



**Identification of Project:** Survey with diabetes educators, physicians, specialists, nurse practitioners, and physician assistants.

**Authority for Collecting Data:** Section 301 of the Public Health Service Act.

**Purpose:** The Centers for Disease Control and Prevention (CDC) is the sponsor of this project. FHI 360 is helping with this project. The purpose of the project is to find ways to increase awareness about and participation in diabetes self-management education support (DSMES) services. What you share will help CDC and its partners better communicate and provide information about diabetes education services.

**Procedures:** We have asked you to participate in a survey. During the survey, you will be asked your thoughts, opinions, and ideas about DSMES. The survey will last about 10 minutes.

**Information Security:** There will be a written report based on the findings of the survey. We will keep your responses secure to the extent permitted by law. We will NOT put your name in the report.

**Risks:** Doing this survey should not place you at any greater risk than you would be at in your daily life.

**Benefits, Freedom to Withdraw, & Ability to Ask Questions:** This project is not designed to help you personally; however, it may benefit you in understanding some of the barriers to and benefits of referring patients to DSMES services. It is intended to help CDC understand how to communicate certain health-related information to different audiences. You do not have to answer questions that you do not want to answer. You may stop at any time. You will receive a {INSERT INCENTIVE AMOUNT HERE} as a thank you.

**Contact Information of Investigators:**

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From the list of words below, please **select up to 5** qualities that best describe what you would consider to be ideal diabetes self-management education and support services for your clients (services you would give a grade of A+).

- Accessible
- Affordable
- Collaborative
- Convenient
- Creative
- Culturally-relevant
- Customizable
- Effective
- Empowering
- Enjoyable
- Essential
- Expert
- Flexible
- Helpful
- Hopeful
- Inspiring
- Informative
- Interesting
- Knowledgeable

- Manageable
- Meaningful
- Motivating
- Personalized
- Professional
- Relevant
- Skill-building
- Supportive
- Sustainable
- Understandable
- Useful
- Valuable



\*participants must select at least one of the words from the list but cannot select more than 5.

Please answer this question.

From the list of words below, please **select up to 5** qualities that best describe what you would consider to be ideal diabetes self-management education and support services for your clients (services you would give a grade of A+).

- Accessible
- Affordable
- Collaborative
- Convenient
- Creative

As an example, I have selected the first 5 so that you can see how the following two questions will be populated.

Why did you choose each of these five qualities instead of the others? What's important about them?

Collaborative , Creative , Convenient , Affordable , Accessible



Thinking about these five qualities of ideal diabetes self-management education and support services, please rank them in order of importance to you, with 1 being the most important, 2 being the second most important, and so on.

- 1 Convenient
- 2 Accessible
- 3 Collaborative
- 4 Affordable
- 5 Creative



Now I'd like you to think of the diabetes self-management education and support services that you provide or offer. Which of the following words or phrases do you think describe the actual diabetes self-management education and support services you provide or offer?

**Select up to 5.**

- Accessible
- Affordable
- Collaborative
- Convenient
- Creative
- Culturally-relevant
- Customizable
- Effective
- Empowering
- Enjoyable
- Essential
- Expert
- Flexible
- Helpful
- Hopeful
- Inspiring
- Informative
- Interesting
- Knowledgeable
- Manageable
- Meaningful
- Motivating
- Personalized
- Professional
- Relevant

- Skill-building
- Supportive
- Sustainable
- Understandable
- Useful
- Valuable
- Like a moderate amount
- Like a little
- Neither like nor dislike
- Dislike a little
- Dislike a moderate amount
- Dislike a great deal





Now I want you to think about the people who have received diabetes self-management education and support services from you. Which of the following words or phrases do you think people with diabetes would use to describe diabetes self-management education and support services? **Select up to 5.**

- Boring
- Complicated
- Confusing
- Depressing
- Difficult
- Embarrassing
- Expensive
- Frustrating
- Hopeless
- Intimidating
- Judgmental
- Low-quality
- Low-priority
- Overwhelming
- Patronizing
- Pessimistic
- Prescriptive
- Repetitive
- Rigid
- Stressful
- Time-consuming
- Uncomfortable

- Unrealistic
- Inflexible
- Worthless
- Other



Now I want to show you another list of words or phrases. Which of the following words or phrases do you think people with diabetes would use to describe diabetes self-management education and support services? **Select up to 10.**

- Accessible
- Affordable
- Collaborative
- Convenient
- Creative
- Culturally-relevant
- Customizable
- Effective
- Empowering
- Enjoyable
- Essential
- Expert
- Flexible
- Helpful
- Hopeful
- Inspiring
- Informative
- Interesting
- Knowledgeable
- Manageable
- Meaningful
- Motivating

- Personalized
- Professional
- Relevant
- Skill-building
- Supportive
- Sustainable
- Understandable
- Useful
- Valuable
- Other



We thank you for your time spent taking this survey.  
Your response has been recorded.