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OMB Control Number: 0584-XXXX Expiration Date: XX/XX/XXXX



School Nutrition and Meal Cost Study-II School Nutrition Manager Survey

May 2018

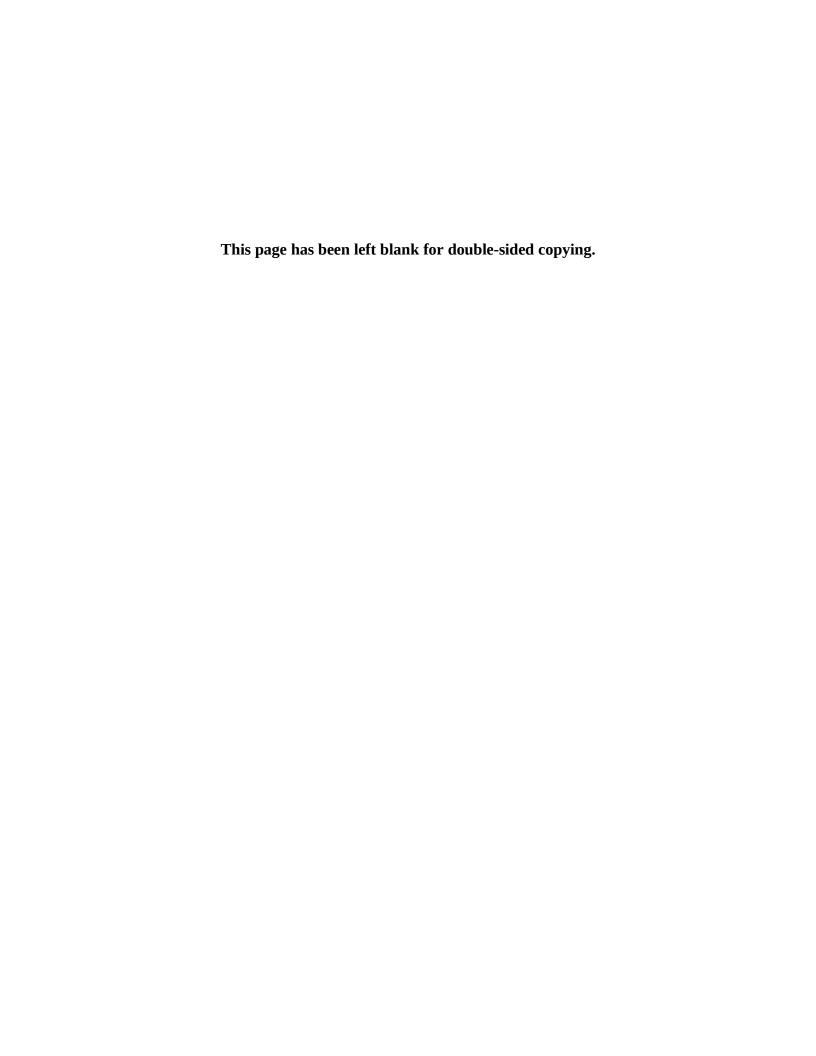
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PARTICIPATION IN SCHOOL NUTRITION PROGRAMS AND KITCHEN CHARACTERISTICS

| 1. | | Does your school do any of the following? Note: School gardens include those that are used for nutrition e purposes. [IF ELEMENTARY SCHOOL: The Fresh Fruit and Vege purchase fresh fruits and vegetables and distribute them free to meals.] | etable Pr | ogram pro | ovides f | unds to |
|--------------------|------|--|-----------|---------------|----------|---------------|
| | | | MARK | ONE RES | PONSE F | PER ROW |
| | | | YES | 1 | NO | DON'T KNOW |
| | IF I | ELEMENTARY SCHOOL: | | | | |
| | a. | Participate in the Fresh Fruit and Vegetable Program (FFVP) | 1 🗆 | 0 | | d \square |
| | b. | Participate in a Farm to School Program | 1 🗆 | 0 | | d 🗆 |
| | C. | Operate a school garden | 1 🗆 | 0 | | d 🔲 |
| 2.1 If y 2.2 | our | On average, on how many days per week does your school offer students through FFVP snacks? (RANGE 1-5) school does not operate a school garden, skip to Q.3. Is food harvested from the school garden served in your school 1 | 's reimbu | ırsable bı | eakfast | or lunch? |
| | | ree meals to children when school is not in session? | | | | • |
| | | | | MARK ON PE | R ROW | JNSE |
| | | | | YES | N | 0 |
| | | a. Summer Food Service Program | | 1 🗆 | 0 | |
| | | b. Seamless Summer Option | | 1 🔲 | 0 | |
| | | | | | | |

| 4. | Which | of the following best describes your kitchen? |
|----|--------|---|
| | | MARK ONE ONLY |
| | 1 🗆 | An on-site kitchen where meals are prepared for serving only at this school |
| | 2 🗌 | An on-site production kitchen where meals are prepared for serving at this school and shipped to other schools |
| | з 🗌 | A receiving or satellite kitchen that obtains <u>partially</u> prepared meals from a central or production kitchen |
| | 4 | A receiving or satellite kitchen that obtains <u>fully</u> prepared meals from a central or production kitchen |
| 5. | Do stu | dents have the option to pre-order their lunch? MARK ONE ONLY |
| | 1 🗆 | Yes, students are required to pre-order lunch |
| | 2 | Yes, students have the option to pre-order lunch but it is not required |
| | о 🗆 | No, students do not have the option to pre-order lunch |
| 6. | | ou or other food service staff involved in pricing foods that are not sold through school food e, such as competitive foods sold in a school store? |
| | 1 🗆 | Yes |
| | 0 🗆 | No |
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IMPLEMENTING FEDERAL NUTRITION STANDARDS FOR SCHOOL MEALS

| | cal assistance (TA) have you or other school nutrition personnel received? ALL THAT APPLY |
|------|--|
| 1 🗆 | Menu planning |
| 2 🗌 | Nutrition education |
| з 🗌 | General nutrition |
| 4 | Food production |
| 5 | Food serving |
| 6 | Cashiering/point-of-service |
| 7 | Food purchasing/procurement |
| 8 🗌 | Receiving and storage |
| 9 | Food safety and HACCP |
| 10 | Free and reduced price meal benefits |
| 11 | Program management |
| 12 | Financial management |
| 13 | Human resources and staff training |
| 14 | Facilities and equipment planning |
| 15 🗌 | Communications and marketing |
| 99 🗌 | Other (specify) |
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| | | MEAL SERVICE |
|-----|--------|--|
| 8. | How a | e students who are eligible for free or reduced-price lunches identified by the cashier? |
| | | MARK ALL THAT APPLY |
| | 1 🔲 | Point-of-sale system |
| | 2 | Coded tickets or tokens |
| | з 🗌 | Cashier lists |
| | 4 | Personal ID numbers (PINs) |
| | 5 | Bar code/magnetic strip |
| | 6 | Coded identification cards |
| | 7 | Student verbally identifies self as free or reduced-price |
| | 8 🗌 | Finger scan |
| | 9 🗌 | Other (specify) |
| 9. | How do | o students pay for <u>reimbursable meals</u> ? |
| | | ALL THAT APPLY |
| | 1 🔲 | Cash |
| | 2 | Amount debited from balance on student account |
| | 3 | Tickets or tokens |
| | 99 🗌 | Other (specify) |
| | 4 | School serves all meals for free |
| 10. | How de | o students pay for foods purchased <u>a la carte</u> ? |
| | | ALL THAT APPLY |
| | 1 | Cash |
| | 2 | Amount debited from balance on student account |
| | 3 🗌 | Tickets or tokens |
| | 99 | Other (specify) |
| | 4 | School does not sell a la carte items (including milk) |
| | | |
| | | |
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| If no | School Breakfas | st Program, go to Q.12 | | | |
|--------|--|---|-------------------------------|---------------------------|-------------|
| 11. | Do you use th | ne offer-versus-serve optio | n at <u>breakfast</u> ? | | |
| | MARK | ONE ONLY | | | |
| | ₁ ☐ Yes, fo | or all students | | | |
| | 2 🗆 | Yes, for some stude | ents | | |
| | 0 🗌 | No | | | |
| If res | ponding for a hi | gh school, go to Q.13. | | | |
| 12. | _ | ne offer-versus-serve option | n at <u>lunch</u> ? | | |
| | | ONE ONLY | | | |
| | ı ∐ Yes, fo | or all students Yes, for some stud | onte | | |
| | 0 🗆 | No | ents | | |
| 13. | Does your sc | hool serve lunch during on | e period or multi | nle neriods? | |
| | | | | | |
| | | | o ponou o manu | | |
| | | unch period Multiple lunch perio | | | |
| 14. | 1 | ınch period | ods | | |
| | 1 | ınch period Multiple lunch perio | ods | | AM/PM |
| | 1 One lu | unch period Multiple lunch perion Ie the start and end time(s) | ods for each lunch p | eriod. | AM/PM |
| | 1 One lu 2 One lu Please provid | unch period Multiple lunch perion Ie the start and end time(s) | ods for each lunch p | eriod. | AM/PM |
| | 1 One lu 2 One lu Please provid PERIOD | unch period Multiple lunch perion Ie the start and end time(s) | ods for each lunch p | eriod. | AM/PM _ |
| | Please provide PERIOD | Inch period Multiple lunch period le the start and end time(s) FROM : : | ods for each lunch per AM/PM | eriod. TO : : | |
| | Please provide PERIOD 1 2 3 | Inch period Multiple lunch period le the start and end time(s) FROM : : | for each lunch per AM/PM | eriod. TO : : | |
| | Please provide PERIOD 1 2 3 4 | Inch period Multiple lunch period le the start and end time(s) FROM | for each lunch per AM/PM | TO : : | |
| | Please provid PERIOD 1 2 3 4 5 | Inch period Multiple lunch period le the start and end time(s) FROM | for each lunch per AM/PM | TO : : : | |
| | Please provide PERIOD 1 2 3 4 5 6 | Inch period Multiple lunch period le the start and end time(s) FROM | for each lunch per AM/PM | TO _ : _ : _ _ : | |
| | Please provided PERIOD 1 2 3 4 5 6 7 | Inch period Multiple lunch period le the start and end time(s) FROM | for each lunch per AM/PM | TO | |

| If no S | chool Breakfast Program, go to Q.18. |
|---------|--|
| 15. | What time does your school serve breakfast? |
| | FROM TO |
| | |
| | AM PM |
| 16. | How many minutes, on average, would you estimate a student spends in line to get breakfast? |
| | MINUTES |
| | $_{\scriptscriptstyle \rm n} \; \square \;$ Not applicable, students do not wait in line for breakfast |
| 16.1 | On average, how many minutes would you estimate students have to eat breakfast after being seated? |
| | MINUTES |
| | $_{\scriptscriptstyle \rm I\!\!I}$ Not applicable, unable to observe students after being seated |
| 17. | In which of the following locations do students eat breakfast? |
| | MARK ALL THAT APPLY |
| | Cafeteria or other indoor/outdoor food service area |
| | 2 School buses |
| | 3 □ Classrooms 4 □ Outdoors (other than a food service area) |
| | 5 Grab-and-go |
| | 6 Other (specify) |
| | |
| 18. | How many minutes, on average, would you estimate a student spends in line to get lunch? Do not count waiting for made- or cooked-to-order items. |
| | MINUTES |
| 19. | On average, how many minutes would you estimate students have to eat lunch after being seated? |
| | MINUTES |
| | |
| | |

| 20. | | What procedures do you use to accon | nmodate stu | dents with fo | ood allergies | ? | | |
|-----|------------------------|---|----------------|-----------------------|----------------|---------------------|-------------|----|
| | | □ Separate tables | | | | | | |
| | | $_{2}\ \square$ Special sanitation procedures in | the kitchen a | nd/or dining a | ırea | | | |
| | | $_{3}\ \square$ Procedures to identify students in | n the serving | line | | | | |
| | | $_4$ \square Special training for school nutrition | on staff | | | | | |
| | | $_{5}$ \square Prepare a different meal, such as | s gluten free | | | | | |
| | | 6 ☐ Other (<i>specify</i>) | | | | | | |
| | | $_{\circ}$ \square None of the above | | | | | | |
| 21. | | What procedures do you use to accon | nmodate stu | dents with d | isabilities? | | | |
| | | MARK ALL THAT APPLY | | | | | | |
| | | □ Signed prescription from child's part of the signed prescription from the signed prescription from child's part of the signed prescription from the signed prescri | nhysician | | | | | |
| | | 2 Cashier has child names to inspe | - | | | | | |
| | | 3 Consultation with registered dieti | itian to adapt | menus | | | | |
| | | $_4$ \square Provide earlier start time for lunc | h | | | | | |
| | $_{5}$ Other (specify) | | | | | | | |
| | | None of the above | | | | | | |
| | | There of the above | | | | | | |
| 21. | 1 E | xcluding accommodations for food alle | ergies or dis | abilities, how | often does | your school | offer meals | to |
| aco | com | odate students who choose to follow th | ne alternate | diets listed b | elow? | | | |
| | | | | MAR | K ONE PER F | ROW | | |
| | | | Never | Less than once a week | Once a week | 2-4 times a week | Every day | |
| | a. | Vegetarian | n | 1 | 2 | 3 🗆 | 4 | |
| | b. | Vegan | n 🔲 | 1 | 2 | 3 | 4 | |
| | C. | Gluten free | n 🗌 | 1 | 2 | 3 | 4 | |
| | d. | Halal | n 🔲 | 1 | 2 | 3 | 4 | |
| | e. | Kosher | n 🔲 | 1 | 2 | 3 | 4 | |
| | f. | Other (specify) | n 🔲 | 1 | 2 | 3 | 4 | |
| | | | | | | | | |
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| SCHOOL | NUTRITION MANAGER SU | JRVEY | | |
|--------|----------------------|-------|--|--|
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| | AFTERSCHOOL SNACKS AND SUPPER |
|----------|---|
| | Doog your cabool offer an aftercabael are are 2 |
| 22. | Does your school offer an afterschool program? |
| | _ 1 ☐ Yes |
| ↓ | $_{0}$ \square No \longrightarrow GO TO Q.26 |
| 23. | Do you provide reimbursable snacks or suppers to the afterschool program that operates in your school? |
| | MARK ALL THAT APPLY |
| | 1 Yes, afterschool <u>snacks</u> |
| | 2 Yes, afterschool suppers |
| | No, afterschool snacks or suppers are not provided → GO TO Q.26 |
| 24. | Are snacks provided through the National School Lunch Program (NSLP) or Child and Adult Care Food Program (CACFP) at-risk afterschool snacks? |
| | MARK ONE ONLY |
| | ı □ NSLP |
| | ² CACFP |
| 25.1 | What role does your school food service department play in the afterschool snack program? |
| | MARK ALL THAT APPLY |
| | $_{1}$ \square Purchase food, equipment, goods, and/or services |
| | ₂ Store food |
| | ₃ ☐ Serve food |
| | 4 Deliver food |
| | $_{5}$ \square Hire, train or supervise staff in food service functions |
| | 6 ☐ Other (specify) |
| | |
| | o □ None |
| | If no afterschool supper program (Q23 does not include "2"), GO TO Q 26. |
| 25.2 | What role does your school food service department play in the CACFP at-risk afterschool suppers? |
| | MARK ALL THAT APPLY |
| | Purchase food, equipment, goods, and/or services |
| | 2 Store food |
| | ₃ ☐ Serve food |
| | 4 Deliver food |
| | $_{5}$ \square Hire, train or supervise staff in food service functions |
| | 6 ☐ Other (specify) |
| | o □ None |

NUTRITION PROMOTION AND OUTREACH

26. Have you or anyone on your staff engaged in the following nutrition promotion activities in SY 2019-2020?

MARK ONE PER ROW YES NO a. Involved students in planning school meal menus 1 o \Box b. Conducted a taste test activity with students 1 ۵ 🗆 c. Attended a Parent-Teacher Association/Organization or other parent group meeting to discuss ₁ ٥ Ц the school meal program d. Conducted a nutrition education activity in the classroom 1 o \Box e. Conducted a nutrition education activity in the food service area 1 | | ا ا ه Set up a booth at a school event to promote or inform about school meals (for example, a family 1 o \Box night or parent-teacher conference night) g. Met with teachers to explain school meal program or discuss how program can work with 1 ο 🗌 classroom teachers h. Discussed student food allergies with the school nurse or classroom teachers ₁ \square ٥Π Participated in a school or district meeting about the local wellness policy 1 o \Box Shared information about the school meal program with a nutrition advisory council 1 | | ا ا ه Met with an advisory group to plan or assess nutrition education or promotion activities 1 o \Box Provided information about the school meal program to families 1 o \Box m. Provided information about the school meal program to the public 1 L ا ه n. Invited family members to consume a school meal ₁ o \Box o. Invited community members to plan or promote school meals (for example, local chefs, farmers, dietitians/nutritionists, Cooperative Extension agents, local sports figures, police officers, ₁ \square οΠ firefighters, or other local heroes) p. Presented information about school meals to a local civic or community service group (for 1 o \Box example, a chamber of commerce, Lions Club, Rotary International, or a similar organization) q. Other (specify) ₁ ο 🔲

If your school operates a school garden or participates in a Farm to School program (Q1b or Q1c = 1), please answer Q 27 below.

27. Have you or any of your staff engaged in the following Farm to School activities in SY 2019-2020?

MARK ONE PER ROW

| | | YES | NO |
|----|---|-----|-----|
| a. | Served products from school-based gardens or farms | 1 🗆 | 0 🗆 |
| b. | Held taste tests or cooking demonstrations in school with products from school-based gardens | 1 🗆 | 0 |
| c. | Conducted edible school gardening or orchard activities as part of a school curriculum | 1 🔲 | o 🔲 |
| d. | Conducted edible school gardening activities as part of afterschool program | 1 🔲 | о 🗆 |
| e. | Provided training to school food service staff on farm to school or school gardens | 1 🗆 | о 🗆 |
| f. | Served locally produced foods | 1 🗆 | о 🗆 |
| g. | Held taste tests or cooking demonstrations in school with locally produced foods | 1 🗆 | о 🗆 |
| e. | Encouraged or promoted the consumption of local foods in the cafeteria | 1 🗆 | о 🗆 |
| f. | Used USDA Team Nutrition materials for taste testing and education (such as <i>The Great Garden Detective Adventure</i> or <i>Dig In!</i>) | 1 🗆 | 0 |
| g. | Took students on field trips to farms or orchards | 1 🔲 | о 🔲 |
| h. | Had a farmer visit the school | 1 🔲 | о 🗆 |
| i. | Promoted local efforts using themes or brands (e.g. Harvest of the Month, Local Day, Taste of Washington) | 1 🗆 | 0 🗆 |
| j. | Promoted locally produced foods at school (e.g. via cafeteria signs, posters, newsletters) | 1 🗆 | о 🗌 |
| k. | Generated media coverage of local foods being used in schools | 1 🔲 | o 🗌 |
| I. | Hosted farm to school related community events | 1 🔲 | о 🗆 |
| m. | Celebrated Farm to School Month (October 2019) | 1 🔲 | о 🗆 |
| n. | Other (specify) | 1 🔲 | 0 |

28. Which of the following strategies is your school using to prevent or reduce food waste this school year?

MARK ONE PER ROW YES NO a. Allowing students more time to eat than in previous years 1 0 b. Seeking student input for menu planning ₁ 。 □ c. Serving more foods that are likely to be popular with students 1 0 d. Serving ready-to-eat-fruit 1 οΠ e. Rewarding students for trying new foods 1 0 f. Using offer versus serve 0 1 g. Providing more choices compared to previous years ₁ 0 Providing more choices than students are required to take 1 0 Tailoring the number of meals prepared daily to meet student demand ₁ 0 Adding more serving lines 1 $_{0}$ h. Staff and teachers eating meals with students (modeling behavior) ₁ 0 Scheduling recess before lunch 1 ۵ П Using sharing/trading tables in the cafeteria 1 0 k. Encouraging students to keep food items not eaten for snacks ₁ o \Box Offering grab-and-go items 1 0 m. Collecting and donating intact items to a food bank 1 。 □ n. Other (specify) 1 o \Box

| | SCHOOL CHARACTERISTICS |
|------|--|
| 29. | What time do the school doors open for students? |
| 30. | Do school buses arrive at your school in the morning? |
| | - 1 |
| 31a. | When does the first school bus usually arrive at school? |
| | _ : AM |
| 31b. | When does the last school bus usually arrive at school in the morning? |
| | : AM |
| 32. | What time does the first class of the day usually start? |
| | : AM |