



June 26, 2019

FOR: Ms. Jennifer Anderson, ArmyFit Support

FROM: Mike DiNicolantonio, DoD Survey Coordinator/Reviewer, Office of People Analytics (OPA)

SUBJECT: Army Fitness (ArmyFit) Global Assessment Tool (GAT)

As requested, the Office of People Analytics (OPA) has reviewed the Army Fitness (ArmyFit) Global Assessment Tool (GAT) and supporting materials being submitted for approval to the Office of Management and Budget (OMB) as a public collection via the Washington Headquarters Services (WHS) Office of Information Management (OIM).

The ArmyFit GAT is an assessment promoting self-development through its user feedback and enables the creation of a customized ArmyFit profile that directs individuals to tailored self-development and training resources. This self-appraisal survey is used to help measure and build resilience by assessing an individual's fitness in dimensions of strength: physical, emotional, social, spiritual, and family. The survey is required for all Army Soldiers and offered on a voluntary basis to family members, Department of the Army (DA) Civilians, and contractors.

OPA recommends the ArmyFit GAT be submitted to OMB via WHS/OIM for approval/clearance as a public information collection. The point of contact for this review is Mr. Mike DiNicolantonio, 571.372.1123, Michael.T.Dinicolantonio.civ@mail.mil.

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