

CDC Diabetes Prevention Recognition Program (DPRP)

6-month Evaluation Report

Organization Profile

- DPRP Organization Name
- Organization Code
- Organization Start Date
- Organization Effective Date
- Current Evaluation Year Number
- Date of Last Evaluation

Results of Recognition Evaluations

- Last year Evaluation Outcome
- Current Evaluation Outcome

Participant Statistics

This section shows the total numbers of enrolled, ineligible, and evaluated participants, by evaluation year.

Participant Eligibility Information

- Total Participants Enrolled
 - Number excluded because under 18 years of age
 - Number excluded without Glucose Test, Risk Test, or History of GDM
 - Number excluded because BMI minimum values were not met
 - Number excluded with less than 3 sessions in months 1-6
 - Number excluded with less than 9 months' worth of sessions attended
- Breakdown of Participants Eligible for Analysis
 - Number with Glucose Test or History of GDM
 - Number with Risk Test

Evaluation of Current Year Data against DPRP Standards Requirements (Req.) for Full Recognition

Req. 5: Session attendance during months 1-6 and 7-12 (Met/Not Met)

Req. 6: Documentation of body weight (requirement for full recognition) (Met/Not Met)

Req. 7: Documentation of physical activity minutes (requirement for full recognition) (Met/Not Met)

Req. 8: Weight loss achieved at 12 months (requirement for full recognition) (Met/Not Met)

Req. 9: Program eligibility requirement (requirement for full recognition) (Met/Not Met)

Next Year 'Look Ahead' Data Report

This section contains participant eligibility information and progress for participants who will be evaluated in the next 6-month evaluation.

Summary and Recommendations

This section is specific to the organization. It summarizes the evaluation and makes recommendations for improving the organization's outcomes.

Review of Requirements for Full Recognition

Requirement 5- Session attendance during months 1-6 and 7-12 (requirement for preliminary and full recognition).

Months 1-6: Session attendance in months 1-6 will be considered for participants who attended at least 3 sessions in months 1-6 and whose time from first session to last session is at least 9 months.

Months 7-12: Session attendance in months 7-12 will be considered for participants who attended at least 3 sessions in months 1-6 and whose time from first session to last session is at least 9 months.

At least 5 participants per submission who meet the above criteria are required for evaluation. (See requirement 5 in Table 3.)

A yearlong cohort must have at least 60% of its participants attending at least 9 sessions during months 1-6 and at least 60% of its participants attending at least 3 sessions in months 7-12.

Requirement 6- Documentation of body weight (requirement for full recognition).

A yearlong cohort of participants must have body weight documented during at least 80% of the sessions. This includes all participants attending at least 3 sessions during months 1-6 and whose time from first session to last session is at least 9 months. At least 5 participants per submission who meet this criteria are required for evaluation.

The DPRP recommended procedures for measuring weights are included in the section titled DPRP Recommended Procedures for Measuring Weight.

Requirement 7- Documentation of physical activity minutes (requirement for full recognition).

A yearlong cohort of participants must have physical activity minutes documented during at least 60% of the sessions. This includes all participants attending at least 3 sessions during months 1-6 and whose time from first session to last session is at least 9 months. At least 5 participants per submission who meet this criteria are required for evaluation.

Requirement 8- Weight loss achieved at 12 months (requirement for full recognition).

The average weight loss across all participants in the yearlong cohort must be a minimum of 5% of starting body weight. The first and last weights recorded for each participant during months 1-12 will be used to calculate this measure. This includes all participants attending at least 3 sessions during months 1-6 and whose time from first session to last session is at least 9 months. At least 5 participants per submission who meet this criteria are required for evaluation.

Requirement 9- Program eligibility requirement (requirement for full recognition).

A minimum of 35% of all participants in a cohort must be eligible for the lifestyle change program based on either a blood test or a history of GDM. The remainder (maximum of 65% of participants) must be eligible based on the CDC Prediabetes Screening Test or the American Diabetes Association (ADA) Type 2 Diabetes Risk Test. This includes all participants attending at least 3 sessions during months 1-6 and whose time from first session to last session is at least 9 months. At least 5 participants per submission who meet this criteria are required for evaluation. If a recognized organization is also a Medicare DPP supplier, all Medicare participants must be eligible based solely on a blood test indicating prediabetes. Refer to the Participant Eligibility section for more information.