Summary of Benefits and Coverage: What this Plan Cov	vers & What You Pay for Covered Services	Coverage Period	d: [See Instructions]
	· -	Coverage for:	Plan Type:

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.[insert].com or call 1-800-[insert] to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible?	\$	
Are there services covered before you meet your deductible?		
Are there other deductibles for specific services?	\$	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$	
What is not included in the <u>out-of-pocket limit?</u>		
Will you pay less if you use a <u>network provider</u> ?		
Do you need a <u>referral</u> to see a <u>specialist</u> ?		

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Alliand costs shown in this chart are after your has been met, if a applies.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care	Primary care visit to treat an injury or illness			
provider's office or	<u>Specialist</u> visit			
clinic	Preventive care/screening/ immunization			
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)			
If you have a test	Imaging (CT/PET scans, MRIs)			
If you need drugs to	Generic drugs			
treat your illness or	Preferred brand drugs			
condition  More information about	Non-preferred brand drugs			
prescription drug coverage is available at www.[insert].com	Specialty drugs			
If you have outpatient	Facility fee (e.g., ambulatory surgery center)			
surgery	Physician/surgeon fees			
	Emergency room care			
If you need immediate medical attention	Emergency medical transportation			
	<u>Urgent care</u>			
If you have a hospital	Facility fee (e.g., hospital room)			
stay	Physician/surgeon fees			
If you need mental	Outpatient services			
health, behavioral health, or substance abuse services	Inpatient services			
If you are pregnant	Office visits			

<sup>[\*</sup> For more information about limitations and exceptions, see the plan or policy document at [www.insert.com].]

		What You Will Pay		Limitations, Exceptions, & Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you are pregnant	Childbirth/delivery professional services			
If you are pregnant	Childbirth/delivery facility services			
	<u>Home health care</u>			
If you need boly	Rehabilitation services			
If you need help recovering or have	<u>Habilitation services</u>			
other special needs	Skilled nursing center			
other special fields	<u>Durable medical equipment</u>			
	Hospice services			
If your shild poods	Children's eye exam			
If your child needs dental or eye care	Children's glasses			
uental of eye care	Children's dental checkups			

#### **Excluded Services & Other Covered Services**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
•					
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
•	•	•			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

# Does this plan provide Minimum Essential Coverage? [Yes/No]

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? [Yes/No/Not Applicable]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

[\* For more information about limitations and exceptions, see the plan or policy document at [www.insert.com].]

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples**

**This is not a cost estimator.** Treatments shown are just examples of how this might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your charge, and many other factors. Focus on the amounts ( and ) and under the Use this information to compare the portion of costs you might pay under different health. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$
Specialist [cost sharing]	\$
Hospital (facility) [cost sharing]	%
Other [cost sharing]	%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

## **Total Example Cost\$12,700**

# In this example, Peg would pay:

Cost Sharing		
Deductibles	\$	
Copayments	\$	
Coinsurance	\$	
What isn't covered		
Limits or exclusions	\$	
The total Peg would pay is\$		

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

•	The <u>plan's</u> overall <u>deductible</u>	\$
	Specialist [cost sharing]	\$
	Hospital (facility) [cost sharing]	%
	Other [cost sharing]	%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

## **Total Example Cost\$5,600**

## In this example, Joe would pay:

—————Cost Sharing	
Deductibles	\$
Copayments	\$
Coinsurance	\$
What isn't covered	
Limits or exclusions	\$
The total Joe would pay is\$	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$
Specialist [cost sharing]	\$
Hospital (facility) [cost sharing]	%
Other [cost sharing]	%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (*x-ray*)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

### **Total Example Cost\$2,800**

## In this example, Mia would pay:

m this example, ma would pay.		
————Cost Sharing		
Deductibles	\$	
Copayments	\$	
Coinsurance	\$	
What isn't covered		
Limits or exclusions	\$	
The total Mia would pay is\$		

[The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.]