

## CDC Worksite Health Scorecard Summary of Revisions

### Organizational Supports

**Overall Module Key**

- Yellow shaded boxes indicate revisions in the wording of the question, contextual information, ordering, additions/deletions, or scoring changes have occurred between versions of the Scorecard.
- Clear boxes with no shading indicate the question has been retained between versions of the Scorecard without any change.

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>3. Demonstrate organizational commitment and support of worksite health promotion at all levels of management?</p> <p><i>Answer “yes” if, for example, all levels of management participate in activities, send communications to employees, or have performance objectives related to a healthy workforce.</i></p> <p style="text-align: right;">[3]</p> <p style="text-align: center; color: #4F7942;">Leadership Commitment and Support [1]</p>	<p>1. Demonstrate organizational commitment and support of worksite health promotion at all levels of management?</p> <p><i>Answer “yes” if, for example, all levels of management participate in activities, send communications to employees, or have performance objectives related to a healthy workforce.</i></p> <p style="text-align: center; color: #4F7942;">Leadership Commitment and Support [1]</p>	2 (2)	<ul style="list-style-type: none"> <li>• Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>14. Include references to improving or maintaining employee health and safety in the business objectives, core values, or organizational mission statement?</p> <p style="text-align: right;">[Combined/modified 14 &amp; 107]</p> <p style="text-align: center; color: #4F7942;">Leadership Commitment and Support [2]</p>	<p>2. Include references to improving or maintaining employee health and safety in the business objectives, core values, or organizational mission statement?</p> <p style="text-align: center; color: #4F7942;">Leadership Commitment and Support [2]</p>	1 (1)	<ul style="list-style-type: none"> <li>• Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>13. Have a strategic plan that includes goals and measureable organizational objectives for the health promotion program?</p> <p><i>Answer “yes” if, for example, your organization identifies SMART (i.e., specific, measurable, achievable, realistic, time bound) goals and objectives.</i></p> <p style="text-align: right;">[13]</p> <p style="text-align: center; color: #4F7942;">Leadership Commitment and Support [3]</p>	<p>3. Have a strategic plan that includes goals and measureable organizational objectives for the health promotion program?</p> <p><i>Answer “yes” if, for example, your organization identifies SMART (i.e., specific, measurable, achievable, realistic, time bound) goals and objectives.</i></p> <p style="text-align: center; color: #4F7942;">Leadership Commitment and Support [3]</p>	2 (2)	<ul style="list-style-type: none"> <li>• Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>12. Have an annual budget or receive dedicated funding for health promotion programs?</p> <p style="text-align: right;">[12]</p> <p style="text-align: center; color: #4F7942;">Leadership Commitment and Support [4]</p>	<p>4. Have an annual budget or receive dedicated funding for health promotion programs?</p> <p style="text-align: center; color: #4F7942;">Leadership Commitment and Support [4]</p>	2 (2)	<ul style="list-style-type: none"> <li>• Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>

<p>9. Have an active and diverse health promotion committee?</p> <p><i>Answer “yes” if, for example, your health promotion committee is routinely engaged in planning and implementing programs, and includes workers from all levels of the organization, various departments, as well as representatives from special groups (e.g., remote workers, organized labor).</i></p> <p>[9]</p> <p>Leadership Commitment and Support [5]</p>	<p>5. Have an active and diverse health promotion committee?</p> <p><i>Answer “yes” if, for example, your health promotion committee is routinely engaged in planning and implementing programs, and includes workers from all levels of the organization, various departments, as well as representatives from special groups (e.g., remote workers, organized labor).</i></p> <p>Leadership Commitment and Support [5]</p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>10. Have a paid health promotion coordinator whose job (either part-time or full-time) is to manage the worksite health promotion program?</p> <p><i>Answer “yes” if the staff member is located on or offsite and has responsibility for health promotion as part of his or her job description or performance expectations.</i></p> <p>[10]</p> <p>Leadership Commitment and Support [6]</p>	<p>6. Have a paid health promotion coordinator whose job (either part-time or full-time) is to manage the worksite health promotion program?</p> <p><i>Answer “yes” if the staff member is located on or offsite and has responsibility for health promotion as part of his or her job description or performance plan/expectations.</i></p> <p>Leadership Commitment and Support [6]</p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> <li>Added plan to clarify staff performance and job duties.</li> </ul>
<p>1. Conduct an employee needs and interest survey for planning health promotion activities?</p> <p><i>Answer “yes” if, for example, your organization administers surveys or conducts focus groups to assess your employees’ readiness, motivation, or preferences for health promotion programs.</i></p> <p>[1]</p> <p>Measurement and Evaluation [7]</p>	<p>7. Conduct an employee needs and interest survey for planning health promotion activities?</p> <p><i>Answer “yes” if, for example, your organization administers surveys or conducts focus groups to assess your employees’ readiness, motivation, or preferences for health promotion programs.</i></p> <p>Measurement and Evaluation [7]</p>	<p>1 (1)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>2. Conduct employee health risk appraisals (HRAs) or health assessments (HAs) and provide individual feedback plus health education resources for follow-up action?</p> <p><i>Answer “yes” if, for example, your organization conducts HRAs through vendors, on-site staff, or health plans and provides individual feedback through written reports, letters, or one-on-one counseling.</i></p> <p>[2]</p> <p>Measurement and Evaluation [8]</p>	<p>8. Conduct employee health risk appraisals (HRAs) or health assessments (HAs) and provide individual feedback plus health education resources for follow-up action?</p> <p><i>Answer “yes” if, for example, your organization conducts HRAs through vendors, on-site staff, or health plans and provides individual feedback through written reports, letters, or one-on-one counseling.</i></p> <p>Measurement and Evaluation [8]</p>	<p>3 (3)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>15. Conduct ongoing evaluations of health promotion programming that use multiple data sources to inform decision-making?</p> <p><i>Answer “yes” if, for example, your organization routinely measures the quality and impact of health promotion programs. This may be measured using data on employee health risks, medical claims, employee satisfaction, or organizational climate surveys.</i></p>	<p>9. Conduct ongoing evaluations of health promotion programming that use multiple data sources to inform decision-making?</p> <p><i>Answer “yes” if, for example, your organization routinely measures the quality and impact of health promotion programs. This may be measured using data on employee</i></p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> <li>Added absenteeism/productivity</li> </ul>

<p>[15] Evaluation and Measurement [9]</p>	<p><i>health risks, medical claims, absenteeism/productivity, employee satisfaction, or organizational climate surveys.</i></p> <p>Evaluation and Measurement [9]</p>		<p>as additional data source example</p>
<p>6/7. Promote and market health promotion programs to employees? <i>Answer "yes" if, for example, your worksite's health promotion program has a brand name or logo or uses multiple channels of communication to inspire and connect employees to health promotion resources. These may include sharing employees' health-related "success stories."</i></p> <p>[Combined/modified 6 &amp; 7] Strategic Communications [10]</p>	<p>10. Promote and market health promotion programs to employees? <i>Answer "yes" if, for example, your worksite's health promotion program has a brand name or logo or uses multiple channels of communication to inspire and connect employees to health promotion resources. These may include sharing employees' health-related "success stories."</i></p> <p>[Strategic Communications [10]</p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions and improve clarity.</li> </ul>
<p>8. Use tailored health promotion communications to ensure that they are accessible and appealing to employees of different ages, genders, education levels, job categories, cultures, languages, or literacy levels?</p> <p>[8] Strategic Communications [11]</p>	<p>11. Use tailored health promotion communications to ensure that they are accessible and appealing to employees of different ages, genders, education levels, job categories, cultures, languages, or literacy levels?</p> <p>Strategic Communications [11]</p>	<p>3 (3)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>11. Have a champion or network of champions who actively promote health promotion programs?</p> <p>[11] Participation and Engagement [12]</p>	<p>12. Have an employee champion or network of champions who actively promote health promotion programs?</p> <p>Participation and Engagement [12]</p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>4. Use and combine incentives with other strategies to increase participation in health promotion programs? <i>Answer "yes" if, for example, your organization offers incentives such as gift certificates, cash, paid time off, product or service discounts, reduced health insurance premiums, employee recognition, or prizes.</i></p> <p>[4] Participation and Engagement [13]</p>	<p>13. Use and combine incentives with other strategies to increase participation in health promotion programs? <i>Answer "yes" if, for example, your organization offers incentives such as gift certificates, cash, paid time off, product or service discounts, reduced health insurance premiums, employee recognition, or prizes.</i></p> <p>Participation and Engagement [13]</p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>5. Use individual or team competitions or challenges in combination with additional interventions to support employees making behavior changes? <i>Answer "yes" if, for example, your organization offers physical activity competitions.</i></p> <p>[5] Participation and Engagement [14]</p>	<p>14. Use individual or team competitions or challenges in combination with additional interventions to support employees making behavior changes? <i>Answer "yes" if, for example, your organization offers physical activity competitions.</i></p> <p>Participation and Engagement [14]</p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>

<p>15. Support employee volunteerism?</p> <p><i>Answer “yes” if, for example, your organization supports participation in community events, such as corporate walks or school-based efforts.</i></p> <p>[New]</p> <p>Participation and Engagement [15]</p>	<p>15. Promote and support employee volunteerism?</p> <p><i>Answer “yes” if, for example, your organization encourages participation in volunteer activities, and allows employees the flexibility to participate during typical work hours. This may include time organizing food drives or participating in corporate walks or community clean-up days.</i></p> <p>Participation and Engagement [15]</p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Subtext expanded to clarify that volunteer time could occur during company time and both inside and outside of the workplace. Additional examples were incorporated in the subtext to assist respondents</li> </ul>
<p>16. Implement or maintain healthy building design principles?</p> <p><i>Answer “yes” if, for example, your worksite provides access to windows and natural light, communal spaces, and plants.</i></p> <p>[New]</p> <p>Participation and Engagement [16]</p>	<p>16. Provide a working environment that features healthy building design principles?</p> <p><i>Answer “yes” if, for example, your workspaces have access to natural light, exposure to plants and nature, communal spaces, good ventilation and air quality, comfortable temperature, or no excessive noise.</i></p> <p>Participation and Engagement [16]</p>	<p>1 (1)</p>	<ul style="list-style-type: none"> <li>The question and subtext were revised to address respondent uncertainty about the definition of ‘healthy building design principles’ and the intentionality of these supports. The term ‘healthy building design principles’ is also now included in the glossary, and recommended resources are suggested in an appendix.</li> </ul>
<p>17. Extend access to key components of the program to all workers, including hard to reach workers (e.g., telecommuters, contract workers, night shift workers, part-time workers)?</p> <p><i>Answer “yes” if, for example, your organization offers alternative options for participating in programs or services, such as 24-hour gym access or virtual access to lectures.</i></p> <p>[New]</p> <p>Participation and Engagement [17]</p>	<p>17. Extend access to key components of the program to all workers, including hard to reach workers (e.g., telecommuters, contract workers, night shift workers, part-time workers)?</p> <p><i>Answer “yes” if, for example, your organization offers alternative options for participating in programs or services, such as 24-hour gym access or virtual access to lectures.</i></p> <p>Participation and Engagement [17]</p>	<p>1 (1)</p>	
<p>18. Provide an employee assistance program (EAP)?</p> <p><i>Answer “yes” if, for example, employees have access to an EAP that offers services addressing financial health, depression, stress management, grief counseling, substance use, and other mental and emotional health issues.</i></p> <p>[New]</p> <p>Programs, Policies, and Environmental Supports [18]</p>	<p>18. Provide an employee assistance program (EAP)?</p> <p><i>Answer “yes” if, for example, employees have access to an EAP that offers services addressing financial health, depression, stress management, grief counseling, substance use, and other mental and emotional health issues.</i></p> <p>Programs, Policies, and Environmental Supports [18]</p>	<p>2 (2)</p>	
<p>19. Implement educational programming to improve health care consumerism?</p> <p><i>Answer “yes” if, for example, your organization provides employees</i></p>	<p>19. Implement educational programming to improve health care consumerism?</p> <p><i>Answer “yes” if, for example, your organization provides</i></p>	<p>1 (1)</p>	

<p><i>with written or interactive guidance on improving doctor-patient relationships, promoting patient-centered care, and appropriate use of medical resources.</i></p> <p>[New]</p> <p>Programs, Policies, and Environmental Supports [19]</p>	<p><i>employees with written or interactive guidance on improving doctor-patient relationships, promoting patient-centered care, and appropriate use of medical resources.</i></p> <p>Programs, Policies, and Environmental Supports [19]</p>		
<p>20. Educate employees about preventive services and benefits covered by their health insurance plan on an ongoing basis, above and beyond what occurs during annual health insurance enrollment?</p> <p><i>Answer “yes” if, for example, your worksite communicates information about benefits such as smoking cessation medication and counseling, weight management tools, and flu vaccinations through emails or newsletters that are distributed across the calendar year.</i></p> <p>[New]</p> <p>Programs, Policies, and Environmental Supports [20]</p>	<p>20. Educate employees about preventive services and benefits covered by their health insurance plan on an ongoing basis, above and beyond what occurs during annual health insurance enrollment?</p> <p><i>Answer “yes” if, for example, your worksite communicates information about benefits such as smoking cessation medication and counseling, weight management tools, and flu vaccinations through emails or newsletters that are distributed across the calendar year.</i></p> <p>Programs, Policies, and Environmental Supports [20]</p>	1 (1)	
<p>17. Provide and support flexible work scheduling policies?</p> <p><i>Answer “yes” if, for example, policies allow for flextime schedules, the option to work at home, or allowing time during the day for employees to engage in health promotion activities.</i></p> <p>[17]</p> <p>Programs, Policies, and Environmental Supports [21]</p>	<p>21. Provide and support flexible work scheduling policies?</p> <p><i>Answer “yes” if, for example, policies allow for flextime schedules, the option to work at home, or allowing time during the day for employees to engage in health promotion activities.</i></p> <p>Programs, Policies, and Environmental Supports [21]</p>	2 (2)	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>22. Provide work-life balance programming and resources?</p> <p><i>Answer “yes” if, for example, your worksite provides resources related to elder care, child care, tuition reimbursement or financial counseling.</i></p> <p>[22]</p> <p>Programs, Policies, and Environmental Supports [22]</p>	<p>22. Provide work-life balance programming and resources?</p> <p><i>Answer “yes” if, for example, your worksite provides resources related to elder care, child care, tuition reimbursement or financial counseling.</i></p> <p>Programs, Policies, and Environmental Supports [22]</p>	3 (3)	
<p>16. Make health promotion programs available to family members?</p> <p><i>Answer “yes” if, for example, your organization allows employees’ family members access to health assessments, fitness facilities, on-site medical clinics, or wellness competitions.</i></p> <p>[16]</p> <p>Programs, Policies, and Environmental Supports [23]</p>	<p>23. Make some or all company-specific health promotion programs available to family members?</p> <p><i>Answer “yes” if your organization allows employees’ family members to access health promotion resources and programming, above and beyond what is provided by the health insurance plan. These resources may include fitness facilities, on-site medical clinics, health fairs, or wellness competitions.</i></p> <p>Programs, Policies, and Environmental Supports [23]</p>	1 (1)	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first and to group like questions to improve clarity.</li> </ul>
<p>24. Offer all benefits-eligible employees paid time off for days or</p>	<p>24. Offer all benefits-eligible employees paid time off for</p>	1 (1)	

<p>hours absent due to illness, vacation, or other personal reasons (including family illness or bereavement)?</p> <p><i>Answer “yes” if, for example, paid time off, not including paid parental leave, is provided to all benefits-eligible employees.</i></p> <p>[24]</p> <p>Programs, Policies, and Environmental Supports [24]</p>	<p>days or hours absent due to illness, vacation, or other personal reasons (including family illness or bereavement)?</p> <p><i>Answer “yes” if, for example, paid time off, not including paid parental leave, is provided to all benefits-eligible employees.</i></p> <p>Programs, Policies, and Environmental Supports [24]</p>		
<p>25. Coordinate programs for occupational health and safety with programs for health promotion and wellness?</p> <p><i>Answer “yes” if, for example, these departments have common strategy, routine data sharing, regular meetings across functions, and warm handoff referrals.</i></p> <p>[25]</p> <p>Programs, Policies, and Environmental Supports [25]</p>	<p>25. Coordinate programs for occupational health and safety with programs for health promotion and wellness?</p> <p><i>Answer “yes” if, for example, these departments have common strategy, routine data sharing, regular meetings across functions, and warm handoff referrals.</i></p> <p>Programs, Policies, and Environmental Supports [25]</p>	2 (2)	
<p><b>Total Possible Points</b></p>		<p><b>44 (44)</b></p>	

## Tobacco Use

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Have and promote a written policy banning tobacco use at your worksite?</p> <p><i>Answer “yes” if, for example, your policy covers cigarettes and/or other tobacco products and is communicated to employees regularly through emails, newsletters, or signage in public places.</i></p> <p style="text-align: right;">[1]</p>	<p>26. Have and promote a written policy banning tobacco use at your worksite?</p> <p><i>Answer “yes” if, for example, your policy covers cigarettes and/or other tobacco products and is communicated to employees regularly through emails, newsletters, or signage in public places.</i></p>	3 (3)	
<p>2. Provide educational materials that address tobacco cessation?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters on tobacco cessation, including referral to 1-800-QUIT NOW or smokefree.gov, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[2]</p>	<p>27. Provide educational materials that address tobacco cessation?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters on tobacco cessation, including referral to 1-800-QUIT NOW or smokefree.gov, either as a single health topic or along with other health topics.</i></p>	3 (3)	
<p>3. Provide and promote <u>interactive educational programming</u> on tobacco cessation?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes on tobacco cessation. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[New]</p>	<p>28. Provide and promote <u>interactive educational programming</u> on tobacco cessation?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes on tobacco cessation. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	2 (2)	
<p>4. Provide and promote free or subsidized <u>lifestyle coaching/ counseling or self-management programs</u> that equip employees with skills and motivation to quit using tobacco?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners. This may include referral to 1-800-QUIT-NOW or smokefree.gov.</i></p> <p style="text-align: right;">[4]</p>	<p>29. Provide and promote free or subsidized <u>lifestyle coaching/ counseling or self-management programs</u> that equip employees with skills and motivation to quit using tobacco?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners. This may include referral to 1-800-QUIT-NOW or smokefree.gov.</i></p>	3(3)	
<p>5. Prohibit the sale of tobacco products on company property?</p> <p style="text-align: right;">[5]</p>	<p>30. Prohibit the sale of tobacco products on worksite premises?</p>	1 (1)	<ul style="list-style-type: none"> <li>New question added back in from pre-pilot version of the scorecard. Changed “company property” to “worksite premises” since property</li> </ul>



			connotes ownership.
<p>6. Provide financial incentives for being a current non-smoker and for current smokers who are actively trying to quit tobacco by participating in a free or subsidized, evidence-based cessation program?</p> <p><i>Answer “yes” if, for example, your organization provides discounts on health insurance, additional life insurance for non-smokers, or other benefits for non-smokers and smokers who are actively trying to quit.</i></p> <p>[6]</p>	<p>31. Provide financial incentives for being a current non-smoker and for current smokers who are actively trying to quit tobacco by participating in a free or subsidized, evidence-based cessation program?</p> <p><i>Answer “yes” if, for example, your organization provides discounts on health insurance, additional life insurance for non-smokers, or other benefits for non-smokers and smokers who are actively trying to quit.</i></p>	3(3)	
<p>7. Provide health insurance coverage with free or subsidized out-of-pocket costs for FDA-approved prescription tobacco cessation medications?</p> <p><i>Answer “yes” if, for example, your organization provides coverage for inhalers, nasal sprays, bupropion (e.g., Zyban) and varenicline (e.g., Chantix).</i></p> <p>[7]</p>	<p>32. Provide health insurance coverage with free or subsidized out-of-pocket costs for FDA-approved prescription tobacco cessation medications?</p> <p><i>Answer “yes” if, for example, your organization provides coverage for inhalers, nasal sprays, bupropion (e.g., Zyban) and varenicline (e.g., Chantix).</i></p>	3 (3)	
<p>8. Provide health insurance coverage with free or subsidized out-of-pocket costs for FDA-approved over-the-counter nicotine replacement products?</p> <p><i>Answer “yes” if, for example, your organization provides coverage for nicotine replacement gum, patches, or lozenges.</i></p> <p>[8]</p>	<p>33. Provide health insurance coverage with free or subsidized out-of-pocket costs for FDA-approved over-the-counter nicotine replacement products?</p> <p><i>Answer “yes” if, for example, your organization provides coverage for nicotine replacement gum, patches, or lozenges.</i></p>	2 (2)	
<b>Total Possible Points</b>		<b>19 (19)</b>	



## High Blood Pressure

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide free or subsidized blood pressure screening (beyond self-report) followed by directed feedback and clinical referral when appropriate?</p> <p style="text-align: right;">[1]</p>	<p>34. Provide free or subsidized blood pressure screening (beyond self-report) followed by directed feedback and clinical referral when appropriate?</p>	<p>3 (3)</p>	
<p>2. Provide educational materials on preventing and controlling high blood pressure?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address high blood pressure/pre-hypertension, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[2]</p>	<p>35. Provide educational materials on preventing and controlling high blood pressure?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address high blood pressure/pre-hypertension, either as a single health topic or along with other health topics.</i></p>	<p>1 (1)</p>	
<p>3. Provide and promote <u>interactive educational programming</u> on preventing and controlling high blood pressure?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address high blood pressure/pre-hypertension. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[3]</p>	<p>36. Provide and promote <u>interactive educational programming</u> on preventing and controlling high blood pressure?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address high blood pressure/pre-hypertension. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	<p>3 (3)</p>	
<p>4. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal blood pressure management goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[4]</p>	<p>37. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal blood pressure management goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	<p>3 (3)</p>	
<p>5. Make blood pressure monitoring devices available with instructions for employees to conduct their own self</p>	<p>38. Make blood pressure monitoring devices available with instructions for employees to conduct their own self</p>	<p>3 (3)</p>	

assessments? [5]	assessments?		
6. Provide health insurance coverage with free or subsidized out-of-pocket costs for blood pressure control medications? [6]	39. Provide health insurance coverage with free or subsidized out-of-pocket costs for blood pressure control medications?	3 (3)	
<b>Total Possible Points</b>		<b>16 (16)</b>	

## High Cholesterol

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide free or subsidized cholesterol screening (beyond self-report) followed by directed feedback and clinical referral when appropriate?</p> <p style="text-align: right;">[1]</p>	<p>40. Provide free or subsidized cholesterol screening (beyond self-report) followed by directed feedback and clinical referral when appropriate?</p>	3 (3)	
<p>2. Provide educational materials on preventing and controlling high cholesterol?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address high cholesterol, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[2]</p>	<p>41. Provide educational materials on preventing and controlling high cholesterol?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address high cholesterol, either as a single health topic or along with other health topics.</i></p>	1 (1)	
<p>3. Provide and promote <u>interactive educational programming</u> on preventing and controlling high cholesterol?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address high cholesterol. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[3]</p>	<p>42. Provide and promote <u>interactive educational programming</u> on preventing and controlling high cholesterol?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address high cholesterol. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3 (3)	
<p>4. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal cholesterol management goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[4]</p>	<p>43. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal cholesterol management goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3 (3)	
<p>5. Provide health insurance coverage with free or subsidized out-of-pocket costs for cholesterol or lipid control medications?</p> <p style="text-align: right;">[5]</p>	<p>44. Provide health insurance coverage with free or subsidized out-of-pocket costs for cholesterol or lipid control medications?</p>	3 (3)	
<b>Total Possible Points</b>		<b>13 (13)</b>	

## Physical Activity

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide educational materials that address the benefits of physical activity?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address the benefits of physical activity, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[1]</p>	<p>45. Provide educational materials that address the benefits of physical activity?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address the benefits of physical activity, either as a single health topic or along with other health topics.</i></p>	1 (1)	
<p>2. Provide and promote <u>interactive educational programming</u> on physical activity?</p> <p><i>Answer “yes” if, for example, your worksite offers timely reminders/prompts to move, or “lunch and learns,” seminars, workshops, or classes that teach and promote physical activity. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[2]</p>	<p>46. Provide and promote <u>interactive educational programming</u> on physical activity?</p> <p><i>Answer “yes” if, for example, your worksite offers timely reminders/prompts to move, or “lunch and learns,” seminars, workshops, or classes that teach and promote physical activity. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	2 (2)	
<p>3. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal physical activity goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[3]</p>	<p>47. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal physical activity goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3(3)	
<p>4. Provide an exercise facility on-site?</p> <p style="text-align: right;">[4]</p>	<p>48. Provide an exercise facility on site?</p>	1 (1)	
<p>5. Subsidize or discount the cost of on or off site exercise facilities?</p>	<p>49. Subsidize or discount the cost of on or off site exercise facilities?</p>	1 (1)	

	[5]		
6. Provide or promote other environmental supports for recreation or physical activity? <i>Answer “yes” if, for example, your worksite provides trails or a track for walking/jogging, maps of suitable walking routes, a basketball court, treadmill workstations, sit-stand workstations, lockers, a shower, or changing facility.</i>	[6]	50. Provide or promote other environmental supports for recreation or physical activity? <i>Answer “yes” if, for example, your worksite provides trails or a track for walking/jogging, maps of suitable walking routes, a basketball court, treadmill workstations, sit-stand workstations, lockers, a shower, or changing facility.</i>	3 (3)
7. Post signs at elevators, stairwell entrances and other key locations and use design enhancements to encourage employees to use the stairs? <i>Design enhancements may include artwork, music, and good lighting in stairwells.</i>	[7]	51. Encourage stair use by posting signs and making stairwells more inviting to use? <i>Answer “yes” if, for example, signs encouraging stair use are posted at elevators, stairwells, and other key locations; enhancements such as artwork or music are available; and stairwells are kept safe, clean, and well-lit.</i>	3 (3) <ul style="list-style-type: none"><li>The text of the question and subtext was revised to improve clarity for the desired actions recommended for employers to take</li></ul>
8. Provide and promote organized physical activity programs for employees (other than the use of an exercise facility)? <i>Answer “yes” if, for example, your worksite organizes walking groups, stretching programs, group exercise classes, recreational leagues, or buddy systems to create supportive social networks for physical activity.</i>	[8]	52. Provide and promote organized physical activity programs for employees (other than the use of an exercise facility)? <i>Answer “yes” if, for example, your worksite organizes walking groups, stretching programs, group exercise classes, recreational leagues, or buddy systems to create supportive social networks for physical activity.</i>	3 (3)
9. Provide or promote the use of activity trackers to support physical activity? <i>Answer “yes” if, for example, your worksite provides or subsidizes the cost of pedometers, wearable trackers, online tools, or mobile apps.</i>	[New]	53. Promote the use of activity trackers to support physical activity? <i>Answer “yes” if, for example, your worksite provides or subsidizes the cost of pedometers, wearable trackers, online tools, or mobile apps.</i>	2 (2) <ul style="list-style-type: none"><li>Removed “provide” since this is not financially feasible for most employers</li></ul>
10. Encourage active transportation to and from work? <i>Answer “yes” if, for example, your worksite subsidizes public transportation; subsidizes a bike share program; provides secure bicycle storage, lockers and shower facilities for employees; allows for a flexible dress code; and/or organizes workplace challenges, employee recognition programs, or community events to increase active transportation.</i>	[New]	54. Encourage active transportation to and from work? <i>Answer “yes” if, for example, your worksite subsidizes public transportation; subsidizes a bike share program; provides secure bicycle storage, lockers and shower facilities for employees; allows for a flexible dress code; and/or organizes workplace challenges, employee recognition programs, or community events to increase active transportation.</i>	3 (3)
<b>Total Possible Points</b>			<b>22 (22)</b>

## Weight Management

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide free or subsidized body composition measurement (beyond self-report) followed by directed feedback and clinical referral when appropriate?</p> <p><i>Answer “yes” if, for example, your worksite offers periodic height and weight measurement, body mass index (BMI) scores, or other body fat assessments (beyond HRAs), plus follow-up recommendations. This may be offered as part of an occasional health fair or routine care at an on-site clinic.</i></p> <p style="text-align: right;">[1]</p>	<p>55. Provide free or subsidized body composition measurement (beyond self-report) followed by directed feedback and clinical referral when appropriate?</p> <p><i>Answer “yes” if, for example, your worksite offers periodic height and weight measurement, body mass index (BMI) scores, or other body fat assessments (beyond HRAs), plus follow-up recommendations. This may be offered as part of an occasional health fair or routine care at an on-site clinic.</i></p>	1 (1)	
<p>2. Provide educational materials that address the health risks of overweight or obesity?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address the risks of overweight or obesity, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[2]</p>	<p>56. Provide educational materials that address the health risks of overweight or obesity?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address the risks of overweight or obesity, either as a single health topic or along with other health topics.</i></p>	1 (1)	
<p>3. Provide and promote <u>interactive educational programming</u> on weight management?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach and promote weight management. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[3]</p>	<p>57. Provide and promote <u>interactive educational programming</u> on weight management?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach and promote weight management. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3 (3)	
<p>4. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal weight management goals?</p>	<p>58. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal weight management goals?</p>	3 (3)	

<p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p>[4]</p>	<p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>		
<p><b>Total Possible Points</b></p>		<p><b>8 (8)</b></p>	



## Nutrition

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide places to purchase food and beverages?</p> <p><i>Answer “yes” if, for example, your worksite provides vending machines, cafeterias, snack bars, or other purchase points.</i></p> <p><i>IF NO, PLEASE SKIP TO QUESTION 8</i></p> <p style="text-align: right;">[1]</p>	<p>59. Provide places to purchase food and beverages?</p> <p><i>Answer “yes” if, for example, your worksite provides vending machines, cafeterias, snack bars, or other purchase points.</i></p> <p><i>IF NO, PLEASE SKIP TO QUESTION 66</i></p>	0 (0)	
<p>2. Have and promote a written policy that makes healthier food and beverage choices available in cafeterias or snack bars?</p> <p><i>Answer “yes” if, for example, your worksite has a policy or contract that makes vegetables, fruit, fish, whole grain items, nuts and legumes available in cafeterias and limits sugary beverages, unhealthy fats (saturated or trans fats), and highly-processed or high-sodium foods. This policy can be promoted to employees regularly through emails, newsletters, or signage in public places.</i></p> <p style="text-align: right;">[2]</p>	<p>60. Have and promote a written policy that makes healthier food and beverage choices available in cafeterias or snack bars?</p> <p><i>Answer “yes” if, for example, your worksite has a policy or contract that makes vegetables, fruit, fish, whole grain items, nuts and legumes available in cafeterias and limits sugary beverages, unhealthy fats (saturated or trans fats), and highly-processed or high-sodium foods. This policy can be promoted to employees regularly through emails, newsletters, or signage in public places.</i></p>	2 (2)	
<p>3. Have and promote a written policy that makes healthier food and beverage choices available in vending machines or other vending outlets?</p> <p><i>Answer “yes” if, for example, your worksite has a policy or contract that makes nuts, whole grain items, trans fat-free/low-sodium snacks, vegetables, fruit, or unsweetened beverages available in vending machines. This policy can be promoted to employees regularly through e-mails, newsletters, or signage in public places.</i></p> <p style="text-align: right;">[3]</p>	<p>61. Have and promote a written policy that makes healthier food and beverage choices available in vending machines or other vending outlets?</p> <p><i>Answer “yes” if, for example, your worksite has a policy or contract that makes nuts, whole grain items, trans fat-free/low-sodium snacks, vegetables, fruit, or unsweetened beverages available in vending machines. This policy can be promoted to employees regularly through e-mails, newsletters, or signage in public places.</i></p>	1 (1)	
<p>4. Make most (more than 50%) of the food and beverage choices available in vending machines, cafeterias, snack bars, or other purchase points healthy food items?</p> <p><i>Answer “yes” if the healthy foods and beverages are items such as vegetables, fruit, unsweetened beverages, or low-sodium snacks.</i></p> <p style="text-align: right;">[4]</p>	<p>62. Make most (more than 50%) of the food and beverage choices available (in vending machines, cafeterias, snack bars, or other purchase points) healthy food items?</p> <p><i>Answer “yes” if the healthy foods and beverages are items such as vegetables, fruit, unsweetened beverages, or low-sodium snacks.</i></p>	3 (3)	

<p>5. Provide visible nutritional information (beyond standard food labels) on sodium, calories, trans fats, or saturated fats for foods and beverages sold in vending machines, cafeterias, snack bars, or other purchase points?</p> <p>[5]</p>	<p>63. Provide visible nutritional information (beyond standard food labels) on sodium, calories, trans fats, or saturated fats for foods and beverages sold (in vending machines, cafeterias, snack bars, or other purchase points)?</p>	<p>3 (3)</p>	
<p>6. Identify healthier (or less healthy) food and beverage choices with signs or symbols?</p> <p><i>Answer “yes” if, for example, your worksite puts a heart (♥) next to a healthy item or uses red-yellow-green color-coding to indicate the healthfulness of items in vending machines, cafeterias, snack bars, or other purchase points.</i></p> <p>[6]</p>	<p>64. Identify healthier (or less healthy) food and beverage choices with signs or symbols?</p> <p><i>Answer “yes” if, for example, your worksite puts a heart (♥) next to a healthy item or uses red-yellow-green color-coding to indicate the healthfulness of items in vending machines, cafeterias, snack bars, or other purchase points.</i></p>	<p>3 (3)</p>	
<p>7. Subsidize or provide discounts on healthy foods and beverages offered in vending machines, cafeterias, snack bars, or other purchase points?</p> <p>[7]</p>	<p>65. Subsidize or provide discounts on healthy foods and beverages offered (in vending machines, cafeterias, snack bars, or other purchase points)?</p>	<p>3 (3)</p>	
<p>8. Have and promote a written policy making healthy food and beverage choices available in break rooms, during meetings, conferences or company sponsored events when food is served?</p> <p><i>Answer “yes” if, for example, the policy makes vegetables, fruits, unsweetened beverages, whole grain items, or trans fat-free/low-sodium snacks available during meetings. This policy can be promoted to employees regularly through emails, newsletters, or signage in public places.</i></p> <p>[8]</p>	<p>66. Have and promote a written policy making healthy food and beverage choices available in break rooms, during meetings, conferences or company sponsored events when food is served?</p> <p><i>Answer “yes” if, for example, the policy makes vegetables, fruits, unsweetened beverages, whole grain items, or trans fat-free/low-sodium snacks available during meetings. This policy can be promoted to employees regularly through emails, newsletters, or signage in public places.</i></p>	<p>1 (1)</p>	
<p>9. Offer or promote an on-site or nearby farmers’ market or other arrangement where fresh fruits and vegetables are sold?</p> <p><i>This may include coordinating Community Supported Agriculture (CSA) or vendors/venues that are or are not operated by farmers.</i></p> <p>[9]</p>	<p>67. Offer or promote an on-site or nearby farmers’ market or other arrangement where fresh fruits and vegetables are sold?</p> <p><i>This may include coordinating Community Supported Agriculture (CSA) or vendors/venues that are or are not operated by farmers.</i></p>	<p>1 (1)</p>	
<p>10. Provide educational materials that address healthy eating?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that teach and promote healthy eating, either as a single health topic or along with other health topics.</i></p> <p>[10]</p>	<p>68. Provide educational materials that address healthy eating?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that teach and promote healthy eating, either as a single health topic or along with other health topics.</i></p>	<p>1 (1)</p>	

<p>11. Provide and promote <u>interactive educational programming</u> on nutrition?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach and promote healthy eating. These sessions may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p>[11]</p>	<p>69. Provide and promote <u>interactive educational programming</u> on nutrition?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach and promote healthy eating. These sessions may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	<p>2 (2)</p>	
<p>12. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal nutrition goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p>[12]</p>	<p>70. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal nutrition goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	<p>2 (2)</p>	
<p>13. Provide employees with food preparation/storage facilities and a place to eat?</p> <p><i>Answer “yes” if, for example, your worksite provides a microwave oven, sink, refrigerator, and a place for employees to eat other than at their workstations.</i></p> <p>[13]</p>	<p>71. Provide employees with food preparation/storage facilities and a place to eat?</p> <p><i>Answer “yes” if, for example, your worksite provides a microwave oven, sink, refrigerator, and a place for employees to eat other than at their workstations.</i></p>	<p>1 (1)</p>	
<p>14. Promote and provide access for increased water consumption?</p> <p><i>Answer “yes” if, for example, your worksite uses promotional materials and improved access by increasing water in vending machines or installing water bottle filling stations or water fountains.</i></p> <p>[New]</p>	<p>72. Promote and provide access for increased water consumption?</p> <p><i>Answer “yes” if, for example, your worksite uses promotional materials and improved access by increasing water in vending machines, break rooms, or installing water bottle filling stations or water fountains.</i></p>	<p>1 (1)</p>	<ul style="list-style-type: none"> <li>Added “break rooms” as a potential for bottled water at no cost to be made available.</li> </ul>
<p><b>Total Possible Points</b></p>		<p><b>24 (24)</b></p>	

## Heart Attack and Stroke

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide educational materials that address signs, symptoms, and emergency response to <u>heart attack</u>?</p> <p><i>Answer “yes” if, for example, your worksite offers employees brochures, videos, or newsletters, or posts flyers in the common areas of your worksite that teach the signs and symptoms and appropriate response to heart attack.</i></p> <p style="text-align: right;">[1]</p>	<p>73. Provide educational materials that address signs, symptoms, and emergency response to <u>heart attack</u>?</p> <p><i>Answer “yes” if, for example, your worksite offers employees brochures, videos, or newsletters, or posts flyers in the common areas of your worksite that teach the signs and symptoms and appropriate response to heart attack.</i></p>	2 (2)	
<p>2. Provide educational materials that address signs, symptoms, and emergency response to <u>stroke</u>?</p> <p><i>Answer “yes” if, for example, your worksite offers employees brochures, videos, or newsletters, or posts flyers in the common areas of your worksite that teach the signs and symptoms and appropriate response to stroke.</i></p> <p style="text-align: right;">[2]</p>	<p>74. Provide educational materials that address signs, symptoms, and emergency response to <u>stroke</u>?</p> <p><i>Answer “yes” if, for example, your worksite offers employees brochures, videos, or newsletters, or posts flyers in the common areas of your worksite that teach the signs and symptoms and appropriate response to stroke.</i></p>	2 (2)	
<p>3. Provide and promote <u>interactive educational programming</u> that addresses signs, symptoms, and emergency response to <u>heart attack</u>?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach the signs and symptoms and appropriate response to heart attack. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[3]</p>	<p>75. Provide and promote <u>interactive educational programming</u> that addresses signs, symptoms, and emergency response to <u>heart attack</u>?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach the signs and symptoms and appropriate response to heart attack. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	2 (2)	
<p>4. Provide and promote <u>interactive educational programming</u> that addresses signs, symptoms, and emergency response to <u>stroke</u>?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach the signs and symptoms and appropriate response to stroke. These programs may be provided in group or individual settings; in-person or</i></p>	<p>76. Provide and promote <u>interactive educational programming</u> that addresses signs, symptoms, and emergency response to <u>stroke</u>?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach the signs and symptoms and appropriate response to stroke. These programs may be provided in group or individual settings; in-person or</i></p>	1 (1)	

<i>virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i> [4]	<i>virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i>		
5. Have an emergency response plan that addresses acute heart attack and stroke events? [5]	77. Have an emergency response plan that addresses acute heart attack and stroke events?	1 (1)	
6. Have an emergency response team for medical emergencies? [6]	78. Have an emergency response team for medical emergencies?	2 (2)	
7. Offer access to a nationally-recognized training course on Cardiopulmonary Resuscitation (CPR) that includes training on Automated External Defibrillator (AED) usage? [7]	79. Offer access to a nationally-recognized training course on Cardiopulmonary Resuscitation (CPR) that includes training on Automated External Defibrillator (AED) usage?	2 (2)	
8. Have and promote a written policy that requires an adequate number of employees per floor, work unit, or shift, in accordance with pertinent state and federal laws, to be certified in CPR/AED? <i>This policy can be promoted to employees regularly through emails, newsletters, or signage in public places.</i> [8]	80. Have and promote a written policy that requires an adequate number of employees per floor, work unit, or shift, in accordance with pertinent state and federal laws, to be certified in CPR/AED? <i>This policy can be promoted to employees regularly through emails, newsletters, or signage in public places.</i>	2 (2)	
9. Have one or more functioning AEDs in place? <i>IF NO, PLEASE SKIP TO THE NEXT MODULE</i> [9]	81. Have one or more functioning AEDs in place? <i>IF NO, PLEASE SKIP TO QUESTION 85</i>	1 (1)	<ul style="list-style-type: none"> <li>Added instruction to skip to specific question number “#85” rather than generic “next module”</li> </ul>
10. Have an adequate number of AED units so that a person can be reached within 3-5 minutes of collapse? [10]	82. Have an adequate number of AED units so that a person can be reached within 3-5 minutes of collapse?	2 (2)	
11. Identify the location of AEDs with posters, signs, markers, or other forms of communication other than on the AED itself? [11]	83. Identify the location of AEDs with posters, signs, markers, or other forms of communication other than on the AED itself?	1 (1)	
12. Perform maintenance or testing on all AEDs in alignment with manufacturer recommendations? [12]	84. Perform maintenance or testing on all AEDs in alignment with manufacturer recommendations?	1 (1)	
<b>Total Possible Points</b>		<b>19 (19)</b>	

## Prediabetes and Diabetes

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide free or subsidized prediabetes and diabetes health risk assessment (beyond self-report) and feedback, followed by blood screening (fasting glucose or A1c) and clinical referral when appropriate?</p> <p style="text-align: right;">[1]</p>	<p>85. Provide free or subsidized prediabetes and diabetes health risk assessment (beyond self-report) and feedback, followed by blood screening (fasting glucose or A1c) and clinical referral when appropriate?</p>	3 (3)	
<p>2. Provide educational materials on prediabetes and diabetes?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address prediabetes and diabetes, including topics such as diet modification, physical activity, foot exams, and eye exams, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[2]</p>	<p>86. Provide educational materials on prediabetes and diabetes?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address prediabetes and diabetes, including topics such as diet modification, physical activity, foot exams, and eye exams, either as a single health topic or along with other health topics.</i></p>	1 (1)	
<p>3. Provide and promote <u>interactive educational programming</u> on preventing and controlling diabetes?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address prediabetes and diabetes control and prevention. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[3]</p>	<p>87. Provide and promote <u>interactive educational programming</u> on preventing and controlling diabetes?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address prediabetes and diabetes control and prevention. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3 (3)	
<p>4. Provide and promote free or subsidized <u>intensive lifestyle coaching/counseling</u> and follow-up monitoring for employees with prediabetes or diabetes?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	<p>88. Provide and promote free or subsidized <u>intensive lifestyle coaching/counseling</u> and follow-up monitoring for employees with prediabetes or diabetes?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3 (3)	

[4]			
<p>5. Provide and promote self-management programs for diabetes control?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	<p>89. Provide and promote self-management programs for diabetes control?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3 (3)	
[5]			
[6]			
<p>6. Provide health coverage with free or subsidized out-of-pocket costs for diabetes medications as well as supplies for diabetes management (e.g., glucose test strips, needles, monitoring kits)?</p>	<p>90. Provide health coverage with free or subsidized out-of-pocket costs for diabetes medications as well as supplies for diabetes management (e.g., glucose test strips, needles, monitoring kits)?</p>	2 (2)	
<b>Total Possible Points</b>		<b>15 (15)</b>	



## Depression

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide free or subsidized clinical assessment for depression by a provider followed by directed feedback and clinical referral when appropriate?</p> <p><i>Answer "yes" if these services are provided directly through your organization or indirectly through a health insurance plan.</i></p> <p style="text-align: right;">[1]</p>	<p>91. Provide free or subsidized clinical assessment for depression by a provider followed by directed feedback and clinical referral when appropriate?</p> <p><i>Answer "yes" if these services are provided directly through your organization or indirectly through a health insurance plan and administered by a qualified health professional.</i></p>	3 (3)	<ul style="list-style-type: none"> <li>Added "and administered by a qualified health professional" to text to clarify clinical assessment.</li> </ul>
<p>2. Provide access to self-administered depression screening tools followed by directed feedback and clinical referral when appropriate?</p> <p><i>Answer "yes" if, for example, these services are provided through a health risk assessment (HRA), health insurance plan, and/or employee assistance program (EAP).</i></p> <p style="text-align: right;">[2]</p>	<p>92. Provide access to a self-administered depression screening tool that provides a feedback report with recommendations for clinical action as needed?</p> <p><i>Answer "yes" if, for example, these services are provided through a health risk assessment (HRA), health insurance plan, or employee assistance program (EAP).</i></p>	2 (2)	<ul style="list-style-type: none"> <li>Further aligned the question wording with questions in other modules, to address respondent confusion regarding the definition of a feedback report and clinical referral.</li> </ul>
<p>3. Provide educational materials on preventing, detecting, and treating depression?</p> <p><i>Answer "yes" if, for example, your worksite offers brochures, videos, posters, or newsletters that address depression, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[3]</p>	<p>93. Provide educational materials on preventing, detecting, and treating depression?</p> <p><i>Answer "yes" if, for example, your worksite offers brochures, videos, posters, or newsletters that address depression or depressive symptoms, either as a single health topic or along with other health topics.</i></p>	1 (1)	<ul style="list-style-type: none"> <li>Added "depressive symptoms" to text</li> </ul>
<p>4. Provide and promote <u>interactive educational programming</u> on preventing, detecting, and treating depression?</p> <p><i>Answer "yes" if, for example, your worksite offers "lunch and learns," seminars, workshops, or classes focused on reducing the risk factors for depression and reducing the stigma surrounding depression. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[4]</p>	<p>94. Provide and promote <u>interactive educational programming</u> on preventing, detecting, and treating depression?</p> <p><i>Answer "yes" if, for example, your worksite offers "lunch and learns," seminars, workshops, or classes focused on reducing the risk factors for depression and reducing the stigma surrounding depression. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	2 (2)	
<p>5. Provide and promote free or subsidized <u>lifestyle</u></p>	<p>95. Provide and promote free or subsidized <u>lifestyle</u></p>	3 (3)	<ul style="list-style-type: none"> <li>Added "are conducted by qualified health</li> </ul>

<p>coaching/counseling or self-management programs that equip employees with skills and motivation to set and meet their personal goals for managing depression?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p>[5]</p>	<p>coaching/counseling or self-management programs that equip employees with skills and motivation to set and meet their personal goals for managing depression?</p> <p><i>Answer “yes” if these programs are conducted by qualified health professionals and provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>		<p>professionals” to differentiate between lay led educational programs and more intensive professional assistance</p>
<p>6. Provide training for managers that improves their ability to recognize depression and refer employees to company/community resources for managing depression?</p> <p>[6]</p>	<p>96. Provide training for managers that improves their ability to recognize depression and refer employees to company/community resources for managing depression?</p> <p><i>Note: Managers are not in a position to diagnosis depression, only to recognize depressive symptoms and encourage employee to seek professional assistance.</i></p>	<p>2 (2)</p>	<ul style="list-style-type: none"> <li>Added “Note: Managers are not in a position to diagnosis depression, only to recognize depressive symptoms and encourage employee to seek professional assistance.”</li> </ul>
<p>7. Provide health insurance coverage with free or subsidized out-of-pocket costs for depression medications?</p> <p>[7]</p>	<p>97. Provide health insurance coverage with free or subsidized out-of-pocket costs for depression medications?</p>	<p>3 (3)</p>	
<p><b>Total Possible Points</b></p>		<p><b>16 (16)</b></p>	

## Stress Management

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Provide educational materials on stress management?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address aspects of stress management, including coping skills and relaxation techniques, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[1]</p>	<p>98. Provide educational materials on stress management?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address aspects of stress management, including coping skills and relaxation techniques, either as a single health topic or along with other health topics.</i></p>	1(1)	
<p>2. Provide and promote <u>interactive educational programming</u> on stress management?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes on topics such as assertiveness, coping, and relaxation techniques. Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[2]</p>	<p>99. Provide and promote <u>interactive educational programming</u> on stress management?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes on topics such as assertiveness, coping, and relaxation techniques. Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	2 (2)	
<p>3. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal stress management goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[3]</p>	<p>100. Provide and promote free or subsidized <u>lifestyle coaching/counseling or self-management programs</u> that equip employees with skills and motivation to set and meet their personal stress management goals?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3(3)	
<p>4. Provide dedicated space that is quiet where employees can engage in relaxation activities, such as deep breathing exercises?</p> <p style="text-align: right;">[4]</p>	<p>101. Provide dedicated space that is quiet where employees can engage in relaxation activities, such as deep breathing exercises?</p>	1 (1)	
<p>5. Sponsor or organize social activities designed to improve engagement with others, and provide opportunities for interaction and social support?</p>	<p>102. Sponsor or organize social activities designed to improve engagement with others, and provide opportunities for interaction and social support?</p>	1 (1)	

<p><i>Answer “yes” if, for example, your worksite sponsors or organizes team building events, company picnics, holiday parties, or employee sports teams.</i></p> <p>[5]</p>	<p><i>Answer “yes” if, for example, your worksite sponsors or organizes team building events, company picnics, holiday parties, or employee sports teams.</i></p>		
<p>6. Provide training for managers that improves their ability to recognize and reduce workplace stress-related issues?</p> <p><i>Answer “yes” if, for example, your worksite provides training on performance reviews, communication, personnel management, assertiveness, time management, or conflict resolution.</i></p> <p>[6]</p>	<p>103. Provide training for managers that improves their ability to recognize and reduce workplace stress-related issues?</p> <p><i>Answer “yes” if, for example, your worksite provides training on performance reviews, communication, personnel management, assertiveness, time management, or conflict resolution.</i></p>	3 (3)	
<p>7. Provide opportunities for employee participation in organizational decisions regarding workplace issues that affect job stress?</p> <p><i>Answer “yes” if, for example, your worksite provides opportunities for employees to participate in decisions about work processes and environment, work schedules, participative problem-solving, and management of work demands.</i></p> <p>[7]</p>	<p>104. Provide opportunities for employee participation in organizational decisions regarding workplace issues that affect job stress?</p> <p><i>Answer “yes” if, for example, your worksite provides opportunities for employees to participate in decisions about work processes and environment, work schedules, participative problem-solving, and management of work demands.</i></p>	3 (3)	
<b>Total Possible Points</b>		<b>14 (14)</b>	

## Alcohol and Other Substance Use

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Have and promote a written policy banning alcohol and other substance use at the worksite?</p> <p><i>Answer “yes” if, for example, your worksite has a written policy that bans alcohol and other substance use at the worksite or while operating a motor vehicle, requires universal drug testing (in appropriate safety-sensitive industries), or indicates options offered for assistance and referral to behavioral health services. This policy can be communicated to employees regularly through emails, newsletters, or signage in public places.</i></p> <p style="text-align: right;">[New]</p>	<p>105. Have and promote a written policy banning alcohol and other substance use at the worksite?</p> <p><i>Answer “yes” if, for example, your worksite has a written policy that bans alcohol and other substance use such as opioids at the worksite or while operating a motor vehicle, requires universal drug testing (in appropriate safety-sensitive industries), or indicates options offered for assistance and referral to behavioral health services. This policy can be communicated to employees regularly through emails, newsletters, or signage in public places.</i></p>	1 (1)	<ul style="list-style-type: none"> <li>Added opioids as example</li> </ul>
<p>2. Provide access to alcohol and other substance use screening followed by brief intervention and referral for treatment when appropriate?</p> <p><i>Answer “yes” if, for example, these services are provided through a health risk assessment (HRA), health insurance plan, and/or employee assistance program (EAP).</i></p> <p style="text-align: right;">[New]</p>	<p>106. Provide access to alcohol and other substance use screening followed by brief intervention and referral for treatment (SBIRT) when appropriate?</p> <p><i>Answer “yes” if, for example, these services are provided through a health risk assessment (HRA), health insurance plan, and/or employee assistance program (EAP).</i></p>	3 (3)	<ul style="list-style-type: none"> <li>Added “SBIRT” to questions as common acronym respondents are familiar with</li> </ul>
<p>3. Provide educational materials that help workers understand the risks of alcohol and other substance use and guide them to receive help?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address alcohol and other substance use, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[New]</p>	<p>107. Provide educational materials that help workers understand the risks of alcohol and other substance use and guide them to receive help?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address alcohol and other substance use such as opioids, prescription or illicit, either as a single health topic or along with other health topics.</i></p>	1 (1)	<ul style="list-style-type: none"> <li>Added “such as opioids, prescription or illicit” to further define substance use</li> </ul>
<p>4. Provide and promote interactive educational programming that integrates health promotion with substance use prevention?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes. These may address alcohol and other substance use either directly or indirectly</i></p>	<p>108. Provide and promote <u>interactive educational programming</u> that integrates health promotion with substance use prevention?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes. These may address alcohol and other substance use either directly or indirectly</i></p>	2 (2)	<ul style="list-style-type: none"> <li>Added underline to “interactive education programming” for consistency across topics.</li> </ul>

<p><i>through topics such as stress management, conflict resolution, managing multiple priorities, personal finance planning, and team-building.</i></p> <p>[New]</p>	<p><i>through topics such as stress management, conflict resolution, managing multiple priorities, personal finance planning, and team-building.</i></p>		
<p>5. Discourage or limit access to alcohol or use of company funds for alcohol at work-related events?</p> <p>[New]</p>	<p>109. Discourage or limit access to alcohol or use of company funds for alcohol at work-related events?</p> <p><i>Answer “yes” if, for example, your worksite limits (e.g., through tickets) the consumption of alcohol at on and off site meetings and events.</i></p>	<p>1 (1)</p>	<ul style="list-style-type: none"> <li>• Subtext was incorporated to provide additional guidance and implementation recommendations</li> </ul>
<p>6. Provide a health plan with insurance benefits that include substance use disorder prevention and treatment?</p> <p><i>Answer “yes” if, for example, your worksite health plan offers coverage for medication-assisted treatment without prior authorization and lifetime limits, while preventing overuse of addictive substances such as opioid pain relievers (e.g., reimbursement for nonpharmacological treatments for pain, use of drug utilization review, and pharmacy lock-in).</i></p> <p>[New]</p>	<p>110. Provide a health plan with insurance benefits that include substance use disorder prevention and treatment?</p> <p><i>Answer “yes” if, for example, your worksite health plan offers coverage for medication-assisted treatment without prior authorization and lifetime limits, while preventing overuse of addictive substances such as use of prescription opioids, use of illicit opioids, and use of illicitly-manufactured fentanyl (e.g., reimbursement for non-drug treatments for pain relief as a result of an injury such as exercise, physical therapy, and psychological therapies, use of drug utilization review, and pharmacy lock-in).</i></p>	<p>1 (1)</p>	<ul style="list-style-type: none"> <li>• Added “use of prescription opioids, use of illicit opioids, and use of illicitly-manufactured fentanyl” to better describe opioid pain-relievers</li> <li>• Added “such as exercise, physical therapy, and psychological therapies” as examples of nonpharmacological pain treatments</li> <li>• Changed “nonpharmacologic” to “non-drug” for plain language</li> </ul>
<p><b>Total Possible Points</b></p>		<p><b>9 (9)</b></p>	

## Sleep and Fatigue

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Have and promote a written policy related to the design of work schedules that aims to reduce employee fatigue?</p> <p><i>Answer “yes” if, for example, your worksite has a policy related to self-scheduling, limiting the number of consecutive days or hours allowed to be worked, or specifying a minimum time interval between shifts.</i></p> <p style="text-align: right;">[New]</p>	<p>111. Have and promote a written policy related to the design of work schedules that aims to reduce employee fatigue?</p> <p><i>Answer “yes” if, for example, your worksite has a policy related to self-scheduling, limiting the number of consecutive days or hours allowed to be worked, or specifying a minimum time interval between shifts.</i></p>	2 (2)	
<p>2. Provide access to a self-assessment of sleep health followed by directed feedback and clinical referral, when appropriate?</p> <p style="text-align: right;">[New]</p>	<p>112. Provide access to a self-assessment of sleep health followed by directed feedback and clinical referral, when appropriate?</p>	2 (2)	
<p>3. Provide educational materials that address sleep habits and treatment of common sleep disorders?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address topics such as recommended sleep schedules, recognizing the signs and symptoms of fatigue or daytime sleepiness, and appropriate use of caffeine.</i></p> <p style="text-align: right;">[New]</p>	<p>113. Provide educational materials that address sleep habits and treatment of common sleep disorders?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that address topics such as recommended sleep schedules, recognizing the signs and symptoms of fatigue or daytime sleepiness, and appropriate use of caffeine.</i></p>	1 (1)	
<p>4. Provide and promote <u>interactive educational programming</u> that addresses sleep habits and treatment of common sleep disorders?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach and promote appropriate sleep habits. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[New]</p>	<p>114. Provide and promote <u>interactive educational programming</u> that addresses sleep habits and treatment of common sleep disorders?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach and promote appropriate sleep habits. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	2 (2)	
<p>5. Provide training for managers to improve their understanding of the safety and health risks associated with</p>	<p>115. Provide training for managers to improve their understanding of the safety and health risks associated with</p>	1 (1)	



<p>poor sleep and their skills for organizing work to reduce the risk of employee fatigue?</p> <p>[New]</p>	<p>poor sleep and their skills for organizing work to reduce the risk of employee fatigue?</p>		
<p>6. Offer light-design solutions during shifts that are intended to reduce fatigue during working hours?</p> <p>[New]</p>	<p>Offer light-design solutions during shifts that are intended to reduce fatigue during working hours?</p>	<p>1 (1)</p>	<ul style="list-style-type: none"> <li>Deleted: Interview feedback and a low concurrence rate indicated that few respondents understood the question or found it relevant to their worksite. There was also a lot of confusion about intentionality. Given the fact that lighting is already addressed in the Occupational Health and Safety module, therefore, this question will be removed.</li> </ul>
<p>7. Allow employees to take short naps during the workday/shift in order to reduce fatigue and improve performance?</p> <p><i>Answer “yes” if, for example, the workplace has dedicated napping spaces (such as “sleep pods”) and offers break times that may be used for sleep.</i></p> <p>[New]</p>	<p>Allow employees to take short naps during the workday/shift in order to reduce fatigue and improve performance?</p> <p><i>Answer “yes” if, for example, the workplace has dedicated napping spaces (such as “sleep pods”) and offers break times that may be used for sleep.</i></p>	<p>1 (1)</p>	<ul style="list-style-type: none"> <li>Deleted: Respondents indicated that this intervention is unattainable and not realistic for most worksites. Re-review of the literature underscored that this intervention may not have broad relevance; all studies were conducted in a healthcare setting. In other cases where this intervention is common (e.g., trucking), the requirements are regulated by industry or governmental standards.</li> </ul>
<p>8. Offer solutions to discourage and prevent drowsy driving?</p> <p><i>Answer “yes” if, for example, employees have access to a place to nap before driving home or reimbursement for the use of taxi services to avoid driving after a shift.</i></p> <p>[New]</p>	<p>116. Offer solutions to discourage and prevent drowsy driving?</p> <p><i>Answer “yes” if, for example, employees are given realistic expectations for mileage, adequate rest breaks, overnight stays after long trips, and limited distractions and work demands (e.g., phone calls/email) while driving.</i></p>	<p>1 (1)</p>	<ul style="list-style-type: none"> <li>Subtext was enhanced to provide additional strategies for reducing distracted or drowsy driving. While several employers suggested further clarification regarding whether this was specific to being on the job, the generalized version of the question text was</li> </ul>

			retained as these strategies can be encouraged before, during, and after the workday to broadly reduce risk and harm.
<b>Total Possible Points</b>		<b>9 (11)</b>	

## Musculoskeletal Disorders

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Have and promote a written policy that requires regular evaluation of the design of work spaces and job requirements?</p> <p><i>Answer “yes” if, for example, the policy includes ergonomic assessments for office-based workers and is promoted to employees regularly through emails, newsletters, or signage in public places.</i></p> <p style="text-align: right;">[New]</p>	<p>117. Have and promote a written policy that requires regular evaluation of the design of work spaces and job requirements?</p> <p><i>Answer “yes” if, for example, the policy includes ergonomic assessments for office-based workers and is promoted to employees regularly through emails, newsletters, or signage in public places.</i></p>	1 (1)	
<p>2. Conduct an ergonomic assessment of workstations, when appropriate, to reduce the risk of musculoskeletal disorders?</p> <p style="text-align: right;">[New]</p>	<p>118. Conduct ergonomic assessments of work space design and equipment when problems are identified, or anticipated, to reduce the risk of musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, the policy includes assessments of workstations, equipment, tools, manually-handled loads, or repetitive tasks conducted either on a schedule or when requested on an as needed basis.</i></p>	1 (1)	<ul style="list-style-type: none"> <li>Revised wording based on NIOSH SME recommendation to clarify that this question is focused on equipment and workspaces and can be conducted “on demand”.</li> </ul>
<p>3. Make adjustments to job design, when appropriate, to reduce the risk of musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, your worksite has adjusted work routines and workloads, implemented job rotation, or mechanized tasks that pose increased risk.</i></p> <p style="text-align: right;">[New]</p>	<p>119. Make organizational changes to job design, when appropriate, to reduce the risk of musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, your worksite has adjusted work routines and workloads, implemented job rotation, or automated previously manual tasks that pose increased risk.</i></p>	2 (1)	<ul style="list-style-type: none"> <li>Revised wording based on NIOSH SME recommendation to clarify that this question is focused on organizational/administrative approaches.</li> <li>Question increased in point value; respondents indicated it was significant in addressing musculoskeletal injuries prompting a re-review of the evidence.</li> </ul>
<p>4. Provide educational materials on musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, or newsletters that teach and promote strategies</i></p>	<p>120. Provide educational materials on musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures,</i></p>	1 (1)	

<p><i>that minimize the incidence of musculoskeletal disorders such as ergonomic design, stretching, regular breaks, and weight management, either as a single health topic or along with other health topics.</i></p> <p>[New]</p>	<p><i>videos, posters, or newsletters that teach and promote strategies that minimize the incidence of musculoskeletal disorders such as ergonomic design, stretching, regular breaks, and weight management, either as a single health topic or along with other health topics.</i></p>		
<p>5. Provide and promote <u>interactive educational programming</u> on musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach strategies that minimize the risk of musculoskeletal disorders such as ergonomic design, stretching, regular breaks, and weight management. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p>[New]</p>	<p>121. Provide and promote <u>interactive educational programming</u> on musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that teach strategies that minimize the risk of musculoskeletal disorders such as ergonomic design, stretching, regular breaks, and weight management. These programs may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	1 (1)	
<p>6. Provide training for managers that improves their ability to recognize potential risks for musculoskeletal disorders and refer employees to company/community resources?</p> <p>[New]</p>	<p>122. Provide training for managers that improves their ability to recognize potential risks for musculoskeletal disorders and refer employees to company/community resources?</p>	1 (1)	
<p>7. Provide health insurance that includes appropriate access to therapies and treatment for musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, coverage options are aligned with best practices recommended by the Occupational Safety &amp; Health Administration (OSHA), American College of Occupational &amp; Environmental Medicine (ACOEM), or American College of Rheumatology.</i></p> <p>[New]</p>	<p>123. Provide health insurance that includes appropriate access to therapies and treatment for musculoskeletal disorders?</p> <p><i>Answer “yes” if, for example, coverage options are aligned with best practices recommended by the Occupational Safety &amp; Health Administration (OSHA), American College of Occupational &amp; Environmental Medicine (ACOEM), or American College of Rheumatology.</i></p>	2 (2)	
<p><b>Total Possible Points</b></p>		<p><b>9 (8)</b></p>	

## Occupational Health and Safety

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Have and promote a written policy on injury prevention and occupational health and safety?</p> <p><i>This policy could be promoted to employees regularly through emails, newsletters, or signage in public places.</i></p> <p style="text-align: right;">[1]</p>	<p>124. Have and promote a written policy on injury prevention and occupational health and safety?</p> <p><i>This policy could be promoted to employees regularly through emails, newsletters, or signage in public places.</i></p>	2 (2)	
<p>3. Provide opportunities for employee input on hazards and solutions, and implement these solutions when appropriate?</p> <p><i>Answer “yes” if, for example, there were all-hands meetings, surveys, or focus groups for discovering and solving job health and/or safety issues.</i></p> <p style="text-align: right;">[3]</p>	<p>125. Provide opportunities for employee input on hazards and solutions, and implement these solutions when appropriate?</p> <p><i>Answer “yes” if, for example, there were all-hands meetings, surveys, or focus groups for discovering and solving job health and/or safety issues.</i></p>	3 (3)	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first.</li> </ul>
<p>2. Encourage employees to report uncomfortable, unsafe, or hazardous working conditions to a supervisor, occupational health and safety professional or another reporting channel?</p> <p><i>Answer “yes” if, for example, employees are directed to report workplace injuries, bullying, or sexual harassment using a designated hotline.</i></p> <p style="text-align: right;">[2]</p>	<p>126. Encourage employees to report uncomfortable, unsafe, or hazardous working conditions to a supervisor, occupational health and safety professional or another reporting channel?</p> <p><i>Answer “yes” if, for example, employees are directed to report workplace injuries, bullying, or sexual harassment using a designated hotline.</i></p>	2 (2)	<ul style="list-style-type: none"> <li>Reordered to list critical, foundational questions first.</li> </ul>
<p>4. Carefully investigate the primary cause of any reported work-related illnesses or injuries and take specific actions to prevent similar incidents in the future?</p> <p style="text-align: right;">[4]</p>	<p>127. Carefully investigate the primary cause of any reported work-related illnesses or injuries and take specific actions to prevent similar incidents in the future?</p>	3 (3)	
<p>5. Provide educational materials about health and safety at work?</p> <p><i>Answer “yes” if, for example, your worksite provides brochures, videos, posters, newsletters, or timely reminders for issues such as hand washing, taking breaks to reduce eye strain, or wearing personal protective equipment.</i></p> <p style="text-align: right;">[5]</p>	<p>128. Provide educational materials about health and safety at work?</p> <p><i>Answer “yes” if, for example, your worksite provides brochures, videos, posters, newsletters, or timely reminders for issues such as hand washing, taking breaks to reduce eye strain, or wearing personal protective equipment.</i></p>	1 (1)	

<p>6. Provide and promote <u>interactive educational programming</u> on how to avoid incidents or injury on the job?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address injury prevention. These sessions can be provided in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, or other practitioners.</i></p> <p>[6]</p>	<p>129. Provide and promote <u>interactive educational programming</u> on how to avoid incidents or injury on the job?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address injury prevention. These sessions can be provided in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, or other practitioners.</i></p>	<p>2 (2)</p>	
<p>7. Have a process in place for measuring and, if necessary, improving worksite air quality?</p> <p><i>Answer “yes” if, for example, your worksite routinely tests heating, ventilation, and air conditioning (HVAC) systems, vacuums carpets, and controls moisture levels to prevent mold growth.</i></p> <p>[New]</p>	<p>130. Have a process in place for measuring and, if necessary, improving worksite air quality?</p> <p><i>Answer “yes” if, for example, your worksite routinely tests heating, ventilation, and air conditioning (HVAC) systems, vacuums carpets, and controls moisture levels to prevent mold growth.</i></p>	<p>2 (2)</p>	
<p>8. Make adjustments or provide resources where necessary to reduce the risk of eye injury or vision impairment?</p> <p><i>Answer “yes” if, for example, your worksite provides proper lighting to work areas, protective eyewear in hazardous environments (e.g., factories, construction sites) or ergonomic setup at work stations.</i></p> <p>[New]</p>	<p>131. Make adjustments or provide resources where necessary to reduce the risk of eye injury or vision impairment?</p> <p><i>Answer “yes” if, for example, your worksite provides proper lighting to work areas, protective eyewear in hazardous environments (e.g., factories, construction sites) or ergonomic setup at work stations.</i></p>	<p>2 (2)</p>	
<p>9. Proactively support employees returning to work after illness or injury?</p> <p><i>Answer “yes” if, for example, your organization provided temporary job modifications or phased return-to-work options.</i></p> <p>[New]</p>	<p>132. Proactively support employees returning to work after illness or injury?</p> <p><i>Answer “yes” if, for example, your organization provided temporary job modifications or phased return-to-work options.</i></p>	<p>1 (1)</p>	
<p><b>Total Possible Points</b></p>		<p><b>18 (18)</b></p>	

## Vaccine-Preventable Diseases

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
1. Provide health insurance coverage with free or subsidized <u>influenza</u> (flu) vaccinations? [1]	133. Provide health insurance coverage with free or subsidized <u>influenza</u> (flu) vaccinations?	3 (3)	
2. Provide free or subsidized <u>influenza</u> vaccinations at your worksite? <i>Answer “yes” if this is offered to employees on-site, through a temporary vaccine clinic run by an outside organization, internal occupational health staff, or other arrangement.</i> [2]	134. Provide free or subsidized <u>influenza</u> vaccinations at your worksite? <i>Answer “yes” if this is offered to employees on-site, through a temporary vaccine clinic run by an outside organization, internal occupational health staff, or other arrangement.</i>	3 (3)	
3. Conduct a seasonal <u>influenza</u> vaccination campaign that includes educational materials or programming? <i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, newsletters, timely reminders, or sessions that address the benefits of flu vaccinations, either as a single health topic or along with other health topics.</i> [3]	135. Conduct a seasonal <u>influenza</u> vaccination campaign that includes educational materials or programming? <i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, newsletters, timely reminders, or sessions that address the benefits of flu vaccinations, either as a single health topic or along with other health topics.</i>	1 (1)	
4. Provide health insurance coverage with free or subsidized vaccinations for <u>illnesses other than influenza</u> ? <i>Answer yes if, for example, your worksite provides coverage for pneumococcal; tetanus, diphtheria, and pertussis (Tdap); or Zoster (shingles) vaccines?</i> [4]	136. Provide health insurance coverage with free or subsidized vaccinations for <u>illnesses other than influenza</u> ? <i>Answer yes if, for example, your worksite provides coverage for pneumococcal; tetanus, diphtheria, and pertussis (Tdap); or Zoster (shingles) vaccines?</i>	3 (3)	
5. Provide free or subsidized vaccinations at your worksite for <u>illnesses other than influenza</u> ? <i>Answer “yes” if, for example, your worksite offers employees pneumococcal; tetanus, diphtheria, and pertussis (Tdap); or Zoster (shingles) vaccines through a temporary vaccine clinic run by an outside organization, internal occupational health staff, or other arrangement.</i> [5]	137. Provide free or subsidized vaccinations at your worksite for <u>illnesses other than influenza</u> ? <i>Answer “yes” if, for example, your worksite offers employees pneumococcal; tetanus, diphtheria, and pertussis (Tdap); or Zoster (shingles) vaccines through a temporary vaccine clinic run by an outside organization, internal occupational health staff, or other arrangement.</i>	2 (2)	
6. Promote <u>vaccinations other than influenza</u> with educational	138. Promote <u>vaccinations other than influenza</u> with	1 (1)	

<p>materials or educational programming?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, newsletters, timely reminders, or sessions that provide information on adult vaccine requirements and benefits, either as a single health topic or along with other health topics.</i></p> <p>[NEW]</p>	<p>educational materials or educational programming?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, newsletters, timely reminders, or sessions that provide information on adult vaccine requirements and benefits, either as a single health topic or along with other health topics.</i></p>		
N/A	<p>139. Promote good hand hygiene in the worksite?</p> <p><i>Answer “yes” if, for example, your worksite provides soap, water, hand sanitizer and educational materials in strategic workplace locations such as bathrooms, breakrooms, doors, elevators, or other strategic workplace locations.</i></p>	1 (0)	Suggested by multiple respondents during pilot testing completion of instrument and follow-up interviews prompting literature review and recommendation to include
<b>Total Possible Points</b>		<b>14 (13)</b>	



## Maternal Health and Lactation Support

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Have a well-communicated written policy on breastfeeding for employees?</p> <p><i>Answer “yes” if, for example, this policy is communicated at the time of hiring and/or at the time of maternity leave planning.</i></p> <p style="text-align: right;">[1]</p>	<p>140. Have a well-communicated written policy on breastfeeding for employees?</p> <p><i>Answer “yes” if, for example, this policy is communicated at the time of hiring and/or at the time of maternity leave planning.</i></p>	1 (1)	
<p>2. Provide a private space (other than a restroom) that may be used by employees to express breast milk?</p> <p><i>Answer “yes” if, for example, your worksite has a private space with an electrical outlet, comfortable chair, and sink.</i></p> <p style="text-align: right;">[2]</p>	<p>141. Provide a private space (other than a restroom) that may be used by employees to express breast milk?</p> <p><i>Answer “yes” if, for example, your worksite has a private space with an electrical outlet, comfortable chair, and sink.</i></p>	2 (2)	
<p>3. Provide flexible break times to allow employees to pump breast milk?</p> <p style="text-align: right;">[3]</p>	<p>142. Provide flexible break times to allow employees to pump breast milk?</p>	1 (1)	
<p>4. Provide access to a breast pump at the worksite?</p> <p><i>Answer “yes” if, for example, your worksite provides on-site access to a breast pump or offers insurance coverage that subsidizes the purchase a pump for personal use.</i></p> <p style="text-align: right;">[4]</p>	<p>143. Provide access to a breast pump at the worksite?</p> <p><i>Answer “yes” if, for example, your worksite provides on-site access to a breast pump or offers insurance coverage that subsidizes the purchase a pump for personal use.</i></p>	2 (2)	
<p>5. Provide and promote maternal health and breastfeeding support groups, educational classes, or consultations?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[5]</p>	<p>144. Provide and promote maternal health and breastfeeding support groups, educational classes, or consultations?</p> <p><i>Answer “yes” if these programs are provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	3 (3)	
<p>6. Offer paid parental leave, separate from any accrued sick leave, annual leave, or vacation time?</p> <p style="text-align: right;">[6]</p>	<p>145. Offer paid parental leave, separate from any accrued sick leave, annual leave, or vacation time?</p>	3 (3)	

<p>7. Offer health insurance coverage with no or low out-of-pocket costs for pre- and postnatal care?</p> <p style="text-align: right;">[New]</p>	<p>146. Offer health insurance coverage with no or subsidized out-of-pocket costs for pre- and postnatal care?</p>	<p>3 (3)</p>	<ul style="list-style-type: none"> <li>Edited to say “subsidized since this is more specific than “low cost”.</li> </ul>
<p><b>Total Possible Points</b></p>		<p><b>15 (15)</b></p>	

## Cancer

Question Text in the 2017 CDC Worksite Health Scorecard Pilot <sup>1</sup>	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>1. Offer free or subsidized cancer screenings on-site?</p> <p><i>Answer “yes” if, for example, your worksite offered cancer screenings (e.g., stool test kits) as part of a health campaign or as part of routine care at an on-site clinic.</i></p> <p style="text-align: right;">[New]</p>	<p>147. Offer free or subsidized cancer screenings on-site?</p> <p><i>Answer “yes” if, for example, your worksite offered cancer screenings (e.g., stool test kits) as part of a health campaign or as part of routine care at an on-site clinic.</i></p>	2 (2)	
<p>2. Provide educational materials that address skin, breast, cervical, or colorectal cancer prevention?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, reminders, or newsletters that promote sun protection, evidence-based vaccinations, or evidence-based cancer screenings, either as a single health topic or along with other health topics.</i></p> <p style="text-align: right;">[New]</p>	<p>148. Provide educational materials that address skin, breast, cervical, or colorectal cancer prevention?</p> <p><i>Answer “yes” if, for example, your worksite offers brochures, videos, posters, reminders, or newsletters that promote sun protection, evidence-based vaccinations, or evidence-based cancer screenings, either as a single health topic or along with other health topics.</i></p>	2 (2)	
<p>3. Provide and promote <u>interactive educational programming</u> on cancer prevention?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address prevention, early identification, and survivorship. These sessions may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p> <p style="text-align: right;">[New]</p>	<p>149. Provide and promote <u>interactive educational programming</u> on cancer prevention?</p> <p><i>Answer “yes” if, for example, your worksite offers “lunch and learns,” seminars, workshops, or classes that address prevention, early identification, and survivorship. These sessions may be provided in group or individual settings; in-person or virtually (online, telephonically, mobile app); on or off site; through vendors, on-site staff, health insurance plans/programs, community groups, or other practitioners.</i></p>	2 (2)	
<p>4. Monitor and take action to reduce employee exposure to known carcinogens within the workplace?</p> <p><i>Answer “yes” if, for example, your worksite takes action to limit exposures to radon, asbestos, and other carcinogens that may exist at the worksite, and uses alternative materials (i.e., “green chemistry”) where ever possible.</i></p> <p style="text-align: right;">[New]</p>	<p>150. Monitor and take action to reduce employee exposure to known carcinogens within the workplace?</p> <p><i>Answer “yes” if, for example, your worksite takes action to limit exposures to radon, asbestos, and other carcinogens that may exist at the worksite, and uses alternative materials (i.e., “green chemistry”) where ever possible.</i></p>	1 (1)	
<p>5. Provide health insurance coverage with free or subsidized evidence-based cancer screenings and vaccinations?</p>	<p>151. Provide health insurance coverage with free or subsidized evidence-based cancer screenings and vaccinations?</p>	2 (2)	

<p><i>Answer “yes” if, for example, your insurance covers the cost of breast, cervical, and colorectal cancer screening, and HPV and Hepatitis B vaccines.</i></p> <p>[New]</p>	<p><i>Answer “yes” if, for example, your insurance covers the cost of breast, cervical, and colorectal cancer screening, and HPV and Hepatitis B vaccines.</i></p>		
N/A	<p>152. Do you have outdoor workers? IF NO, PLEASE SKIP TO THE END OF THE MODULE.</p>	0 (0)	<p>Respondents indicated that many did not have outdoor workers. As the final two questions in the module are specific to outdoor workers, this question was added to provide additional guidance to users and reduce the number of questions many would have to answer to complete the module. As it is a skip pattern question, it is not scored.</p>
<p>6. Have and promote a written policy that includes measures to reduce sun exposure for outdoor workers?</p> <p><i>Answer yes if, for example, the policy encourages rotation of workers in ultra violet (UV) intense positions, scheduling of tasks to avoid high-exposure periods, and the use of sun protective clothing, hats, and sunscreen. This policy could be promoted to employees regularly through e-mails, newsletters, or signage in public places.</i></p> <p>[New]</p>	<p>153. Have and promote a written policy that includes measures to reduce sun exposure for outdoor workers?</p> <p><i>Answer yes if, for example, the policy encourages rotation of workers in ultra violet (UV) intense positions, scheduling of tasks to avoid high-exposure periods, and the use of sun protective clothing, hats, and sunscreen. This policy could be promoted to employees regularly through e-mails, newsletters, or signage in public places.</i></p>	1 (1)	
<p>7. Provide employees working outdoors with supports for sun protection, such as shade, hats, or sunscreen?</p> <p>[New]</p>	<p>154. Provide employees working outdoors with supports for sun protection, such as shade, hats, or sunscreen?</p>	1 (1)	
<b>Total Possible Points</b>		<b>11 (11)</b>	

## Community Resources

Question Text in the 2017 CDC Worksite Health Scorecard Pilot	Proposed Revised Text for the updated CDC Worksite Health Scorecard	New (Old) Score	Notes / Revisions
<p>Provide employees with health related information, programs, or resources from any of the following organizations (not including your own organization)?</p> <p><i>Respond “yes” or “no” to all questions. Answer “yes” if health information, programs, or resources are provided in-person or online; on-site or off-site; or in group or individual settings.</i></p> <p style="text-align: right;">[Community Engagement]</p>	<p>Provide employees with health related information, programs, or resources from any of the following organizations (not including your own organization)?</p> <p><i>Respond “yes” or “no” to all questions. Answer “yes” if health information, programs, or resources are provided in-person or online; on-site or off-site; or in group or individual settings.</i></p>	N/A	<ul style="list-style-type: none"> <li>Moved to worksite demographics section</li> </ul>
<p>Receive consultation, guidance, advice, training, and/or direction from any of the following organizations related to the design and delivery of a worksite wellness program?</p> <p><i>Respond “yes” or “no” to all questions.</i></p> <p style="text-align: right;">[Community Engagement]</p>	<p>Receive consultation, guidance, advice, training, and/or direction from any of the following organizations related to the design and delivery of a worksite wellness program?</p> <p><i>Respond “yes” or “no” to all questions.</i></p>	N/A	<ul style="list-style-type: none"> <li>Moved to worksite demographics section</li> </ul>
<p>Participate in any Community Coalitions focused on or targeting health, including through business and community partnerships?</p> <p style="text-align: right;">[Community Engagement]</p>	<p>Participate in any Community Coalitions focused on or targeting health, including through business and community partnerships?</p>	N/A	<ul style="list-style-type: none"> <li>Moved to worksite demographics section</li> </ul>
<b>Total Possible Points</b>		<b>N/A</b>	