

MAKE A PLAN TO BE PART OF nhanes

DOORSTEP
INTERVIEW

MY INTERVIEW

MY RIDE

MY EXAM

I'M DONE!

1

2

3

4

5

Congratulations!
You've been
selected!

In-home Interview

DATE:

TIME:

Plan how you will get
to your health exam at
the NHANES mobile
unit.

**Go to the NHANES
mobile unit for
your exam**

DATE:

TIME:

**Thank you
for helping
your
community**

For more information about NHANES visit www.cdc.gov/nchs/NHANES or call _____

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