

CDC Diabetes Prevention Recognition Program (DPRP)

6-month Progress Report

Organization Profile

- DPRP Organization Name
- Organization Code
- Organization Start Date
- Organization Effective Date
- Current Evaluation Year Number
- Date of Last Evaluation

Participant Statistics

This section shows the total numbers of enrolled, ineligible, and evaluated participants, by evaluation year.

Next Year 'Look Ahead' Data Report

This section contains participant eligibility information and progress for participants who will be evaluated in the next 6-month evaluation.

- Participant Eligibility Information
- Participants' Progress by Program Months

Summary and Recommendations

This section is specific to the organization. It summarizes progress and makes recommendations to the organization for improving outcomes.

Review of Requirements for Full Recognition

Requirement 5- Session attendance during months 1-6 and 7-12 (requirement for preliminary and full recognition).

Months 1-6: Session attendance in months 1-6 will be considered for participants who attended at least 3 sessions in months 1-6 and whose time from first session to last session is at least 9 months.

Months 7-12: Session attendance in months 7-12 will be considered for participants who attended at least 3 sessions in months 1-6 and whose time from first session to last session is at least 9 months.

At least 5 participants per submission who meet the above criteria are required for evaluation. (See requirement 5 in Table 3.)

A yearlong cohort must have at least 60% of its participants attending at least 9 sessions during months 1-6 and at least 60% of its participants attending at least 3 sessions in months 7-12.

Requirement 6- Documentation of body weight (requirement for full recognition).

A yearlong cohort of participants must have body weight documented during at least 80% of the sessions. This includes all participants attending at least 3 sessions during months 1-6 and whose time from first session to last session is at least 9 months. At least 5 participants per submission who meet this criteria are required for evaluation.

Procedures for measuring weights are included in the section titled DPRP Recommended Procedures for Measuring Weight.

Requirement 7- Documentation of physical activity minutes (requirement for full recognition).

A yearlong cohort of participants must have physical activity minutes documented during at least 60% of the sessions. This includes all participants attending at least 3 sessions during months 1-6 and whose time from first session to last session is at least 9 months. At least 5 participants per submission who meet this criteria are required for evaluation.

Requirement 8- Weight loss achieved at 12 months (requirement for full recognition).

The average weight loss across all participants in the yearlong cohort must be a minimum of 5% of starting body weight. The first and last weights recorded for each participant during months 1-12 will be used to calculate this measure. This includes all participants attending at least 3 sessions during months 1-6 and whose time from first session to last session is at least 9 months. At least 5 participants per submission who meet this criteria are required for evaluation.

Requirement 9- Program eligibility requirement (requirement for full recognition).

A minimum of 35% of all participants in a cohort must be eligible for the lifestyle change program based on either a blood test indicating prediabetes or a history of gestational diabetes mellitus (GDM). The remainder (maximum of 65% of participants) must be eligible based on the CDC Prediabetes Screening Test or the American Diabetes Association (ADA) Type 2 Diabetes Risk Test. This includes all participants attending at least 3 sessions during months 1-6 and whose time from first session to last session is at least 9 months. At least 5 participants per submission who meet this criteria are required for evaluation. If a recognized organization is also a Medicare DPP supplier, all Medicare participants must be eligible based solely on a blood test indicating prediabetes. Refer to the Participant Eligibility section for more information.