Attachment 1: PRAMS 2019 questions to be cognitively tested (Phone/English version)

Form Approved OMB No. 0920-0222 Exp. Date 08/31/2021

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The first questions are about you and your health.

1.	I'm going to read a list of health conditions. For each one, please tell me if you <i>currently</i> have it. Do you have?
	(PROBE: Do you <i>currently</i> have?)

		(De	on't Read)	
	No	Yes	Refused	Don't know
Condition	(1)	(2)	(8)	(9)
a. Depression				
b. Anxiety				
c. Hepatitis B				
d. Hepatitis C				
e. Chronic Pain, which is pain lasting more than 12 weeks or 3				
months				

2.	Since your baby was born, how many health care visits have <u>you</u> had with a doctor, nurse, or other health
	care worker, including a dental or mental health worker? Do not include any home visits you may have had
	by a doctor, nurse or other health care worker.

(Don't 1 Number of Visits [_____] Read)

- 2 Have not had any health care visits since baby was → **Go to Question 5** born
- 8 Refused
- 9 Don't know/Don't Remember
- **3.** What type of health care visit have you had *since your baby was born*?

		(De	on't Read)	
	No	Yes	Refused	Don't know
Types of Visits	(1)	(2)	(8)	(9)
a. Postpartum checkup				
b. Visit for problems I was having related to the delivery of my				
baby				

c.	Regular checkup at my family doctor's or OB/GYN's office		
d.	Visit for an illness or chronic condition		
e.	Visit for an injury		
f.	Visit for family planning or birth control		
g.	Visit for depression or anxiety		
h.	Visit to have my teeth cleaned by a dentist or dental hygienist		
i.	Prenatal care visit for a new pregnancy		
j.	Have you had another type of health care visit?		
k.	If YES, ask: What type of visit?		

4. During any of your health care visits *since your baby was born*, did a doctor, nurse, or other health care worker do any of the following things?

			(De	on't Read)	
		No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	Talked to you about managing pain after the birth of your				
	baby				
Ъ.	Asked you, in person or on a form, if you drank alcoholic				
	beverages				
c.	Asked you, in person or on a form, if you smoked cigarettes or				
	used other tobacco products				
d.	Asked me if I was feeling down or depressed				

5. I'm going to read a list of *prescription* pain relievers. For each one, please tell me if you used it *since your baby was born*. Please include any medications that you may have taken to relieve pain associated with your baby's birth. Did you use ______since your baby was born?

		(Don	't Read)	
Prescription pain reliever	No	Yes	Refused	Don't know
	(1)	(2)	(8)	(9)
a. Hydrocodone like Vicodin®, Norco®, or Lortab®				
b. Codeine like Tylenol® 3 or 4, these are <u>not</u> regular				
Tylenol®				
c. Oxycodone like Percocet®, Percodan®,				
OxyContin®, or Roxicodone®				
d. Tramadol like Ultram® or Ultracet®				
e. Hydromorphone or meperidine like Demerol®,				
Exalgo®, or Dilaudid®				
f. Oxymorphone like Opana®				
g. Morphine like MS Contin®, Avinza®, or Kadian ®				
h. Fentanyl like Duragesic®, Fentora®, or Actiq®				

If ALL \underline{No} , go to question O10

INTERVIEWER: If mom said "Yes" for any of the options in Question 5, continue with the next question. If not, go to Question 7.

born.				
(Don't Read)	1	Number of weeks _ OR		(Range: 1-45 weeks)
	2	Number of months	5	(Range: 1-10 months)
	3	Less than a week		
	8	Refused		
	9	Don't know/Don't	Remember	
list of options. I baby was born, S not used it. Did y	For eaclo me D you take	h one, please tell mease if you have used e or use?	e Every day if y l it occasionally s	lowing tobacco products? I'm going to read you have used that tobacco product since you since your baby was born, or Never if you have Some Days, or Never?)
				(Don't Read)

6. *Since your baby was born*, for how many week or months have you used *prescription* pain relievers? Please tell me the total number of weeks or months you have used *prescription* pain relievers *since your baby was*

		(Don't Read)						
Tobacco Products	Every day (1)	Some Days (2)	Never (3)	Refused (8)	Don't know (9)			
a. E-cigarettes or other electronic vaping products with nicotine								
b. Hookah								
c. Chewing tobacco, snuff, snus, or dip								
d. Cigars, cigarillos, or little filtered cigars								

8. *Since your baby was born*, have you <u>needed</u> treatment or counseling for your use of...

	(Don						
Substances	No (1)	Yes (2)	Refuse d (8)	Don't know (9)			
a. Prescription pain relievers							
b. Drugs or medications other than pain relievers							
c. Alcohol							
d. Cigarettes or other tobacco products							
e. Did you need treatment or counseling for your use of any other							
substance?							
f. If YES, ask: For what?							
f. If YES, ask: For what?							

INTERVIEWER: If mom marked "No" for all the options in Question 8, got to Question 15. Otherwise, continue with the next question.

9. *Since your baby was born*, have you <u>received</u> treatment or counseling for your use of...

	(Don't Read)						
Substances	No (1)	Yes (2)	Refuse d (8)	Don't know (9)			
a. Prescription pain relievers							
b. Drugs or medications other than pain relievers							
c. Alcohol							
d. Cigarettes or other tobacco products							
e. Drugs							
f. Did you receive treatment or counseling for your use of any other substance?							
g. If YES, ask: For what?							

INTERVIEWER: If mom received the treatment or counseling she needed for her use of any substance, please go to Question 11. If she did not receive all the treatment or counseling she needed, please continue with the next question.

10. I'm going to read a list of reasons why some people may not get the treatment or counseling they need for their use of any medications, drugs, alcohol or tobacco products. For each one, please tell me if it was a reason for you. Was it because ______?

		(D	(Don't Read)		
Reasons	No (1)	Yes (2)	Refuse d (8)	Don't know (9)	
a. You could not get an appointment or were put on a waiting list					
b. You was able to cut down or stop using without help					
c. You didn't think I needed help					
d. You didn't have enough money or insurance to pay for services					
e. You didn't know where to go for help					
f. You didn't have transportation					
g. You didn't want people to think you had a problem					
h. Your partner did not want me to get help					
i. You were afraid to lose custody of your baby or children					
j. You had too many other things going on					
k. Was there another reason?					
l. If YES, ask: What was it?			<u>'</u>		

INTERVIEWER: If mom has not receive any type of treatment or counseling, go to Question 15.

11.	Since your baby was born, which of the following types of going to read a list of types of treatment of counseling. For?					
	(PROBE: What type of treatment or counseling did you re	ceive?)	(D	24 D J)		1
Ту	pes of Treatment or Counseling	No (1)	Yes (2)	't Read) Refuse d (8)	Don't know (9)	
a.	Individual counseling with a behavioral health professional					
b.	Group counseling with a behavioral health professional					1
C.	Counseling with a clergy member or other religious or community counselor					
d.	Self-help or recovery group meetings (such as Alcoholics Anonymous, Self-Management and Recovery Training (SMART), Moderation Management (MM))					
e.	Medication-assisted treatment (MAT) using medicines such as methadone, buprenorphine, Suboxone®, Subutex® or naltrexone (Vivitrol®).					
f.	Tobacco cessation counseling or treatment					1
	Did you receive another type of treatment or counseling?	l I				-
	If YES, ask: What did you receive?					
	·]
12.	Since your baby was born, where have you received treatmalcohol, not counting cigarettes? I'm going to read a list of received treatment there. Was it in? (PROBE: Did you receive treatment for your use of medical sine in the same in the sam	places.	For each	one, pleas	e tell me	_
						1
		1	(Don	't Read)	ı	
Pla	aces	No	Yes	Refuse d	Don't know	

		(Don	't Read)	
Places	No (1)	Yes (2)	Refuse d (8)	Don't know (9)
a. Self-help group meetings				
b. A private doctor's office				
c. An emergency room				
d. A hospital as an inpatient where I stayed at night				
e. A treatment facility as an outpatient where I did <u>not</u> stay at night				
f. A residential treatment facility where I stayed at night				
g. A prison or jail				
h. Did you receive treatment somewhere else?				
i. If YES, ask: Where?	-,		•	•



13. What w	as the o	utcome of the treatment or counseling yo	u last rece	ived? Wo	uld you say	that	?
	1 2 3	You are still in treatment You completed treatment, or You did not finish treatment		o Questio o Questio			
(Don't	8	Refused	→ Go t	o Questio	on 15		
14. What were the reason		Don't know/Don't Remember	→ Go t	o Questio	on 15		
For eacl	n one, p	reasons that you did not finish treatment or lease tell me if it was a reason for you. We didn't you finish treatment or counseling	as it becau			d a list of rea	asons.
				(Don)	24 Dood)		
Reasons			No (1)	Yes (2)	Refuse d (8)	Don't know (9)	
a. You had	l a prob	lem with the program					
		afford to continue treatment					
c. Your fai		•					
		g medications, drugs, or alcohol again					
e. Was the If YES, ask							
_		s are about your experiences when your was born, did anyone suggest that you n	-		ew baby?		
(Don't	1	No	→ Go t	o Questio	on 18		
Read)	2	Yes					
	8 9	Refused Don't know/Don't Remember		o Questio o Questio			
		that you <i>not</i> breastfeed your baby? I'm guggested you do <i>not</i> breastfeed your baby	_		f people. Fo	r each one, _l	please
				(Do	n't Read)]
Thom			No	Yes	Refused		
Items Vour ba	br.'. 1-	oton purso or other health asses a sel	(1)	(2)	(8)	(9)	-
		ctor, nurse, or other health care worker urse, or other health care worker					+
		or partner					+
		n partier ather, or in-laws					1
	, 10	,					_

e.	Other family member or relative		
f.	Your friends		
g.	Did someone else suggest you do not breastfeed your		
	baby?		
h.	IF YES, ask: Who?	•	

INTERVIEWER: If a doctor, nurse or other health care worker recommended she didn't breastfeed her baby go to the next question, otherwise go to Question 18.

17. Why did a doctor, nurse, or other health care worker suggest that you <u>not</u> breastfeed your baby? I'm going to read a list of reasons. For each one, please tell me if it was one a reasons for them. Was it because ______?

		(Don	't Read)	
Reasons	No (1)	Yes (2)	Refused (8)	Don't know (9)
a. You had a medical condition that made breastfeeding a problem for you				
b. You had a medical condition that made breastfeeding unsafe for your baby				
c. There was concern that drugs or medications you were using would pass to the baby through your milk				
d. Your baby had a medical condition and breastfeeding was not recommended				
e. Was there another reason?				
f. If YES, ask: What was the reason?				

The next questions are about your baby's health when he or she was a <u>newborn</u>.

18. *After your baby was born*, did a doctor, nurse, or other healthcare worker tell you that your baby had drug withdrawal sometimes known as neonatal abstinence syndrome or neonatal opioid withdrawal syndrome?

(Don't Read)

- 1 No**→ Go to Question 21**
- 2 Yes
- 8 Refused → Go to Question 21
- 9 Don't know/Don't Remember → **Go to Question 21**

19. Did your baby receive any of the following typ	es of special care or treatment	to help him or h	er with drug
withdrawal symptoms? I'm going to read a list	of special care or treatments. F	For each item, pl	ease tell me if
your baby receive it. Did your baby receive	?		

		(Dor	't Read)	
Reasons	No (1)	Yes (2)	Refused (8)	Don't know (9)
a. Medications such as morphine, methadone, or				
buprenorphine				
b. Fluids through an IV				
c. Skin-to-skin care or Kangaroo Care				
d. Sleeping in quiet, dimly lit room				
e. High calorie formula				
f. Breastfeeding or pumped breast milk				
g. Donor breast milk				
h. Did your baby receive other treatment?				
i. If YES, ask: What did your baby receive?	•	•		

20. I'm going to read a list of things that the doctors, nurses, or health care workers might do after your baby was born. For each one, please tell me if they did it after your baby was born, or not.

			(Do	n't Read)	
		No	Yes	Refused	Don't know
		(1)	(2)	(8)	(9)
a.	Talk to me about why my baby had drug withdrawal				
b.	Talk to me about treatment for babies with drug withdrawal				
c.	Talk to me about how long my baby's withdrawal signs may				
	last				
d.	Talk to me about the things my baby could experience				
e.	Talk to me about my baby's behavior				
f.	Talk to me about when my baby would be able to go home				
g.	Ask me about medications I was taking or took during				
	pregnancy				
h.	Suggest I receive counseling or treatment for my use of				
	medications, drugs or alcohol				
i.	Suggest I receive services for my baby such as early				
	intervention or home visiting programs				
j.	Did a blood test or scoring test to evaluate my baby for				
	neonatal abstinence syndrome				

21.	After your baby was born, how would	you describe where he or	r she stayed <u>most of</u>	<u>the time</u> during your
	time in the hospital? Did he or she stay		_?	

- 1 In the hospital room with you, sometimes known as "rooming-in"
- 2 In the regular newborn nursery
- 3 In a specialized nursery for babies that need extra care such as a Special Care Nursery (SCN) or Neonatal Intensive Care Unit (NICU)

(Don't Read)	4	Baby was not born in a hospital → Go to Question 27					
	8	Refused					
	9	Don't know/Don't Remember					
		e discharged from the hospital after your bable to answer any questions you had about you	-		a doctor, n	ırse or oth	er health
	1 2 3	No Yes You didn't have any questions about your ba	aby's hea	lth			
(Don't	8	Refused	,				
Read)	9	Don't know/Don't Remember					
_	_	ad a list of things that the doctors, nurses, or he tell me if they did it before you were dischar		the hos	spital.	k to you at	oout. For
				(D0	n't Read)	Do-14	-
			No (1)	Yes (2)	Refused (8)	Don't know (9)	
a. How to s							_
		l to your baby's needs					4
		with your baby					4
		aby at home					4
		lace for your baby to sleep					-
		e that can help you take care of your baby					+
		by to doctors' visits aby safe in your home					+
	zing sig	gns or symptoms in my baby that require					
		our baby discharged home from the hospital a	at the sam	ne time a	after the birt	h? Would	you say
	1 2 3	No Yes, you were discharged at the same time, Yes, you were discharged at the same time, you					
(Don't Read)	8	Refused					

Don't know/Don't Remember

		charged from the hospital following birth for any reason?	n, did your ba	aby have	to go back to	o the hospita
(Don't	1	No	→ Go to	Questio	n 27	
Read)	2	Yes				
	8 9	Refused Don't know/Don't Remember	→ Go to → Go to	-		
		oaby have to go back to the hospital after ease tell me if it was a reason for your ba	_	_	0 0	
(PROBI	E: Afte	r being discharged, did your baby have	to go back to			of
Reasons			No (1)	Yes (2)	Refused (8)	Don't know (9)
a. Breathin						
o. Feeding		lties				
. Dehydra	ition					
d. Surgery						
e. Injury f. Drug wi	thdraw	al				
g. Jaundice		αι				
n. Fever						
. Infection	 n					
		ening / rescreening				
		to go back to the hospital for another				
. If YES,	ask: W	That was it?				
27. Is your t	baby liv	ving with you <u>now</u> ? Would you say		~ (Go to Questi	on 31
	1	father	noiogicai	,	o w Questi	OH JI
	2	No, he or she is living with another far	nily member	→ (Go to Questi	on 31
	3	No, he or she is in foster care		→ (Go to Questi	on 31
	4	No, he or she has been adopted by som			Go to Questi	
	5 6	No, he or she passed → We are way Yes We are way	very sorry foi	your los	ss. Go to Qu	estion
(Don't	8	Refused		→ (Go to Questi	on 31
Read)	9	Don't know/Don't Remember		→ (Go to Questi	on 31

PROBE: Would you say that your baby sehavior. For each one, please tell me if it applies to your be sometimes, or Very Much if your baby does it all the time. PROBE: Would you say that your baby	28. How old	was your baby at his or her most recent he	alth care v	isit or che	ckup?		
PROBE: Would you say that your baby sehavior. For each one, please tell me if it applies to your be sometimes, or Very Much if your baby does it all the time. PROBE: Would you say that your baby		1 Age in months []	[Rai	nge: 0 – 1	0]		
For each question, please say Not at all if your baby doesn't do it, Somewhat if your baby does it sometimes, or Very Much if your baby does it all the time. (PROBE: Would you say that your baby	(Don't Read)	visit 8 Refused	re				
Actions Con't Read Very Much (3) Refused (8) Refu	For each	question, please say Not at all if your bab	y doesn't d	-			•
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Is it hard for you to get enough sleep because of your baby? Does your baby have trouble staying asleep? O. I'm going to read a list of things about your baby's development. For each one, please tell me how much your baby is doing it right now. For each question, please say Not Yet if your baby is still not doing it, Somewhat if your baby does it sometimes, or Very Much if your baby does it all the time. If your baby doesn't do something anymore, please tell us the option that describes how much he or she used to do in (PROBE: Would you say that your baby	. Is it hard t						
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O. I'm going to read a list of things about your baby's development. For each one, please tell me how much your baby is doing it right now. For each question, please say Not Yet if your baby is still not doing it, Somewhat if your baby does it sometimes, or Very Much if your baby does it all the time. If your baby doesn't do something anymore, please tell us the option that describes how much he or she used to do it (PROBE: Would you say that your baby not yet, somewhat or very much?) Actions CDon't Read Not at Some Very Refused Refused Not at Not at Some Not at Not	your baby						
your baby is doing it right now. For each question, please say Not Yet if your baby is still not doing it, Somewhat if your baby does it sometimes, or Very Much if your baby does it all the time. If your baby doesn't do something anymore, please tell us the option that describes how much he or she used to do it (PROBE : Would you say that your baby not yet, somewhat or very much?) Actions Con't Read Refused Not at Somelall What Much Refused Know (1) (2) (3) (8) (9)	. Does you	r baby have trouble staying asleep?					
Not at Some- Very all what Much (1) (2) (3) Refused (8) Don't know (9)	your baby Somewha doesn't do	y is doing it right now. For each question, at if your baby does it sometimes, or Very o something anymore, please tell us the op	please say we want with the please say we will be say a second that determine the say we will be say a second to the say we will be say a second to the say we will be say a second to the say we will be say a second to the say	Not Yet i our baby escribes h	f your bab does it all ow much	y is still no the time. I he or she u	ot doing it, f your baby sed to do it.
all what Much (8) know (9)				·		ıd)	
	Actions		all	what	Much		know
	a. Holds up	arms to be picked up	(-)	(-)	(5)		

	(Don't Read)					
Actions	Not at all (1)	Some- what (2)	Very Much (3)	Refused (8)	Don't know (9)	
a. Holds up arms to be picked up						
b. Gets into a sitting position by him or herself						
c. Picks up food and eats it						
d. Pulls up to standing						

e.	Plays games like "peek-a-boo" or "pat-a-cake"			
f.	Calls parents "mama" or "dada" or similar name			
g.	Looks around when people say things like "Where's			
	your bottle?" or "Where's your blanket?"			
h.	Copies sounds that other people make			
i.	Walks across a room without help			
j.	Follows directions like "Come here" or "Give me			
	the ball"			

31. *Since your baby was born*, have you used any of the following services? I'm going to read a list of services. For each one, please tell me if you have used any of the services *since your baby was born*.

	(Don't Read)					
Services	No (1)	Yes (2)	Refused (8)	Don't know (9)		
a. WIC						
b. SNAP						
c. Parenting groups						
d. Housing assistance						
e. Financial assistance						
f. Transportation assistance						
g. Emergency child care						

The following questions are about things you may have experienced in the past 30 days.

In the past 30 days, please tell us how often the following statements were true:

32.	"We worried v	whether our food would run out before we got money to buy more".	
	Would you say	y that statement has been often true, sometimes true, or never true <i>in the p</i>	ast 30 days?

- 1 Often true
- 2 Sometimes true
- 3 Never true

(Don't 8 Refused Read)

- 9 Don't know/Don't Remember
- **33.** "The food that we bought just didn't last, and we didn't have money to get more." Would you say that statement has been often true, sometimes true, or never true *in the past 30 days*?
 - 1 Often true
 - 2 Sometimes true
 - 3 Never true

(Don't 8 Refused Read)

9 Don't know/Don't Remember

These last questions are about things that could have happened or that you may have experienced *before* you were 18 years of age. We understand that some of these questions may be difficult, but your answers will help us understand some of the things people may experience when they are growing up.

34. When you were growing up, during the first 18 years of your life...

	(Don't Read)			
Questions	No (1)	Yes (2)	Refused (8)	Don't know (9)
a. Were your parents <i>ever</i> separated or divorced?				
b. Was your mom less than 18 years old when she had you?				
c. Was your dad less than 18 years old when you were born?				
d. Did you live with anyone who was a problem drinker or				
alcoholic?				
e. Did you live with anyone who was depressed, mentally ill, or				
suicidal?				
f. Did you live with anyone who used illegal drugs or who				
abused prescription medications?				
g. Did you live with anyone who served time or was sentenced				
to serve time in a prison, jail, or other correctional facility?				
h. Did you frequently have to move houses or leave the places				
where you were living?				
i. Did you like going to school?				
j. Did you drop out of school before you were able to graduate?				
k. Were you ever bullied?				