## National Health and Nutrition Examination Survey

Examination Assent Brochure, 7–11 Years of age

















## Examination Assent Brochure



This booklet contains facts for you about the Nætional Health and Nutrition Examination Survey

The National Health and Nutrition Examination Survey (NHANES) studies the health and diet of people in this country.



The survey will look at how young people grow and develop. We will ask questions about what your body looks like. We will look at special health problems that may affect kids.

We go all over the United States in these vans.

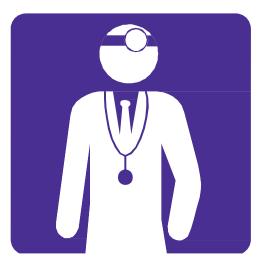
The exam is like going to the doctor. Your exam will help us find out more about the health off children your age.



We will ask questions about what you eat and drink.

You will change into special exam clothes at the exam center.

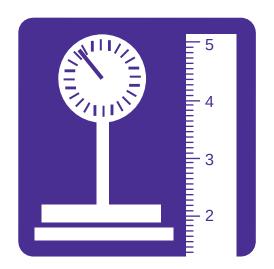




Our doctor will take your pulse.



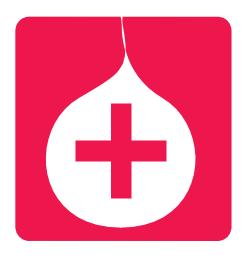
We will take your blood pressure.



We will see how much you weigh and how tall you are.



We will look at your teeth.



We will check your blood and urine in our lab.



We will send you and your parents a report on your exam.



Our staff will answer any questions you have.

We would like you to go to our mobile exam center vans for an exam. Youwill help us learn more about all athibbening the United States.

∞ Notes

For more information about the National Center for Health Statistics, contact:

Information Dissemination Staff National Center for Health Statistics 3311 Toledo Road, Room 5419 Hyattsville, Maryland 20782

Telephone: 1-800-CDC-INFO (1-800-232-4636)

TTY: 1-888-232-6348

Online request from : http://www.cdc.gov/info

Internet: http://www.cdc.gov/nchs

For more information about the National Health and Nutrition Examination Survey you may visit the NHANES Website at: http://www.cdc.gov/nhanes.