

Facilitator Self-Assessment Form

Staff ID# _____

Thank you for participating in the road test of facilitation strategies for HMRE youth, part of the Strengthening Relationship Education and Marriage Services (STREAMS) evaluation. The purpose of this information collection is to learn about your experience using the facilitation strategies you were trained to implement in [Name of training(s)]. Participation in this information collection is voluntary. The estimated time to complete this form is 12 minutes. Your responses will be kept private to the extent permitted by law. Please do not include any personal information, such as your name or contact information, on this form.

1. How many group workshops did you deliver today [Date]?

_____ GROUP WORKSHOPS

2. Did you review the tip sheet(s) from [Name of training(s)] today [Date]?

1 Yes

0 No

Section 1: Use of facilitation strategies

3. Did you use any of the following facilitation strategies today [Date]?

If no "Yes" response selected, skip to Question 8

FACILITATION STRATEGIES	A	
	SELECT ONE RESPONSE PER ROW	
	Yes	No
Participant-centered facilitation		
a. Shared control of the lesson with students.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
b. Embraced opportunities for spontaneous learning.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
c. Expressed authority verbally (high energy voice, clear directions).....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
d. Expressed authority non-verbally (moving around, talking from different locations).....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
e. Adapted style of authority to fit student needs.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Building Trust, Building Safety; Challenging the Comfort Zone		
f. Intentionally validated student comments or successes.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
g. Detected and deactivated dysfunctional behavior.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
h. Created group situations to develop trust (collaborative exercise, peer-to-peer groups).....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
i. Allowed students to "opt out" and participate passively.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Debriefing		
j. Guided group reflection of the "What?" after an activity or discussion to review what happened.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
k. Guided group generalization of the "So what?" after an activity or discussion to generate insights.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
l. Guided group transfer of the "Now what?" after an activity or discussion to transfer learning to real life.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Managing energy		
m. Began class with high "Level 3" energy and communicated with energy through session (using emphasis, enunciation, changes in speech speed, dramatic pauses, hand gestures, facial expressions, and room movement)	1 <input type="checkbox"/>	2 <input type="checkbox"/>
n. Monitored group's energy levels (aware of drops to Level 2 or Level 1 energy)	1 <input type="checkbox"/>	2 <input type="checkbox"/>
o. Re-set energy when necessary (using planned or spontaneous energizer activities, shifting from plan A to plan B).....	1 <input type="checkbox"/>	2 <input type="checkbox"/>

p. Used physical strategies to maintain energy (moving around the room, changing voice inflection).....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
q. Engaged and effectively used social leaders	1 <input type="checkbox"/>	2 <input type="checkbox"/>
r. Shared the responsibility of managing energy with my co-facilitator (responded to co-facilitator’s energy, balanced co-facilitator involvement, bounced facilitation role back and forth).....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Trauma-informed facilitation		
s. Established clear expectations around privacy, respect, appropriate behavior, and group participation in order to support physical and psychological safety	1 <input type="checkbox"/>	2 <input type="checkbox"/>
t. Used inclusive language and avoided stigmatization and stereotypes.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
u. Incorporated relationship-focused behavior management strategies rather than punishment.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
v. Provided support in times of stress or intense emotion.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Addressing personal bias and cultural sensitivity		
w. Considered personal beliefs or cultural elements in facilitation delivery.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
x. Connected with youth from different cultural backgrounds, genders, and ages	1 <input type="checkbox"/>	2 <input type="checkbox"/>
y. Used strengths-based facilitation.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Climate-building in the classroom		
z. Validated student comments/questions.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
aa. Demonstrated an appropriate use of humor to create a sense of ease and comfort.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
bb. Consistent use of student names.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
Managing personal disclosure		
cc. Facilitator uses few, if any, personal illustrations.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>
dd. Reframe comments to connect the students’ experience to curriculum content	1 <input type="checkbox"/>	2 <input type="checkbox"/>
ee. Consistent use of generalizing pronoun “we” to focus student comments on curriculum content/skills rather than the individual students’ experience.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>

Section 2: Target outcomes

4. Think about your experience across the workshops you delivered today, relative to the same session(s) in prior workshops, and check the relevant box for each of the following statements.

SELECT ONE RESPONSE PER ROW

After using the facilitation strategies:

- a. Youth participated and engaged meaningfully with me and my co-facilitator in activities or discussions (including asking questions, questioning/challenging content).....
- b. Youth interacted and engaged in a positive manner with their peers.....
- c. Youth behavior was manageable and positive.....
- d. Participation was evenly spread among different youth (i.e. not dominated by social leaders).....
- e. I developed positive connections with youth in the sessions.....

Less than typical for the session	Typical for the session	Better than is typical for the session	N/A
1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>

Section 3: Overall reflections

5. Think about your experience across the workshops you delivered today and check the relevant box for each of the following statements.

SELECT ONE RESPONSE PER ROW

	Strongly agree	Agree	Disagree	Strongly Disagree
a. I was able to draw on the appropriate facilitation strategies and use them effectively.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
b. I was satisfied with how youth responded to the facilitation strategies I used.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
c. I felt comfortable and confident delivering the sessions.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
d. I left the sessions feeling energized.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
e. My co-facilitator was able to draw on the appropriate facilitation strategies and use them effectively.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
f. I was satisfied with how youth responded to the facilitation strategies my co-facilitator used.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
g. The facilitation strategies met my needs.....	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>

6. Of the facilitation strategies you used today, were there any that worked particularly well? Please provide examples.

7. Of the facilitation strategies you used today, were there any that did not work well? Please provide examples.

8. **Were there issues that arose for which you felt you needed a strategy, but didn't have one from the training? If so, please describe the issue and a potential strategy, if you have one.**

9. **Are there any other comments you would like to share?**

Thank you for completing this form!