

Attachment 1: PRAMS Opioid 2018 questions to be cognitively tested (English version)

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The next questions are about the use of prescription pain relievers or painkillers during pregnancy. We only want to know about prescription medication that is not available over the counter.

1. During your most recent pregnancy, did you use any prescription pain relievers? Some examples include Codeine, Morphine, Lortab, Vicodin, Tylenol #3, Percocet, and OxyContin.

No → **Go to Question 14**

Yes

2. During your most recent pregnancy, which of the following prescription pain relievers did you use? For each one, please check **No**, if you did not use it, or **Yes** if you did.

No Yes

- a. Vicodin®, Norco®, or other pain reliever with hydrocodone
- b. OxyContin®, Percodan®, Percocet® or other pain reliever with oxycodone
- c. Tylenol #3® or other pain reliever with codeine
- d. MS Contin® or other pain reliever with morphine
- e. Dilaudid® or other pain reliever with hydromorphone
- f. Opana® or other pain reliever with oxymorphone
- g. Ultram®, Ultracet®, or tramadol
- h. Duragesic®, Actiq®, or Fentanyl
- i. Methadone
- j. Some other prescription pain reliever

Please tell us: _____

3. What were the reasons that you used prescription pain relievers during your most recent pregnancy? Check ALL that apply

To treat pain from a condition I had before pregnancy

To treat pain from an injury or accident that happened during my pregnancy

To treat pain from surgery (not including oral surgery or dental procedures)

To treat pain from oral surgery or dental procedures

To treat pain from a pregnancy-related problem

Other → Please tell us: _____

4. How did you get the prescription pain relievers that you used during your most recent pregnancy? Check ALL that apply

- I received a prescription from a primary care provider
- I received a prescription from an ob-gyn or prenatal care provider
- I received a prescription from a dentist or oral health care provider
- I received a prescription from another type of medical specialist
- I received a prescription from a pain clinic
- I had pain relievers left over from an old prescription
- I got the pain relievers from a friend or family member who had a prescription
- I got the pain relievers without a prescription
- Other → Please tell us: _____

5. During your most recent pregnancy, did you ever use any prescription pain reliever in any way a health care provider did not direct you to use it? For example, used it in smaller or greater amounts, more or less often than prescribed, or used it for a shorter or longer time than you were told.

- No → **Go to Question 9**
- Yes

6. How would you describe the way you used the prescription pain relievers during your most recent pregnancy? Check all that apply

- I used it less often than prescribed
- I used it more often than prescribed
- I used it for fewer days than prescribed
- I used it for more days than prescribed
- I used it in a lower dose than prescribed
- I used it in a higher dose than prescribed
- I used it for a reason different from the reason it was prescribed

7. What were the reasons you used the prescription pain reliever in a way other than prescribed?

- To relieve pain, prescribed dose did not relieve pain
- To avoid side effects, the prescribed dose was too high
- To relieve other physical symptoms
- To relieve anxiety
- To relieve depression
- To relieve stress or tension
- To help me sleep
- To feel good or get high
- To go along with my husband or partner
- To fit in with friends
- To experiment to see what it would be like
- To prevent or relieve withdrawal symptoms
- Other reason → Please tell us: _____

8. During your most recent pregnancy, about how often did you use the prescription pain reliever in a way other than prescribed? Check ONE answer

- Every day or nearly every day of my pregnancy
- Several times a week throughout my pregnancy
- Several times a month throughout my pregnancy
- Several times during my pregnancy
- Only once during my pregnancy

9. During your most recent pregnancy, did you try to cut down or stop using prescription pain relievers?

- No → **Go to Question 14**
- Yes

10. What were your reasons for trying to cut down or stop using prescription pain relievers? Check ALL that apply

- My prescription ran out
- I felt that I didn't need them any more
- They were too expensive
- I didn't like the way they made me feel
- I was worried about my health
- I was worried about the health of my baby
- I was worried about other members of my family
- My doctor or health care provider recommended that I cut down or stop
- A family member or friend suggested that I cut down or stop
- Other → Please tell us: _____

11. During your most recent pregnancy, did you have trouble cutting down or stopping use of the prescription pain relievers?

- No
- Yes

12. During your most recent pregnancy, did you get help from a doctor, nurse, or other health care worker to cut down or stop using prescription pain relievers?

- No
- Yes, but it was not enough or the right kind of help for me
- Yes, I got the help I wanted → **Go to Question 14**

13. What were the reasons that you did not get help to cut down or stop using the prescription pain relievers? Check ALL that apply

- I could not get an appointment or was put on a waiting list
- I was able to cut down or stop using without help
- I didn't think I needed help
- I didn't have enough money or insurance to pay for the services
- My insurance plan did not cover the services

I didn't know where to go for help
I didn't have transportation
I didn't want people to think I had a problem
My partner did not want me to get help
I was afraid to lose custody of my new baby or children
I had too many other things going on
Other → Please tell: _____

14. How harmful do you think prescription pain relievers could be to a person's health? Check ONE answer

Not harmful at all
Not harmful, if taken as prescribed
Harmful, even if taken as prescribed
Harmful, but only if used not as prescribed
I don't know

15. How harmful do you think use of prescription pain relievers during pregnancy could be to a baby's health? Check ONE answer

Not harmful at all
Not harmful, if taken as prescribed
Harmful, even if taken as prescribed
Harmful, but only if used in not as prescribed
I don't know

16. At any time during your most recent pregnancy, did a doctor, nurse, or other health care worker talk with you about how using prescription pain relievers could affect you or your baby?

No
Yes

The last question is about the use of other medications or drugs during pregnancy.

17. During your most recent pregnancy, did you take or use any of the following drugs for any reason?
For each item, check **No** if you did not use it or **Yes** if did.

- | | No | Yes |
|--|----|-----|
| a. Over the counter pain medications relievers such as aspirin, Tylenol®, Advil®, or Aleve® | | |
| b. Prozac®, Zoloft®, Lexapro®, Paxil®, Celexa®, or other selective serotonin reuptake inhibitors (SSRIs) | | |
| c. Valium®, Xanax®, Ativan®, Klonopin®, Restoril®, or other benzodiazepines | | |
| d. Adderall®, Ritalin® or another stimulant | | |
| e. Marijuana or hash | | |
| f. Synthetic marijuana (K2, Spice) | | |
| g. Methadone, naloxone, Subutex® or Suboxone® | | |
| h. Heroin (smack, junk, Black Tar, Chiva) | | |
| i. Amphetamines (uppers, speed, crystal meth, crank, ice, <i>agua</i>) | | |
| j. Cocaine (crack, rock, coke, blow, snow, <i>nieve</i>) | | |

- k. Tranquilizers (downers, ludes)
- l. Hallucinogens (LSD/acid, PCP/angel dust, Ecstasy, Molly, mushrooms, bath salts)
- m. Sniffing gasoline, glue, aerosol spray cans, or paint to get high (huffing)

Thank you for answering these questions! Your answers will help us understand how to improve the health of mothers and babies.