Appendix G:   
Confirmation Email

**(Will send by mail if participant does not have email)**

Dear \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

This is a reminder about your appointment on [DAY] at xx:xx a.m./p.m. You will be asked to prepare three recipes and participate in a short interview. The cooking and interview will last no more than 2 hours. You will receive $75 and a small gift for your participation.

The study will be held at [ ]. Please see the attached map for driving directions.

Please take a few minutes to watch the videos at the link below: URL

If you have questions about the study, need directions, or are unable to attend, please call me at 919‑XXX-XXXX or email me at XXXXX.

Thank you for your time and participation.

Sincerely,

TBD,

North Carolina State University

According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0583-XXXX and the expiration date is XX/XX/201X. The time required to complete this information collection is estimated to average 1 minute per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.