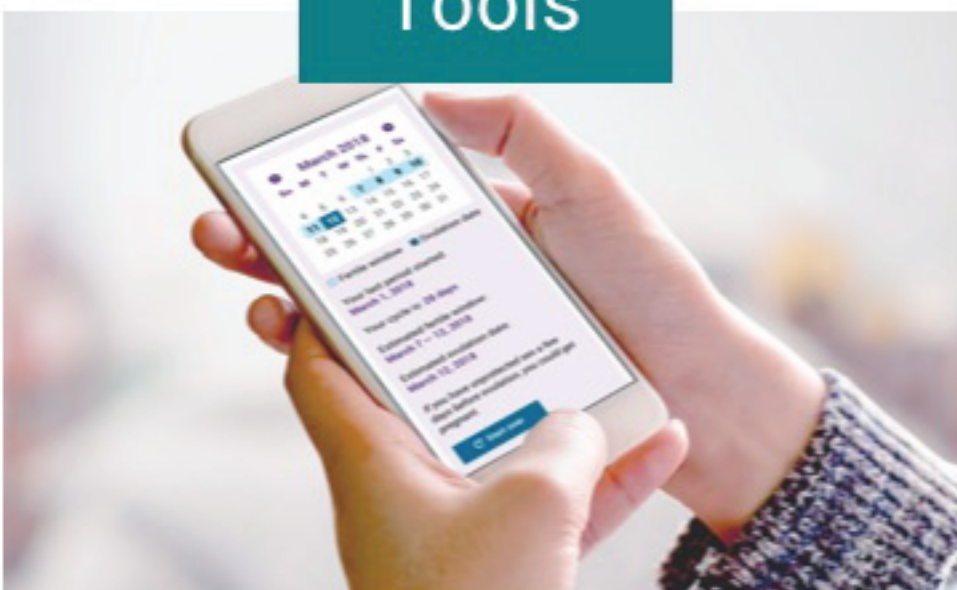
### Reproductive and Sexual Health

Making the Best Decisions for Your Body

Nicole Greene | April 12, 2018

[View all blog posts](#)

## Tools



Ovulation Calculator: Learn 3 Ways to Keep Track of Your Fertile Times

## Save the Date

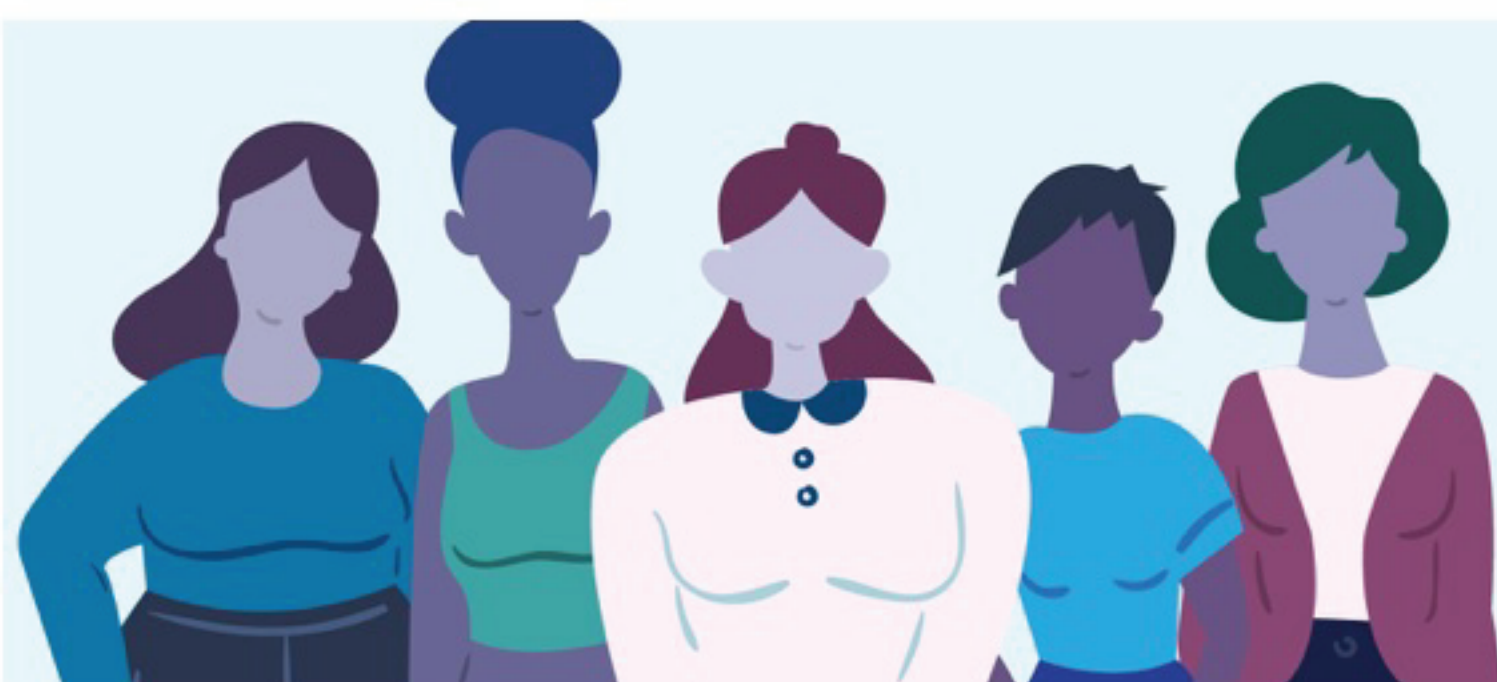


Make your health a priority this National Women's Health Week: May 13-19, 2018

## Health Professionals



Help your patients take better care of their health by directing them to reliable health information.



## What steps can you take for better health?

Whether you're in your 20s or your 90s, we've got you covered.

[Get personalized tips](#)

### Have health questions?

Call the OWH Helpline for information and resources.

**1-800-994-9662** 9 a.m. – 6 p.m. ET  
Monday – Friday

### Subscribe to receive OWH updates

Submit

### Connect with us



#### About Us

- Who we are
- What we do
- Work with us
- Our vision and mission

#### Programs and Activities

- Health Information Gateway
- It's Only Natural
- Make the Call, Don't Miss a Beat
- National Women and Girls HIV/AIDS Awareness Day
- National Women's Health Week
- Supporting Nursing Moms at Work

#### Popular Topics

- Autoimmune diseases
- Breastfeeding
- Carpal tunnel syndrome
- Depression
- HIV and AIDS
- Menstruation
- Polycystic ovary syndrome (PCOS)
- Pregnancy
- Thyroid disease

#### Find Help

- Get breastfeeding help
- Get health care
- Get health insurance
- Get help with family planning
- Get help with mental health
- Find girls' health information

#### Stay Connected

- Blog
- Contact us
- Media inquiries
- Social media

