

Seven-Day Trip Log

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You may recall completing an online new driver training program for the Traffic Injury Research Foundation (TIRF; www.tirf.ca). We are contacting you now to complete a week-long trip log, for which \$10 will be mailed to you.

We want to know about your trips as a driver each day for 7 days. One trip begins when you start the ignition and ends when you turn off the ignition. For example, if you go to the store and back home and started your ignition twice, this would be counted as two trips—one trip from home to the store and one trip from the store back home, for a total of two trips. We want to know the start and end odometer readings for each of your trips. It is important for you to include each trip you take for 7-days and completely and accurately fill out the information for each trip each of the 7-days.

Name:

Driver's License Number:

DAY 1 (note: software will build in app-enabled collection of data for seven days)

Date: ____ ____ ____

Day Month Year

Day of Week (check): Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Did not drive today (check)

Start of Trip			End of Trip		
	Time	Odometer Reading		Time	Odometer Reading
Trip 1			Trip 1		
	_am _pm			_am _pm	
Trip 2			Trip 2		
	_am _pm			_am _pm	
Trip 3			Trip 3		
	_am _pm			_am _pm	
Trip 4			Trip 4		
	_am _pm			_am _pm	
Trip 5			Trip 5		
	_am _pm			_am _pm	
Trip 6			Trip 6		
	_am _pm			_am _pm	
Trip 7			Trip 7		
	_am _pm			_am _pm	
Trip 8			Trip 8		
	_am _pm			_am _pm	
Trip 9			Trip 9		
	_am _pm			_am _pm	
Trip 10			Trip 10		
	_am _pm			_am _pm	