

## Unit 5 Post-Test

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### THE PAPERWORK REDUCTION ACT OF 1995 (Pub. L. 104-13)

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### Instructions:

The following post-test questions are designed to measure your knowledge gained about the concepts presented after reviewing the content.

### Questions

1. Although CQI alone does not support building evidence, it can support evidence-building efforts by:
  - A. Helping build a culture in which decision making is driven by data
  - B. Building capacity to monitor performance and assess the results of interventions
  - C. Both A and B
  - D. None of the above
  
2. All child welfare staff can contribute to a strong learning culture in their organizations by:
  - A. Seeking and hearing all voices
  - B. Learning collectively from mistakes and successes
  - C. Being open to new ways of doing things
  - D. All of the above
  
3. In the Diamond County scenario, the peer review committee discovered that the regional office was averaging 4 coaching visits in the first 3 months, rather than the 10 required in the protocol. Staff then discovered that the regional office had been enrolling more children in Trauma Focus than its specialists had the capacity to serve. Which step of the CQI cycle do these activities illustrate?
  - A. Identify and understand the problem
  - B. Research the solution
  - C. Develop the theory of change
  - D. Implement the solution

4. Which statement is true concerning the relationship between CQI and quality assurance?
  - A. Unlike QA, CQI seeks to improve processes and systems with the goal of producing publishable evaluation results.
  - B. While both QA and CQI can be used to measure compliance with state and federal policy, CQI includes steps to develop, implement, and monitor solutions.
  - C. Standards and measures developed for quality assurance cannot inform the quality improvement process.
  - D. All of the above
  
5. Which statement correctly describes the relationship between CQI and the Framework?
  - A. CQI and the Framework are both data-driven processes designed to improve outcomes by producing generalizable knowledge.
  - B. Because CQI incorporates rapid cycle processes, it allows more efficient completion of rigorous evaluations in Phase 3 of the Framework, Compare and Learn.
  - C. CQI processes can help ensure that interventions are implemented with fidelity in Phase 5 of the Framework, Apply and Improve.
  - D. All of the above
  
6. Select the answer that best summarizes the intended results of CQI.
  - A. Improved processes and interventions
  - B. Adding to the body of generalizable knowledge
  - C. Identification of the best available evidence
  - D. Integration of research evidence with practitioner expertise and family preferences
  
7. Although continuous quality improvement (CQI) is a \_\_\_\_\_ process than evidence building, it does not allow \_\_\_\_\_ about whether changes in effectiveness or adherence result from a particular strategy or from unrelated changes in conditions over time.
  - A. More rigorous . . . . . findings
  - B. More comprehensive . . . . . research
  - C. Faster . . . . . conclusions
  - D. Slower . . . . . evidence

8. In a fictional child welfare agency, leadership realized that caseloads were poorly distributed among their staff, causing inefficiencies and poor outcomes. After studying the problem and following a problem-solving process, they reassigned case worker tasks and responsibilities to improve agency performance. They followed up by monitoring caseloads and performance. This could be best characterized as an example of:
  - A. CQI
  - B. Evaluation
  - C. Evidence-Based Practice
  - D. Research
  
9. True or False: An important way research can be distinguished from CQI and evidence-based practice (EBP) is that research aims to build generalizable knowledge for dissemination to a broader public audience:
  - A. True
  - B. False
  
10. Which statement best explains why developing a theory of change is important?
  - A. We can develop effective research questions when we understand what is working and what is not working.
  - B. We can generalize our findings if we communicate observations and ideas to management and researchers.
  - C. We can learn more about the problem when we create a learning environment and an agency culture of curiosity.
  - D. We can better understand how to improve agency performance if we understand the causal pathways that lead to a desired outcome.