## A study by the U.S. Department of Health and Human Services to better understand the health issues faced by children in the United States today.



[^0]NSCH-T1
(07/11/2020) Draft 4

## Start Here

Recently, you completed a survey that asked about the children usually living or staying at this address.
Thank you for taking the time to complete that survey.
We now have some follow-up questions to ask about:

If the name listed above is not correct or does not correspond to a child living in this household, please call 1-800-845-8241 for assistance.

We have selected only one child per household in an effort to minimize the amount of time you will need to complete the follow-up questions.

The survey should be completed by a parent or adult caregiver who lives in this household and who is familiar with this child's health and health care.

Your participation is important. Thank you.

## A. This Child's Health

In general, how would you describe this child's health (the one named above)?

## Excellent

Very goodGoodFairPoorHow would you describe the condition of this child's teeth?

This child does not have any teethExcellentVery goodGoodFairPoor

A3 DURING THE PAST 12 MONTHS, has this child had FREQUENT or CHRONIC difficulty with any of the following?
a. Breathing or other respiratory problems (such as wheezing or shortness of breath)
b. Eating or swallowing because of a health condition
c. Digesting food, including stomach/intestinal problems, constipation, or diarrhea
d. Repeated or chronic physical pain, including headaches or other back or body pain
e. Using their hands
f. Coordination or moving around
g. Toothaches
h. Bleeding gums
i. Decayed teeth or cavities

Does this child have any of the following?

|  | Yes | No |
| :--- | :--- | :--- |
| a. Deafness or problems with hearing | $\square$ | $\square$ |
| b. Blindness or problems with seeing, <br> even when wearing glasses | $\square$ | $\square$ |

Has a doctor or other health care provider EVER told you that this child has...

A5 Allergies (including food, drug, insect, or other)?
$\square$ Yes
No
$\hookrightarrow$ If yes, does this child CURRENTLY have the condition?


No
$\longrightarrow$ If yes, is it:
Moderate $\square$ Severe

A6 Arthritis?
$\square$ YesNo
$\longrightarrow$ If yes, does this child CURRENTLY have the condition?


No
$\longrightarrow$ If yes, is it:
$\square$ MildModerate Severe

Has a doctor or other health care provider EVER told you that this child has...
A7
Asthma?
$\square$ Yes
$\hookrightarrow$ If yes, does this child CURRENTLY have the condition?

$\longrightarrow$ If yes, is it:
MildModerate Severe

A8 Cerebral Palsy?
$\square$ Yes

No
$\hookrightarrow$ If yes, does this child CURRENTLY have the condition?YesNo
$\longrightarrow$ If yes, is it:
MildModerateSevere

## Diabetes?



## No

$\hookrightarrow$ If yes, does this child CURRENTLY have the condition?


YesNo
$\longrightarrow$ If yes, is it:
$\square$ MildModerate Severe

A10 Epilepsy or Seizure Disorder?$\square$ No
$\hookrightarrow$ If yes, does this child CURRENTLY have the condition?Yes
No
$\longrightarrow$ If yes, is it:
MildModerateSevere

## Heart Condition?



Yes

## No

$\hookrightarrow$ If yes, was this child born with the condition?Yes
No
Does this child CURRENTLY have the condition?

$\square$ No
$\longrightarrow$ If yes, is it:

## Mild

ModerateSevereHas a doctor or other health care provider EVER told you that this child has...
A12 Frequent or severe headaches, including migraine?
$\square$ Yes
$\square$

No
$\longrightarrow$ If yes, does this child CURRENTLY have the condition?

## Yes

No$\longrightarrow$ If yes, is it:
Mild
N Moderate $\square$ Severe

A13 Tourette Syndrome?Yes No
$\longrightarrow$ If yes, does this child CURRENTLY have the condition?

## Yes

No
$\hookrightarrow$ If yes, is it:Mild ModerateSevere
A14 Anxiety Problems?
$\square$ YesNo
$\longrightarrow$ If yes, does this child CURRENTLY have the condition?

## Yes

No
$\hookrightarrow$ If yes, is it:
$\square$ Mild Moderate $\square$ Severe

A15 Depression?
No
$\hookrightarrow$ If yes, does this child CURRENTLY have the condition?
Yes
No
$\longrightarrow$ If yes, is it:Moderate $\square$ Severe

Down Syndrome?
$\square$ Yes


Has a doctor or other health care provider EVER told you that this child has...
Blood Disorders (such as Sickle Cell Disease, Thalassemia, or Hemophilia)?

Yes $\square$
$\longrightarrow$ If yes, is it:


Was this child diagnosed with:

| Sickle Cell Disease? | $\square$ | Yes | $\square$ | No |
| :--- | :--- | :--- | :--- | :--- |
| Thalassemia? | $\square$ | Yes | $\square$ | No |
| Hemophilia? | $\square$ | Yes | $\square$ | No |
| Other Blood <br> Disorders? | $\square$ | Yes | $\square$ | No |

Were any of these blood disorders identified through a blood test done shortly after birth? These tests are sometimes called newborn screening.
Yes
No
Cystic Fibrosis?


Yes

$\longrightarrow$ If yes, is it:


ModerateSevere
Was this condition identified through a blood test done shortly after birth? These tests are sometimes called newborn screening.
Yes No

Other genetic or inherited condition?
Yes

## No

$\zeta$ If yes, specify:
$\qquad$
s it:
$\square$ Mild
Moderate
Severe
Was this condition identified through a blood test done shortly after birth? These tests are sometimes called newborn screening.
$\square$ Yes
No

Has a doctor, other health care provider, or educator EVER told you that this child has...
Examples of educators are teachers and school nurses.
A20 Behavioral or Conduct Problems?
$\square$ Yes No
$\longrightarrow$ If yes, does this child CURRENTLY have the condition?

## Yes

NoIf yes, is it:
Mild $\square$ Moderate


Severe
A21 Developmental Delay?
$\square$ YesNo
$\zeta$ If yes, does this child CURRENTLY have the condition?
$\square$ Yes
No
$\zeta$ If yes, is it:
$\square$ MildModerate Severe

A22 Intellectual Disability (formerly known as Mental Retardation)?
$\square$ YesNo
$\longrightarrow$ If yes, does this child CURRENTLY have the disability?

YesNo
$\longrightarrow$ If yes, is it:MildModerate $\square$ Severe

A23 Speech or other language disorder?

## $\square$ Yes

$\zeta$ If yes, does this child CURRENTLY have the condition?

Yes

$\zeta$ If yes, is it:
MildModerateSevere
A24 Learning Disability?
$\square$ Yes No
$\zeta$ If yes, does this child CURRENTLY have the disability?

## Yes


$\longrightarrow$ If yes, is it:
$\square$ MildModerateSevere

Has a doctor or other health care provider EVER told you that this child has Autism or Autism Spectrum Disorder (ASD)? Include diagnoses of Asperger's Disorder or Pervasive Developmental Disorder (PDD).

$$
\square \text { Yes } \quad \square \quad \text { No } \rightarrow \text { SKIP to question A30 }
$$

$\longrightarrow$ If yes, does this child CURRENTLY have the condition?


How old was this child when a doctor or other health care provider FIRST told you that they had Autism, ASD, Asperger's Disorder or PDD?
$\square$ Age in years
Don't know

What type of doctor or other health care provider was the FIRST to tell you that this child had Autism, ASD, Asperger's Disorder or PDD?
Mark (X) ONE box.
Primary Care Provider
$\square$ SpecialistSchool Psychologist/CounselorOther Psychologist (Non-School)PsychiatristOther, specify:

## Don't know

Is this child CURRENTLY taking medication for Autism, ASD, Asperger's Disorder or PDD?

Yes No

At any time DURING THE PAST 12 MONTHS, did this child receive behavioral treatment for Autism, ASD, Asperger's Disorder or PDD, such as training or an intervention that you or this child received to help with their behavior?
$\square$ Yes No

Has a doctor or other health care provider EVER told you that this child has Attention Deficit Disorder or Attention Deficit/Hyperactivity Disorder, that is, ADD or ADHD?
$\square$ Yes $\square$ No $\rightarrow$ SKIP to question A33
$\longrightarrow$ If yes, does this child CURRENTLY have the condition?
 No $\longrightarrow$ If yes, is it:
$\square$ Mild


Moderate
Severe

Is this child CURRENTLY taking medication for ADD or ADHD?
$\square$ YesNo

At any time DURING THE PAST 12 MONTHS, did this child receive behavioral treatment for ADD or ADHD, such as training or an intervention that you or this child received to help with their behavior?
$\square$ Yes
$\square$ No

Do you think this child has EVER had a concussion or brain injury? A concussion or brain injury is when a blow or jolt to the head causes problems such as headaches, dizziness, being dazed or confused, difficulty remembering or concentrating, vomiting, blurred vision, changes in mood or behavior, or being knocked out.


No
$\zeta$ If yes, did you seek medical care from a doctor or other health care provider?
Yes

No
$\zeta$ If yes, did a doctor or other health care provider tell you that your child had a concussion or brain injury?
$\square$ Yes
$\square$ No

DURING THE PAST 12 MONTHS, how often have this child's health conditions or problems affected their ability to do things other children their age do?This child does not have any
health conditions $\rightarrow$ SKIP to question B1 on page 6NeverSometimesUsuallyAlways
To what extent do this child's health conditions or problems affect their ability to do things?Very littleSomewhatA great deal

## B. This Child as an Infant

B1 Was this child born more than 3 weeks before their due date?YesNo

What month and year was this child born?
Birth Month / 4-Digit Birth Year
$\square$ |
20

B3 How much did they weigh when born? Answer in pounds and ounces OR kilograms and grams. Your best estimate is fine.


OR

kilograms AND $\square$ grams

B4 What was the age of the mother when this child was born? Your best estimate is fine.


Age in years

35 Was this child EVER breastfed or fed breast milk?YesNo $\rightarrow$ SKIP to question

## B7

B6 If yes, how old was this child when they COMPLETELY stopped breastfeeding or being fed breast milk? Your best estimate is fine.

This child is still breastfeeding
OR

days
OR

weeks
OR
$\square$ months

How old was this child when they were FIRST fed formula? Your best estimate is fine.This child has never been fed formula
OR
At birth

## OR


days
OR

weeks

## OR


months

B8 How old was this child when they were FIRST fed anything other than breast milk or formula? Include water, juice, cow's milk, sugar water, baby food, or anything else that your child might have been given. Your best estimate is fine.This child has never been fed anything other than breast milk or formula

## OR

At birth
## OR


days
OR

weeks

## OR

$\square$ months

## C. Health Care Services

C1 DURING THE PAST 12 MONTHS, did this child see a doctor, nurse, or other health care professional for sick-child care, well-child check-ups, physical exams, hospitalizations or any other kind of medical care?

YesNo $\rightarrow$ SKIP to question C4

If yes, DURING THE PAST 12 MONTHS, how many times did this child visit a doctor, nurse, or other health care professional to receive a PREVENTIVE check-up? A preventive check-up is when this child was not sick or injured, such as an annual or sports physical, or well-child visit.
$\begin{array}{ll}\square & 0 \text { visits } \\ \square & 1 \text { visit } \\ \square & 2 \text { or more visits }\end{array}$

Thinking about the LAST TIME you took this child for a PREVENTIVE check-up, about how long was the doctor or health care provider who examined this child in the room with you? Your best estimate is fine.Less than 10 minutes10-20 minutesMore than 20 minutes
Are you concerned about this child's weight?

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\square Yes, it's too high
\square Yes, it's too low
```

```No, I am not concerned
```

Has a doctor or other health care provider ever told you that this child is overweight?YesNo

DURING THE PAST 12 MONTHS, did this child's doctors or other health care providers ask if you have concerns about this child's learning, development, or behavior?

Answer the following question only if this child is at least 9 months old. Otherwise skip to question (c8).
DURING THE PAST 12 MONTHS, did a doctor or other health care provider have you or another caregiver fill out a questionnaire about observations or concerns you may have about this child's development, communication, or social behaviors? Sometimes a child's doctor or other health care provider will ask a parent to do this at home or during a child's visit.
$\square$ Yes No
$\longrightarrow$ If yes, and this child is 9-23 Months:
Did the questionnaire ask about your concerns or observations about:
Mark (X) ALL that apply.How this child talks or makes speech sounds?How this child interacts with you and others?
If yes, and this child is 2-5 Years:
Did the questionnaire ask about your concerns or observations about:
Mark (X) ALL that apply.Words and phrases this child uses and understands?

How this child behaves and gets along with you and others?

Is there a place you or another caregiver USUALLY take this child when they are sick or you need advice about their health?


If yes, where does this child USUALLY go first? Mark (X) ONE box.


Doctor's OfficeHospital Emergency RoomHospital Outpatient DepartmentClinic or Health CenterRetail Store Clinic or "Minute Clinic"School (Nurse's Office, Athletic Trainer's Office)Some other place

Is there a place that this child USUALLY goes when they need routine preventive care, such as a physical examination or well-child check-up?YesNo $\rightarrow$ SKIP to question C12 on page 8

C11
If yes, is this the same place this child goes when they are sick?YesNo

Has this child EVER received a vision screening from a provider other than an eye doctor? The screening could have occurred in a school, preschool/child care center, community setting, or a pediatrician's office, using pictures, shapes, letters, or a camera like tool.

## $\square$ Yes $\quad \square \quad$ No $\rightarrow$ SKIP to question $\mathbf{C 1 3}$

$\longrightarrow$ If yes, was it recommended that this child see an eye doctor or other eye care provider for an eye examination or additional vision services after the vision screening? An eye doctor may be referred to as an optometrist or ophthalmologist.Yes
No

Has this child EVER seen an eye doctor? An eye doctor may be referred to as an optometrist or ophthalmologist.Yes No
$\zeta$ If yes, what care did this child receive from the eye doctor?
Mark (X) ALL that apply.Received eye examinationPrescribed eyeglasses or contact lensesDiagnosis of a vision disorder other than nearsighted, farsighted, or astigmatismOther

DURING THE PAST 12 MONTHS, did this child see a dentist or other oral health care provider for any kind of dental or oral health care?Yes, saw a dentistYes, saw other oral health care providerNo $\rightarrow$ SKIP to question

If yes, DURING THE PAST 12 MONTHS, did this child see a dentist or other oral health care provider for PREVENTIVE dental care, such as check-ups, dental cleanings, dental sealants, or fluoride treatments?No preventive visits in
the past 12 months $\rightarrow$ SKIP to question C17Yes, 1 visitYes, 2 or more visits

C16 If yes, DURING THE PAST 12 MONTHS, what PREVENTIVE dental service(s) did this child receive? Mark (X) ALL that apply.Check-up
CleaningInstruction on tooth brushing and oral health careX-RaysFluoride treatmentSealant (plastic coatings on back teeth)Don't know

17 DURING THE PAST 12 MONTHS, has this child received any treatment or counseling from a mental health professional? Mental health professionals include psychiatrists, psychologists, psychiatric nurses, and clinical social workers.
$\square$ YesNo, but this child needed to see a mental health professional
$\square$ No, this child did not need to see a mental health professional $\rightarrow$ SKIP to question C19

How difficult was it to get the mental health treatment or counseling that this child needed?
$\square$ Not difficultSomewhat difficultVery difficultIt was not possible to obtain care

DURING THE PAST 12 MONTHS, has this child taken any medication because of difficulties with their emotions, concentration, or behavior?YesNo

DURING THE PAST 12 MONTHS, did this child see a specialist other than a mental health professional? Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and others who specialize in one area of health care.YesNo, but this child needed to see a specialistNo, this child did not need to see
a specialist $\rightarrow$ SKIP to question
C22 on page 9

How difficult was it to get the specialist care that this child needed?Not difficultSomewhat difficultVery difficultIt was not possible to obtain care
C22
DURING THE PAST 12 MONTHS, did this child use any type of alternative health care or treatment? Alternative health care can include acupuncture, chiropractic care, relaxation therapies, herbal supplements, and others. Some therapies involve seeing a health care provider, while others can be done on your own.
$\square$ Yes
$\square$ No

DURING THE PAST 12 MONTHS, was there any time when this child needed health care but it was not received? By health care, we mean medical care as well as other kinds of care like dental care, vision care, and mental health services.

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Yes
No }->\mathrm{ SKIP to question C26
```

C24 If yes, which types of care were not received? Mark (X) ALL that apply.

| $\square$ | Medical Care |
| :--- | :--- |
| $\square$ | Dental Care |
| $\square$ | Vision Care |
| $\square$ | Hearing Care |
| $\square$ | Mental Health Services |
| $\square$ | Other, specify: $マ$ |

Did any of the following reasons contribute to this child not receiving needed health services? Mark (X) Yes or No for EACH item.
a. This child was not eligible for the
services
b. The services this child needed were not available in your area
c. There were problems getting an appointment when this child needed one
d. There were problems with getting transportation or child care


Has this child EVER received special services to meet their developmental needs such as speech, occupational, or behavioral therapy?Yes
No $\rightarrow$ SKIP to question D1 on page 10

If yes, how old was this child when they began receiving these special services?
$\square$ years AND $\square$ months

Is this child CURRENTLY receiving these special services?

## $\square$ Yes

No
## D. Experience with This Child's Health Care Providers

D1 Do you have one or more persons you think of as this child's personal doctor or nurse? A personal doctor or nurse is a health professional who knows this child well and is familiar with this child's health history. This can be a general doctor, a pediatrician, a specialist doctor, a nurse practitioner, or a physician assistant.Yes, one personYes, more than one personNo
DURING THE PAST 12 MONTHS, did this child need a referral to see any doctors or receive any services?YesNo $\rightarrow$ SKIP to question D4
How difficult was it to get referrals?
$\square$ Not difficult
$\square$ Somewhat difficultVery difficult
$\square$ It was not possible to get a referral
D4
Answer the following questions only if this child had a health care visit IN THE PAST 12 MONTHS. Otherwise skip to question E1 on page 11.
DURING THE PAST 12 MONTHS, how often did this child's doctors or other health care providers...
a. Spend enough time with this child?

Always Usually Sometimes Never
b. Listen carefully to you?
c. Show sensitivity to your family's values and customs?
d. Provide the specific information you needed concerning this child?
e. Help you feel like a partner in this child's care?
DURING THE PAST 12 MONTHS, did this child need any decisions to be made regarding their health care, such as whether to get prescriptions, referrals, or procedures?

Yes
No $\rightarrow$ SKIP to question

If yes, DURING THE PAST 12 MONTHS, how often did this child's doctors or other health care providers...

Always Usually Sometimes Never
a. Discuss with you the range of options to consider for their health care or treatment?
b. Make it easy for you to raise concerns or disagree with recommendations for this child's health care?
c. Work with you to decide together which health care and treatment choices would be best for this child?

DURING THE PAST 12 MONTHS, did anyone help you arrange or coordinate this child's care among the different doctors or services that this child uses?
$\square$ Yes
$\square$ No
$\square \begin{aligned} & \text { Did not see more than one health } \\ & \text { care provider in the PAST } 12\end{aligned}$
care provider in the PAST 12
MONTHS $\rightarrow$ SKIP to question D11 on page 11
D8
DURING THE PAST 12 MONTHS, have you felt that you could have used extra help arranging or coordinating this child's care among the different health care providers or services?YesNo $\rightarrow$ SKIP to question D10
If yes, DURING THE PAST 12 MONTHS, how often did you get as much help as you wanted with arranging or coordinating this child's health care?
$\square$ UsuallySometimesNever
DURING THE PAST 12 MONTHS, how satisfied were you with the communication between this child's doctors and other health care providers?Very satisfiedSomewhat satisfiedSomewhat dissatisfiedVery dissatisfied

D11
DURING THE PAST 12 MONTHS, did this child's health care provider communicate with the child's school, child care provider, or special education program?YesNo $\rightarrow$ SKIP to question E1Did not need health care provider to communicate with these providers $\rightarrow$ SKIP to question

D12 If yes, during this time, how satisfied were you with the health care provider's communication with the school, child care provider, or special education program?Very satisfiedSomewhat satisfiedSomewhat dissatisfied
Very dissatisfied

## E. This Child's Health Insurance Coverage

DURING THE PAST 12 MONTHS, was this child EVER covered by ANY kind of health insurance or health coverage plan?Yes, this child was covered
all 12 months $\rightarrow$ SKIP to question
Yes, but this child had a gap in coverageNo

Indicate whether any of the following is a reason this child was not covered by health insurance at any time DURING THE PAST 12 MONTHS:
a. Change in employer or employment status
b. Cancellation due to overdue premiums
c. Dropped coverage because it was unaffordable
d. Dropped coverage because benefits were inadequate
e. Dropped coverage because choice of health care providers was inadequate
f. Problems with application or renewal process
g. Other, specify:


E3 Is this child CURRENTLY covered by ANY kind of health insurance or health coverage plan?
Yes

No $\rightarrow$ SKIP to question F1 on page 12
E4 Is this child CURRENTLY covered by any of the following types of health insurance or health coverage plans? Mark (X) Yes or No for EACH item.


How often does this child's health insurance offer benefits or cover services that meet this child's needs?AlwaysUsuallySometimesNever
How often does this child's health insurance allow them to see the health care providers they need?
$\square$ Always
$\square$ UsuallySometimesNever
E7 Thinking specifically about this child's mental or behavioral health needs, how often does this child's health insurance offer benefits or cover services that meet these needs?
$\square$ AlwaysUsuallySometimesNever
$\square$ This child does not use mental or behavioral health services

## F. Providing for This Child's Health

F1 Including co-pays and amounts reimbursed from Health Savings Accounts (HSA) and Flexible Spending Accounts (FSA), how much money did you pay for this child's medical, health, dental, and vision care DURING THE PAST 12 MONTHS? Do not include health insurance premiums or costs that were or will be reimbursed by insurance or another source.\$0 (No medical or health-related expenses) $\rightarrow$ SKIP to question F4\$1-\$249
\$250-\$499
\$500-\$999
\$1,000-\$5,000More than \$5,000
F2 How often are these costs reasonable?AlwaysUsuallySometimesNever
DURING THE PAST 12 MONTHS, did your family have problems paying for any of this child's medical or health care bills?YesNo
DURING THE PAST 12 MONTHS, have you or other family members...
a. Left a job or taken a leave of absence because of this child's health or health conditions?
b. Cut down on the hours you work because of this child's health or health conditions?
c. Avoided changing jobs because of concerns about maintaining health insurance for this child?

F5 IN AN AVERAGE WEEK, how many hours do you or other family members spend providing health care at home for this child? Care might include changing bandages, or giving medication and therapies when needed.This child does not need health care provided at home on a weekly basisLess than 1 hour per week1-4 hours per week5-10 hours per week11 or more hours per week
F6 IN AN AVERAGE WEEK, how many hours do you or other family members spend arranging or coordinating health or medical care for this child, such as making appointments or locating services?

This child does not need health care coordinated on a weekly basisLess than 1 hour per week1-4 hours per week
5-10 hours per week
11 or more hours per week

## G. This Child's Learning

## Answer the following question only if this child is at least 1 year old. Otherwise skip to H1 on page 15.

Is this child able to do the following...
Mark (X) Yes or No for EACH item.
a. Say at least one word, such as "hi" or "dog"?
b. Use 2 words together, such as "car go"?
c. Use 3 words together in a sentence, such as, "Mommy come now."?
d. Ask questions like "who," "what," "when," "where"?
e. Ask questions like "why" and "how"?
f. Tell a story with a beginning, middle, and end?
g. Understand the meaning of the word "no"?
h. Follow a verbal direction without hand gestures, such as "Wash your hands."?
i. Point to things in a book when asked?
j. Follow 2-step directions, such as "Get your shoes and put them in the basket."?
k. Understand words such as "in," "on," and "under"?

G2
Is this child 3 years old or older?YesNo $\rightarrow$ SKIP to question H1 on page 15
G3 Has this child started school? Include any formal home schooling.Yes, preschoolYes, kindergartenYes, first gradeNo
G4 Are you concerned about how this child is learning to do things for themselves?NoYes, somewhat concernedYes, very concerned

G5
How confident are you that this child is ready to be in school?Completely confidentMostly confidentSomewhat confidentNot at all confident
G6 How often can this child recognize the beginning sound of a word? For example, can this child tell you that the word "ball" starts with the "buh" sound?AlwaysMost of the timeAbout half the timeSometimesNever

G7 About how many letters of the alphabet can this child recognize?All of themMost of themAbout half of themSome of themNone of them

G8 Can this child rhyme words?YesNo
G9 How often can this child explain things they have seen or done so that you get a very good idea what happened?AlwaysMost of the timeAbout half the timeSometimesNever
How often can this child write their first name, even if some of the letters aren't quite right or are backwards?AlwaysMost of the timeAbout half the timeSometimesNever
G11 How high can this child count?This child cannot countUp to fiveUp to tenUp to 20Up to 50Up to 100 or more
G12 How often can this child identify basic shapes such as a triangle, circle, or square?AlwaysMost of the timeAbout half the timeSometimesNever

Can this child identify the colors red, yellow, blue, and green by name?

Yes, all of themYes, some of them
No, none of them

G14
How often is this child easily distracted?AlwaysMost of the timeAbout half the timeSometimesNever
G15 How often does this child keep working at something until they are finished?AlwaysMost of the timeAbout half the timeSometimesNever

When this child is paying attention, how often can they follow instructions to complete a simple task?AlwaysMost of the timeAbout half the timeSometimesNever
How does this child usually hold a pencil?
Uses fingers to hold the pencilGrips the pencil in their fistThis child cannot hold a pencil
How often does this child play well with others?AlwaysMost of the timeAbout half the timeSometimesNever

How often does this child become angry or anxious when going from one activity to another?AlwaysMost of the timeAbout half the timeSometimesNever
How often does this child show concern when others are hurt or unhappy?AlwaysMost of the timeAbout half the timeSometimesNever
When excited or all wound up, how often can this child calm down quickly?
$\square$ AlwaysMost of the timeAbout half the timeSometimesNever
How often does this child lose control of their temper when things do not go their way?AlwaysMost of the timeAbout half the timeSometimesNever
G23 Compared to other children their age, how much difficulty does this child have making or keeping friends?No difficultyA little difficultyA lot of difficulty

Compared to other children their age, how often is this child able to sit still?

AlwaysMost of the timeAbout half the time
SometimesNever

G25 How often...
a. Is this child affectionate and tender with you?
b. Does this child bounce back quickly when things do not go their way?
c. Does this child show interest and curiosity in learning new things?
d. Does this child smile and laugh?


## H. About You and This Child

H1 Was this child born in the United States?Yes $\rightarrow$ SKIP to question H3No
H2
If no, how long has this child been living in the United States?
$\square$ years $\square$ months

How many times has this child moved to a new address since they were born?
$\square$ Number of times

H4 How often does this child go to bed at about the same time on weeknights?AlwaysUsuallySometimesRarelyNever

H5 DURING THE PAST WEEK, how many hours of sleep did this child get during an average day (count both nighttime sleep and naps)?Less than 7 hours7 hours8 hours9 hours10 hours11 hours
12 or more hours
H6 Answer the next question only if this child is LESS THAN 12 MONTHS OLD. Otherwise, SKIP to question H7. In which position do you most often lay this baby down to sleep now?
Mark ( $X$ ) ONE box.
$\square$ On their sideOn their backOn their stomach

H7 DURING THE PAST WEEK, how many times did this child drink sugary drinks such as soda, fruit drinks, sports drinks, or sweet tea?
$\square$ This child did not drink sugary drinks1-3 times during the past week4-6 times during the past week1 time per day2 or more times per day
3 or more times per day
H8 DURING THE PAST WEEK, how many times did this child eat vegetables? Include any that were fresh, frozen, or canned. Do not include French fries, fried potatoes, or potato chips.


Number of times

DURING THE PAST WEEK, how many times did this child eat fruit? Include any that were fresh, frozen, canned, or dried. Do NOT include juice.This child did not eat fruit1-3 times during the past week4-6 times during the past week
1 time per day
2 times per day
3 or more times per day

H10 ON MOST WEEKDAYS, how much time does this child spend playing outdoors? Include time spent playing in your yard or neighborhood, outside at school or child care, in a park, playground or other outdoor recreation area. Your best estimate is fine.Less than 1 hour

1 hour
2 hours
3 hours4 or more hours

ON AN AVERAGE WEEKEND DAY, how much time does this child spend playing outdoors? Include time spent playing in your yard or neighborhood, in a park, playground or other outdoor recreation area. Your best estimate is fine.Less than 1 hour1 hour2 hours3 hours4 or more hours

ON MOST WEEKDAYS, about how much time does this child spend in front of a TV, computer, cellphone or other electronic device watching programs, playing games, accessing the internet or using social media? Do not include time spent doing schoolwork.Less than 1 hour1 hour2 hours3 hours
4 or more hours

DURING THE PAST WEEK, how many days did you or other family members read to this child?0 days1-3 days4-6 daysEvery day
DURING THE PAST WEEK, how many days did you or other family members tell stories or sing songs to this child?0 days1-3 days4-6 daysEvery day

How well do you think you are handling the day-to-day demands of raising children?Very wellSomewhat wellNot very wellNot well at all

DURING THE PAST MONTH, how often have you felt...
Never Rarely Sometimes Usually Always
a. That this child is much harder $\qquad$
 most children their age?
b. That this child does things that really bother you a lot?
c. Angry with this child?

DURING THE PAST 12 MONTHS, was there someone that you could turn to for day-to-day emotional support with parenting or raising children?YesNo $\rightarrow$ SKIP to question H19 on page 17

H18 If yes, did you receive emotional support from...
a. Spouse or domestic partner?
b. Other family member or close friend?
c. Health care provider?
d. Place of worship or religious leader?
e. Support or advocacy group related to specific health condition?
f. Peer support group?
g. Counselor or other mental health professional?
h. Other person, specify:
$\square$

Does this child receive care for at least 10 hours per week from someone other than their parent or guardian? This could be a day care center, preschool, Head Start program, family child care home, nanny, au pair, babysitter or relative.YesNo

DURING THE PAST 12 MONTHS, did you or anyone in the family have to quit a job, not take a job, or greatly change your job because of problems with child care for this child?

```
\square Yes
No
```


## I. About Your Family and Household

I1 DURING THE PAST WEEK, on how many days did all the family members who live in the household eat a meal together?
$\square 0$ days1-3 days
4-6 daysEvery day

12 Does anyone living in your household use cigarettes, cigars, or pipe tobacco?Yes
No $\rightarrow$ SKIP to question
(13) If yes, does anyone smoke inside your home?
$\square$ Yes
$\square$ No

14 SINCE THIS CHILD WAS BORN, how often has it been very hard to cover the basics, like food or housing, on your family's income?

## $\square$ Never

$\square$ Rarely
$\square$ Somewhat oftenVery often

15 Which of these statements best describes your household's ability to afford the food you need DURING THE PAST 12 MONTHS?We could always afford to eat good nutritious meals.We could always afford enough to eat but not always the kinds of food we should eat.Sometimes we could not afford enough to eat.
Often we could not afford enough to eat.

I6 At any time DURING THE PAST 12 MONTHS, even for one month, did anyone in your family receive...
a. Cash assistance from a government
welfare program? welfare program?
b. Food Stamps or Supplemental Nutrition Assistance Program (SNAP) benefits?
c. Free or reduced-cost breakfasts or lunches at school?
d. Benefits from the Women, Infants, and Children (WIC) Program?

17 In your neighborhood, is/are there...
a. Sidewalks or walking paths?
b. A park or playground?
c. A recreation center, community center, or boys' and girls' club?
d. A library or bookmobile?
e. Litter or garbage on the street or sidewalk?
f. Poorly kept or rundown housing?
g. Vandalism such as broken windows or graffiti?

No

To what extent do you agree with these statements about your neighborhood or community?
a. People in this neighborhood
Definitely

agree \begin{tabular}{c}
Somewhat <br>
agree

 

Somewhat <br>
disagree

 

Definitely <br>
disagree
\end{tabular} help each other out

b. We watch out for each other's children in this neighborhood
c. This child is safe in our neighborhood
d. When we encounter difficulties, we know where to go for help in our community

19 The next questions are about events that may have happened during this child's life. These things can happen in any family, but some people may feel uncomfortable with these questions. You may skip any questions you do not want to answer.
To the best of your knowledge, has this child EVER experienced any of the following?
a. Parent or guardian divorced or separated
b. Parent or guardian died
c. Parent or guardian served time in jail
d. Saw or heard parents or adults slap, hit, kick, punch one another in the home
e. Was a victim of violence or witnessed violence in their neighborhood

 ill, suicidal, or severely depressed
g. Lived with anyone who had a problem with alcohol or drugs
h. Treated or judged unfairly because of their race or ethnic group
i. Treated or judged unfairly because of a health condition or disability


When your family faces problems, how often are you likely to do each of the following?
All of

the time \begin{tabular}{c}
Most of <br>
the time

 

Some of <br>
the time

 

None of <br>
the time
\end{tabular}

a. Talk together about what to do
b. Work together to solve our problems
c. Know we have strengths to draw on
d. Stay hopeful even in difficult times

Has a doctor or other health care provider EVER told anyone living in your household that they had or likely had COVID-19, also known as the Coronavirus?Yes

No

Has anyone living in your household EVER tried to get tested for COVID-19?
No

113 Has anyone living in your household EVER been tested for COVID-19?


Has this child had any health care visits by video or phone because of the Coronavirus pandemic? <br> Yes}
$\square$ No

115 Did this child miss or skip any PREVENTIVE check-ups because of the Coronavirus pandemic?Yes
$\square$ No $\rightarrow$ SKIP to question 117 on page 19
116 If yes, did any of the following reasons contribute to this child missing any PREVENTIVE check-ups?
Mark yes or no for each item.
$\begin{array}{lcc}\text { a. Health care provider's location } & \text { Yes } & \text { No } \\ \text { was closed due to the Coronavirus } & \square & \square\end{array}$ pandemic
b. Health care provider's location was open but had limited appointments due to the Coronavirus pandemic
c. Parent, adult caregiver, or child was concerned about going to the health care provider's location due to the Coronavirus pandemic
d. This child no longer had health insurance or had a change in health insurance
e. Someone in the household was ill
f. Someone in the household had been in contact with someone who was ill


117 Did any of the following events happen in your household as a result of the Coronavirus pandemic? Mark yes or no for each item.
a. At least one adult in the household lost a job or was unable to work
b. At least one adult in the household worked outside the home
c. A household member was hospitalized due to the Coronavirus
d. A household member died from the Coronavirus

Has this child's school, daycare, or other child care arrangement been closed or unavailable at any time as a result of the Coronavirus pandemic?
$\square$ Yes
$\square \quad$ No $\rightarrow$ SKIP to question
$(19)$
$\zeta$ If yes, for how long?
$\square$ weeks

119 Was this child separated from a parent or adult caregiver as a result of the Coronavirus pandemic?

Yes
No $\rightarrow$ SKIP to section J
$\zeta$ If yes, for how long?
$\square$ weeks

## J. Child's Caregivers

## About You

J1 How are you related to this child?Biological or Adoptive ParentStep-parentGrandparentFoster ParentOther: RelativeOther: Non-Relative

J2 What is your sex?MaleFemale

J3 What is your age?
$\square$ Age in years
J4 Where were you born?In the United States $\rightarrow$ SKIP to question J6Outside of the United States

J5 When did you come to live in the United States? Indicate the 4-digit year in which you came to live in the United States.
$\square$ 4-Digit Year

J6 What is the highest grade or level of school you have completed?
Mark (X) ONE box.8th grade or less9th-12th grade; No diplomaHigh School Graduate or GED CompletedCompleted a vocational, trade, or business school programSome College Credit, but no DegreeAssociate Degree (AA, AS)Bachelor's Degree (BA, BS, AB)Master's Degree (MA, MS, MSW, MBA)Doctorate (PhD, EdD) or Professional Degree
(MD, DDS, DVM, JD)
$J 7$ What is your marital status?MarriedNot married, but living with a partnerNever MarriedDivorcedSeparatedWidowed

J8 In general, how is your physical health?ExcellentVery goodGoodFairPoor

In general, how is your mental or emotional health?

J10
Which of the following best describes your current employment status?
Mark (X) ONE box.Employed full-timeEmployed part-timeWorking WITHOUT payNot employed but looking for workNot employed and not looking for work

J11
Have you ever served on active duty in the U.S. Armed Forces, Reserves, or the National Guard? Mark (X) ONE box.Never served in the military $\rightarrow$ SKIP to question $\mathbf{J 1 3}$Only on active duty for training in the Reserves or National Guard $\rightarrow$ SKIP to question J13Now on active dutyOn active duty in the past, but not now

J12 Were you deployed at any time during this child's life?YesNo

J13 Does this child have another parent or adult caregiver who lives in this household?

Yes $\rightarrow$ Complete questions J14-J25 for this other
parent or adult caregiverNo $\rightarrow$ SKIP to question K1 on page 22

## Other Parent or Caregiver in the Household

J14 How is this other caregiver related to this child?Biological or Adoptive ParentStep-parentGrandparentFoster ParentOther: RelativeOther: Non-Relative
J15 What is this caregiver's sex?MaleFemale
J16 What is this caregiver's age?
$\square$ Age in years
J17 Where was this caregiver born?
$\square \quad$ In the United States $\rightarrow$ SKIP to questionOutside of the United States
When did this caregiver come to live in the United States? Indicate the 4-digit year in which this caregiver came to live in the United States.


## 4-Digit Year

J19 What is the highest grade or level of school this caregiver has completed? Mark (X) ONE box.8th grade or less9th-12th grade; No diplomaHigh School Graduate or GED Completed
Completed a vocational, trade, or business school programSome College Credit, but no DegreeAssociate Degree (AA, AS)Bachelor's Degree (BA, BS, AB)Master's Degree (MA, MS, MSW, MBA)Doctorate (PhD, EdD) or Professional Degree
(MD, DDS, DVM, JD)

What is this caregiver's marital status?MarriedNot married, but living with a partnerNever MarriedDivorcedSeparated
Widowed

In general, how is this caregiver's physical health?ExcellentVery goodGoodFairPoor

J22 In general, how is this caregiver's mental or emotional health?ExcellentVery goodGoodFairPoor
J23 Which of the following best describes this caregiver's current employment status?
Mark (X) ONE box.Employed full-timeEmployed part-timeWorking WITHOUT payNot employed but looking for workNot employed and not looking for work

J24 Has this caregiver ever served on active duty in the U.S. Armed Forces, Reserves, or the National Guard? Mark (X) ONE box.Never served in the military $\rightarrow$ SKIP to question K1 on page 22Only on active duty for training in the Reserves or National Guard $\rightarrow$ SKIP to question K1 on page 22Now on active dutyOn active duty in the past, but not now

J25 Was this caregiver deployed at any time during this child's life?YesNo

## K. Household Information

K1 How many people are living or staying at this address? Include everyone who usually lives or stays at this address. Do NOT include anyone who is living somewhere else for more than two months, such as a college student living away or someone in the Armed Forces on deployment.
$\square$ Number of people

K2 How many of these people in your household are family members? Family is defined as anyone related to this child by blood, marriage, adoption, or through foster care.
$\square$ Number of people

Income in 2019
Mark (X) the "Yes" box for EACH type of income this child's family received, and give your best estimate of the TOTAL AMOUNT IN THE LAST CALENDAR YEAR. Mark $(X)$ the "No" box to show types of income NOT received.
a. Wages, salary, commissions, bonuses, or tips for all jobs.


No
TOTAL AMOUNT
in the last calendar year
b. Self-employment income from own nonfarm businesses or farm business, including proprietorships and partnerships.

c. Interest, dividends, net rental income, royalty income, or income from estates and trusts.

d. Social security or railroad retirement; retirement, survivor, or disability pensions.

e. Supplemental security income (SSI); any public assistance or welfare payments from the state or local welfare office.Yes $\rightarrow$
No
TOTAL AMOUNT
in the last calendar year
f. Any other sources of income received regularly such as Veterans' (VA) payments, unemployment compensation, child support, or alimony.


K4 The following question is about your 2019 income. Think about your total combined family income IN THE LAST CALENDAR YEAR for all members of the family. What is that amount before taxes? Include money from jobs, child support, social security, retirement income, unemployment payments, public assistance, and so forth. Also, include income from interest, dividends, net income from businesses, farm or rent, and any other money income received.


TOTAL AMOUNT
in the last calendar year

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## Mailing Instructions

## Thank you for your participation.

On behalf of the U.S. Department of Health and Human Services, we would like to thank you for the time and effort you have spent sharing information about this child and your family.

Your answers are important to us and will help researchers, policymakers, and family advocates to better understand the health and health care needs of children in our diverse population.

Place the completed questionnaire in the postage-paid return envelope. If the envelope has been misplaced, mail the questionnaire to:

U.S. Census Bureau<br>ATTN: DCB 60-A<br>1201 E. 10th Street<br>Jeffersonville, IN 47132-0001

We estimate that completing the National Survey of Children's Health will take 33 minutes on average. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to U.S. Department of Commerce, Paperwork Project 0607-0990, U.S. Census Bureau, 4600 Silver Hill Road, Room 8H590, Washington, DC 20233. You may e-mail comments to DEMO.Paperwork@census.gov; use "Paperwork Project 0607-0990" as the subject. This collection has been approved by the Office of Management and Budget (OMB). The eight-digit OMB approval number that appears at the upper left of the form confirms this approval. If this number were not displayed, we could not conduct this survey.


[^0]:    The U.S. Census Bureau is required by law to protect your information and is not permitted to publicly release your responses in a way that could identify you or your household. The U.S. Census Bureau is conducting the National Survey of Children's Health on the behalf of the Department of Health and Human Services (HHS) under Title 13, United States Code, Section 8(b), which allows the Census Bureau to conduct surveys on behalf of other agencies. Title 42 U.S.C. Section 701(a)(2) allows HHS to collect information for the purpose of understanding the health and well-being of children in the United States. Federal law protects your privacy and keeps your answers confidential under 13 U.S.C. Section 9. Per the Federal Cybersecurity Enhancement Act of 2015, your data are protected from cybersecurity risks through screening of the systems that transmit your data.

    Access to records maintained in the system is restricted to Census Bureau employees and certain individuals authorized by Title 13, U.S. Code (designated as Special Sworn Status individuals). These individuals are subject to the same confidentiality requirements as regular Census Bureau employees identified above and as permitted under the Privacy Act of 1974 (5 U.S.C. Section 552a) and SORN COMMERCE/CENSUS-3, Demographic Survey Collection (Census Bureau Sampling Frame).

    Participation in this survey is voluntary and there are no penalties for refusing to answer questions. However, your cooperation in obtaining this much needed information is extremely important in order to ensure complete and accurate results.

