

# GENERAL INSTRUCTIONS FOR INCOME, ASSET AND EMPLOYMENT STATEMENT

NOTE: Read these instructions very carefully, detach, and keep for your reference.

### **Frequently Asked Questions**

## How can I contact VA if I have a question?

If you have questions about this form, how to complete it, or about benefits, contact your nearest VA regional office. You can locate the address of the nearest VA regional office on the Internet at <a href="http://www.va.gov/directory">http://www.va.gov/directory</a>, or in your telephone book blue pages under "United States Government, Veterans." For information, you may also call 1-877-294-6380 (Hearing Impaired TDD line 711). You may also contact VA by the Internet at: <a href="https://iris.va.gov">https://iris.va.gov</a>.

#### When do I use VA Form 21P-527?

Use VA Form 21P-527 to apply for veterans pension if you *have* previously filed a claim for compensation and/or veterans pension. For expeditious processing under the Fully Developed Claim process use VA Form 21P-527EZ, *Application for Veterans Pension*. VA forms are available at <a href="https://www.va.gov/vaforms">www.va.gov/vaforms</a>.

### What is veterans pension and how does VA decide what I will and will not receive?

You should apply for veterans pension benefits if **all** of the following are true:

- Your income and assets do not exceed certain limits. Visit our website at <a href="www.benefits.va.gov/pension/rates.asp">www.benefits.va.gov/pension/rates.asp</a> for the maximum yearly income we allow.
- You are 65 or older or permanently and totally disabled. Your disabilities do not have to be related to your military service.
- You served on active duty with at least one day during a period of war. Visit our website at www.benefits.va.gov/pension/vetpen.asp for more specific information.

VA pays veterans pension based on income and asset amounts for the veteran and his/her dependents. VA must include all sources of income that Federal law specifies. You can find out what the current income limitations and rates of benefits are by contacting your nearest VA office.

You must provide information about the Social Security benefits you and your dependents receive. Report the gross amount you and your dependents receive monthly before deductions are taken out. If you have a copy of your most recent Social Security award letter, please include a copy of the letter with your application.

You must tell us if you or your dependents receive or received income from sources other than Social Security. Please also report if you or your dependents own your primary residence and the value of your assets and your dependents' assets. Your assets **do** include your spouse's assets. Although your assets **do** not include your child's assets, you must tell us if your child has significant assets.

**Assets** means the fair market value of all property that an individual owns, including all real and personal property (excluding the value of the primary residence including the residential lot area, not to exceed 2 acres) less the amount of mortgages or other encumbrances specific to the mortgaged or encumbered property. Personal property means the value of personal effects that are in excess of being suitable and consistent with a reasonable mode of life. You must tell us if you or your dependents have transferred assets in the past three calendar years.

**IMPORTANT:** If you or your dependents receive or received income in addition to Social Security benefits **or** you or your dependents have significant assets or have transferred assets, we will require you to complet VA Form 21P-0969, *Income and Asset Statement*, in addition to this application.

VA may pay benefits from the date of receipt of your application unless severe disability prevented you from filing a claim for a period of at least 30 days. If you want this claim considered for retroactive payment, indicate so in Item 36, "Remarks," and identify the specific disability which prevented you from filing.

## **GENERAL INSTRUCTIONS** (Continued)

# What is special monthly pension?

Special monthly pension is an increased amount paid to individuals who, due to mental or physical disability, require the aid of another person to perform activities of daily living, are a patient in a nursing home, have severe visual problems, or are substantially confined to his or her home. If you wish to apply for this benefit, check "Yes" in Item 22A.

#### What medical evidence should I submit?

If you are you are a veteran who is claiming pension and you are age 65 or older, or determined to be disabled by the Social Security Administration, you **DO NOT** have to submit medical evidence with your application unless you are claiming special monthly pension. Otherwise, provide only those medical records that are related to the disabilities that prevent you from working.

If you wish to claim special monthly pension and are not in a nursing home, please complete and attach with this application, VA Form 21-2680, *Exam for Housebound Status or Permanent Need for Regular Aid and Attendance*. Please make sure every box is complete and the application is signed by a physician, physician assistant (PA), certified nurse practitioner (CNP), or clinical nurse specialist (CNS). If you are in a patient in a nursing home, please attach a completed VA Form 21-0779, *Request for Nursing Home Information in Connection with Claim for Aid and Attendance*, signed by an official of the nursing home showing the date you were admitted to the nursing home, the level of care you receive, and whether Medicaid covers all or part of your nursing home costs.

If you want help getting medical records related to this claim, you may complete VA Form 21-4142, Authorization and Consent to Release Information to the Department of Veterans Affairs (VA). By signing VA Form 21-4142, you authorize any doctors, hospitals, or caregivers that have treated you to release information about your treatment to VA. You do not need to complete this form for any treatment you received at a VA facility. If you need a copy of the VA Form 21-4142 or VA Form 21-0779, you may contact VA as shown in "How can I contact VA if I have a question?" or download the forms from the VA web site <a href="https://www.va.gov/vaforms">www.va.gov/vaforms</a>.

## What do I do when I have completed my application?

When you have completed this application, mail it or take it to a VA regional office. You can locate the mailing address of your nearest VA regional office at <a href="www.va.gov/directory">www.va.gov/directory</a>. Be sure to attach any materials that support and explain your claim. Also, for your records, make a photocopy of your application and everything that you submit to VA before you mail it.

#### How can I assign someone to act as my representative?

A VA-accredited representative of a veteran's service organization or other service organization recognized by the Secretary of Veterans Affairs may represent you without charge. A VA-accredited attorney or claims agent may also represent you. However under 38 U.S.C. 5904(c), an accredited agent or attorney may only charge you for services performed after the date you file a Notice of Disagreement.

If you want to use a representative to help you with your application, contact the nearest VA office. Depending on the type of representative you want to designate, we will send you one of the following forms:

- VA Form 21-22, Appointment of Veterans Service Organization as Claimant's Representative or
- VA Form 21-22A, Appointment of Individual as Claimant's Representative

You may download these forms at: <a href="https://www.va.gov/vaforms">www.va.gov/vaforms</a>. If you have already designated a representative, no further action is required on your part.

**IMPORTANT**: If you are certifying that you are married for the purpose of VA benefits, your marriage must be recognized by the place where you and/or your spouse resided at the time of marriage, or where you and/or your spouse resided when you filed your claim (or a later date when you became eligible for benefits) (38 U.S.C. § 103(c)). Additional guidance on VA recognized marriages is available at <a href="http://www.va.gov/opa/marriage/">http://www.va.gov/opa/marriage/</a>.

PRIVACY ACT INFORMATION: The form will be used to determine allowance to pension benefits (38 U.S.C. 5101). The responses you submit are considered confidential (38 U.S.C. 5701). VA may disclose the information that you provide, including Social Security numbers, outside VA if the disclosure is authorized under the Privacy Act, including the routine uses identified in the VA system of records, 58VA21/22/28, Compensation, Pension, Education, and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. The requested information is considered relevant and necessary to determine maximum benefits under the law. Information submitted is subject to verification through computer matching programs with other agencies. VA may make a "routine use" disclosure for: civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration. Your obligation to respond is required in order to obtain or retain benefits. Information that you furnish may be utilized in computer matching programs with other Federal or state agencies for the purpose of determining your eligibility to receive VA benefits, as well as to collect any amount owed to the United States by virtue of your participation in any benefit program administered by the Department of Veterans Affairs. Social Security information: You are required to provide the Social Security number requested under 38 U.S.C. 5101(c)(1). VA may disclose Social Security numbers as authorized under the Privacy Act, and, specifically may disclose them for purposes stated above.

**RESPONDENT BURDEN:** We need this information to determine your eligibility for pension. Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 1 hour to review the instructions, find the information, and complete this form. VA cannot conduct or sponsor a collection of information, unless a valid OMB Control Number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at <a href="https://www.reginfo.gov/public/do/PRAMain">www.reginfo.gov/public/do/PRAMain</a>. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.

OMB Approved No. 2900-0002 Respondent Burden: 1 Hour Expiration Date: XX/XX/XXXX

<b>Departn</b>	nent of Vet	erans A	Affairs		INC	OME, A	ASSET, AND	EMPL	OYMI	ENT STATE	MENT
IMPORTANT - Recompleting the form	,			n Informa	ition and Ins	struction	s carefully befo	re			TE IN THIS SPACE) ATE STAMP)
	PART I	- VETER	AN'S IDE	NTIFYI	NG INFO	RMAT	ION				
1. FIRST NAME - MIDI											
			,	7.1							
2A. VETERAN SOCIAL	L SECURITY NO.			2B. VA FILI	E NO.						
3. ADDRESS OF VETE	ERAN (Number, s	treet or rura	ıl route, City	or P.O., Si	tate and ZIP	Code)					
	4A. TELE	PHONE NUM	MBER(S) (Inc	clude Area	Code)			∕B E-MΔI	I ADDE	RESS (If applicat	bla)
DAYTIME	77. 1222	EVENING	VIDEI ((O) (1770		TCELL			46. E-IVIAI	L ADDI	RESS (1) applicat	nej
			PA	ART II -	MARITA	L INFO	RMATION				
NOTE: If married,	, you should p	rovide a c									
5. WHAT IS YOUR MA	ARITAL STATUS?	_	RCED	NEVER	R MARRIED		(If you are divor (If never marrie			kip to Item 14)	
6A. WHEN WERE YOU						E DID YC	U GET MARRIEI			Country)	
		,, , , , .	/					(5)			
7. SPOUSE'S NAME (	First, middle, las	t)			8. SPOUSE	E'S BIRTH	HDAY (Month, da	y, year)	9. SP	OUSE'S SOCIAL	SECURITY NO.
10A. IS YOUR SPOUS	SE ALSO A VETE	RAN2		10B SPO	USE'S VA F	II E NO (	If any)		11 D	O YOU LIVE WIT	TH YOUR SPOUSE?
	(If "Yes," comple		, if known)	100.010	OOLO VATI	ILL IVO. (	g uny)			YES NO I	If "Yes," skip to Item 4) (If "No," complete tems 12, 13A & 13B)
12. SPOUSE'S ADDR	ESS (Number and	d street or ri	ıral route ci	tv or P O	State	13Δ IE	YOU DO NOT LI	/F WITH V	/OLIR		W MUCH DO YOU
and ZIP Code)	Loo (ivamoer and	a street or re	irai rouic, ci	iy 01 1 .O.,	State	SF	POUSE PLEASE I	PROVIDE T		ASON CO	NTRIBUTE MONTHLY
						(1.)	e., illness, work,	etc.)		<b> </b>	SPOUSE'S SUPPORT?
	INIE		N ADOLIT	THE VE	TEDANIC	9 SDC	USE'S PREV	IOUS M	\ DDI \		
NOTE: Furnish the attach VA Form 21	following infor	mation abo	out all of yo	our and yo	our presen	t spouse	e's previous ma	arriages. I	lf you	need additiona	Il space please
14. HOW MANY TIMES				endent, p	Toviding th	e reque	steu imormatic	מוטטענ נו	ne ma	mayes.	
14. HOW MANY TIME	S HAVE TOU BE	EN WARRIEL	J?								
15A. DATE OF MARRIAGE (Month, Day, Year)	15B. PLACI MARRIA (City, State, C	GE		ME OF FO	RMER SPOU lle, Last)	JSE	15D. DATE MARRIAGE ENI (Month, Day, Yo		//ARRIA	PLACE GE ENDED e or Country)	15F. REASON MARRIAGE ENDED (Death, Divorce)
16. HOW MANY TIMES	S HAS YOUR CU	RRENT SPC	USE BEEN	MARRIED?			•	'			
17A. DATE OF MARRIAGE (Month, Day, Year)	17B. PLACI MARRIA (City, State, C	GE	_	ME OF FO	RMER SPOU	JSE	17D. DATE MARRIAGE ENI (Month, Day, Yo		//ARRIA	PLACE GE ENDED e or Country)	17F. REASON MARRIAGE ENDED (Death, Divorce)

# PART III - INFORMATION ABOUT YOUR UNMARRIED DEPENDENT CHILDREN

VA recognizes your biological children, adopted children, and stepchildren as dependents. These children must be unmarried and:

· under age 18. or

24E. ARE YOU STILL SELF-EMPLOYED?

(If "Yes," complete Item 24F)

NO

YES

- between 18 and 23 and pursuing an approved course of education, or
- of any age if they became seriously disabled and permanently unable to support themselves before reaching age 18.

"Seriously disabled" means that the child became permanently unable to support himself/herself before reaching age 18. Furnish a statement from an attending physician or other medical evidence which shows the nature and extent of the physical or mental impairment. If you need additional space, please attach a separate sheet of paper providing the requested information about each child. Note: You should provide a copy of the public record of birth for each child or a copy of the court record of adoption for each adopted child. INFORMATION ABOUT THE CHILDREN WHO LIVE WITH YOU 18. DO YOU HAVE ANY DEPENDENT CHILDREN? YES NO (If "No," skip to Part IV) 19E. CHECK EACH APPLICABLE CATEGORY 19C. PLACE 19B. DATE 19D. SOCIAL 19A. NAME OF CHILD OF BIRTH 18-23 YRS. CHILD OF BIRTH **SECURITY** OLD AND SERIOUSLY (City, State, (First, Middle, Last) BIOLOGICAL ADOPTED STEPCHILD PREVIOUSLY NUMBER (Mo., Day, Yr.) ATTENDING DISABLED Country) MARRIED SCHOOL INFORMATION ABOUT THE CHILDREN WHO DO NOT LIVE WITH YOU 20D. MONTHLY AMOUNT 20A. NAME OF CHILD 20C. NAME OF PERSON CHILD 20B. CHILD'S YOU CONTRIBUTE COMPLETE ADDRESS LIVES WITH (If applicable) (First, Middle, Last) TO CHILD'S SUPPORT \$ \$ \$ \$ PART IV - INFORMATION ABOUT YOUR DISABILITY(IES) AND BACKGROUND NOTE: If you are a veteran who is claiming pension and you are age 65 or older, or determined disabled by the Social Security Administration, you DO NOT have to submit medical evidence with your application unless you are claiming special monthly pension. 21A. WHAT DISABILITY(IES) PREVENT YOU FROM WORKING? 21B. WHEN DID THE DISABILITY(IES) BEGIN? (Month, Day, Year) 22A. ARE YOU CLAIMING SPECIAL MONTHLY PENSION BECAUSE YOU NEED THE REGULAR ASSISTANCE OF ANOTHER PERSON, HAVE SEVERE VISUAL 22B. ARE YOU NOW OR HAVE YOU BEEN RECENTLY HOSPITALIZED OR GIVEN OUTPATIENT OR HOME CARE? (Due to the disability(ies) listed in PROBLEMS, OR ARE GENERALLY CONFINED TO YOUR IMMEDIATE PREMISES? Item 21A) NO (If "Yes," complete and attach with this application VA Form 21-2680, Exam for Housebound Status or Permanent Need for Regular Aid and ☐ YES ☐ YES NO (If "Yes," complete Items 23A & 23B) Attendance. Please make sure every box is completed and signed by a Physician, Physician Assistant (PA), Certified Nurse Practitioner (CNP), or Clinical Nurse Specialist (CNS.) 23A. DATE(S) OF RECENT HOSPITALIZATION OR CARE 23B. NAME AND MAILING ADDRESS OF FACILITY OR DOCTOR 24A. ARE YOU NOW EMPLOYED? 24B. WHEN DID YOU LAST WORK? (Month, Day, Year) YES NO (If "No," complete Item 24B) 24C. WERE YOU SELF-EMPLOYED BEFORE BECOMING TOTALLY DISABLED? 24D. WHAT KIND OF WORK DID YOU DO? YES l NO (If "Yes," complete Items 24D and 24E)

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24F. WHAT KIND OF WORK DO YOU DO NOW?

PART IV - INFORMATI	ON ABOUT YOUR DI	SABILITY(IES)	AND BACKGR	OUND (Continu	ıed)
<b>NOTE</b> : In the table below, tell us about a became disabled to the present.	ll of your employment, in	cluding self-empl	oyment, dating fro	om one year before	e you
25A. WHAT WAS THE NAME AND ADDRESS OF YOUR EMPLOYER?	25B. WHAT WAS YOUR JOB TITLE?	25C. WHEN DID YOUR WORK BEGIN? (Mo., day, year)	25D. WHEN DID YOUR WORK END? (Mo., day, year)	25E. HOW MANY DAYS WERE MISSED DUE TO DISABILITY?	25F. WHAT WERE YOUR TOTAL ANNUAL EARNINGS?
					\$
					\$
					\$
					\$
					\$
					\$
26A. CHECK THE HIGHEST YEAR OF EDUCATION	YOU COMPLETED:				
Grade school:					
1 7 7 3 7 4 7 5	6     7     8	9 10	□11 □12		
College:					
1 1 2 3 4 Over	. 1				
26B. LIST THE OTHER TRAINING OR EXPERIENCE		FIGATES THAT VOLL	HOLD:		
206. LIST THE OTHER TRAINING OR EXPERIENCE	E TOO HAVE AND ANT CERTI	PICATES THAT TOO	HOLD.		
	PART V - NURSING	HOME INFOR	RMATION		
<b>NOTE</b> : If you are a patient in a nursing he patient in the nursing home because of a out-of-pocket for your care.	ome, please submit a sta	atement from an o	official of the nursi		
27A. ARE YOU NOW IN A NURSING HOME?		27B. WHAT IS T FACILITY?		PLETE MAILING ADDF	RESS OF THE
YES NO (If "Yes," complete Ite	•				
27C. DOES MEDICAID COVER ALL OR PART OF Y OR HAVE YOU APPLIED AND NOT RECEIVED	OUR NURSING HOME COSTS O A DECISION?	SUPPLEM	ENTAL SOCIAL SECU	ECURITY DISABILITY RITY INCOME (SSI) OI ISION HAS BEEN MAD	R HAVE YOU APPLIED
YES NO APPLIED - NOT REC	EIVED DECISION	YES [		D - NOT RECEIVED D	

		PA	RT VI - INCON	ME AND ASS	SETS		
28. DO YOU OR YOUR DEPE	NDENTS RECEIVE	SOCIAL SECURI	TY BENEFITS?				
☐ YES ☐ NO	_	ems 28A and 28B)					
(If	"No," skip to Item	29)					
A. SOC	IAL SECURIT	Y RECIPIENT		B. GROSS MONTHLY AMOUNT			
				\$			
				\$			
				\$			
				\$			
				\$			
29. DO YOU OR YOUR DEPE					Yes," complete Items 30A and 30B)		
30A. WHAT IS THE SIZE OF	THE LOT ON WH				SOLD WITHOUT SELLING THE RES	SIDENCE?	
	are feet		YES NO (If	"Yes," also compl	ete VA Form 21P-0969, Income and A	Asset Statement)	
IMPORTANT: VA matches inco form and VA Form 21P-0969, In				port all income yo	u and your dependents receive on the	e appropriate sections of this	
31A. OTHER THAN SOCIAL				VE ANY INCOME	?		
31B. OTHER THAN SOCIAL	. SECURITY, DID	YOU OR YOUR DE	EPENDENTS RECEI	VE ANY INCOME	LAST YEAR?		
YES NO 31C. DO YOU OR YOUR DE	PENDENTS HAVE	MORE THAN \$10	.000 IN ASSETS? (I	Note: Assets are a	Il the money and property you or you	r dependents own. Assets do	
not include your/your family's			· ·		or your dependents need for transport		
YES NO 31D. IN THE THREE CALEN	DAR YEARS BEFO	ORE THIS YEAR. D	OID YOU OR YOUR	DEPENDENTS T	RANSFER ANY ASSETS? (Example:	s of asset transfers include giving	
them away, selling them, pure				52. 2.152.11.G	outer Environment	or accest trainerers mendad giving	
YES NO		IE IEE IN 1944	0.400				
31E. DID YOU ANSWER "YE							
	` •	·	Form 21P-0969, <i>Inc.</i>		,	ICCO	
					JRSED MEDICAL EXPEN  y be deductible from your inc		
unreimbursed medical e	expenses, includ ou are under o	ding the Medica bligation to sup	re deduction, you port, or relatives	u paid over the s who are mer	e last year (or expect to pay an inbers of your household. Also paid. Last illness and burial e	d continue indefinitely), for o, show unreimbursed last	
			-		prior to the end of the year fo	= -	
		-			f education including tuition, for a separate VA Form 21P-8416		
<b>IMPORTANT:</b> If you at the applicable workshe	•	•	nome care or an	assisted living	g, adult day care, or similar fa	acility, you must complete	
32A. AMOUNT YOU PAID	32B. DATE PAID (Month, year)	32C. HOURLY RATE/HOURS (In-home attendant only)	32D. PU (Doctor's fees, hospit fees, o	al charges, attorney	32E. PAID TO (Name of doctor, hospital, pharmacy, etc.)	32F. PERSON FOR WHOM EXPENSE PAID (Self, spouse, child)	
\$							
\$							
\$							

PART VI	I - INFORMA	TION ABOUT	TYOUR UNREIMBURSED	MEDICAL	EXPENSES (C	Continued)
32A. AMOUNT YOU PAID	32B. DATE PAID (Month, year)	32C. HOURLY RATE/HOURS (In-home attendant only)	32D. PURPOSE (Doctor's fees, hospital charges, attorney fees, etc.)		. PAID TO or, hospital, pharmacy, etc.)	32F. PERSON FOR WHOM EXPENSE PAID (Self, spouse, child)
\$						
\$						
\$						
\$						
\$						
\$						
\$						
		PART VI	II - DIRECT DEPOSIT INF	ORMATIO	N	
and then either:  1. Attach a voided 2. Answer Items 33  The Department of Trea voided personal check of account, you must receive www.usdirectexpress.cc	check, or 3-35. sury requires all or deposit slip or pve your payment om or by telephor at 1-888-224-29	Federal benefit provide the inforr through Direct Ene at 1-800-333-150. They will enc	on in order to process any pay eayments be made by electronic function requested in Items 33, 34 a express Debit MasterCard. To requested in the process of	unds transfer ( and 35 to enro uest a Direct E I must contact and address al	EFT), also called d Il in direct deposit. Express Debit Masti representatives ha ny questions or cor	irect deposit. Please attach a If you <b>do not</b> have a bank erCard you must apply at ndling waiver requests for the
CHECKING C	SAVINGS	CERTIFIED PA	AT <i>I DO NOT</i> HAVE AN ACCOUNT W AYMENT AGENT	TH A FINANCI	AL INSTITUTION OR	A
34. NAME OF FINANCIAL I	NSTITUTION					
35. ROUTING OR TRANSIT	「NUMBER					
			PART IX - REMARKS			
36. REMARKS - USE THIS	SPACE FOR ANY	ADDITIONAL STAT	EMENTS THAT YOU WOULD LIKE T	O MAKE CONC	ERNING YOUR APP	LICATION

36. REMARKS - USE THIS SPACE FOR ANY ADDITIONAL STATEMENTS THAT YOU WOULD LIKE TO MAKE CONCERNING YOUR APPLICATION	
PART X - CERTIFICATION AND SIGNATURE	
I certify and authorize that the statements in this document are true and complete to the best of my knowledge. I any person or entity, including but not limited to any organization, service provider, employer, or government age give the Department of Veterans Affairs any information about me except protected health information, and I wai privilege which makes the information confidential.	ency, to
37A. SIGNATURE OF CLAIMANT 37B. DATE SIGNED	
If signature of claimant made by "X" mark, you must have 2 people you know witness as you sign. They must then sign the form and print their names and addresses.	
38A. SIGNATURE AND PRINTED NAME OF WITNESS  38B. ADDRESS OF WITNESS	
20A CIONATURE AND DRINTED MAME OF WITNESS	
39A. SIGNATURE AND PRINTED NAME OF WITNESS  39B. ADDRESS OF WITNESS	
<b>PENALTY</b> : The law provides severe penalties which include fine or imprisonment, or both, for the willful submission of any statement of a material fact, knowing it to be false, or for the fraudulent acceptance of any payment to which you are not entitled.	r evidence of

WORKSHEET FOR AN ASSISTED LIVING, ADULT DAY CARE, OR SIMILAR FACILITY
NOTE: Only complete this worksheet if you are claiming expenses for an assisted living facility, adult day care or similar facility.
IMPORTANT: VA recognizes the following five activities as Activities of Daily Living (ADLs) for medical expense purposes:
(1) Eating
(2) Bathing/Showering
(3) Dressing
(4) Transferring (for example, from bed to chair)
(5) Using the toilet
Custodial Care is regular -  • assistance with two or more ADLs, <i>or</i> • supervision because a person with a mental disorder is unsafe if left alone due to the mental disorder.
INSTRUCTIONS: Use this worksheet if you are claiming a disabled person's care in an assisted living facility, adult day care, or similar facility as unreimbursed medical expenses. Follow the steps below to determine whether VA may deduct all or some of your out-of-pocket payments to the facility.
STEP 1. Are the expenses you wish to claim due to the disabled person's treatment in a hospital, inpatient treatment center, nursing home, or VA-approved medical foster home?  (If "NO," continue to Step 2)
YES NO (If "YES," claim all payments to the facility qualify as medical expenses in Items 32A - 32F. You are finished completing this worksheet)
STEP 2. Do all of the following apply to the facility?  • The facility is licensed (if the State or country requires it)  • The facility's staff (or the facility's contracted staff) provides the disabled person with health care or custodial care or both.  • If the facility is residential, it is staffed 24 hours per day with caregivers
YES NO (If "NO," payments to the facility <i>do not</i> qualify as medical expenses. You are finished completing this worksheet)
(ii Ne, paymente le tile talinity as medicar expensee. Yet are immented competing the workeneet)
STEP 3. Are you (the veteran) the disabled person?  YES NO (If "NO," skip to Step 6)
STEP 4. Did you claim special monthly pension on Page 5, Item 22A of the attached form?
YES NO (If "NO," payments to this facility for meals and lodging <i>do not</i> qualify as medical expenses. Only claim amounts you pay the facility for health care services or assistance with ADLs provided by a health care provider in Items 32A - 32F. Skip to Step 8)
STEP 5. If you answered "YES" in Step 2, you stated that the facility provides you with health care and/or custodial care. Is this the <i>primary reason</i> you live in the facility (or attend day care in the facility)?
YES NO (If "YES," all payments to this facility <i>may</i> qualify as medical expenses <i>if</i> VA rates you as eligible for special monthly pension. Please report separately in Items 32A - 32F applicable amounts you pay the facility for (1) lodging and meals, (2) health care services or assistance with ADLs provided by a health care provider, and (3) custodial care. Skip to Step 8)
(If "NO," payments to this facility for meals and lodging <i>do not</i> qualify as medical expenses. Please report separately in Items 32A - 32F applicable amounts you pay the facility for (1) health care services and assistance with ADLs provided by a health care provider and (2) custodial care. Skip to Step 8)
STEP 6. Does the disabled person require the health care services or custodial care that the facility provides to him or her because of the disabled person's mental or physical disability?
YES NO (If "YES," you must submit a statement from a physician or physician assistant that (1) the disabled person requires the health care services or custodial care that the facility provides to him or her because of mental or physical disability, and (2) describes the mental or physical disability)
(If "NO," claim payments you pay this facility for <b>health care services or assistance with ADLs provided by a health care provider</b> in Items 32A - 32F. Skip to Step 8)
STEP 7. If you answered "YES" in Step 2, you stated that the facility provides the disabled person with health care and/or custodial care. Is this the <i>primary reason</i> the disabled person lives in the facility (or attends day care in the facility)?
(If "YES," claim all payments to this facility (to include meals and lodging) as medical expenses in Items 32A - 32F)
YES NO," only claim payments you pay the facility for assistance with health care and/or assistance with custodial care as medical expenses in Items 32A - 32F. Payment to this facility for meals and lodging do not qualify)
STEP 8. Facility Certification: Please submit a current statement showing the fees the claimant pays to your facility and a breakdown of the care received
I CERTIFY that the information stated within this WORKSHEET FOR AN ASSISTED LIVING, ADULT DAY CARE, OR SIMILAR FACILITY is accurate and
reflects the current environment pertaining to
and his or her care at this facility
(Name and address of facility)
(Name, Signature and Title of Person Certifying for the Facility)

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NOTE: Only complete this worksheet if you are claiming expenses for in-home care.  IMPORTANT: VA recognizes the following five activities as Activities of Daily Living (ADLs) for medical expense purposes:  (1) Eating (2) Bathing/Showering (3) Dressing (4) Transferring (for example, from bed to chair) (5) Using the toilet  Custodial Care is regular -  • assistance with two or more ADLs, or  • supervision because a person with a mental disorder is unsafe if left alone due to the mental disorder
(1) Eating (2) Bathing/Showering (3) Dressing (4) Transferring (for example, from bed to chair) (5) Using the toilet Custodial Care is regular -  • assistance with two or more ADLs, or
(2) Bathing/Showering (3) Dressing (4) Transferring (for example, from bed to chair) (5) Using the toilet Custodial Care is regular - • assistance with two or more ADLs, or
(3) Dressing (4) Transferring (for example, from bed to chair) (5) Using the toilet Custodial Care is regular - • assistance with two or more ADLs, or
(4) Transferring (for example, from bed to chair)  (5) Using the toilet  Custodial Care is regular -  • assistance with two or more ADLs, or
(5) Using the toilet  Custodial Care is regular -  • assistance with two or more ADLs, <b>or</b>
Custodial Care is regular -  • assistance with two or more ADLs, <b>or</b>
<ul> <li>assistance with two or more ADLs, or</li> </ul>
<b>IMPORTANT</b> : The following activities are examples of Instrumental Activities of Daily Living (IADLs) for VA purposes. VA generally <b>does not</b> recognize assistance with these activities as medical expenses: (1) Shopping; (2) Food Preparation; (3) Housekeeping; (4) Laundering; (5) Handling medications; (6) Using the telephone; (7) Transportation (except for medical purposes such as transportation to a doctor's appointment).
INSTRUCTIONS: Use this worksheet if you are claiming payments to a disabled person's in-home attendant as an unreimbursed medical expense.
Follow the steps below to determine whether or not:
<ul> <li>the attendant must be a health care provider for VA purposes and</li> <li>VA may deduct payment for assistance with IADLs as well as assistance with ADLs and custodial care</li> </ul>
STEP 1. Are you (the veteran) the disabled person?
YES NO (If "NO," skip to Step 4)
STEP 2. Did you claim special monthly pension on Page 5, Item 22A of the attached form?
YES NO (If "NO," payments to this in-home attendant for assistance with IADLs do not qualify as medical expenses. Please report separately in Items 32A - 32F applicable amounts you pay an in-home attendant for (1) health care services or assistance with ADLs provided by a health care provider, and (2) custodial care. Skip to Step 6)
STEP 3. Is the <i>primary responsibility</i> of the in-home attendant to provide you with health care or custodial care?
YES NO (If "YES," payments to this in-home attendant <i>may</i> qualify as medical expenses in Items 32A - 32F <i>if</i> VA rates you as eligible for special monthly pension. Please report separately in Items 32A - 32F amounts you pay an in-home attendant for (1) health care services or assistance, (2) assistance with IADLs, and (3) custodial care. Skip to Step 6.)
(If "NO," payments to this in-home attendant for assistance with IADLs <b>do not</b> qualify as medical expenses. Please report separately in Items 32A - 32F applicable amounts you pay an in-house attendant for (1) health care services or assistance with ADLs provided by a health care provider and (2) custodial care. Skip to Step 6.)
STEP 4. Does the disabled person require the health care services or custodial care that the in-home attendant provides to him or her because of the disabled person's mental or physical disability?  (If "YES," you must submit a statement from a physician or physician assistant that (1) the disabled person requires the health care services or custodial care that the in-home attendant provides to him or her because of mental or physical disability, and (2) describes the mental or physical disability)
(If "NO," the attendant <i>must be a health care provider</i> . Only report payments to the in-home attendant for <i>health care services or assistance with ADLs</i> provided by the health care provider as medical expenses in Items 32A - 32F. Payments for assistance with IADLs do not qualify as medical expenses). Skip to Step 6
STEP 5. Is the <i>primary responsibility</i> of the in-home attendant to provide the disabled person with health care or custodial care?
(If "YES," payments to the in-home attendant qualify as medical expenses (even assistance with IADLs) and can be reported in YES NO ltems 32A - 32F)
(If "NO," report payments to this in-home attendant for <b>health care</b> and/or custodial care as medical expenses in Items 32A - 32F.  Payment for assistance with IADLs <b>do not</b> qualify as a medical expense)
STEP 6. Check all activities below with which the attendant assists the veteran or disabled person with:
ADLs: EATING BATHING/SHOWERING DRESSING TRANSFERRING USING THE TOILET
IADLs: SHOPPING FOOD PREPARATION HOUSEKEEPING LAUNDERING MANAGING FINANCES HANDLING MEDICATIONS
USING THE TELEPHONE TRANSPORTANTION FOR NON-MEDICAL PURPOSES
STEP 7. In-Home Attendant Certification: Please submit a current breakdown of the time the attendant spends assisting the veteran or disabled person with health care services, ADLs and IADLs.
I CERTIFY that the information stated within this WORKSHEET FOR IN-HOME ATTENDANT EXPENSES is accurate and
reflects the current environment pertaining to
and his or her care from
(Name of Attendant)
(Name, Signature and Title of Certifying Official) (Date Certified)

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