



Do you or did you have gestational diabetes?

Join a research study at BWH for women like you

What and Why?

Brigham and Women's Hospital (BWH) is conducting a research study to learn more about preventing type 2 diabetes in women with a recent history of gestational diabetes (GDM). We are interested to know how new mothers like you can lose weight and lower your risk for type 2 diabetes in the future. The study includes at least 3 study visits to BWH spread out over the course of a year. There are no drugs associated with this research study.

How?

We are making getting involved easy by providing free parking if needed. You will also receive up to \$500 for participating to cover other participant costs.

When and Where?

Eligible participants will be between 18 and 45 years old, and will have had GDM during their most recent pregnancy. Study visits will be at the BWH main hospital.

We welcome you to call or email Liberty Reforma for more details:

Phone: 617-278-0768

Email: lreforma@partners.org

Who?

Principal Investigators: Drs. Ellen Seely and Sue Levkoff

Study Staff Physicians: Drs. Jacinda Nicklas and Chloe Zera

Lifestyle Coach: Jennifer Page, RD, LDN

Research Assistant: Liberty Reforma

Our study team:



This study is funded by the Center for Disease Control and has been fully approved by Brigham and Women's Hospital Institutional Review Board



PROVIDERS:
DOES YOUR PATIENT HAVE
GESTATIONAL DIABETES?

She may be eligible for a randomized study of a postpartum lifestyle program to help new mothers lose weight and reduce their risk for type 2 diabetes.

*If your patient is interested,
please let us know!*

Page Liberty Reforma at (Pager #)

Or

Email lreforma@partners.org

Thank you!

Tom McElrath and Chloe Zera