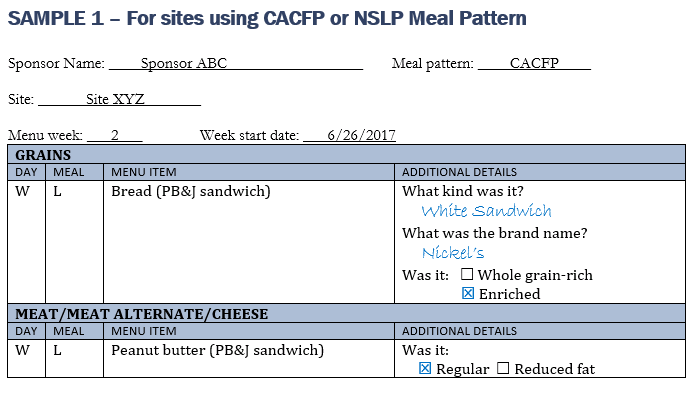
#### Appendix F9. Site Menu Follow-Up Report

### Instructions

Your list of foods and beverages served and their recipes provided most of the information we need. In the tables below, we list items for which we need additional details organized by the type of meal component the item provides.

There are five meal components: Grains, Fruits, Vegetables, Meats/Meat Alternates/Cheese, and Milk. If the menu item was a combined food (like a sandwich) or a mixed dish (like pizza), the table lists the ingredient followed by the menu item containing the ingredient. For example, if the menu item was a peanut butter and jelly sandwich, we may have questions about the bread in the sandwich. The table will list “Bread (peanut butter & jelly sandwich)” in the section on Grains, and “Peanut butter (peanut butter & jelly sandwich)” in the section on Meats/Meat Alternates/Cheese (see Figure 1.)

Figure 1. Followup report questions for components of PB&J sandwich



The details needed vary for the type of food, and include:

* Brand name and product name
* Grains: The details needed vary by the Meal Pattern you use:
  + If using the SFSP meal pattern: Was the item whole grain, enriched, or (for cereals only) fortified?
  + If using the CACFP or NSLP meal pattern: Was the item whole grain-rich, enriched, or (for cereals only) fortified?
* Fruits & Vegetables: Were they:
  + Peeled?
  + Whole, sliced, diced, shredded?
  + Raw, canned, cooked or dried?
    - For **canned** **fruit**, was it packed in heavy syrup, light syrup, extra light syrup, juice, or water?
    - For **cooked** fruit or vegetable, was it made from
      * Fresh
      * Frozen
      * Canned
      * Dried
    - For **cooked** fruit or vegetable, how was it prepared?
      * Baked/roasted
      * Microwaved
      * Broiled/grilled
      * Pan-fried/sautéed
      * Deep fried
      * Boiled
      * Steamed
      * Other (specify
* Meat, meat alternative, cheese: Was the item regular, lean, reduced-fat or fat-free?
* Milk: Was it
  + Plain or flavored?
  + Regular (whole), reduced-fat (2%), low-fat (1%), fat-free (skim)
* Fruit or vegetable juice: Was it 100% juice?

The table on the following pages shows an example of the form. The type of information that will be pre-filled is shown in black. The responses that a sponsor provided are shown in blue. The table with your menu items and the details needed begins on page \_\_\_.

If you have any questions about this form, please contact the study team at XXX-XXX-XXXX or xxxx@westat.com.

## SAMPLE 1 – For sites using SFSP Meal Pattern

Sponsor Name: \_\_\_\_Sponsor ABC\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Meal pattern: \_\_\_\_SFSP\_\_\_\_

Site: \_\_\_\_\_\_Site XYZ\_\_\_\_\_\_\_

Menu week: \_\_\_2\_\_\_ Week start date: \_\_\_6/26/2018

|  |  |  |  |
| --- | --- | --- | --- |
| **GRAINS** | |  |  |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | B | Mini pancakes | What kind was it?  Blueberry whole wheat  What was the brand name?  Aunt Jemima  Was it: ☒ Whole grain  □ Enriched |
| W | L | Bread (Chicken sandwich) | What kind was it?  White Sandwich  What was the brand name?  Nickel’s  Was it: □ Whole grain  ☒ Enriched |
| **FRUITS/VEGETABLES** | | |  |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | L | Vegetable | What kind was it?  Baby carrots  Was it peeled?  ☒ Yes □ No  What was the form?  ☒ Whole □ Sliced □ Diced □ Shredded  How was it prepared?  ☒ Raw □ Cooked  If cooked, was it from  □ Fresh □ Frozen □ Canned □ Dried  What was the brand name? |
| F | L | Fruit | What kind was it?  Applesauce  What was the form?  □ Whole □ Sliced □ Diced □ Shredded  How was it prepared?  □ Fresh □ Frozen ☒ Canned □ Dried  If canned, was it  ☒ Packed in water or unsweetened  □ Packed in juice  □ Packed in syrup or sweetened  Was the syrup:  □ Heavy □ Light □ Extra light  What was the brand name?  Motts |
| **MEAT/MEAT ALTERNATE/CHEESE** | | |  |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | B | Cheese stix | What kind was it?  Mozzarella cheese stick  What was the brand name?  Poly-O  Was it:  □ Regular ☒ Reduced fat □ Fat free |
|  | D | Peanut butter (PBJ Uncrustable) | Was it:  ☒ Regular □ Reduced fat |
| **MILK** | | |  |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | B | None | Was milk served?  ☒ Yes □ No  Plain or flavored?  ☒ Plain □ Flavored  Was it:  □ Regular (Whole or vitamin D)  ☒ Reduced-fat (2%)  □ Low-fat (1%)  □ Fat-free (skim) |
| **ADDITIONAL INGREDIENTS:** Did the following foods include ingredients not mentioned in the name of the food? | | | |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | L | Pizza | What kind was it?  Cheese pizza  What was the brand name?  No brand name  Did it include meat?  □ Yes ☒ No  If yes, what kind of meat was it?  Was the meat:  □ Regular □ Lean |
|  |  |  | Did it include any vegetables?  □ Yes ☒ No  If yes, what kind of vegetable was it?  Was the vegetable peeled?  □ Yes □ No  What was the form of the vegetable?  □ Whole □ Sliced  □ Diced □ Shredded  How was the vegetable prepared?  □ Raw □ Cooked  If cooked, was it from  □ Fresh □ Frozen  □ Canned □ Dried |
| T | B | Ham/Egg Scrambler | Did it include any vegetables?  □ Yes ☒ No  If yes, what kind of vegetable was it?  Was the vegetable peeled?  □ Yes □ No  What was the form of the vegetable?  □ Whole □ Sliced  □ Diced □ Shredded  How was the vegetable prepared?  □ Raw □ Cooked  If cooked, was it from  □ Fresh □ Frozen  □ Canned □ Dried |

## SAMPLE 2 – For sites using CACFP or NSLP Meal Pattern

Sponsor Name: \_\_\_\_Sponsor ABC\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Meal pattern: \_\_\_\_CACFP\_\_\_\_

Site: \_\_\_\_\_\_Site XYZ\_\_\_\_\_\_\_

Menu week: \_\_\_2\_\_\_ Week start date: \_\_\_6/26/2018

|  |  |  |  |
| --- | --- | --- | --- |
| **GRAINS** | |  |  |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | B | Mini pancakes | What kind was it?  Blueberry whole wheat  What was the brand name?  Aunt Jemima  Was it: ☒ Whole grain-rich  □ Enriched |
| W | L | Bread (Chicken sandwich) | What kind was it?  White Sandwich  What was the brand name?  Nickel’s  Was it: □ Whole grain-rich  ☒ Enriched |
| **FRUITS/VEGETABLES** | | |  |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | L | Vegetable | What kind was it?  Baby carrots  Was it peeled?  ☒ Yes □ No  What was the form?  ☒ Whole □ Sliced □ Diced □ Shredded  How was it prepared?  ☒ Raw □ Cooked  If cooked, was it from  □ Fresh □ Frozen □ Canned □ Dried  What was the brand name? |
| F | L | Fruit | What kind was it?  Applesauce  What was the form?  □ Whole □ Sliced □ Diced □ Shredded  How was it prepared?  □ Fresh □ Frozen ☒ Canned □ Dried  If canned, was it  ☒ Packed in water or unsweetened  □ Packed in juice  □ Packed in syrup or sweetened  Was the syrup:  □ Heavy □ Light □ Extra light  What was the brand name?  Motts |
| **MEAT/MEAT ALTERNATE/CHEESE** | | |  |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | B | Cheese stix | What kind was it?  Mozzarella cheese stick  What was the brand name?  Poly-O  Was it:  □ Regular ☒ Reduced fat □ Fat free |
|  | D | Peanut butter (PBJ Uncrustable) | Was it:  ☒ Regular □ Reduced fat |
| **MILK** | | |  |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | B | None | Was milk served?  ☒ Yes □ No  Plain or flavored?  ☒ Plain □ Flavored  Was it:  □ Regular (Whole or vitamin D)  ☒ Reduced fat (2%)  □ Lowfat (1%)  □ Fat free (skim) |
| **ADDITIONAL INGREDIENTS:** Did the following foods include ingredients not mentioned in the name of the food? | | | |
| DAY | MEAL | MENU ITEM | ADDITIONAL DETAILS |
| M | L | Pizza | What kind was it?  Cheese pizza  What was the brand name?  No brand name  Did it include meat?  □ Yes ☒ No  If yes, what kind of meat was it?  Was the meat:  □ Regular □ Lean |
|  |  |  | Did it include any vegetables?  □ Yes ☒ No  If yes, what kind of vegetable was it?  Was the vegetable peeled?  □ Yes □ No  What was the form of the vegetable?  □ Whole □ Sliced  □ Diced □ Shredded  How was the vegetable prepared?  □ Raw □ Cooked  If cooked, was it from  □ Fresh □ Frozen  □ Canned □ Dried |
| T | B | Ham/Egg Scrambler | Did it include any vegetables?  □ Yes ☒ No  If yes, what kind of vegetable was it?  Was the vegetable peeled?  □ Yes □ No  What was the form of the vegetable?  □ Whole □ Sliced  □ Diced □ Shredded  How was the vegetable prepared?  □ Raw □ Cooked  If cooked, was it from  □ Fresh □ Frozen  □ Canned □ Dried |