

Stakeholder Engagement and Feedback – Management of Acute and Chronic Pain *Stakeholder Session*

OMB Control No. 0920-1050
Exp. Date 05/31/2022

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Structure

CDC will be hosting two types of engagements in each of the four cities.

- 1) Stakeholder Sessions- These will be in-person convenings of groups of no more than 20 individuals in which the project team will listen to participants share and discuss their personal and individual perspectives and experiences related to the themes described below. Although each session will address all three themes, there will not be a uniform set of questions asked in each session.
- 2) Individual Conversations- These will be dialogues during which the project team will meet in person with individual participants to listen to each personal perspective and experience related to the themes described below. Although each individual conversation will address all three themes, there will not be a uniform set of questions asked in each conversation.

Themes to Be Explored

CDC invites input specifically on topics focused on using or prescribing opioid pain medications, non-opioid medications, or non-pharmacological treatments (e.g., exercise therapy or cognitive behavioral therapy). These topics are:

- Experiences managing pain, which might include benefits, risks, and/or harms of the pain management options listed above.
- Experiences choosing among the pain management options listed above, including considering factors such as each option's accessibility, cost, benefits, and/or risks.
- Experiences getting information needed to make pain management decisions.

Protocols

- Stakeholder Session
- Individual Conversation

STAKEHOLDER SESSION PROTOCOL

PARTICIPANTS

Group Session A (in each location)

- Up to 20 healthcare providers

Group Session B (in each location)

- Up to 20 patients and family members and/or caregivers who feel they have primarily benefitted from or been helped by opioid pain medications

Group Session C (in each location)

- Up to 20 patients and family members and/or caregivers who feel they have primarily been harmed or hurt by opioid pain medications

AGENDA (120 min.)

Introductions & Overview (20 min.)

- Facilitators welcome participants
- Explain goals & process of session - Themes to Be Explored
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 - Experiences managing pain, which might include benefits, risks, and/or harms of the pain management options listed above.
 - Experiences choosing among the pain management options listed above, including considering factors such as each option's accessibility, cost, benefits, and/or risks.
 - Experiences getting information needed to make pain management decisions.
- Emphasize spirit & rules of session

One-on-One Reflective Activity (20 min.)

- Participants share in pairs

Small-Group Share & Discuss (20 min.)

- Participants share with their table notable insights from previous exercise

Small-Group Scenario Building (25 min.)

- Participants work with their table to identify key moments and identify when they needed guidance, their surrounding context/situation, concurrent tasks/pressures, what their ideal experiences would have been

Large-Group Share & Discuss (25 min.)

- Volunteers share their group's work:
 - o Patterns across experiences
 - o Surprises or outliers

Expectations & Conclusion (10 min.)

- Facilitators thank participants
- Preview next steps
- Invite additional input on way out:
 - o Sticker-vote on key insights
 - o Add sticky-note comments

