

	A	B	C	D
1	Item #	Screening, Pre, or Post	Item	Response options
2	0	Screening	Are you the person whose name was included in the email invitation for this survey?	If users select YES, they will proceed. If users select NO, the survey will be terminated.
3	1	Screening	Do you currently or have you previously served in the United States military?	1) No; 2) Yes, I am currently on full-time active duty. (Active duty includes serving in the United States Armed Forces as well as activation from the National Guard or Reserve.); 3) Yes, I am in the National Guard or Reserve but am not activated.; 4) Yes, I have previously served in the United States military or am a veteran.
4	2	Screening	(If respond 2 to Q2) Are you currently an active duty service member or an activated member of the National Guard or Reserve?	1) Active duty service member; 2) Activated National Guard or Reserve member
5	3	Screening	(If respond 4 to Q2) Please indicate your current military status.	1) Retired (medical); 2) Retired (non-medical); 3) Separated or discharged
6	3a	Screening	(If respond 4 to Q3) Please indicate the eras in which you served.	1) OEF/OIF/OND (2001 - present); 2) Desert (1990 - 2000); 3) Post-Vietnam War (1976-1989); 4) Vietnam War (1960-1975); 5) Post-Korean War (1954-1959); 6) WWII through Korean War (1941-1953)
7	3b	Screening	(If respond 3 to Q3) What is your discharge status?	1) honorable discharge; 2) general discharge (under honorable conditions); 3) other than honorable discharge; 4) entry-level separation; 5) bad conduct discharge; 6) dismissal; 7) dishonorable discharge
8	4	Screening	In what branch of service are you or have you served? (If you have served in more than one branch, please select the one you served in for the longest period of time.)	1) Air Force 2) Army 3) Coast Guard 4) Marine Corps 5) Navy
9	5	Screening	What was [s] your highest military pay grade? (only if in service member or veteran conditions)	E1-E4, E5-E8, W1-W5, O1-O3, O4 and above
10	6	Screening	Do you have an immediate family member who is currently serving in the United States military? Immediate family members include spouse, domestic partner, cohabitant, child, stepchild, grandchild, parent, stepparent, mother-in-law, father-in-law, son-in-law, daughter-in-law, grandparent, great grandparent, brother, sister, half-brother, half-sister, stepbrother, step-sister-in-law, aunt, uncle, niece, nephew, or first cousin (that is, a child of an aunt or uncle).	1) No 2) Yes
11	6a	Screening	Do you have an immediate family member who previously served in the United States military or is a veteran? Immediate family members include spouse, domestic partner, cohabitant, child, stepchild, grandchild, parent, stepparent, mother-in-law, father-in-law, son-in-law, daughter-in-law, grandparent, great grandparent, brother, sister, half-brother, half-sister, stepbrother, step-sister-in-law, aunt, uncle, niece, nephew, or first cousin (that is, a child of an aunt or uncle).	1) No 2) Yes
12	7a	Screening	Are you close friends with someone who previously served in the U.S. military (active duty, National Guard, or Reserve) or is a veteran? A close friend is someone with whom one can really communicate and confide about feelings and personal problems.	1) No 2) Yes
13	7b	Screening	Have you used health care provided by the Veterans Health Administration (VA)?	1) No 2) Yes
14	7c	Screening	(If respond 2 to Q7a) When was the last time you received health care provided by the Veterans Health Administration (VA)?	1) In the past 6 months; 2) 6 months to 1 year ago; 3) More than one year ago
15	8	Pre & Post	Thinking about the average person with a mental health problem, how willing or unwilling would you be to do the following? Move next door to someone who has a mental health problem	Definitely unwilling, probably unwilling, probably willing, definitely willing
16	8a	Pre & Post	Spend an evening socializing with someone who has a mental health problem	Definitely unwilling, probably unwilling, probably willing, definitely willing
17	8b	Pre & Post	Start working closely on a job with someone who has a mental health problem	Definitely unwilling, probably unwilling, probably willing, definitely willing
18	9	Pre & Post	In general, would you say that your physical health is...	Excellent, very good, good, fair, or poor
19	10	Pre & Post	In general, would you say that your mental health is...	Excellent, very good, good, fair, or poor
20	10a	Pre & Post	In general, would you say that your overall health is...	Excellent, very good, good, fair, or poor
21	11	Pre & Post	In general, do you think it would damage a person's military career if the person were to seek counseling or mental health treatment through the military, regardless of the reason for seeking help?	No, Yes
22	12	Pre & Post	A person with a mental health condition is a danger to others	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
23	13	Pre & Post	People who have had a mental health condition are never going to be able to contribute much to society.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
24	14	Pre & Post	Imagine that you had a problem that needed to be treated by a mental health professional. Which of the following would you do? Would go for professional help for a serious emotional problem	Definitely not go, Probably not go, Probably go, Definitely go
25	15	Pre & Post	Would put off seeking treatment for fear of letting others know about your mental health problem	Definitely would not, Probably would not, Probable would, Definitely would
26	16	Pre & Post	Would delay seeking treatment for fear of being told that you have a serious mental health problem	Definitely would not, Probably would not, Probable would, Definitely would
27	17	Pre & Post	Would try to hide your mental health problem from family or friends	Definitely would not, Probably would not, Probable would, Definitely would
28	18	Pre & Post	Would try to hide your mental health problem from co-workers or classmates	Definitely would not, Probably would not, Probable would, Definitely would
29	19	Pre & Post	I know how I could be supportive of people with a mental health problem	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
30	20	Pre & Post	I plan to take action to prevent discrimination against people with mental health problems	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
31	20a	Pre & Post	I am confident that I could seek help for a mental health concern if I had one.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
32	21	Pre & Post	If I believed I was having a mental health problem or crisis, my first inclination would be to get professional attention.	Agree, partly agree, partly disagree, disagree
33	22	Pre & Post	The idea of talking about problems with a psychologist strikes me as a poor way to get rid of emotional conflicts.	Agree, partly agree, partly disagree, disagree
34	23	Pre & Post	If I were experiencing a serious emotional crisis at this point in my life, I would be confident that I could find relief in psychotherapy (such as counseling).	Agree, partly agree, partly disagree, disagree
35	24	Pre & Post	There is something admirable in the attitude of a person who is willing to cope with his or her conflicts and fears without resorting to professional help.	Agree, partly agree, partly disagree, disagree
36	25	Pre & Post	I would want to get psychological help if I were worried or upset for a long period of time.	Agree, partly agree, partly disagree, disagree
37	26	Pre & Post	I want to have psychological counseling in the future.	Agree, partly agree, partly disagree, disagree
38	27	Pre & Post	A person with an emotional problem is not likely to solve it alone; he or she is likely to solve it with professional help.	Agree, partly agree, partly disagree, disagree
39	28	Pre & Post	Considering the time and expense involved in psychotherapy (such as counseling), it would have doubtful value for a person like me.	Agree, partly agree, partly disagree, disagree
40	29	Pre & Post	A person should work out his or her own problems; getting psychological counseling would be a last resort.	Agree, partly agree, partly disagree, disagree
41	30	Pre & Post	Personal and emotional troubles, like many things, tend to work out by themselves.	Agree, partly agree, partly disagree, disagree
42	31	Pre & Post	If you [a friend or family member that is in the military or is a veteran] wanted help for an emotional problem, which of the following would make it difficult? a. Family or friends would be more helpful than a mental health professional.	Yes/No
43	32	Pre & Post	It could harm [my/friend or family member's] career.	Yes/No
44	33	Pre & Post	My [friend or family member's] co-workers would have less confidence in me [him/her] if they found out.	Yes/No
45	34	Pre & Post	My [friend or family member's] commander or supervisor might respect me [him/her] less.	Yes/No
46	35	Pre & Post	[My/My friend or family member's] treatment would be kept confidential.	Yes/No
47	36	Pre & Post	[I/My friend or family member] would not know where to get help or whom to see.	Yes/No
48	37	Pre & Post	Even good mental health care is not very effective.	Yes/No
49	38	Pre & Post	Religious counseling would be more helpful than mental health treatment.	Yes/No
50	38a	Pre & Post	If you were having a personal or emotional problem, how likely is it that you would seek help from the following people? Intimate partner (e.g., girlfriend, boyfriend, husband, wife, domestic partner)	Extremely unlikely, unlikely, likely, extremely likely
51	38b	Pre & Post	Friend (not related to you)	Extremely unlikely, unlikely, likely, extremely likely
52	38c	Pre & Post	Parent	Extremely unlikely, unlikely, likely, extremely likely
53	38d	Pre & Post	Other relative/family member	Extremely unlikely, unlikely, likely, extremely likely
54	38e	Pre & Post	Mental health professional (e.g., psychiatrist, psychologist, social worker, counselor, etc.)	Extremely unlikely, unlikely, likely, extremely likely
55	38f	Pre & Post	Phone helpline (e.g., National Suicide Prevention Lifeline, Veterans Crisis Line)	Extremely unlikely, unlikely, likely, extremely likely
56	38g	Pre & Post	Doctor/primary care physician	Extremely unlikely, unlikely, likely, extremely likely
57	38h	Pre & Post	Minister or religious leader (e.g., priest, rabbi, chaplain)	Extremely unlikely, unlikely, likely, extremely likely
58	38i	Pre & Post	I would not seek help from anyone.	Extremely unlikely, unlikely, likely, extremely likely
59	38j	Pre & Post	I would seek help from another source not listed above.	Extremely unlikely, unlikely, likely, extremely likely
60	38k	Pre & Post	(If respond likely or unlikely) What source?	Open-ended
61	39	Pre & Post	Thinking about the average person with human immunodeficiency virus (HIV), how willing or unwilling would you be to do the following? Move next door to someone who is diagnosed as HIV positive.	Definitely unwilling, probably unwilling, probably willing, definitely willing
62	40	Pre & Post	Spend an evening socializing with someone who is diagnosed as HIV positive	Definitely unwilling, probably unwilling, probably willing, definitely willing
63	41	Pre & Post	Start working closely on a job with someone who is diagnosed as HIV positive	Definitely unwilling, probably unwilling, probably willing, definitely willing
64	42	Pre & Post	Would go for professional help if you thought you might be HIV positive	Definitely not go, Probably not go, Probably go, Definitely go
65	43	Pre & Post	Would put off getting tested for HIV for fear of letting others know.	Definitely would not, Probably would not, Probable would, Definitely would
66	44	Pre & Post	Would delay getting tested for HIV for fear of being told that you have HIV.	Definitely would not, Probably would not, Probable would, Definitely would
67	45	Pre & Post	A person diagnosed as HIV positive is a danger to others.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
68	46	Pre & Post	People diagnosed as HIV positive are never going to be able to contribute much to society.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
69	47	Pre & Post	Would try to hide your positive HIV status from family or friends	Definitely would not, Probably would not, Probable would, Definitely would
70	48	Pre & Post	Would try to hide your positive HIV status from co-workers or classmates	Definitely would not, Probably would not, Probable would, Definitely would
71	49	Pre & Post	I know how I could be supportive of people diagnosed as HIV positive if I wanted to be.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
72	50	Pre & Post	I plan to take action to prevent discrimination against people diagnosed as HIV positive.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
73	51	Pre & Post	During the past 12 months, was there any time when you needed mental health treatment or counseling for yourself but didn't get it?	No, Yes
74	52	Pre & Post	During the past 12 months, was there any time when you needed treatment or counseling for yourself for drug or alcohol use (not counting cigarettes) but didn't get it?	No, Yes
75	53	Pre & Post	I feel confident that I can... Recognize the signs that someone may be dealing with a mental health problem or crisis.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
76	54	Pre & Post	Reach out to someone who may be dealing with a mental health problem or crisis.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
77	55	Pre & Post	Ask a person whether he/she is considering taking his/her life.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
78	56	Pre & Post	Actively and compassionately listen to someone in distress.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
79	57	Pre & Post	Offer a distressed person basic information and reassurance about mental health problems	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
80	58	Pre & Post	Assist a person who may be dealing with a mental health problem or crisis to seek professional help.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
81	59	Pre & Post	Assist a person who may be dealing with a mental health problem or crisis to connect with community, peer, and personal supports.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
82	60	Pre & Post	Be aware of my own views and feelings about mental health problems and disorders.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree

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83	61	Pre & Post	Recognize and correct misconceptions about mental health problems as I encounter them.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
84			<p>If you are in crisis or know someone who is, confidential support can be found at:  National Suicide Prevention Lifeline  Phone Number: 1-800-273-8255 (TALK)  Website: <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a></p> <p>Military and Veterans Crisis Line  Phone Number: 1-800-273-8255 (Press 1)  Website: <a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a></p> <p>Additional resources can be found here:  MentalHealth.gov: <a href="https://www.mentalhealth.gov/">https://www.mentalhealth.gov/</a>  Military OneSource: <a href="http://www.militaryonesource.mil/mental-health-resources">http://www.militaryonesource.mil/mental-health-resources</a></p> <p>More information on the campaigns referenced in this survey can be found here:  Real Warriors: <a href="http://www.realwarriors.net">www.realwarriors.net</a>  Make the Connection: <a href="http://www.maketheconnection.net">www.maketheconnection.net</a>  National Recovery Month: <a href="http://www.samhsa.gov">www.samhsa.gov</a></p>	
		Pre & Post		No response necessary
85	62	Post	These campaign materials are worth remembering	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
86	63	Post	These campaign materials grabbed my attention	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
87	64	Post	These campaign materials were powerful	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
88	65	Post	These campaign materials were informative	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
89	66	Post	These campaign materials were meaningful	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
90	67	Post	These campaign materials were convincing	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
91	67a	Post	If a family member or friend were dealing with an emotional or personal problem, I would share these campaign materials with them.	Strongly disagree, Moderately disagree, Neither agree nor disagree, moderately agree, strongly agree
92	67b	Post	Prior to participating in this study, have you seen, read, or heard any messages or advertising for getting service members or veterans help for mental health problems?	Yes, No
93	67c	Post	If yes to Q67a) What were the names of the campaign or campaigns that you have heard?	Open-ended
94	68	Post	Prior to participating in this study, had you ever seen, read, or heard anything about [CAMPAIGN NAME]?	Not at all; Once; 2 to 4 times; 5 to 10 times; More than 10 times; Don't know
95	69	Post	In recent months, how many times have you ever seen, read, or heard any of the [CAMPAIGN NAME] materials you viewed today?	Not at all; Once; 2 to 4 times; 5 to 10 times; More than 10 times
96	69a	Post	How likely are you to seek more information about mental health?	Extremely unlikely, unlikely, likely, extremely likely
97	70	Post	Have you ever had a mental health problem?	No, Yes
98	70a	Post	Have you ever had a substance use problem?	No, Yes
99	71	Post	(If yes to 70), have you ever sought treatment for a mental health problem?	No, Yes
100	71a	Post	(If yes to 70a), have you ever sought treatment or counseling for your use of alcohol or any drug, not counting cigarettes?	No, Yes
101	72	Post	Do you have a family member who has or has had a mental health problem?	No, Yes
102	72a	Post	Do you have a family member who has gotten treatment or counseling for his or her use of alcohol or any drug, not counting cigarettes?	No, Yes
103	73	Post	During the past 30 days, how often did you feel: nervous	None of the time, a little of the time, some of the time, most of the time, all of the time
104	74	Post	Hopeless	None of the time, a little of the time, some of the time, most of the time, all of the time
105	75	Post	Restless or fidgety	None of the time, a little of the time, some of the time, most of the time, all of the time
106	76	Post	So depressed that nothing could cheer you up	None of the time, a little of the time, some of the time, most of the time, all of the time
107	77	Post	That everything was an effort	None of the time, a little of the time, some of the time, most of the time, all of the time
108	78	Post	Worthless	None of the time, a little of the time, some of the time, most of the time, all of the time
109				
	79	Post	The last six questions asked about feelings that might have occurred during the past 30 days. Taking them altogether, did these feelings occur...	Less often than usual, about the same as usual, more often in the past 30 days than is usual for you
110				
	80	Post	The next few questions are about how these feelings may have affected you in the past 30 days. You need not answer any questions if you answered "none of the time" to all six questions about your feelings. During the past 30 days, how many days out of 30 were you totally unable to work or carry out your normal activities because of these feelings?	Open-ended
111	81	Post	Not counting the days you reported in response to the previous question, how many days in the past 30 were you able to do only half or less of what you would normally have been able to do, because of these feelings?	Open-ended
112	82	Post	During the past 30 days, how many times did you see a doctor or other health professional about these feelings?	Open-ended
113	83	Post	During the past 30 days, how often have physical health problems been the main cause of these feelings?	None of the time, a little of the time, some of the time, most of the time, all of the time
114	84	Post	If you have additional thoughts on the materials you viewed or the survey, please write them in the box below.	Open-ended