

**Appendix G:
Confirmation Email
(will send up to three confirmation emails)**

(Will send by mail if participant does not have email)

OMB Control Number: 0583-0169
Expiration date: xx/xx/xxxx

Dear _____,

This is a reminder about your appointment on [DAY] at xx:xx a.m./p.m. You will be asked to prepare a meal using frozen pre-packaged foods and participate in an interview. The cooking and interview will take up to 90 minutes. You will receive a \$75 gift card and a small gift for your participation.

The study will be held at []. Please see the attached map for driving directions.

If you have questions about the study, need directions, or are unable to attend, please call me at 919-XXX-XXXX or email me at XXXXX.

Thank you for your time and participation.

Sincerely,

TBD,

North Carolina State University

According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0583-0169 and the expiration date is xx/xx/xxxx. The time required to complete this information collection is estimated to average 1 minute per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information.