Methodological Advances in Evaluating Abuse-deterrent Opioid Analgesics - Physician Survey

Thank you for taking the time to complete the survey. Your input will be valuable to us as we work to understand the prescribing and dispensing of abuse-deterrent formulation opioid analgesics.

Please note that you can move between pages of the survey, and, if you are interrupted, can return to complete the survey as long as you keep the window open.

You are invited to participate in a survey collecting information and opinions related to the prescribing and dispensing of abuse-deterrent formulation opioid analgesics. This study is being conducted on behalf of the U.S. Food and Drug Administration by researchers at the University of Kentucky Colleges of Pharmacy and Public Health.

You have been asked to participate in this survey because you are a licensed physician with the ability to prescribe controlled substances in the state of Kentucky. If you voluntarily complete the survey, you will be one of approximately 1,500 physicians to do so. The survey will take approximately 10 minutes to complete.

The survey asks about your prescribing of abuse-deterrent formulation opioid analgesics. The information generated from this research will assist in our understanding of how these medications are being utilized in practice.

Your response to the survey is anonymous. Neither the researchers nor the licensure board will know who did, or did not, respond to the survey. The research team will not attempt to trace responses back to individuals. There are no known risks associated with disclosure of your opinions about the prescribing and dispensing of abuse-deterrent formulations of opioid analgesics. Your information will be kept secure to the extent provided by law.

You may receive two additional email invitations to participate in this survey over the next two weeks. If you have already responded, or elect not to respond to the survey, please ignore these additional emails.

Taking part in this research is completely voluntary. If you choose not to participate, there will be no penalty to you. You are free to skip any question that you do not want to answer, and you can discontinue the survey at any time. Although you will not personally benefit by completing the survey, the information that you provide may help us understand how abuse-deterrent formulations might be used more effectively.

This study has been reviewed by the University of Kentucky Medical Institutional Review Board. If you have questions about this study, you may call Patricia Freeman at 859-323-1381 or Svetla Slavova at 859-323-7873. If you have any questions about your rights as a volunteer in this research, you may contact the staff in the Office of Research Integrity at the University of Kentucky at 859-257-9428 or toll free at 1-866-400-9428.

Thank you for your time and we appreciate your consideration in completing this survey.

Patricia Freeman, PhD Associate Professor University of Kentucky College of Pharmacy

Svetla Slavova, PhD Associate Professor University of Kentucky College of Public Health

OMB Control No.: 0910-0847 Expiration Date: 11/30/2020

Paperwork Reduction Act Statement: According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor and a person is not required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0910-0847, and the expiration date is 11/30/2020. The time required to complete this information collection is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.

Send comments regarding this burden estimate or any other aspects of this collection of information, including suggestions for reducing burden, to PRAStaff@fda.hhs.gov.

This study is being conducted on behalf of the U.S. Food and Drug Administration by researchers at the University of Kentucky Colleges of Pharmacy and Public Health.

Do you prescribe opioid analgesics in your practice?	
○ Yes ○ No	

Thank you for your willingness to participate. This survey focuses on the prescribing of opioid analgesics. We look forward to your participation in future surveys.

Section I. Questions about your perception of abuse-deterrent formulation opioids.

One of the ways that the U.S. Food and Drug Administration (FDA) has tried to address the opioid epidemic is by approving opioid analgesic products that are designed to be harder to manipulate and abuse. These so-called 'abuse-deterrent formulations' (e.g. OxyContin®, Embeda®, etc.) are intended to make certain types of abuse, such as crushing a tablet to snort or dissolving a capsule to inject, more difficult or less rewarding.

Considering your experience prescribing opioid analgesics, how would you rate your familiarity with abuse-deterrent formulation opioids?
Not familiar at allSomewhat familiarFamiliarVery familiarUnsure

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Individuals who misuse/abuse prescription opioids do so using varied routes of administration. In your professional opinion, how effective are abuse-deterrent formulation opioids in mitigating abuse/misuse by each of these specific routes?

	Not effective at all	Somewhat effective	Effective	Very effective	Unsure	
Smoking	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\circ	
Snorting	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\circ	
Chewing or dissolving before swallowing	\circ	\circ	0	0	\circ	
Swallowing intact	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\circ	
Injection (intravenous, intramuscular, or subcutaneous)	0	0	0	0	\circ	
Please indicate the extent to which you agree or disagree with the following statement: In my professional opinion, to gain and maintain FDA-approval, all opioid analgesics should meet FDA standards as abuse-deterrent formulations. Strongly disagree Disagree Agree Strongly agree Unsure If you selected "Strongly agree," please elaborate.						
		_				
If you selected "Strongly disagree elaborate.	e," please					

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Section II. Questions about your experience prescribing medications newly-approved by the FDA and abuse-deterrent formulation opioid analgesics.

Which of these describes you well when it comes to prescribing medications newly approved by the FDA? (select all that apply)
 Usually prescribe new medications before others do □ Prefer medications which have worked well for patients in the past □ Like being able to share with colleagues about new medications I've prescribed □ Like the variety of prescribing new medications □ Feel more comfortable using familiar medications □ Prefer to wait until I hear about colleagues' experiences with prescribing new medications □ Other
If you selected 'Other,' please describe.
When making prescribing decisions regarding which opioid analgesic to prescribe, do you consider whether or not the opioid is an abuse-deterrent formulation?
○ Yes ○ No

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To what extent do each of the following patient-specific factors influence your decision to						
prescribe an abuse-deterrent formulation opioid over a non-abuse-deterrent opioid analgesic?						
	No influence	Little influence	Some influence	Great influence		
Patient demographics (e.g. age, ethnicity)	0	0	0	0		
Patient preference for a specific opioid product	\circ	0	0	0		
Concern for misuse/abuse by patient or patient's family member	0	0	0	0		
Anticipated cost to patient	\circ	\circ	\bigcirc	\circ		
Risk of diversion by patient or patient's family members	0	\circ	0	\circ		
Total daily dosage of opioid patient requires	0	0	0	0		
Patient's risk stratification score	\circ	\circ	\circ	\bigcirc		
Patient's concomitant medication use	0	0	0	0		
Concern over patient switching to illicit opioid	0	0	0	0		
Which of the following risk-stratific	ation tools do you r	nost commonly utilize	?			
 Opioid risk tool Screener and Opioid Assessment Screener and Opioid Assessment Brief Risk Interview Other 						
If you selected 'Other,' please provi the risk-stratification tool you most utilize.						

To what extent do each of the following non-patient-specific factors influence your decision to prescribe an abuse-deterrent formulation opioid over a non-abuse deterrent opioid analgesic?

	No influence	Little influence	Some influence	Great influence
Past experience prescribing abuse-deterrent formulations	0	0	0	\circ
System or government oversight of prescribing patterns	\circ	0	0	0
Anecdotal prescribing experience of colleagues	0	0	0	0
Third-party payer considerations	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Effectiveness compared to traditional formulations	\circ	0	0	0
Practice- or system-level policies	\bigcirc	\circ	\circ	\bigcirc
Information provided by sales reps, medical liaisons, etc.	\circ	0	0	0
Innovative nature of abuse-deterrence mechanisms	\circ	0	0	\circ
Potential public health impact of reducing the supply of abusable prescription opioids	0	0	0	0

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For each of the following abuse-deterrent formulation opioids, please indicate the frequency with which you have prescribed them in your practice.

	Never	Rarely (i.e. afew times a year)	Occasionally (i.e. monthly)	Frequently (i.e. weekly)	Very frequently (i.e. daily)
Embeda® (morphine sulfate and naltrexone hydrochloride extended-release)	0	0	0	0	0
Hysingla® ER (hydrocodone bitartrate extended-release)	\circ	0	0	0	0
MorphaBond® ER (morphine sulfate extended-release)	0	0	0	0	\circ
Xtampza® ER (oxycodone extended-release)	0	0	0	0	0
OxyContin® (oxycodone hydrochloride extended-release)	\circ	0	0	\circ	\circ

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	No influence	Little influence	Some influence	Great influence
Generally prescribe generic medications over brand-name medications	0	0	0	0
Lack of familiarity with the product(s)	0	0	0	\circ
Patient preference for a non-abuse deterrent formulation	0	0	\circ	\circ
Lack of third-party coverage or high copays makes them unaffordable for most patients	0	0	0	0
Concern that patients will switch to illicit alternative (e.g. heroin)	0	0	0	0
Skepticism that abuse-deterrent properties will prevent addiction or overdose	0	0	0	0
Concern that the abuse-deterrent formulation may provide inadequate analgesia	0	0	0	0
Patients to whom I prescribe opioid analgesics are at low risk for misuse/abuse	0	0	0	0
Evidence-based guidelines do not list abuse-deterrent formulations as preferred over non-abuse deterrent formulations	0	0	0	0
In general, please indicate the prim	nary reason you hav	e prescribed OxyConti	n®.	
 It is an extended-release opioid It is an abuse-deterrent formula It is an appropriate extended rel It has been an effective treatme Patient was started on OxyConti 	tion .ease regimen for p .nt for previous pati	atients who have been ients	on oxycodone immed	liate-release

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Section III. Communication with patients and pharmacists regarding abuse deterrent formulation opioids.

To your recollection, have any of your patients ever specifically requested to receive an abuse-deterrent opioid formulation instead of a non-abuse-deterrent opioid formulation?
○ Yes ○ No
What circumstances best describe the reason(s) a patient specifically requested an abuse-deterrent formulation opioid instead of a non-abuse-deterrent opioid? (select all that apply)
 □ Past medical history □ Concern about misuse/abuse potential of non-abuse-deterrent formulations by others □ Belief that abuse-deterrent formulations were safer than non-ADFs □ Other
If you selected 'Other,' please describe.
To your recollection, has a patient to whom you prescribed an abuse-deterrent formulation opioid ever specifically requested to switch to a non-abuse-deterrent formulation?
○ Yes ○ No
Please describe the reason(s) the patient requested to switch to a non-abuse-deterrent formulation opioid.
To your recollection, have you ever been contacted by a pharmacist who recommended an abuse-deterrent formulation opioid for a patient SPECIFICALLY because of its abuse-deterrent properties?
○ Yes ○ No
To your recollection, have you ever been contacted by a pharmacist to request substitution of a non-abuse-deterrent formulation opioid for an abuse-deterrent formulation opioid? (e.g. MorphaBond® ER to MS Contin)?
○ Yes ○ No
What circumstance(s) best describe(s) the reason(s) a pharmacist contacted you to request substitution of a non-abuse-deterrent formulation opioid for an abuse-deterrent formulation opioid? (select all that apply)
 □ Abuse-deterrent formulation was out of stock □ Cost to patient was lower for non-abuse-deterrent formulation □ Patient preferred / requested a non-abuse-deterrent formulation □ Claim to third-party payer for abuse-deterrent formulation was rejected □ Other
If you selected 'Other,' please describe.

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Did you approve the pharmacist's request to substitute a non-abuse-deterrent formulation opioid?
○ Yes ○ No

Section IV. Questions about third party payer requirements for abuse deterrent formulation opioids.

For each of the following abuse-deterrent formulation opioids that you have prescribed, please indicate how often prescriptions are subject to additional requirements from third-party payers (e.g. prior authorization).

	Rarely	Occasionally	Almost always	I am unsure how often prescriptions are subject to additional requirements.
Embeda® (morphine sulfate and naltrexone hydrochloride extended-release)	0	0	0	0
Hysingla® ER (hydrocodone bitartrate extended-release)	0	0	0	0
MorphaBond® ER (morphine sulfate extended-release)	\circ	0	0	0
OxyContin® (oxycodone hydrochloride extended-release)	0	0	0	0
Xtampza® ER (oxycodone extended-release)	0	0	0	0
At this time, would you support state formulation opioids?	e legislation mand	ating third-party paye	r coverage of abuse-o	deterrent
YesNo				
Please elaborate as to why you woul legislation.	d support this			
Please elaborate as to why you woul legislation.	d not support this			

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Section V. Questions about your perception of opioid misuse/abuse.						
Please indicate to what extent you agree or disagree with the following statements.						
	Strongly disagree	Disagree	Agree	Strongly agree	Unsure	
The misuse/abuse of prescription opioids is a problem in my community.	0	0	0	0	0	
The misuse/abuse of prescription opioids is a problem among patients at my practice.	0	0	0	0	0	
I am confident in my ability to identify a patient who is misusing/abusing prescription opioids.	0	0	0	0	0	
In your professional opinion, which of the following routes of administration is used most commonly by individuals who misuse/abuse opioid medications?						
 Smoking Snorting Chewing or dissolving before swa Swallowing intact Injection (intravenous, intramuse Unsure 		caneous)				

In your professional opinion, how effective are the following strategies in mitigating the								
misuse/abuse of prescription opioids?								
	Not effective at all	Somewhat effective	Effective	Very effective	Unsure			
Checking the prescription drug monitoring program (KASPER)	0	0	\circ	0	0			
Pharmacist-driven pill counts	\circ	\circ	\bigcirc	\bigcirc	\bigcirc			
Abuse-deterrent formulation opioids	0	0	\circ	0	0			
Urine drug screening	\bigcirc	\bigcirc	\circ	\circ	\bigcirc			
Prescriber-driven pill counts	\bigcirc	\bigcirc	\circ	\circ	\circ			
Payer restriction programs to a single pharmacy and/or single prescriber (e.g. lock-in program)	0	0	0	0	0			
Prescribing (days' supply) limits	\bigcirc	\bigcirc	\circ	\bigcirc	\bigcirc			

Section VI. Questions about you and your practice.
What is your gender?
○ Male○ Female○ Prefer not to answer○ Prefer to self-describe
If you selected 'Prefer to self-describe,' you may do so here.
Please indicate your total number of years in practice following completion of residency training.
 Currently in residency training < 5 5 - 15 16 - 25 26 - 35 > 35
Which of the following best describes your primary specialty?
Addiction medicine Anesthesiology Cardiovascular disease Critical care medicine or Pulmonary disease Emergency medicine Family medicine Gastroenterology General surgery Hematology & Oncology Internal medicine Neurology or Neurological surgery Obstetrics & Gynecology Ophthalmology Orthopedic surgery Otolaryngology Pain medicine Pediatrics or Neonatal-Perinatal medicine Plastic surgery Psychiatry Radiology & Diagnostic radiology Urology Other

In which county is your primary practice site located (i.e. the site where you spend	the most time eac	h week)?
○ Adair		
Addin		
Anderson		
○ Ballard		
○ Barren○ Bath		
○ Bell		
O Boone		
OBourbon		
O Boyd		
○ Boyle○ Bracken		
O Breathitt		
O Breckinridge		
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○ Butler○ Caldwell		
○ Calloway		
O Campbell		
○ Carlisle		
Carroll		
○ Carter ○ Casey		
O Christian		
○ Clark		
Clay		
O Clinton		
○ Crittenden ○ Cumberland		
Daviess		
Edmonson		
Elliott		
Estill		
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\odot	Webster
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\mathcal{C}	Wolfe
\bigcirc	Woodford

Which of the following best characterizes your primary practic	ce setting?
 Solo practice Small private group practice (5 or less practitioners) Large private group practice (6 or more practitioners) Academic practice Emergency department Hospital-based clinic Hospital inpatient Managed care organization VA health-system or another governmental agency Other 	
If you selected 'Other,' please describe.	
On average, across all practice sites (primary practice and other practice) how many patients do you see each week?	
To your recollection, have you ever completed continuing edu formulation opioids as a means of promoting safe opioid use?	cation that discussed the use of abuse-deterrent
YesNo	

Section VII. Opportunity to provide additional thoughts on survey topics.	
Please share any additional thoughts you have about abuse-deterrent formulation opioids and opioid misuse/abuse.	

