OMB Control NO.: 0970-0521 Expiration Date: 12/31/2021 Length of time for instrument: 30 minutes

MULTI-SITE IMPLEMENTATION EVALUATION OF TRIBAL HOME VISITING (MUSE)

CAREGIVER 6 & 12 MONTH FOLLOW-UP SURVEY

This collection of information is voluntary. Public reporting burden for this collection of information is estimated to average 30 minutes per response, including the time for reviewing instructions, gathering and maintaining the data needed, and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB number and expiration date for this collection are OMB #: 0970-0521, Exp: 12/31/2021. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to Kate Lyon, James Bell Associates; 3033 Wilson Blvd. Suite 650, Arlington, VA 22201; <u>MUSE.info@jbassoc.com</u>.

Staff member completes this page

Caregiver's Program ID: _____

First name of staff member administering the survey or Staff ID: _____

Last name of staff member administering the survey or Staff ID (leave blank if using Staff ID): _____

Go to next page then hand tablet to caregiver

MUSE Caregiver Survey

Thank you for taking part in the Multi-Site Implementation Evaluation of Tribal Home Visiting (MUSE). The purpose of this study is to learn about tribal home visiting programs and the experiences of families receiving home visiting services. The questions on this survey are about you and your family and your experiences with the home visiting program.

We are asking you to take this survey because you are receiving home visiting services and your program is participating in the MUSE research study.

Your answers will be kept private. Only the research study team will have access to this information. Your answers will not be shared with your home visitor or anyone at the home visiting program or any other agencies. We will not report information collected in this study in a way that could identify you or your program.

Your participation in this survey is voluntary. If you choose to take the survey, it will take about 30 minutes. If you are unsure how to answer a question, please give the best answer you can instead of leaving it blank.

Do you want to take the survey?

- \Box Yes \rightarrow GO TO Next Page
- \Box No \rightarrow END Survey

A. BASIC QUESTIONS ABOUT YOURSELF

This section will ask questions about your personal background.

- 1. Are you or your partner currently pregnant or have you had a baby while participating in the home visiting program?
 - □ Yes
 - 🗆 No
- 2. How many children do you have? Please count any children that you are a primary caregiver for. Select 0 if none. _____
- 3. What adults live with you in your household now? CHECK ALL THAT APPLY.
 - □ Your partner (husband/wife/boyfriend/girlfriend)
 - □ Parents (yours or your partner's)
 - Grandparents (yours or your partner's)
 - □ Siblings (yours or your partner's)
 - □ Other relatives
 - □ Other non-relatives
 - No other adults live with me
- 4. How many adults 18 years or older live in your household? If YOU are over 18, please include yourself. Select 0 if none. _____
- 5. How many children between the ages of 6 and 17 live in your household? If YOU are under 18, please include yourself. Select 0 if none. _____
- 6. How many children 5 years old or younger live in your household? Select 0 if none. _____
- 7. If your income were to stop suddenly, how long do you think you would be able to cover your basic expenses (housing, food, car, etc.) on your current savings?
 - □ Less than 1 month
 - □ 1-2 months
 - □ 3-6 months
 - □ More than 6 months

B. EXPERIENCES IN HOME VISITING

- 1. How long have you been enrolled in the home visiting program?
 - □ Less than 6 months
 - □ 6-8 months
 - □ 9-11 months
 - □ 12-14 months
 - □ More than 14 months
- 2. How often do you have home visits?
 - □ Weekly
 - □ About every 2 weeks
 - □ About every 3 weeks
 - $\hfill\square$ About once a month
 - □ Less often than once a month
 - Don't know
- 3. Do your home visits occur...
 - □ More often than you would like
 - □ Less often than you would like
 - □ Exactly as often as you would like
- 4. Who decides how often you have home visits?
 - □ It is totally my decision
 - □ It is mostly my decision
 - □ It is a decision my home visitor and I make equally
 - □ It is mostly my home visitor's decision
 - □ It is totally my home visitor's decision
- 5. Is your home visit length...
 - □ Longer than you would like
 - □ Shorter than you would like
 - □ Exactly as long as you would like
- 6. Who decides how long your home visits will be?
 - □ It is totally my decision
 - □ It is mostly my decision
 - □ It is a decision my home visitor and I make equally
 - □ It is mostly my home visitor's decision
 - □ It is totally my home visitor's decision

- 7. Think back to when the program was explained to you before you enrolled. How close are the services you receive now to what you expected to receive?
 - □ Exactly what I expected
 - $\hfill\square$ Very close to what I expected
 - $\hfill\square$ A little different from what I expected
 - □ Not at all what I expected
- 8. How much do you agree or disagree with the following statements?

		Strongly disagree	Disagree	Agree	Strongly agree
1	The home visiting program will help me reach my personal goals.				
2	The home visiting program will help my child reach his or her full potential.				
3	The home visiting program helps me feel good about myself and my job as a parent.				
4	The home visiting program is an excellent use of my time.				
5	The home visiting program helps me get the things I need for my family.				

9. How much has the support you have received in the home visiting program made a difference for you in these areas?

		A big difference	Some difference	A little difference	No difference	Not applicable
1	Connecting with others to talk to as supportive friends	s 🗆				
2	Being more connected to my community and culture (attending community and/or cultural activitie learning cultural teachings, making new relationships with others in yo community)					
3	Having my child be healthy					
4	Feeding my child (including formula and solids, and not including breastfeeding)					
5	My child's development (learning n physical and social skills, language development, and coping with emotions)	new 🗌				

	(A big difference	Some difference	A little difference	No difference	Not applicable
6	Managing my child's behavior					
7	Making child care arrangements					
8	Interacting with my child in a supportive and positive way					
9	Co-parenting with my child's father/mother					
10	Taking care of my baby or child (bathing, diapering, sleep, routines, etc.)					
11	Keeping my child and home safe					
12	[SKIP if not currently pregnant] Havi a healthy pregnancy	ng 🗆				
13	[SKIP if not currently pregnant] Stay healthy after I have my baby	ing 🗆				
14	Breastfeeding					
15	Improving my overall health					
16	Eating more nutritious meals and exercising					
17	Using family planning					
18	Quitting smoking					
19	Quitting alcohol or drugs					
20	Dealing with stress					
21	Dealing with sadness					
22	Getting more education or job train	ing □				
23	Getting a job, or getting a better job					
24	Having healthy adult relationships (with boyfriends/girlfriends, husbands/wives, partners, co-paren	□ ts)				
25	Dealing with partner or family violence					
26	Coping with my own past abuse or trauma					
27	Meeting basic needs such as food, utilities, housing, transportation, an obtaining identification	d 🗆				
28	Budgeting/making ends meet					
29	Legal system and services					

C. SETTING GOALS

- 1. Have you and your home visitor ever talked about your goals and developed a plan for reaching them? This might include making a list of goals that you would like to accomplish and steps you could take to reach those goals.
 - □ Yes
 - \Box No \rightarrow SKIP to Section D question 1.
 - \Box Not sure \rightarrow SKIP to Section D question 1.
- 2. How were your goals identified?
 - □ I identified the goals myself
 - □ I identified the goals with help from my home visitor
 - □ My home visitor identified the goals with help from me
 - □ My home visitor identified the goals for me
- 3. Was YOUR role in setting the goals...
 - □ Bigger than you would have liked
 - □ Smaller than you would have liked
 - □ Just right
- 4. How similar or different are the goals you identified to what you were originally hoping for when you started home visiting?
 - □ Very similar
 - □ Similar
 - □ Different
 - □ Very different
- 5. How satisfied or dissatisfied are you with the goals you set?
 - □ Very satisfied
 - □ Satisfied
 - □ Dissatisfied
 - □ Very dissatisfied
- 6. About how often do you and your home visitor talk about your goals?
 - □ Never
 - □ Hardly any visits
 - □ Some visits
 - □ Most visits
 - □ Every visit

D. WHAT HAPPENS IN HOME VISITS

- 1. Who usually decides what you talk about and do in home visits?
 - □ It is totally my decision
 - □ It is mostly my decision
 - □ It is a decision my home visitor and I make equally
 - □ It is mostly my home visitor's decision
 - □ It is totally my home visitor's decision
- 2. Have you ever talked about the following topics with your home visitor?

		Yes	No	Not applicable
1	Connecting with others to talk to as supportive friends			
2	Being more connected to my community and culture (attending community and/or cultural activities, learning cultural teachings, making new relationships with others in your community)			
3	Having my child be healthy			
4	Feeding my child (including formula and solids, and not including breastfeeding)			
5	My child's development (learning new physical and social skills, language development, and coping with emotions)			
6	Managing my child's behavior			
7	Making child care arrangements			
8	Interacting with my child in a supportive and positive way			
9	Co-parenting with my child's father/mother			
10	Taking care of my baby or child (bathing, diapering, sleep, routines, etc.)			
11	Keeping my child and home safe			
12	[SKIP if not currently pregnant] Having a healthy pregnancy			
13	[SKIP if not currently pregnant] Staying healthy after I have my baby			
14	Breastfeeding			
15	Improving my overall health			
16	Eating more nutritious meals and exercising			
17	Using family planning			
18	Quitting smoking			
19	Quitting alcohol or drugs			
20	Dealing with stress			

		Yes	No	Not applicable
21	Dealing with sadness			
22	Getting more education or job training			
23	Getting a job, or getting a better job			
24	Having healthy adult relationships (with boyfriends/girlfriends, husbands/wives, partners, co- parents)			
25	Dealing with partner or family violence			
26	Coping with my own past abuse or trauma			
27	Meeting basic needs such as food, utilities, housing, transportation, and obtaining identification			
28	Budgeting/making ends meet			
29	Legal system and services			

3. How important is it to you to be able to talk about these topics with your home visitor?

		Not at all important	Minimally important	Somewhat important	Very important	Not applicable
1	Connecting with others to talk to as supportive friends					
2	Being more connected to my community and culture (attending community and/or cultural activities, learning cultural teachings, making new relationships with others in your community)					
3	Having my child be healthy					
4	Feeding my child (including formula and solids, and not including breastfeeding)					
5	My child's development (learning new physical and social skills, language development, and coping with emotions)					
6	Managing my child's behavior					
7	Making child care arrangements					
8	Interacting with my child in a supportive and positive way					

		Not at all important	Minimally important	Somewhat important	Very important	Not applicable
9	Co-parenting with my child's father/mother					
10	Taking care of my baby or child (bathing, diapering, sleep, routines, etc.)					
11	Keeping my child and home safe					
12	[SKIP if not currently pregnant] Having a healthy pregnancy					
13	[SKIP if not currently pregnant] Staying healthy after I have my baby					
14	Breastfeeding					
15	Improving my overall health					
16	Eating more nutritious meals and exercising					
17	Using family planning					
18	Quitting smoking					
19	Quitting alcohol or drugs					
20	Dealing with stress					
21	Dealing with sadness					
22	Getting more education or job training					
23	Getting a job, or getting a better job					
24	Having healthy adult relationships (with boyfriends/girlfriends, husbands/wives, partners, co- parents)					
25	Dealing with partner or family violence					
26	Coping with my own past abuse or trauma					
27	Meeting basic needs such as food, utilities, housing, transportation, and obtaining identification					
28	Budgeting/making ends meet					
29	Legal system and services					

- 4. My home visitor spends most of his/her time...
 - □ Talking with me
 - □ Talking with my child
 - □ Talking with both my child and me
- 5. What happens if other family members (other than the index child) are with you during a visit?
 - □ My home visitor focuses on me and my child
 - □ My home visitor talks with all family members but mainly focuses on me and my child
 - □ My visitor includes all family members in visit activities
 - □ This has never happened; it's always just me and my child
- 6. The amount of time my home visitor spends filling out paperwork DURING visits
 - is...
 - □ More than I would like
 - □ Less than I would like
 - □ About the right amount
- 7. How much do you agree or disagree with each of the following statements?

		Strongly disagree	Disagree	Agree	Strongly agree
1	I prefer to choose visit topics and activities myself rather than have the home visitor choose them.				
2	[SKIP if '0' children] I like it when my home visitor suggests ways to do things better as a parent.				
3	I appreciate when my home visitor gives me an opportunity to talk about my mental health, substance abuse, or partner violence.				
4	[SKIP if '0' children] If my home visitor raises a concern about my parenting, it shows that she or he cares for and respects my family.				
5	[SKIP if '0' children] I prefer my home visitor to focus on the things I do well as a parent.				
6	I prefer for the home visitor to lead the visit. She or he can decide what we talk about and do.				
7	If my home visitor asks about my mental health, substance use, or relationship with my partner, it is because she or he cares about me and my family.				
8	[SKIP if '0' children] I would feel offended if my home visitor raised a concern about how I am parenting my child.				

E. EXPERIENCES WITH YOUR HOME VISITOR

1. How much do you agree or disagree with the following statements? My home visitor is...

		Strongly disagree	Disagree	Agree	Strongly agree
1	Flexible				
2	Inflexible				
3	Supportive				
4	Caring				
5	Judgmental				
6	Knowledgeable				
7	Accepting				
8	Unprofessional				
9	Good listener				
10	Dependable				
11	Pushy				
12	Trustworthy				
13	Available when I need her/him				
14	Understanding				
15	Disrespectful				
16	Humble				
17	Interested in knowing more about me				

2. How much do you agree or disagree with the following statements?

		Strongly disagree	Disagree	Agree	Strongly agree
1	My home visitor wants me to tell her/him how I would like to spend the time during home visits.				
2	My home visitor wants me to let her/him know if I don't understand something.				
3	My home visitor wants me to decide what we do in visits.				
4	My home visitor wants me to let her/him know if I disagree with something she/he says.				

- 3. How often are the conversations and activities during visits interesting to you?
 - □ Never
 - □ Rarely
 - □ Sometimes
 - □ Often
 - □ Always
- 4. When I am bored or not interested in a topic or activity my home visitor...
 - □ Frequently does not notice
 - □ Encourages me to continue anyway
 - □ Suggests another topic or activity
 - □ Asks what I would prefer to do
- 5. How often does your home visitor do the following:

		Never	Hardly any visits	Some visits	Most visits	Every visit
1	Gives me positive feedback.					
2	Shows warmth, respect, and appreciation to my family.					
3	Shows that she/he wants to understand my perspective, concerns, and feelings.					
4	Makes sure that visit activities match my interests, concerns, and preferences.					
5	Balances my interests with those of the home visiting program.					

6. Below are statements about some things home visitors may do. How much do you agree or disagree with each of the following statements?

		Strongly disagree	Disagree	Agree	Strongly agree	Not sure
	My home visitor					
1	plans visits according to what I prefer.					
2	asks me about and addresses family concerns, even if this means changing planned activities.					
3	makes sure I understand what we are talking about before moving on.					
4	focuses conversation and activities to fit my interests.					

7. Below are statements that describe how a parent might feel about her/his home visitor. How often do you think or feel that way? For example, if the statement describes the way you always think or feel, select the "Always".

		Never	Rarely	Sometimes	Often	Always
	How often do you think or feel this way?					
1	My home visitor and I agree about the things I will need to do to benefit me and my family.					
2	What I am doing with home visiting gives me new ways of looking at my family's situation.					
3	There are certain things I wouldn't say in front of my home visitor, even though we're close.					
4	I believe my home visitor likes me.					
5	My home visitor does not understand what I am trying to accomplish with home visiting.					
6	I can talk to my home visitor about personal matters.					
7	I am confident in my home visitor's ability to help me.					
8	My home visitor and I are working toward mutually agreed upon goals.					
9	I feel that my home visitor appreciates me.					
10	My home visitor and I don't really see eye to eye. She/he has given me advice that I disagree with.					
11	We agree on what is important for me to work on.					
12	My home visitor and I trust one another.					
13	My home visitor and I have different ideas on what I want and need.					
14	There are certain things about my home visitor that make it hard for me to relate to her/him.					
15	We have established a good understanding of the kind of changes that would be good for me.					
16	My home visitor respects my community and culture.					

8. The following statements describe different ways that home visitors might interact with families. How often does your home visitor interact with you and your family in the following ways?

		Never	Hardly any visits	Some visits	Most visits	Every visit
1	My home visitor really listens to my concerns or requests.					
2	My home visitor sees my family in a positive way.					
3	My home visitor gives me information to make good choices.					
4	My home visitor responds to my requests for information or guidance.					
5	My home visitor tries hard to understand my family.					
6	My home visitor recognizes my family's strengths.					
7	My home visitor empowers me to get the resources and support I need.					
8	My home visitor is flexible when my family's situation changes.					

9. How likely is it that you would tell to your home visitor that you:

		Very unlikely	Somewhat unlikely	Somewhat likely	Very likely
1	Had not followed her/his suggestion?				
2	Disagreed with her/him?				
3	Are getting different advice from family or friends?				

F. YOUR RELATIONSHIPS AND WELLBEING

1. The next questions are about your relationships with other people. How much do you agree or disagree with the following statements? (If you are expecting your first child now, think about the support you think you will have as a parent once your child is born.).

		Strongly disagree	Disagree	Agree	Strongly agree
1	There are people I know will help me if I really need it.				
2	There are people who call on me to help them.				
3	There are people who like the same social activities I do.				
4	I feel responsible for taking care of someone else.				
5	I am with a group of people who think the same way I do about things.				
6	There are people I can count on when I need help as a parent.				
7	I have close relationships that make me feel good.				
8	I have someone I can go to with questions about parenting.				
9	I have someone to talk to about decisions in my life.				
10	There are people who value my skills and abilities.				
11	I have a trustworthy person to turn to if I have problems.				
12	I feel a strong emotional tie with at least one other person.				
13	There are people who admire my talents and abilities.				
14	There are people I can count on in an emergency.				

2. [SKIP if '0' children] How much do you agree or disagree with the following statements?

		Strongly disagree	Disagree	Agree	Strongly agree
1	The problems of taking care of a child are easy to solve once you know how your actions affect your child, like I do.				
2	I would make a good model for a new parent to follow.				

		Strongly disagree	Disagree	Agree	Strongly agree
3	Being a parent is manageable, and any problems are easily solved.				
4	I am an expert in caring for my child.				
5	If anyone can find the answer to what is troubling my child, I am the one.				
6	I am comfortable in my role as a parent.				
7	I have all the skills necessary to be a good parent to my child.				

3. [SKIP if '0' children] The following statements describe different ways that parents interact with their children on a daily basis. How often is each statement true for you?

		Never true	Rarely true	Sometimes true	Often true	Always true
1	When I am with my child, I have difficulty staying focused on what is happening in the present.					
2	I rush through activities with my child without being really attentive to him/her.					
3	I am often so busy thinking about other things that I am not really listening to my child.					
4	I am aware of how my moods affect the way I treat my child.					
5	When I'm upset with my child, I notice how I am feeling before I take action.					
6	When I am upset with my child, I calmly tell him/her how I am feeling.					
7	I notice how changes in my child's mood affect my mood.					
8	I often react too quickly to what my child says or does.					
9	When I am feeling stressed, it is hard to pay enough attention to my child.					
10	I can usually manage stressful things that happen and still take care of my child.					

4. [SKIP if '0' children] How much do you agree or disagree with the following statements?

		Strongly disagree	Disagree	Agree	Strongly agree
1	I am comfortable being a parent because my family and community are there to help me.				
2	Working together with family and friends, I can solve many of the problems of caring for my child.				
3	Being a parent is manageable with the support of my family and friends.				
4	I am good at caring for my child because of what I have learned from my family and community about parenting.				

G. FINAL THOUGHTS

1. Now we would like you to think about your overall experience with the home visiting program. How much do you agree or disagree with each of the following statements?

		Strongly disagree	Disagree	Agree	Strongly agree
1	What I get out of the home visiting program is worth				
T	the time it takes to participate.				
2	There are some things I do differently now because of				
2	my experience in the home visiting program.				
2	I would recommend the home visiting program to my				
5	family and friends.				

[NEXT SCREEN]

THANK YOU FOR TAKING THE TIME TO COMPLETE THIS SURVEY.

Please click 'submit' to exit the survey.

[NEXT SCREEN]

Please stop here and return the tablet back to your home visitor.