## **Attachment 3g**

Mobile Exam Center (MEC)

Computer Assisted Personal Interview (CAPI)

& Dietary Recall (DRQ) Hand Cards

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### **MEC CAPI Hand Cards**

## SXQ1

- 1. Lesbian or gay
- 2. Straight, that is, not lesbian or gay
- 3. Bisexual
- 4. Something else
- 5. I don't know the answer

## SXQ2

- 1. Gay
- 2. Straight, that is, not gay
- 3. Bisexual
- 4. Something else

I don't know the answer

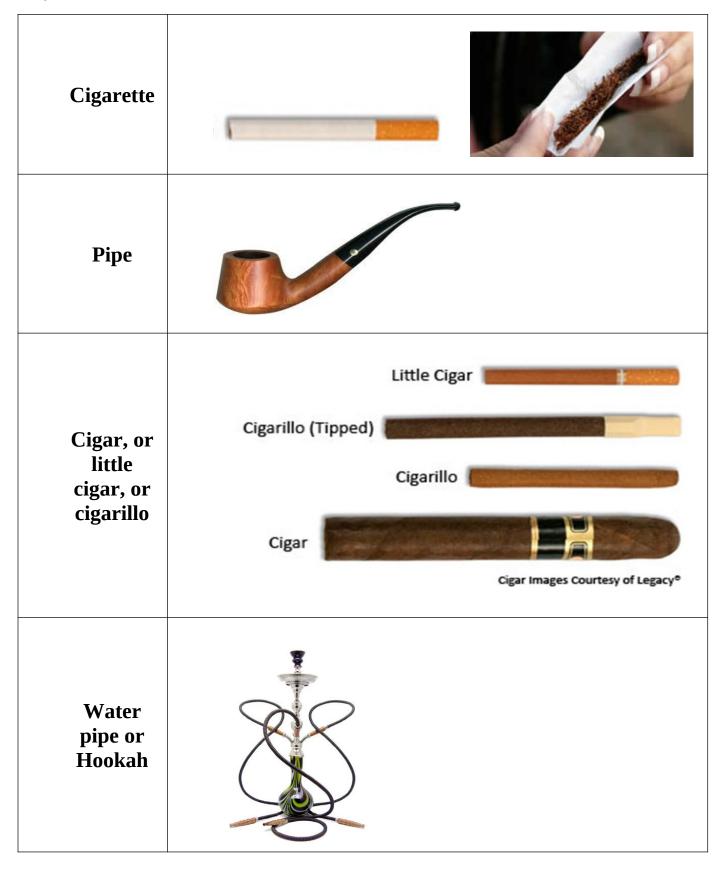
## DPQ1

Not at all

Several days

More than half the days

Nearly every day



# 12 ounces of beer



5 ounces of wine



1.5 ounces of hard liquor



## ALQ2

Per Week	Per Month	Per Year
Every day	2-3 times/month	7-11 times/last year
Nearly every day	Once/month	3-6 times/last year
3-4 times/week		1-2 times/last year
2 times/week		
Once a week		Never in the last year

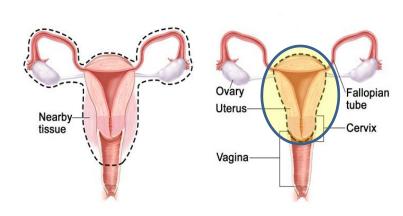
#### **Pregnancy**



#### **Breastfeeding**



Total or Partial
Hysterectomy
(Surgery to Remove
Uterus/Womb)



## Menopause / Change of Life



Other

Medical Conditions (medical treatment, medication)

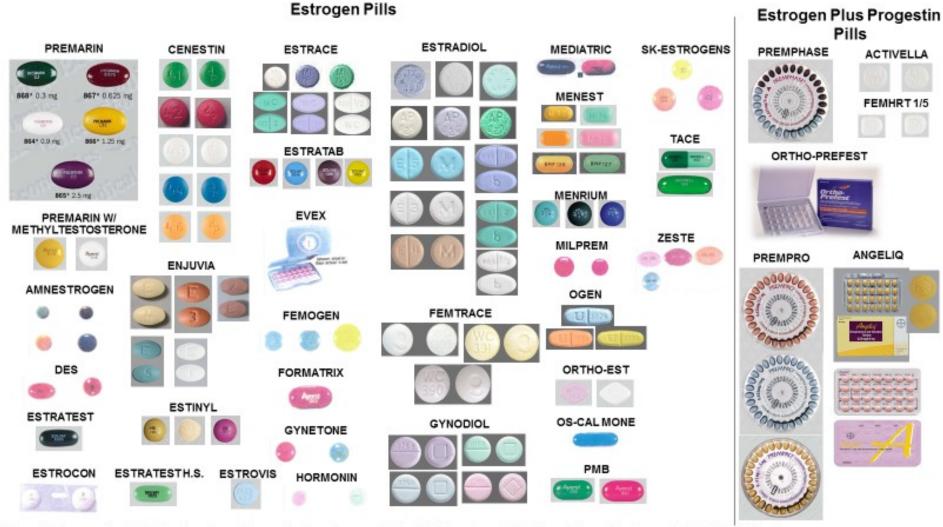
**Excessive** exercise

## RHQ.3

- 1. BIRTH CONTROL PILLS
- 2. PATCH (Ortho Evra<sup>™</sup>, Xulane<sup>™</sup>)
- 3. VAGINAL RING (NuvaRing™)
- 4. INJECTABLE (shot given every 1-3 months of Depo-Provera<sup>™</sup>, Lunelle<sup>™</sup>)
- 5. HORMONAL IMPLANT (Implanon<sup>™</sup>, Nexplanon<sup>™</sup>)
- 6. CONDOMS OR RUBBERS (male or female condoms)
- 7. IUD (Intraueterine device, coil, loop, ParaGard™, Mirena™, Kyleena™, Liletta™, Skyla™)
- 8. DIAPHRAGM, CERVICAL CAP (FemCap) or SPONGE (Today™ sponge)
- 9. SPERMICIDE FOAM, JELLY, CREAM, SUPPOSITORY
- 10. NATURAL FAMLIY PLANNING (rhythms method, StandardDays, CycleBeads, safe period by temperature or cervical mucus test)
- 11. STERILIZATION (tubes tied, tubal ligation, partner's vasectomy)
- 12. WITHDRAWAL (pulling out)
- 13. EMERGENCY CONTRACEPTION (pills taken within 3-5 days after sexual intercourse such as Plan B<sup>™</sup>, Preven<sup>™</sup>, Ella<sup>™</sup>, Next Choice<sup>™</sup>, Morning after pills)
- 14. ABSTINENCE

## Menopausal Hormone Therapy\*

#### RHQ<sub>2</sub>



<sup>\*</sup> Use of trade names is for identification only and does not imply endorsement by the U.S. Department of Health and Human Services or the Public Health Service.

## Menopausal Hormone Therapy\*



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RHQ<sub>2</sub>

## KIQ1

Less than once a month

A few times a month

A few times a week

Every day and/or night

## WHQ2

# EXAMPLES OF FROZEN MEALS AND FROZEN PIZZAS



## DMQ8

# Examples of what we learned when matching NHANES data to other data sources such as Medicare and Medicaid:

- How housing environment may affect the levels of lead in children's blood
- Higher vitamin D in the blood lowers the risk of broken bones
- Consuming high amount of sugar can increase the risk of heart diseases
- People who live or work with smokers have a higher risk of heart attack
- Adults who exercise, eat healthy diets, and do not smoke have a lower chance of dying

## Dietary Recall (DRQ) Hand Cards

#### Fish

Breaded fish products		
Tuna-canned or fresh		
Bass		
Catfish		
Cod		
Flatfish		
Haddock		
Mackerel		
Perch		
Pike		
Pollock		
Porgy		
Salmon		
Sardines		
Sea Bass		
Shark		
Swordfish		
Trout		
Walleye		
Other type of fish		

#### Shellfish

Clams
Crab
Crayfish (crawfish)
Lobster
Mussels
Oysters
Scallops
Shrimp
Other shellfish (for example, octopus, squid)

### **EXAMPLES OF AN ALCOHOLIC DRINK**

ALQ1

12 ounces of beer



5 ounces of wine



1.5 ounces of hard liquor

