

WISEWOMAN Program

MDE Manual

Version 9.0

July 2013

Public reporting burden of this collection of information is estimated to average 24 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0612).

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Item 0a: MDEver	MDE Version This variable indicates the version of the MDE that was used to collect and report data in the file.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	All records in the Screening and Assessment file that are eligible for MDE submission
VALUES AND DESCRIPTION	900 MDE version 9.00 MDE version 9.00 should be used to collect and report data associated with screening visits conducted July 1, 2013, and after
ANALYSIS AND USE	To verify the MDE version used to collect and report data the file

Item 1a: StFIPS	State/Tribal FIPS Code This variable indicates the FIPS or tribal program code for the state or tribe where the administration of the program is located.
SOURCE	National FIPS Code List
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	<i>(State and Tribe values will be determined upon award of new funding)</i>
ANALYSIS AND USE	To calculate the number of women screened by each state or tribal program To assess the reach of the WISEWOMAN Program nationally and within a particular state or tribe

Item 1b: HdANSI	ANSI Geographic Code (Provider)	
	This indicates the ANSI geographic code of the provider that conducts the WISEWOMAN screening office visit.	
SOURCE	National ANSI Code List, Census Bureau	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	ANSI Geographic Code	Value representing the geographic area of the provider that conducts the screening office visit
ANALYSIS AND USE	<p>To assess whether programs and specific providers are meeting screening goals in targeted geographic areas</p> <p>To identify geographic areas where women have access to the WISEWOMAN Program</p> <p>To provide information for GIS analysis</p> <p>To assist in identifying areas where there may be potential transportation barriers to accessing WISEWOMAN services</p>	

Item 1c: EnrollSiteID	Enrollment Site ID This variable indicates the site of a woman's enrollment into the WISEWOMAN Program.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Enrollment Site ID ID code of the enrollment site, as developed and assigned by the grantee
ANALYSIS AND USE	To identify sites where outreach and enrollment are occurring To identify sites where the Program is being administered and participants are tracked To track the number of WISEWOMAN participants enrolled at each WISEWOMAN enrollment site

Item 1d: ScreenSiteID	Screening Site ID This variable indicates the site where a woman received her WISEWOMAN screening.
SOURCE	National Provider Identifier
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Screening Site ID Value representing a National Provider Identifier for the provider who conducts the screening office visit
ANALYSIS AND USE	To identify the geographic locations of sites providing screening services to participants To track the number of WISEWOMAN participants screened at each WISEWOMAN screening site To describe differences in participant demographics or other characteristics by screening site To provide information for GIS analysis To identify the number of screening providers in a given geographic area To identify provider pool for assessment of health systems and providers that use clinical systems of care successful in blood pressure control

Item 2a: TimePer	Time Period of Screening This variable indicates the 6-month time period of the baseline screening for the participant.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	01 6-month period 1 Baseline screening took place between 07/01/13 and 12/31/13
	02 6-month period 2 Baseline screening took place between 01/01/14 and 06/30/14
	03 6-month period 1 Baseline screening took place between 07/01/14 and 12/31/14
	04 6-month period 2 Baseline screening took place between 01/01/15 and 06/30/15
	05 6-month period 1 Baseline screening took place between 07/01/15 and 12/31/15
	06 6-month period 2 Baseline screening took place between 01/01/16 and 06/30/16
	07 6-month period 1 Baseline screening took place between 07/01/16 and 12/31/16
	08 6-month period 2 Baseline screening took place between 01/01/17 and 06/30/17
ANALYSIS AND USE	To track participants over the course of the FOA by their baseline screenings To track the number of unique participants programs have screened

Item 2b: NScreen	Number of Screenings Received by the Participant	
	This variable indicates the number of screenings/rescreenings the participant has received since the beginning of the FOA.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of Visits	Value representing the number of screenings/rescreenings the participant has received since the beginning of the FOA (includes current screening)
ANALYSIS AND USE	To track the number of screenings/rescreenings that the participant has received	

Item 2c: Type	Type of Screening Visit This variable indicates whether the record represents a baseline screening visit, a rescreening visit, or a post-Lifestyle Program (LSP)/Health Coaching (HC) follow-up assessment.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Screening	Record represents a baseline screening visit
	2 Rescreening	Record represents a rescreening visit
	3 Follow-up	Record represents a post-LSP/HC follow-up assessment
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To assess the number of unique women served by the WISEWOMAN Program To track participants screening values over time To link baseline screenings with rescreenings To assess participants progress after completion of an LSP/HC	

Item 3a: EncodeID	Unique Participant ID Number This variable indicates a woman's unique identification number.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Unique Participant ID Number Value representing the unique identifier for a participant
ANALYSIS AND USE	To assess the number of unique women served by the WISEWOMAN Program To track participants over time To link baseline screenings with rescreenings To link screenings with risk reduction counseling, lifestyle programs, health coaching, and community-based resource referrals

Item 3b: ResANSI	ANSI Geographic Code of Residence This variable indicates the ANSI geographic code of residence of the WISEWOMAN participant.
SOURCE	National ANSI Code List
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	ANSI Geographic Code Value representing the participant's geographic area of residence
ANALYSIS AND USE	To assess whether programs are meeting screening goals in targeted geographic areas To identify the reach of the WISEWOMAN Program To assist in identifying areas where there may be potential transportation barriers to accessing WISEWOMAN services

Item 3c: ZIP	ZIP Code of Residence This variable indicates the participant's ZIP code of residence.
SOURCE	National ZIP Code List
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	ZIP Code of Residence Valid five-digit (character) ZIP code
	99999 No ZIP code recorded
ANALYSIS AND USE	To assess whether programs are meeting screening goals in targeted geographic areas To identify the reach of the WISEWOMAN Program To identify participant county of residence outside program state boundaries

Item 3d: MYB	Month and Year of Birth This variable indicates the participant's month and year of birth.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Month and Year of Birth Month and Year of Birth in MM01CCYY format Example: September 18, 1965 = 09011965
ANALYSIS AND USE	To estimate the age of the participant To assist in characterizing the population reached by the WISEWOMAN Program To provide data element required to determine participant's cardiovascular risk or risk score To assess whether the participants are within the Program's priority age group

Item 3e: Latino	Hispanic or Latino Origin This variable indicates whether the participant is of Hispanic or Latino origin.
SOURCE	United States Office of Management and Budget Guidelines
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	1 Yes Participant reports that she is of Hispanic or Latino origin
	2 No Participant reports that she is not of Hispanic or Latino origin
	7 Unknown Participant is unsure whether she is of Hispanic or Latino origin
	9 No answer recorded Participant has not reported whether she is of Hispanic or Latino origin
ANALYSIS AND USE	To assess the race/ethnicity of WISEWOMAN participants To analyze screening, lifestyle programs, and other variables by ethnicity To assist in characterizing the population reached by the WISEWOMAN Program To provide data element required to determine participant's cardiovascular risk or risk score

Item 3f: Race1	Race: First Race This variable indicates a race with which the participant identifies.
SOURCE	United States Census Bureau; United States Office of Management and Budget Guidelines
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	1 White Participant identifies White as a race
	2 Black or African American Participant identifies Black or African American as a race
	3 Asian Participant identifies Asian as a race
	4 Native Hawaiian or Other Pacific Islander Participant identifies Native Hawaiian or Other Pacific Islander as a race
	5 American Indian or Alaska Native Participant identifies American Indian or Alaska Native as a race
	7 Unknown Participant does not know her race or does not identify with any of the races listed above If a participant is Hispanic and does not identify a race, this code should be used
9 No answer recorded Race information is missing for the participant Any race information gathered should be entered beginning with the Race1 field.	
ANALYSIS AND USE	To assess the race/ethnicity of WISEWOMAN participants To understand and analyze screening, lifestyle programs, and other variables by race To assist in characterizing the population reached by the WISEWOMAN Program To provide data element required to determine participant's cardiovascular risk or risk score

Item 3g: Race2	Race: Second Race This variable indicates a race with which the participant identifies in cases where a participant is multiracial.	
SOURCE	United States Census Bureau; United States Office of Management and Budget Guidelines	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 White	Participant identifies White as a race Participant who has identified two or more races can have this value
	2 Black or African American	Participant identifies Black or African American as a race Participant who has identified two or more races can have this value
	3 Asian	Participant identifies Asian as a race Participant who has identified two or more races can have this value
	4 Native Hawaiian or Other Pacific Islander	Participant identifies Native Hawaiian or Other Pacific Islander as a race Participant who has identified two or more races can have this value
	5 American Indian or Alaska Native	Participant identifies American Indian or Alaska Native as a race Participant who has identified two or more races can have this value
	7 Unknown	Participant does not know her race or does not identify with any of the races listed above
	9 No answer recorded	If race information is missing for Race2 Participant has not identified any race Participant has identified one race and does not identify other races If a participant does not identify a second race, '9 No answer recorded' should be used for this field and all subsequent race fields
ANALYSIS AND USE	To assess the race/ethnicity of WISEWOMAN participants To understand and analyze screening, lifestyle programs, and other variables by race To assist in characterizing the population reached by the WISEWOMAN Program To provide data element required to determine participant's cardiovascular risk or risk score	

Item 3h: Education	Education (highest grade completed) This variable indicates the highest grade the participant completed.	
SOURCE	CDC Behavioral Risk Factor Surveillance System	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 <9th grade	Participant reports that she did not attend high school
	2 Some high school	Participant reports she attended high school, but did not graduate
	3 High school graduate or equivalent	Participant reports that she graduated from high school or has the equivalent of a high school diploma, and she did not attend any college or higher education
	4 Some college or higher	Participant reports that she attended one or more years of college and/or graduate school (e.g., college graduate, graduate degree)
	7 Don't know/Not sure	Participant reports that she does not know the highest grade she completed
	8 Don't want to answer	Participant does not want to answer the highest grade she completed
	9 No answer recorded	Education information is missing for the participant
ANALYSIS AND USE	<p>To assess the educational attainment of women in the WISEWOMAN population</p> <p>To understand screening, lifestyle programs , and other variables by education status</p> <p>To help determine the literacy level needed for materials developed for recruitment, risk reduction counseling, lifestyle programs, health coaching, and community-based resources</p> <p>To assist in characterizing the population reached by the WISEWOMAN Program</p>	

Item 3i: Language	What is the primary language spoken in your home? This variable indicates the primary language spoken in the participant's home.	
SOURCE	National Survey of Children's Health	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 English	Participant identifies English as the primary language spoken in her home
	2 Spanish	Participant identifies Spanish as the primary language spoken in her home
	3 Arabic	Participant identifies Arabic as the primary language spoken in her home
	4 Chinese	Participant identifies Chinese as the primary language spoken in her home
	5 French	Participant identifies French as the primary language spoken in her home
	6 Italian	Participant identifies Italian as the primary language spoken in her home
	7 Japanese	Participant identifies Japanese as the primary language spoken in her home
	8 Korean	Participant identifies Korean as the primary language spoken in her home
	9 Polish	Participant identifies Polish as the primary language spoken in her home
	10 Russian	Participant identifies Russian as the primary language spoken in her home
	11 Tagalog	Participant identifies Tagalog as the primary language spoken in her home
	12 Vietnamese	Participant identifies Vietnamese as the primary language spoken in her home
	13 Creole	Participant identifies Creole as the primary language spoken in her home
	14 Portuguese	Participant identifies Portuguese as the primary language spoken in her home
	15 Hmong	Participant identifies Hmong as the primary language spoken in her home
	16 Other Language	Participant identifies another language as the primary language spoken in her home (write-in response)
	88 Don't want to answer	Participant does not want to answer the primary language spoken in her home
	99 No answer recorded	Primary language information is missing for the participant
ANALYSIS AND USE	To assess the primary language of women in the WISEWOMAN population To provide context to potential the health literacy issues To assist in characterizing the population reached by the WISEWOMAN Program	

Item 4a: SRHC	Do you have high cholesterol? This variable indicates whether the participant has high cholesterol.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	1 Yes Participant has high cholesterol
	2 No Participant does not have high cholesterol
	7 Don't know/Not sure Participant does not know whether she has high cholesterol The validation program will flag this value for a quality check
	8 Don't want to answer Participant does not want to answer whether she has high cholesterol The validation tool will flag this value for a quality check
	9 No answer recorded No answer recorded The validation tool will flag this value as an error
ANALYSIS AND USE	To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population To assess the number of cases of high cholesterol that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population To assess control of and improvements in cholesterol for newly and previously diagnosed women

Item 4b: SRHB	Do you have hypertension (high blood pressure)? This variable indicates whether the participant has hypertension (high blood pressure).	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant has hypertension (high blood pressure)
	2 No	Participant does not have hypertension (high blood pressure)
	7 Don't know/Not sure	Participant does not know whether she has hypertension (high blood pressure) The validation program will flag this value for a quality check
	8 Don't want to answer	Participant does not want to answer whether she has hypertension (high blood pressure) The validation program will flag this value for a quality check
	9 No answer recorded	No answer recorded The validation tool will flag this value as an error
ANALYSIS AND USE	<p>To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population</p> <p>To assess the number of cases of hypertension (high blood pressure) that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population</p> <p>To assess control of and improvements in blood pressure for newly and previously diagnosed women</p>	

Item 4c: SRD	Do you have diabetes? (either Type 1 or Type 2) This variable indicates whether the participant has Type 1 or Type 2 diabetes.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant has Type 1 or Type 2 diabetes
	2 No	Participant does not have Type 1 or Type 2 diabetes
	7 Don't know/Not sure	Participant does not know whether she has Type 1 or Type 2 diabetes
	8 Don't want to answer	Participant does not want to answer whether she has Type 1 or Type 2 diabetes
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	<p>To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population</p> <p>To assess the number of cases of diabetes that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population</p> <p>To assess control of and improvements in diabetes for newly and previously diagnosed women</p> <p>To provide data element required to determine participant's Simple 7 cardiovascular risk score</p>	

Item 4d: SRHA	Have you been diagnosed by a healthcare provider as having any of these conditions: coronary heart disease/chest pain, heart attack, heart failure, stroke/transient ischemic attack (TIA), vascular disease, or congenital heart defects?	
	This variable indicates whether the participant has ever been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant has been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects
	2 No	Participant has never been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects
	7 Don't know/Not sure	Participant does not know whether she has been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects
	8 Don't want to answer	Participant does not want to answer whether she has been diagnosed by a healthcare provider as having coronary heart disease/chest pain, heart attack, heart failure, stroke/TIA, vascular disease, or congenital heart defects
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	<p>To understand the history of cardiovascular disease among individual participants and the overall WISEWOMAN population</p> <p>To assess the number of participants who have been previously diagnosed as having cardiovascular disease</p> <p>To provide data element required to determine participant's Simple 7 cardiovascular risk score</p>	

Item 5a: HCMeds	Do you take medication to lower your cholesterol? This variable indicates whether the participant takes medication to lower her cholesterol.
SOURCE	American Heart Association Life's Simple 7
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated cholesterol or previously diagnosed with high cholesterol
VALUES AND DESCRIPTION	<p>1 Yes Participant is taking medication to lower her cholesterol</p> <p>2 No Participant is not taking medication to lower her cholesterol</p> <p>3 No – Could not obtain medication Participant is not taking medication to lower her cholesterol because she could not obtain the medication (e.g., could not obtain due to cost of medication, could not obtain due to expired prescription, could not obtain due to problems getting the prescription filled because of lack of transportation or access to a pharmacy)</p> <p>5 Not Applicable This question is not applicable for the patient because she has never been diagnosed with high cholesterol</p> <p>7 Don't know/Not sure Participant does not know whether she is taking medication to lower her cholesterol</p> <p>8 Don't want to answer Participant does not want to answer whether she is taking medication to lower her cholesterol</p> <p>9 No answer recorded No answer recorded</p>
ANALYSIS AND USE	<p>To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population</p> <p>To assess the number of cases of high cholesterol that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population</p> <p>To assess the control and management of cholesterol among participants who have high cholesterol</p> <p>To assist in assessment of adherence to medication for high cholesterol</p>

Item 5b: HBPMeds	Do you take medication to lower your blood pressure?	
	This variable indicates whether the participant is taking medication to lower her blood pressure.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood pressure or previously diagnosed with hypertension (high blood pressure)	
VALUES AND DESCRIPTION	1 Yes	Participant is taking medication to lower her blood pressure
	2 No	Participant is not taking medication to lower her blood pressure
	3 No – Could not obtain medication	Participant is not taking medication to lower her blood pressure because she could not obtain the medication (e.g., could not obtain due to cost of medication, could not obtain due to expired prescription, could not obtain due to problems getting the prescription filled because of lack of transportation or access to a pharmacy)
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with high blood pressure
	7 Don't know/Not sure	Participant does not know whether she is taking medication to lower her blood pressure
	8 Don't want to answer	Participant does not want to answer whether she is taking medication to lower her blood pressure
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	<p>To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population</p> <p>To assess the number of cases of hypertension (high blood pressure) that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population</p> <p>To assess the control and management of hypertension (high blood pressure) among participants who have hypertension (high blood pressure)</p> <p>To assist in assessment of adherence to medication for hypertension (high blood pressure)</p>	

Item 5c: DMeds	Are you taking medication to lower your blood sugar (for diabetes)?	
	This variable indicates whether the participant is taking medication to lower her blood sugar for diabetes.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood glucose or A1C or previously diagnosed with diabetes	
VALUES AND DESCRIPTION	1 Yes	Participant is taking medication to lower her blood sugar for diabetes
	2 No	Participant is not taking medication to lower her blood sugar for diabetes
	3 No – Could not obtain medication	Participant is not taking medication to lower her blood sugar for diabetes because she could not obtain the medication (e.g., could not obtain due to cost of medication, could not obtain due to expired prescription, could not obtain due to problems getting the prescription filled because of lack of transportation or access to a pharmacy)
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with high blood sugar for diabetes
	7 Don't know/Not sure	Participant does not know whether she is taking medication to lower her blood sugar for diabetes
	8 Don't want to answer	Participant does not want to answer whether she is taking medication to lower her blood sugar for diabetes
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	<p>To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population</p> <p>To assess the number of cases of diabetes that have been previously diagnosed as opposed to newly detected cases among the WISEWOMAN population</p> <p>To assess diabetes control and management among participants who have diabetes</p> <p>To assist in assessment of adherence to medication for diabetes</p>	

Item 5d: HCA adhere	During the past 7 days (including today), on how many days did you take prescribed medication to lower your cholesterol?	
	This variable indicates the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication to lower her cholesterol.	
SOURCE	Adapted from National Survey of Children's Health	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants taking medication to lower cholesterol	
VALUES AND DESCRIPTION	Number of days	A one-digit (numeric) value indicating the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication to lower her cholesterol
	0 None	In the past 7 days, including the day of the screening, the participant did not take prescribed medication to lower her cholesterol
	55 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with high cholesterol
	77 Don't know/Not sure	Participant is not sure whether she took prescribed medication to lower her cholesterol during the past 7 days including the day of the screening
	88 Don't want to answer	Participant did not want to answer whether she took prescribed medication to lower her cholesterol during the past 7 days including the day of the screening
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To facilitate assessment of adherence to medication prescribed for high cholesterol To assist in determining high cholesterol management and control	

Item 5e: HBPAdhere	During the past 7 days (including today), on how many days did you take prescribed medication (including diuretics/water pills) to lower your blood pressure?	
	This variable indicates the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication (including diuretics/water pills) to lower her blood pressure.	
SOURCE	Adapted from National Survey of Children's Health	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants taking medication to lower blood pressure	
VALUES AND DESCRIPTION	Number of days	A one-digit (numeric) value indicating the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication (including diuretics/water pills) to lower her blood pressure
	0 None	In the past 7 days, including the day of the screening, the participant did not take prescribed medication (including diuretics/water pills) to lower her blood pressure
	55 Not Applicable	This question is not applicable for this patient because she has never been diagnosed with hypertension (high blood pressure)
	77 Don't know/Not sure	Participant is not sure whether she took prescribed medication (including diuretics/water pills) to lower her blood pressure during the past 7 days including the day of the screening
	88 Don't want to answer	Participant did not want to answer whether she prescribed medication (including diuretics/water pills) to lower her blood pressure during the past 7 days including the day of the screening
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To facilitate assessment of adherence to medication prescribed for hypertension (high blood pressure) To assist in determining hypertension (high blood pressure) prevention, management, and control	

Item 5f: DAdhere	During the past 7 days (including today), on how many days did you take prescribed medication to lower blood sugar (for diabetes)? This variable indicates the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication to lower her blood sugar (for diabetes).	
SOURCE	Adapted from National Survey of Children's Health	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants prescribed taking took prescribed medication to lower blood sugar	
VALUES AND DESCRIPTION	Number of days	A one-digit (numeric) value indicating the number of days out of the past 7 days, including the day of the screening, that the participant took prescribed medication to lower her blood sugar (for diabetes)
	0 None	In the past 7 days, including the day of the screening, the participant did not take prescribed medication to lower her blood sugar (for diabetes)
	55 Not Applicable	This question is not applicable for this patient because she has never been diagnosed with high blood sugar (for diabetes)
	77 Don't know/Not sure	Participant is not sure whether she took prescribed medication to lower her blood sugar (for diabetes) during the past 7 days including the day of the screening
	88 Don't want to answer	Participant did not want to answer whether she took prescribed medication to lower her blood sugar (for diabetes) during the past 7 days including the day of the screening
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To facilitate assessment of adherence to medication prescribed for diabetes To assist in determining diabetes control and management	

Item 6a: BPHome	Do you measure your blood pressure at home or using other calibrated sources? This variable indicates whether the participant monitors her blood pressure at home or using other calibrated sources (select all response options that apply).	
SOURCE	HealthStyles Survey	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood pressure or those with elevated blood pressure taking medication	
VALUES AND DESCRIPTION	1 Yes	Participant reports that she measures her blood pressure at home or using other calibrated sources
	2 No – Was never told to measure her blood pressure	Participant reports that she does not measure her blood pressure at home or using other calibrated sources because she was never told she should measure her blood pressure
	3 No – Doesn't know how to measure her blood pressure	Participant reports that she does not measure her blood pressure at home or using other calibrated sources because she does not know how to measure her blood pressure
	4 No – Doesn't have equipment to measure her blood pressure	Participant reports that she does not measure her blood pressure at home or using other calibrated sources because she does not have access to the required equipment to measure her blood pressure
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with hypertension (high blood pressure) or does not monitor her blood pressure at home or using other calibrated sources
	7 Don't know/Not sure	Participant is not sure whether she measures her blood pressure at home or using other calibrated sources
	8 Don't want to answer	Participant did not want to answer whether she measures her blood pressure at home or using other calibrated sources
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine self-control and management of hypertension (high blood pressure)	

Item 6b: BPFreq	How often do you measure your blood pressure at home or using other calibrated sources? This variable indicates how frequently the participant measures her blood pressure at home or using other calibrated sources.	
SOURCE	HealthStyles Survey	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood pressure or those with elevated blood pressure taking medication who have indicated they measure their blood pressure at home or using other calibrated sources	
VALUES AND DESCRIPTION	1 Multiple times per day	Participant measures her blood pressure at home or using other calibrated sources multiple times per day
	2 Daily	Participant measures her blood pressure at home or using other calibrated sources once per day
	3 A few times per week	Participant measures her blood pressure at home or using other calibrated sources a few times per week
	4 Weekly	Participant measures her blood pressure at home or using other calibrated sources once per week
	5 Monthly	Participant measures her blood pressure at home or using other calibrated sources once per month
	6 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with hypertension (high blood pressure) or does not monitor her blood pressure at home or using other calibrated sources
	7 Don't know/Not sure	Participant is not sure how frequently she measures her blood pressure at home or using other calibrated sources
	8 Don't want to answer	Participant did not want to answer how frequently she measures her blood pressure at home or using other calibrated sources
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine self-control and management of hypertension (high blood pressure)	

Item 6c: BPSend	Do you regularly share blood pressure readings with a health care provider for feedback? This variable indicates whether the participant shares blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback almost every time she sees her provider.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes WISEWOMAN participants with elevated blood pressure or those with elevated blood pressure taking medication who have indicated they measure their blood pressure at home or using other calibrated sources	
VALUES AND DESCRIPTION	1 Yes	Participant reports that she shares blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback almost every time she sees her provider
	2 No	Participant reports that she does not share blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback
	5 Not Applicable	This question is not applicable for the patient because she has never been diagnosed with hypertension (high blood pressure) or does not monitor her blood pressure at home or using other calibrated sources
	7 Don't know/Not sure	Participant is not sure whether she shares blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback
	8 Don't want to answer	Participant did not want to answer whether she shares blood pressure readings taken at home or using other calibrated sources with a health care provider for feedback
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine self-control and management of hypertension (high blood pressure) To determine whether blood pressure monitoring results are shared with a health care provider for monitoring of progress	

Item 7a: Fruit	How much fruit do you eat in an average day?	
	This variable indicates the amount of fruit the participant consumes in an average day.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of cups	Two-digit (numeric) value representing the number of cups of fruit the participant consumes in an average day
	00 None	Participant does not consume fruit in an average day
	88 Don't want to answer	Participant does not want to answer how many cups of fruit she consumes in an average day
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7b: Vegetables	How many vegetables do you eat in an average day?	
	This variable indicates the amount of vegetables the participant consumes in an average day.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of cups	Two-digit (numeric) value representing the number of cups of vegetables the participant consumes in an average day
	00 None	Participant does not consume vegetables in an average day
	88 Don't want to answer	Participant does not want to answer how many cups of vegetables she consumes in an average day
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7c: Fish	Do you eat two servings or more of fish weekly?	
	This variable indicates whether the participant consumes two servings or more of fish weekly.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant consumes two servings or more of fish weekly
	2 No	Participant does not consume two servings or more of fish weekly
	8 Don't want to answer	Participant does not want to answer whether she consumes two servings or more of fish weekly
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	
	To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7d: Grains	Do you eat 3 ounces or more of whole grains daily?	
	This variable indicates whether the participant consumes 3 ounces or more of whole grains daily.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant consumes 3 ounces or more of whole grains daily
	2 No	Participant does not consume 3 ounces or more of whole grains daily
	8 Don't want to answer	Participant does not want to answer whether she consumes 3 ounces or more of whole grains daily
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7e: Sugar	Do you drink less than 36 ounces (450 calories) of beverages with added sugars weekly? This variable indicates whether the participant drinks less than 36 ounces (450calories) of beverages with added sugars weekly.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant consumes <i>less than</i> 36 ounces (450 calories) of beverages with added sugars in an average week
	2 No	Participant consumes 36 ounces or <i>more</i> (450 calories or <i>more</i>) of beverages with added sugars in an average week
	8 Don't want to answer	Participant does not want to answer whether she consumes <i>less than</i> 36 ounces (450 calories) or more of beverages with added sugars in an average week
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 7f: SaltWatch	Are you currently watching or reducing your sodium or salt intake?	
	This variable indicates whether the participant is currently watching or reducing her sodium or salt intake.	
SOURCE	CDC Behavioral Risk Factor Surveillance System	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant is currently watching or reducing her sodium or salt intake
	2 No	Participant is not currently watching or reducing her sodium or salt intake
	8 Don't want to answer	Participant does not want to answer whether she is currently watching or reducing her sodium or salt intake
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population	

Item 8a: PAMod	How much moderate physical activity do you get in a week? This variable indicates the amount of moderate physical activity the participant gets during an average week.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of minutes	A three-digit (numeric) value representing the minutes of moderate physical activity the participant gets during an average week
	000 None	Participant does not get any moderate physical activity during an average week
	888 Don't want to answer	Participant does not want to answer how much moderate physical activity she gets during an average week
	999 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 8b: PAVig	How much vigorous physical activity do you get in a week? This variable indicates the amount of vigorous physical activity the participant gets during an average week.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of minutes	A three-digit (numeric) value representing the minutes of vigorous physical activity the participant gets during an average week
	000 None	Participant does not get any vigorous physical during an average week
	888 Don't want to answer	Participant does not want to answer how much vigorous physical activity she gets during an average week
	999 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 9a: Smoker	Do you smoke? Includes cigarettes, pipes, or cigars (smoked tobacco in any form) This variable indicates whether the participant smokes tobacco in any form, including cigarettes, pipes, or cigars.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Current Smoker	Participant currently smokes tobacco in any form, including cigarettes, pipes, or cigars
	2 Quit (1-12 months ago)	Participant quit smoking tobacco in any form, including cigarettes, pipes, or cigars, 1 to 12 months ago
	3 Quit (More than 12 months ago)	Participant quit smoking tobacco in any form, including cigarettes, pipes, or cigars, more than 12 months ago
	4 Never Smoked	Participant has never smoked tobacco in any form, including cigarettes, pipes, or cigars
	8 Don't want to answer	Participant does not want to answer whether she smokes tobacco in any form, including cigarettes, pipes, or cigars
	9 No answer recorded	No answer recorded
ANALYSIS AND USE	<p>To determine the healthy and risky behaviors of individual participants and the overall WISEWOMAN population</p> <p>To identify participants who might benefit from smoking cessation counseling and tobacco cessation resources (quit line and community-based)</p> <p>To provide data element required to determine participant's Simple 7 cardiovascular risk score</p>	

Item 9b: Sechand	About how many hours a day, on average, are you in the same room or vehicle with another person who is smoking?	
	This variable indicates how many hours a day, on average, the participant is in the same room or vehicle as another person who is smoking.	
SOURCE	Pregnancy Risk Assessment Monitoring System	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of hours	A two-digit (numeric) value indicating the number of hours per day, on average, the participant is in the same room or vehicle as another person who is smoking
	66 Less than one	Participant is in the same room or vehicle with another person who is smoking less than one hour per day, on average
	00 None	Participant is never in the same room or vehicle as another person who is smoking
	88 Don't want to answer	Participant does not want to answer the number of hours per day, on average, that she is in the same room or vehicle as another person who is smoking
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the exposure of individual participants and the overall WISEWOMAN population to risks in the environment To help assess use of community-based referral resources and risk reduction counseling for those exposed to secondhand smoke	

Item 10a: QOLPH	Thinking about your physical health, which includes physical illness and injury, on how many days during the past 30 days was your physical health not good? This variable indicates the number of days during the past 30 days that the participant's physical health, including physical illness and injury, was not good.	
SOURCE	CDC Health-Related Quality of Life Measures	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of days	A two-digit (numeric) value representing the number of days during the past 30 days that the participant's physical health, including physical illness and injury, was not good
	77 Don't know/Not sure	Participant does not know how many days during the past 30 days that her physical health, including physical illness and injury, was not good
	88 Don't want to answer	Participant does not want to answer how many days during the past 30 days that her physical health, including physical illness and injury, was not good
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the health status of individual participants and the overall WISEWOMAN population To provide health status information for cost benefit or cost effectiveness analyses	

Item 10b: QOLMH	Thinking about your mental health, which includes stress, depression, and problems with emotions, on how many days during the past 30 days was your mental health not good? This variable indicates the number of days during the past 30 days that the participant's mental health, including stress, depression, and problems with emotions, was not good.	
SOURCE	CDC Health-Related Quality of Life Measures	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of days	A two-digit (numeric) value representing the number of days during the past 30 days that the participant's mental health, including stress, depression, and problems with emotions, was not good
	77 Don't know/Not sure	Participant does not know how many days during the past 30 days that the participant's mental health, including stress, depression, and problems with emotions, was not good
	88 Don't want to answer	Participant does not want to answer how many days during the past 30 days that the participant's mental health, including stress, depression, and problems with emotions, was not good
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the health status of individual participants and the overall WISEWOMAN population To provide health status information for cost benefit or cost effectiveness analyses	

Item 10c: QOLEffect	During the past 30 days, on about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?	
	This variable indicates the number of days during the past 30 days that the participant's poor physical or mental health kept her from doing her usual activities, such as self-care, work, or recreation.	
SOURCE	CDC Health-Related Quality of Life Measures	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Number of days	A two-digit (numeric) value representing the number of days during the past 30 days that the participant's poor physical or mental health kept her from doing her usual activities, such as self-care, work, or recreation
	77 Don't know/Not sure	Participant does not know how many days during the past 30 days that the participant's poor physical or mental health kept her from doing her usual activities, such as self-care, work, or recreation
	88 Don't want to answer	Participant does not want to answer how many days during the past 30 days that the participant's poor physical or mental health kept her from doing her usual activities, such as self-care, work, or recreation
	99 No answer recorded	No answer recorded
ANALYSIS AND USE	To determine the health status of individual participants and the overall WISEWOMAN population To provide health status information for cost benefit or cost effectiveness analyses	

Item 11a: Height	Height This variable indicates the participant's height in inches.
SOURCE	American Heart Association Life's Simple 7
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Height in inches Up to a two-digit (numeric) value representing the participant's height
	777 Unable to obtain Height measurement was attempted, but measurement results were not obtained
	888 Client refused Participant refuses to have her height measurement taken
	999 No measurement recorded Height measurement was not performed
ANALYSIS AND USE	To calculate the BMI of WISEWOMAN participants To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population To provide data element required to determine participant's Simple 7 cardiovascular risk score

Item 11b: Weight	Weight This variable indicates the participant's weight in pounds.
SOURCE	American Heart Association Life's Simple 7
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Weight in pounds Up to a three-digit (numeric) value representing the participant's weight
	777 Unable to obtain Weight measurement was attempted, but measurement results were not obtained
	888 Client refused Participant refuses to have her weight measurement taken
	999 No measurement recorded Weight measurement was not performed
ANALYSIS AND USE	To calculate the BMI of WISEWOMAN participants To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population To provide data element required to determine participant's Simple 7 cardiovascular risk score

Item 11c: Waist	Waist Circumference This variable indicates the participant's waist circumference in inches.
SOURCE	Not applicable; health screening measurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Waist Circumference in inches Up to a two-digit (numeric) value representing the participant's waist circumference in inches
	777 Unable to obtain Waist circumference measurement was attempted, but measurement results were not obtained
	888 Client refused Participant refuses to have her waist circumference measurement taken
	999 No measurement recorded Waist circumference measurement was not performed
ANALYSIS AND USE	To determine waist-hip ratio for the participant To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population

Item 11d: Hip	Hip Circumference This variable indicates the participant's hip circumference in inches.
SOURCE	Not applicable; health screening measurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Hip Circumference in inches Up to a two-digit (numeric) value representing the participant's hip circumference in inches
	777 Unable to obtain Hip circumference measurement was attempted, but measurement results were not obtained
	888 Client refused Participant refuses to have her hip circumference measurement taken
	999 No measurement recorded Hip circumference measurement was not performed
ANALYSIS AND USE	To determine waist-hip ratio for the participant To understand the cardiovascular disease risk factors of individual participants and the overall WISEWOMAN population

Item 12a: BPDate	Blood Pressure Measurement Date (Office Visit Date) This variable indicates the date of the office visit when a blood pressure measurement is obtained.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Blood pressure measurement date/Office visit date Valid date in MMDDCCYY format Date of the office visit and when a blood pressure measurement is obtained
ANALYSIS AND USE	To identify the date of the office visit and blood pressure measurements To facilitate analysis of changes in blood pressure over time To calculate other service time frames, including time to rescreening, lifestyle program sessions, lifestyle program/health coaching follow-up screening, risk reduction counseling sessions, alert referrals, and labs

Item 12b: SBP1	Systolic Blood Pressure #1 This variable indicates the participant's first systolic blood pressure reading.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Systolic blood pressure in mmHg	Up to a three-digit (numeric) value representing the participant's first systolic blood pressure in mmHg
	777 Unable to obtain	First systolic blood pressure measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused	Participant refuses to have her first systolic blood pressure measurement taken
	999 No measurement recorded	First systolic blood pressure measurement was not performed or not recorded
ANALYSIS AND USE	<p>To identify those at increased risk for cardiovascular conditions, including heart attack, heart failure, stroke, and kidney disease</p> <p>To identify participants who would benefit from lifestyle programs</p> <p>To identify participants unaware that they have hypertension (high blood pressure) for referral to medical management</p> <p>To determine control and management of blood pressure</p> <p>To identify participants who require further diagnostic evaluation</p> <p>To identify hypertension (high blood pressure) risk of the WISEWOMAN population</p> <p>To provide data element required to determine participant's Simple 7 cardiovascular risk score</p>	

Item 12c: DBP1	Diastolic Blood Pressure #1 This variable indicates the participant's first diastolic blood pressure reading.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Diastolic blood pressure in mmHg	Up to a three-digit (numeric) value representing the participant's diastolic blood pressure in mmHg
	777 Unable to obtain	First diastolic blood pressure measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused	Participant refuses to have her first diastolic blood pressure measurement taken
	999 No measurement recorded	First diastolic blood pressure measurement was not performed or not recorded
ANALYSIS AND USE	<p>To identify those at increased risk for cardiovascular conditions, including heart attack, heart failure, stroke, and kidney disease</p> <p>To identify participants who would benefit from lifestyle programs</p> <p>To identify participants unaware that they have hypertension (high blood pressure) for referral to medical management</p> <p>To determine control and management of blood pressure</p> <p>To identify participants who require further diagnostic evaluation</p> <p>To identify hypertension (high blood pressure) risk of the WISEWOMAN population</p> <p>To provide data element required to determine participant's Simple 7 cardiovascular risk score</p>	

Item 12d: SBP2	Systolic Blood Pressure #2 This variable indicates the participant's second systolic blood pressure reading.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Systolic blood pressure in mmHg	Up to a three-digit (numeric) value representing the participant's second systolic blood pressure in mmHg
	777 Unable to obtain	Second systolic blood pressure measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused	Participant refuses to have her second systolic blood pressure measurement taken
	999 No measurement recorded	Second systolic blood pressure measurement was not performed or not recorded
ANALYSIS AND USE	<p>To identify those at increased risk for cardiovascular conditions, including heart attack, heart failure, stroke, and kidney disease</p> <p>To identify participants who would benefit from lifestyle programs</p> <p>To identify participants unaware that they have hypertension (high blood pressure) for referral to medical management</p> <p>To determine control and management of blood pressure among those currently being treated</p> <p>To identify participants who require further diagnostic evaluation</p> <p>To identify hypertension (high blood pressure) risk in the WISEWOMAN population</p> <p>To provide data element required to determine participant's Simple 7 cardiovascular risk score</p>	

Item 12e: DBP2	Diastolic Blood Pressure #2 This variable indicates the participant's second diastolic blood pressure reading.
SOURCE	American Heart Association Life's Simple 7
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Diastolic blood pressure in mmHg Up to a three-digit (numeric) value representing the participant's diastolic blood pressure in mmHg
	777 Unable to obtain Second diastolic blood pressure measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused Participant refuses to have her second diastolic blood pressure measurement taken
	999 No measurement recorded Second diastolic blood pressure measurement was not performed or not recorded
ANALYSIS AND USE	<p>To identify those at increased risk for cardiovascular conditions, including heart attack, heart failure, stroke, and kidney disease</p> <p>To identify participants who would benefit from lifestyle programs</p> <p>To identify participants unaware that they have hypertension (high blood pressure) for referral to medical management</p> <p>To determine control and management of blood pressure</p> <p>To identify participants who require further diagnostic evaluation</p> <p>To identify hypertension (high blood pressure) risk of the WISEWOMAN population</p> <p>To provide data element required to determine participant's Simple 7 cardiovascular risk score</p>

Item 13a: Fast	Fasting Status	
	This variable indicates whether a participant fasted for at least nine hours prior to having blood drawn for cholesterol or glucose measurements.	
SOURCE	Not applicable; health screening measurement	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Yes	Participant fasted for at least nine hours prior to having blood drawn
	2 No	Participant did not fast for at least nine hours prior to having blood drawn
	9 No answer recorded	No answer recorded Provider failed to confirm fasting status or no information is available from the provider
ANALYSIS AND USE	To facilitate accurate identification of participants who have high cholesterol, borderline high cholesterol, diabetes, or pre-diabetes	

Item 14a: TCDate	Cholesterol Measurement Date This variable indicates the date that the cholesterol measurements were taken.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	<p>Screening Date Valid date in MMDDCCYY format</p> <p>The date recorded in this field must be the date that the total and HDL cholesterol values were taken; total cholesterol and HDL measurements are minimum requirements for every participant</p> <p>If a lipid panel is completed as part of the screening process, the date recorded must be the date that the lipid panel was done</p>
ANALYSIS AND USE	<p>To determine the date of the cholesterol measurements</p> <p>To facilitate analysis of changes in control and management of cholesterol over time</p>

Item 14b: TotChol	Total Cholesterol (fasting or nonfasting) This variable indicates the participant's total cholesterol level.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Total cholesterol in mg/dL	Up to a three-digit (numeric) value representing the participant's total cholesterol in mg/dL
	777 Inadequate blood sample	Total cholesterol measurement was attempted, but results were not obtained due to technical difficulties or errors This may include issues such as (1) two or more failed venipuncture attempts; (2) insufficient amount of blood, type of test tube; (3) sample submitted to laboratory, test not done due to erroneous or missing laboratory request or other paperwork
	888 Client refused	Participant refuses to have her blood drawn for cholesterol measurements If the participant refuses to go to the lab, the participant can be considered to have refused If the participant does not go to the scheduled lab appointment after follow-up has been attempted, the participant can be considered to have refused
	999 No measurement recorded	No total cholesterol measurement was taken or recorded
ANALYSIS AND USE	To identify participants who are unaware that they have high or borderline high cholesterol and need preventive services or referral to medical management To determine cholesterol control and management To assess the percentage of WISEWOMAN participants who have high cholesterol or borderline high cholesterol To assess the risk in the WISEWOMAN population for cardiovascular disease To provide data element required to determine participant's Simple 7 cardiovascular risk score	

Item 14c: HDL	HDL Cholesterol (fasting or nonfasting) This variable indicates the participant's HDL cholesterol level.
SOURCE	Not applicable; health screening measurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	HDL cholesterol in mg/dL Up to a three-digit (numeric) value representing the participant's HDL cholesterol in mg/dL
	777 Inadequate blood sample HDL cholesterol measurement was attempted, but results were not obtained due to technical difficulties or errors This may include issues such as (1) two or more failed venipuncture attempts; (2) insufficient amount of blood, type of test tube; (3) sample submitted to laboratory, test not done due to erroneous or missing laboratory request or other paperwork
	888 Client refused Participant refuses to have her blood drawn for cholesterol measurements If the participant refuses to go to the lab, the participant can be considered to have refused If the participant does not go to the scheduled lab appointment after follow-up has been attempted, the participant can be considered to have refused
	999 No measurement recorded No HDL cholesterol measurement was taken or recorded
ANALYSIS AND USE	To identify participants who are unaware that they have low HDL cholesterol and need preventive services or referral to medical management To assess the percentage of WISEWOMAN participants who have high cholesterol or borderline high cholesterol To assess the risk of the WISEWOMAN population for cardiovascular disease To assist in determining cholesterol control and management

Item 14d: LDL	LDL Cholesterol (fasting) This variable indicates a fasting participant's fasting LDL cholesterol level.
SOURCE	Not applicable; health screening measurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	<p>LDL cholesterol in mg/dL Up to a three-digit (numeric) value representing a fasting participant's fasting LDL cholesterol in mg/dL</p> <hr/> <p>777 Inadequate blood sample LDL cholesterol measurement was attempted, but results were not obtained due to technical difficulties or errors This may include issues such as (1) two or more failed venipuncture attempts; (2) insufficient amount of blood, type of test tube; (3) sample submitted to laboratory, test not done due to erroneous or missing laboratory request or other paperwork This response should be used for participants who were confirmed to be fasting, but their LDL cholesterol was unable to be obtained</p> <hr/> <p>888 Client refused Participant refuses to receive a lipid panel that would include LDL measurements This response should be used for participants who were confirmed to be fasting, but refused a lipid panel</p> <hr/> <p>999 No measurement recorded No LDL cholesterol measurement was taken or recorded Nonfasting participants should always have this value</p>
ANALYSIS AND USE	To assist in determining cholesterol control and management

Item 14e: Trigly	Triglycerides (fasting) This variable indicates a fasting participant's triglycerides measurement.
SOURCE	Not applicable; health screening measurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Triglycerides in mg/dL Up to a four-digit (numeric) value representing a fasting participant's triglycerides measurement in mg/dL
	7777 Inadequate blood sample Triglycerides measurement was attempted, but results were not obtained due to technical difficulties or errors This may include issues such as (1) two or more failed venipuncture attempts; (2) insufficient amount of blood, type of test tube; (3) sample submitted to laboratory, test not done due to erroneous or missing laboratory request or other paperwork This response should be used for participants who were confirmed to be fasting, but their triglycerides measurement could not be obtained
	8888 Client refused Fasting participant refuses to receive a lipid panel that would include triglycerides measurements This response should be used for participants who were confirmed to be fasting, but refused a lipid panel
	9999 No measurement recorded No triglycerides measurement was taken or recorded Nonfasting participants should always have this value
ANALYSIS AND USE	To assist in determining cholesterol control and management

Item 15a: BGDate	Glucose/A1c Measurement Date This variable indicates the date that the glucose or A1C measurements were taken.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Screening Date Valid date in MMDDCCYY format
ANALYSIS AND USE	To determine the date of the glucose or A1C measurements To facilitate analysis of changes in glucose or A1C measurements over time

Item 15b: Glucose	Glucose (fasting) This variable indicates the participant's fasting glucose measurement.	
SOURCE	American Heart Association Life's Simple 7	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	Total glucose in mg/dL	Up to a three-digit (numeric) value representing the participant's fasting glucose level in mg/dL
	777 Inadequate blood sample	Glucose measurement was attempted, but results were not obtained due to technical difficulties or errors
	888 Client refused	Participant refuses to have her blood drawn for glucose measurements If the participant refuses to go to the lab, the participant can be considered to have refused If the participant does not go to the scheduled lab appointment after follow-up has been attempted, the participant can be considered to have refused
	999 No measurement recorded	No glucose measurement was taken or record
ANALYSIS AND USE	To identify participants who have pre-diabetes and diabetes To assist in determining diabetes control and management To use in conjunction with A1C percentage (14c: A1C) to accurately assess a participant's blood glucose To provide data element required to determine participant's Simple 7 cardiovascular risk score To understand the overall rate of diabetes among the WISEWOMAN population	

Item 15c: A1C	A1C Percentage This variable indicates the participant's A1C percentage (if measured).
SOURCE	Not applicable; health screening measurement
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	A1C percentage Numeric value representing the participant's A1C percentage. A1C should be reported to one decimal point If A1C was measured by another provider within the last 3 months, it is acceptable to input the value if it is available
	7777 Inadequate blood sample A1C measurement was attempted, but results were not obtained due to technical difficulties or errors
	8888 Client refused Participant refuses to have an A1C test If a participant refuses to go to the lab, the participant can be considered to have refused If a participant does not go to the scheduled lab appointment after follow-up has been attempted, the participant can be considered to have refused
	9999 No measurement recorded No A1C measurement was taken or recorded
ANALYSIS AND USE	To identify participants who have diabetes and refer them for medical management To identify participants who have higher-than-optimal A1C levels and would benefit from preventive services such as lifestyle programs To assist in determining diabetes control and management To assess the cardiovascular disease risk factors in the WISEWOMAN population

Item 16a: BPAAlert	If average SBP >180 or DBP >110, what is the status of the workup?	
	This variable indicates the status of the workup of a participant's alert level blood pressure.	
SOURCE	Not applicable; health screening measurement	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Workup complete	Workup for participant with an alert level blood pressure reading is complete
	2 Follow-up – workup by alternate provider	Patient intends to see an alternate provider within 7 days
	3 Not an alert reading	Participant did not have an alert level blood pressure reading
	8 Client refused workup	Participant had an alert level blood pressure reading but refused workup
	9 Workup not completed, client lost to follow-up	Participant had an alert level blood pressure reading but was lost to follow-up, and workup was not completed <i>Lost to follow-up</i> is defined as a participant who did not attend her scheduled workup within three months after a screening visit and could not be reached to reschedule another appointment
ANALYSIS AND USE	To assess whether participants with alert level blood pressure readings are receiving a workup To assist in determining hypertension (high blood pressure) management, and control	

Item 16b: BPDiDate	If Average SBP >180 or DBP >110, Workup Date This variable indicates the workup date for a participant with an alert level blood pressure reading.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	Participants who have an alert level blood pressure value are included in the denominator
VALUES AND DESCRIPTION	Blood Pressure Workup Date Valid date in MMDDCCYY format If follow-up information is provided for this referral, the workup date can be entered
ANALYSIS AND USE	To assess whether providers are performing timely workups for participants with alert level blood pressure values To determine whether programs are meeting the guideline of workups within one week of the screening for alert participants To assist in determining hypertension (high blood pressure) prevention, management, and control

Item 16c: BGAAlert	If GLUCOSE \leq50 or GLUCOSE \geq250, what is the status of the workup?	
	This variable indicates the status of the workup of a participant's alert level blood glucose.	
SOURCE	Not applicable; health screening measurement	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Workup complete	Workup for participant with an alert level fasting glucose reading is complete
	2 Follow-up – work up by alternate provider	Patient intends to see an alternate provider within 7 days
	3 Not an alert reading	Participant does not have an alert level fasting glucose reading
	8 Client refused workup	Participant had an alert level fasting glucose reading but refused workup
	9 Workup not completed, client lost to follow-up	Participant had an alert level fasting glucose reading but was lost to follow-up, and workup was not completed <i>Lost to follow-up</i> is defined as a participant who did not attend her scheduled workup within three months after a screening visit and was unable to be reached to reschedule another appointment
ANALYSIS AND USE	To assess whether participants with alert level blood glucose readings are receiving workup To assist in determining diabetes prevention, management, and control	

Item 16d: BGDIDate	If GLUCOSE ≤50 or GLUCOSE ≥250 Workup Exam Date This variable indicates the workup date for a participant with an alert level fasting blood glucose reading.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	Participants who have alert level fasting glucose values are included in the denominator.
VALUES AND DESCRIPTION	Blood glucose workup date Valid date in MMDDCCYY format If follow-up information is provided for this referral, the workup date can be entered
ANALYSIS AND USE	To assess whether providers are performing timely workups for participants with alert level fasting blood glucose values To determine whether programs are meeting the guideline of workup within one week of the screening for alert participants

Item 17a: RRCDate	Risk Reduction Counseling Date This variable indicates the date that the initial risk reduction counseling occurred.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Risk reduction counseling date Valid date in MMDDCCYY format Date must occur within the submission period
ANALYSIS AND USE	To determine the date of the risk reduction counseling To assess receipt of risk reduction counseling to inform analyses of behavior change To facilitate analysis of changes in risk reduction counseling provision over time

Item 17b: RRCComplete	Risk Reduction Counseling Completion Date This variable indicates the date that risk reduction counseling was completed.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Risk reduction counseling follow-up date Valid date in MMDDCCYY format Date must occur within the submission period
ANALYSIS AND USE	To determine the date of a completed risk reduction counseling session To facilitate analysis of changes in risk reduction counseling provision over time

Item 17c: RRCNut	Participant Decided Nutrition Is A Priority Area This variable indicates whether the participant decided that nutrition is a priority area after receiving risk reduction counseling.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants that received risk reduction counseling
VALUES AND DESCRIPTION	1 Yes Participant decided that nutrition is a priority area
	2 No Participant did not decide that nutrition is a priority area
	7 Unknown It is unknown whether the participant decided that nutrition is a priority area
ANALYSIS AND USE	To determine the number of participants that decided nutrition is a priority area after receiving risk reduction counseling To assist in determining participant health education on cardiovascular disease risk factors To assist in assessments of reduction of risk over time in context of types of counseling received

Item 17d: RRCPA	Participant Decided Physical Activity Is A Priority Area This variable indicates whether the participant decided that physical activity is a priority area after receiving risk reduction counseling.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants that received risk reduction counseling
VALUES AND DESCRIPTION	1 Yes Participant decided that physical activity is a priority area
	2 No Participant did not decide that physical activity is a priority area
	7 Unknown It is unknown whether the participant decided that physical activity is a priority area
ANALYSIS AND USE	To determine the number of participants that decided physical activity is a priority area after receiving risk reduction counseling To assist in determining participant health education on cardiovascular disease risk factors To assist in assessments of reduction of risk over time in context of types of counseling received

Item 17e: RRCSmoke	Participant Decided Smoking Cessation Is A Priority Area This variable indicates whether the participant decided that smoking cessation is a priority area after receiving risk reduction counseling.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants that have received risk reduction counseling and are smokers and those exposed to second hand smoke
VALUES AND DESCRIPTION	1 Yes Participant decided that smoking cessation is a priority area
	2 No Participant did not decide that smoking cessation is a priority area
	7 Unknown It is unknown whether the participant decided that smoking cessation is a priority area
ANALYSIS AND USE	To determine the number of participants that decided smoking cessation is a priority area after receiving risk reduction counseling To assist in determining participant health education on cardiovascular disease risk factors To assist in assessments of reduction of risk over time in context of types of counseling received

Item 17f: RRCMedAdhere	Participant Decided Medication Adherence for Hypertension (high blood pressure) Is A Priority Area This variable indicates whether the participant decided medication adherence for her hypertension (high blood pressure) is a priority area after receiving risk reduction.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants taking medication for hypertension (high blood pressure) and received risk reduction counseling	
VALUES AND DESCRIPTION	1 Yes	Participant decided that medication adherence for hypertension (high blood pressure) is a priority area
	2 No	Participant did not decide that medication adherence for hypertension (high blood pressure) is a priority area
	7 Unknown	It is unknown whether the participant decided that medication adherence for hypertension (high blood pressure) is a priority area
ANALYSIS AND USE	<p>To determine the number of participants that decided that medication adherence for hypertension (high blood pressure) is a priority area after receiving risk reduction counseling</p> <p>To assist in determining hypertension (high blood pressure) prevention, management, and control</p> <p>To assist in determining participant health education on cardiovascular disease risk factors</p> <p>To assist in assessments of reduction of risk over time in context of types of counseling received</p>	

Item 18a: RTCDate	Readiness to Change Assessment Date This variable indicates the date that an assessment of readiness to change occurred.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Readiness to change assessment date Valid date in MMDDCCYY format
ANALYSIS AND USE	To determine the date of the readiness to change assessment To assist in determining whether the participant has received an assessment of readiness to change To facilitate analysis of changes in readiness to change for the participant and for the program over time

Item 18b: RTC	Participant Stage of Change	
	This variable indicates the participant's state of change based on a readiness to change assessment.	
SOURCE	Prochaska, JO.; DiClemente, CC. The transtheroretical approach. In: Norcross, JC; Goldfried, MR. (eds.) Handbook of psychotherapy integration. 2nd ed. New York: Oxford University Press; 2005. p. 147–171.	
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Pre-contemplation	Participant has little or no intention to change her behavior in the foreseeable future
	2 Contemplation	Participant is thinking about making a change in her behavior
	3 Preparation	Participant is ready to plan how she will make a change in her behavior
	4 Action	Participant is in the process of trying to make a change in her behavior
	5 Maintenance	Participant is trying to maintain a change she has made in her behavior
	8 Refused	Participant refused to answer readiness to change assessment questions
	9 No answer recorded	No answer was recorded
ANALYSIS AND USE	<p>To assess participant's stage of change based on a readiness to change assessment</p> <p>To facilitate analysis of changes in readiness to change for the participant and for the program over time</p> <p>To assist in assessments of participant behavior change outcomes in context of readiness to change</p>	

Item 19a: RefDate	Lifestyle Program (LSP) / Health Coaching (HC) Referral Date This variable indicates the date that a referral to a LSP/HC occurred.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	The denominator includes all WISEWOMAN participants
VALUES AND DESCRIPTION	Lifestyle Program/Health Coaching Referral Date Valid date in MMDDCCYY format
ANALYSIS AND USE	To determine the date of the referral to a LSP/HC To assist in determining whether the participant has received a referral to a LSP/HC To assist in determining the number of LSP/HC referrals per participant To facilitate analysis of changes in LSP/HC referrals over time

Item 20a: LSPHCRec	Number of Lifestyle Program (LSP) / Health Coaching (HC) Sessions Received by the Participant This variable indicates the number of LSP/HC sessions the participant has received.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	All LSP/HC sessions among WISEWOMAN participants
VALUES AND DESCRIPTION	Number of Sessions Value representing the number of LSP/HC sessions the participant has received (includes current LSP/HC session)
ANALYSIS AND USE	To track the number of LSP/HC sessions that the participant has received To assess LSP/HC sessions in context of types and settings, and readiness to change of a participant

Item 20b: Intervention	Date of Lifestyle Program (LSP) / Health Coaching (HC) Session For LSP/HC records, this variable indicates the date that the LSP/HC session occurred.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	All LSP/HC sessions among WISEWOMAN participants
VALUES AND DESCRIPTION	Lifestyle Program/Health Coaching Session Date Valid date in MMDDCCYY format
ANALYSIS AND USE	To determine the date of the LSP/HC session To assist in determining whether the participant has received an LSP/HC session To assist in calculating the number of LSP/HC sessions per participant To assess whether participants with risk factors receive LSP/HC services To assess changes in risk profile between participants who participate in the LSP/HC and participants who do not

Item 20c: LSPHCID	Lifestyle Program (LSP) / Health Coaching (HC) ID This variable indicates which LSP/HC was used.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	All LSP/HC sessions among WISEWOMAN participants
VALUES AND DESCRIPTION	Lifestyle Program ID Value representing the ID code of the LSP as assigned
	Health Coaching ID Value representing the ID code of the HC as assigned
ANALYSIS AND USE	To track the number of WISEWOMAN participants who receive an LSP/HC session from each WISEWOMAN LSP/HC provider To describe differences in participant demographics or other characteristics by LSP/HC provider To identify the number of LSP/HC providers in a given geographic area

Item 20d: LSPHCTime	Length of Lifestyle Program (LSP) / Health Coaching (HC) Session Received by the Participant This variable indicates the length (in minutes) of the LSP/HC session the participant has received.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	All LSP/HC sessions among WISEWOMAN participants
VALUES AND DESCRIPTION	Length of Session Value representing the length of the LSP/HC session in minutes
ANALYSIS AND USE	To track the length of the LSP/HC sessions that the participant has received To assess LSP/HC sessions in context of types and settings, and readiness to change of a participant

Item 20e: ContactType	Type of Lifestyle Program (LSP) / Health Coaching (HC) Session	
	This variable indicates the type LSP/HC session.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	All LSP/HC contacts among WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Face-to-face	LSP/HC session was completed face-to-face
	2 Phone	LSP/HC session was completed by phone
	3 Smart phone/tablet Application	LSP/HC session was completed with a smart phone or tablet application session. The program has received evidence that the application session was completed.
	4 Evidence that mailed materials were opened and reviewed	LSP/HC session was completed by review of mailed materials. The program has received evidence that the materials were opened and reviewed
	5 Evidence that audiotape or DVD as opened and reviewed	LSP/HC session was completed by review of an audiotape or DVD. The program has received evidence that the audiotape or DVD was opened and reviewed
	6 Evidence that non-interactive computer-based session was completed	LSP/HC session was completed with a computer-based session that did not involve an interactive component. The program has received evidence that the computer-based session was completed
	7 Evidence that interactive computer-based session was completed	LSP/HC session was completed with a computer-based session that involved an interactive component. The program has received evidence that the interactive computer-based session was completed.
	0 Other	Other LSP/HC session type.
	99 No answer recorded	No answer was recorded
ANALYSIS AND USE	<p>To assess how frequently different types of LSP/HC sessions are being used within and across programs</p> <p>To determine whether frequency of LSP/HC session types are consistent with programs' LSP models</p> <p>To assess LSP/HC sessions in context of types and settings, and readiness to change of a participant</p>	

Item 20f: Setting	Setting of Lifestyle Program (LSP) / Health Coaching (HC) Session This variable indicates the setting of the LSP/HC session.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	All LSP/HC contacts among WISEWOMAN participants	
VALUES AND DESCRIPTION	1 Individual	LSP/HC contact for the participant occurred as an individual session
	2 Group	LSP/HC contact for the participant occurred as a group session
	3 Combination	LSP/HC contact for the participant occurred as a combination of individual and group sessions
	9 No answer recorded	No answer was recorded
ANALYSIS AND USE	<p>To assess how frequently different types of LSP/HC settings are being used within and across programs</p> <p>To determine whether the settings of LSP/HC sessions are consistent with programs' LSP/HC models</p> <p>To assess LSP/HC sessions in context of types and settings, and readiness to change of a participant</p>	

Item 20g: LSPHCComp	Completion of Lifestyle Program (LSP) / Health Coaching (HC) This variable indicates if the participant has completed the LSP/HC.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	All WISEWOMAN participants participating in an LSP/HC program	
VALUES AND DESCRIPTION	1 Yes – Lifestyle Program/Health Coaching is Complete	Participant has completed the LSP/HC. An LSP requires multiple sessions, e.g., multiple sessions in a curriculum
	2 Yes – Intensive Follow-Up	Participant is in intensive follow-up following LSP/HC completion
	3 No – Lifestyle Program/Health Coaching is still in progress	Participant's LSP/HC is still in progress
	4 No – Withdrawal/Discontinued	Participant has withdrawn from the LSP/HC or discontinued the LSP/HC
	9 No answer recorded	No answer was recorded for completion of LSP/HC
ANALYSIS AND USE	<p>To determine whether the participant has completed an LSP/HC</p> <p>To assist in determining the date of the participant's final LSP/HC session in the program</p> <p>To assess changes in risk profile between participants who complete the LSP/HC and participants who do not</p>	

Item 21a: TobResDate	Date of Referral to Tobacco Cessation Resource This variable indicates the date that the referral to a tobacco cessation resource occurred.
SOURCE	Not applicable; WISEWOMAN-specific variable
DENOMINATOR POPULATION	All tobacco cessation resource referrals among WISEWOMAN participants
VALUES AND DESCRIPTION	Tobacco Cessation Resource Referral Date Valid date in MMDDCCYY format
ANALYSIS AND USE	To document the date of a referral to tobacco cessation resource To assist in tracking receipt of tobacco cessation resource

Item 21b: TobResType	Type of Tobacco Cessation Resource Activity	
	This variable indicates the type of tobacco cessation resource activity that the participant was referred to.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	All contacts among WISEWOMAN participants who identify themselves as current smokers	
VALUES AND DESCRIPTION	1 Quit Line	Participant was referred to a Proactive Tobacco Quit Line
	2 Community-based tobacco program	Participant was referred to a community-based tobacco program
	3 Other tobacco cessation resources	Participant was referred to other tobacco cessation resources
	9 No answer recorded	No answer was recorded
ANALYSIS AND USE	<p>To determine the number of smokers that received a referral to tobacco cessation resource</p> <p>To determine how frequently different types of tobacco cessation resources are being used within and across programs</p> <p>To compare the smoking status at rescreening and follow-up of women who were linked to tobacco cessation resources versus those who were not</p>	

Item21c:TobResComp	Tobacco Cessation Resource Activity Completed	
	This variable indicates whether the participant completed tobacco cessation resource activity.	
SOURCE	Not applicable; WISEWOMAN-specific variable	
DENOMINATOR POPULATION	All contacts among WISEWOMAN participants who identify themselves as current smokers	
VALUES AND DESCRIPTION	1 Yes – Completed tobacco cessation resource activity	Participant completed tobacco cessation resource activity
	2 No – Partially completed tobacco cessation resource activity	Participant partially completed tobacco cessation resource activity
	3 No – Withdraw from tobacco cessation resource activity when reached	Participant withdrew/refused tobacco cessation resource activity when contacted
	4 No – Could not reach to conduct tobacco cessation resource activity	Participant could not be reached when contacted by the tobacco cessation resource activity
	9 No answer recorded	No answer was recorded
ANALYSIS AND USE	To determine the number of smokers that participated in tobacco cessation resource activities To compare the smoking status at rescreening and follow-up of women who were linked to tobacco cessation resources versus those who were not	