Attachment 6: Overview of Changes to 2015 DPRP Standards (OMB No. 0920-0909, exp. 12/31/2017) for 2018 DPRP Standards (revision)

Type of Change	Rationale	Detailed Description of Change(s)	Affected Form(s)
1. Programmatic changes	CDC's Diabetes Prevention	a. Allows for an additional	DPRP Standards
	Recognition Program (DPRP)	recognition status of "preliminary" so	(Attachment 3)
	anticipates that the majority	that CDC-recognized organizations	a. preliminary p. 10;
	of current CDC-recognized	can participate in and bill for services	b. data submissions p. 9,
	organizations and most new	under the CMS MDPP Expanded	12-17;
	organizations applying for	Model;	c. methods listed in
	recognition after January 1,	b. Reinstate biannual (every 6	"Table 3. Requirements
	2018 will participate in the	months) data submissions from the	for Recognition" p. 15-17
	Centers for Medicare &	2011 DPRP Standards to align with	
	Medicaid (CMS) Medicare	the CMS MDPP Expanded Model;	
	Diabetes Prevention Program	c. Liberalize data evaluation methods	
	(MDPP) Expanded Model.	to ensure that organizations serving	
	On January 1, 2018, the	low SES and racial/ethnic minority	
	MDPP Expanded Model was	populations can succeed (e.g., basing	
	established through	evaluation of the requirements on	
	rulemaking (CY 2017 and	participants who attended at least 3	
	CY 2018 Physician Fee	sessions in moths 1-6 and whose time	
	Schedule final rules, 81 FR	from first session to last session was	
	80459-80483 and 82 FR	at least 9 months; and amending the	
	53234-53339, respectively;	blood test-based eligibility	
	MDPP Expanded Model text-	requirement to 35%);	
	42 CFR §§ 410.79, 414.84,	change terms "1 st six months/2 nd six	
	424.200, 424.205, 424.210,	months" to "core", "core	
	424.518, and 424.55). This	maintenance" to align with the CMS	
	revision request also accounts	MDPP Expanded Model.	
	for lessons learned from an		
	evaluation of organizational		
	implementation, stakeholder		
	feedback, and other input		
	received during listening		
	sessions held in December		
	2016.		

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 Collect additional organizational information for applicant organizations on the one-time application form 	Improve CDC's ability to assess an applicant organization's capacity to deliver the lifestyle change program and collect data needed for the CMS MDPP Expanded Model , where relevant; improve information available on the DPRP registry by displaying the type of programming each organization offers for both participants and organizations.	a. One application per each delivery mode (required for the CMS MDPP Expanded Model as the model currently reimburses for in-person only delivery); b. Class type (for National DPP participants to be able to locate a class near them, or an online program, in which to enroll); c. Organization type (necessary for both CDC and CMS evaluation of successful delivery by type of applicant organization);	DPRP Application Form (Attachment 4A; to be updated) and DPRP Standards (Attachment 3)
3. Reinstated evaluation variables from CDC's original 2011 DPRP Standards package	Required for the CMS MDPP Expanded Model in order to track ongoing maintenance sessions for reimbursement and to track proper use of make-up sessions as delineated in the Expanded Model. Allows CDC and CMS to clearly identify each organization's primary delivery mode.	a. Reinstate the data elements Session ID and Session Type from the 2011 DPRP Standards, and add Delivery Mode (with definitions that will assist organizations in billing CMS).	DPRP Standards (Attachment 3) ab. data elements p. 20- 27

Type of Change	Rationale	Detailed Description of Change(s)	Affected Form(s)
4. Collect new enrollment	CDC and CMS need to	a. Enrollment source will identify the	DPRP Standards
source evaluation element	evaluate the most effective	source (person, place, or thing) which	(Attachment 3)
	means by which participants	led the participant to enroll in the	a. data elements p. 20-27
	are enrolling, and,	yearlong program.	
	specifically, if they are referred by physicians. CDC		
	is working with the American		
	Medical Association to		
	increase physician referral of		
	eligible patients to CDC-		
	recognized diabetes		
	prevention programs. This new data element allows us		
	to track this and to evaluate		
	its impact.		
5. Collect new payer type	Required by CMS for	a. Payer type will identify one, main	DPRP Standards
evaluation element	reimbursement for MDPP	payment method that participants are	(Attachment 3)
	beneficiaries' participation in a CDC-recognized diabetes	using to pay for their participation in the yearlong program.	a. data elements p. 20-27
	prevention program		
	prevention program		
6. Collect new education	Allows CDC to evaluate	a. Education data element will	DPRP Standards
information on program	aggregate education data as a	identify the highest grade or year of	(Attachment 3)
participants as a proxy for	proxy for socioeconomic	school the participant completed.	a. data elements p. 20-27
socioeconomic status (SES)	status to ensure persons of all		
	SES levels are offered		
7. Collect new delivery mode	programming. Required by CMS for	a. Delivery mode session-level data	DPRP Evaluation Data
session-level evaluation	MDPP Expanded Model	element will identify the delivery	(Attachment 5A);
element	reimbursement, as the MDPP	mode, as defined in the Applying for	DPRP Standards
	model currently only	Recognition section, for this specific	(Attachment 3)
	reimburses for in-person	participant and session (i.e., in-person,	a. data elements p. 20-27
	programs. Allows CDC and	online, distance learning).	
	CMS to clearly identify each		
	organization's primary delivery mode per session.		

Type of Change	Rationale	Detailed Description of Change(s)	Affected Form(s)
8. Provide opportunity for	Existing organizations need	Added transition plan: existing	Data Transition Letter
existing CDC-recognized	time to adapt data collection	organizations may submit data	(Attachment 7)
organizations to submit	and reporting processes, and	elements previously approved by	
previously approved data	this permits a smooth	OMB (2015) once between 01/01/18	
	transition.	and 06/30/18.	
9. Increase estimated	Existing recognized	Increase burden table estimates to	Burden table (Supporting
annualized number of	organizations will continue to	include both existing organizations	Statement A; section A-
respondents	submit data, and new	and organizations joining the program	12)
	organizations will apply each	(applying and submitting data) within	
	year and begin to submit	the next five years; estimates include	
	data. Burden estimates must	those that are likely to apply as	
	be aligned with projected	MDPP suppliers.	
	demand for DPRP services		
	and recognition, including an		
	anticipated increase in uptake		
	resulting from		
	implementation of the CMS		
	MDPP Expanded Model.		

* None of these changes alter the critical elements of the lifestyle change program shown to prevent or delay type 2 diabetes in research studies – participant eligibility requirements, lifestyle program intensity and duration, participant weight loss (at least 5% of body weight), documentation of physical activity minutes (with a goal of 150 minutes per week), and documentation of required attendance throughout the entire 12-month intervention.