

Evaluation of the ACL Title VI Programs

Title VI Tribal Caregiver Focus Group Moderator Guide

Questions	Probes	Time Guidelines
Introduction of Moderator/Guests and Purpose of Focus Group/ Logistics		5 minutes
Read Consent Form/Confirm Verbal Consent/ Confirm Permission to Audio Record		5 minutes
Opening Question 1. Please tell us your first name and let us know how long you have been using Title VI services.		5 minutes
Introductory Question 2. Can you tell me a little bit about the services you get through the program?	Provide examples of services specifically provided by the program: <ul style="list-style-type: none"> ▪ Information ▪ Counselling ▪ Education ▪ Support group ▪ Respite care ▪ Grandparent support 	10 minutes
Transition Questions 3. What do you like best about the services you receive through the program?	<ul style="list-style-type: none"> ▪ Which service is the most helpful to you? 	10 minutes
Key Questions 4. Which service is the most helpful to you?	<ul style="list-style-type: none"> ▪ Why is it the most helpful to you? 	10 minutes
5. What else do you wish that the program had?	<ul style="list-style-type: none"> ▪ What other types of information might be valuable to you as a caregiver? ▪ What other types of services might you want to receive? 	10 minutes
6. If you could change something about the program, what would that be?		10 minutes
7. What would happen if you didn't have this program?	Components to talk about: <ul style="list-style-type: none"> ▪ Employment ▪ Stress ▪ Difficulty with providing care ▪ Chances to socialize/visit with others 	15 minutes

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	<ul style="list-style-type: none"> ▪ Getting out of the house, etc. ▪ Not be able to continue providing care ▪ Not be able to provide as good care 	
8. Can you talk a little bit about the different ways that the program helps you?	<ul style="list-style-type: none"> ▪ How has the program helped you stay connected to traditional AI/AN/NH ways of life (food choices, spirituality, etc.) ▪ Are there other ways that the program helps you feel connected to your community? ▪ How does the program help you with stress, time, resources, etc.? ▪ Does the program ease mental overload? ▪ Does the program improve your quality of life? ▪ Does the program improve the quality of life of the person you care for? 	15 minutes
9. What is the best/most important thing that the program has done for you?	<ul style="list-style-type: none"> ▪ If you were telling someone else about the program, what would be the first thing you would tell them about? ▪ How has it helped you with providing care to your loved one? ▪ How has it helped you take better care of yourself? 	15 minutes
Ending Question 10. Thank you so much for sharing your stories with us today. Is there anything that we have missed? Is there anything that you came wanting to say that you didn't get a chance to?		5 minutes
Total Time		120 minutes