



ARE YOU OR YOUR PARTNER SICK WITH DIARRHEA?

It might be caused by *Shigella* germs.

These germs can be found in stool (poop) of people who are sick with the illness.

Protect Yourself and Your Community

If you have diarrhea, **FOLLOW** these simple steps:



WASH YOUR HANDS, especially after going to the bathroom.



WAIT to have sex until your diarrhea is completely gone. Use barriers (like condoms or dental dams) during sex.



DO NOT prepare food for others while you are sick.



AVOID swimming until you have fully recovered.

If you think you might have *Shigella*, talk to your doctor.