

**ATTACHMENT A**

**QUESTION BY QUESTION SOURCE TABLE FOR THE YES INITIATIVE  
PHYSICAL ACTIVITY AND NUTRITION SURVEY**

## QUESTION BY QUESTION SOURCE LIST FOR THE FEDERAL EVALUATION OF YES INITIATIVE PHYSICAL ACTIVITY AND NUTRITION SURVEY

This document lists each question on the Physical Activity and Nutrition survey survey for the Federal Evaluation of th YES Initiative, along with each question’s source. Most questions are adapted from the Youth Risk Behavior Surveys (2017 YRBS; OMB Control Number: 0920-04930).

Question #	Question Text	Question Source
1	Were you physically active for a total of at least 60 minutes yesterday? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)	Adapted from YRBS
2	How many minutes were you physically active yesterday? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)	Adapted from YRBS
3	Did you eat fresh fruit yesterday? (Do not count fruit juice.)	Adapted from YRBS
4	Did you eat vegetables such as green salad, carrots, green beans, or other vegetables yesterday? (Do not count potatoes or French Fries.)	Adapted from YRBS
5	Did you drink a can, bottle, or glass of pop or soda, such as Coke, Pepsi, or Sprite yesterday? (Do not count diet pop or diet soda)	Adapted from YRBS
6	Did you drink a can or bottle of a sports drink such as Gatorade or PowerAde yesterday? (Do not count diet sports drinks)	Adapted from YRBS
7	Are you Hispanic, Latino/a, or Spanish Origin?	HHS IMPLEMENTATION GUIDANCE ON DATA COLLECTION STANDARDS FOR RACE, ETHNICITY, SEX, PRIMARY LANGUAGE, AND DISABILITY STATUS

Question #	Question Text	Question Source
8	What is your race? (One or more categories may be selected)	HHS IMPLEMENTATION GUIDANCE ON DATA COLLECTION STANDARDS FOR RACE, ETHNICITY, SEX, PRIMARY LANGUAGE, AND DISABILITY STATUS
9	What is your sex?	HHS IMPLEMENTATION GUIDANCE ON DATA COLLECTION STANDARDS FOR RACE, ETHNICITY, SEX, PRIMARY LANGUAGE, AND DISABILITY STATUS