Federal Office of Rural Health Policy (FORHP)
Office for the Advancement of Telehealth (OAT)

Evidence Based Tele-behavioral Health Network Program (EB THNP)
Substance Abuse Treatment Telehealth Network Grant Program (SAT TNGP)

RTRC Recommended Measures

Measure 1 (Access)

Measure:	Number of behavioral health encounters per patient, by intervention group (Telehealth vs Non-telehealth): total and by service type, provider type, and disposition
Description:	Indicates number of encounters patient received for behavioral health treatment

Measure 2 (Access)

Measure:	Percent of scheduled behavioral health encounters not completed, by intervention group (Telehealth vs Non-telehealth): total, by service type, and specific reason
Description:	Indicates percent of encounters not completed, by reason, as an alert for low completion rates

Measure 3 (Cost Savings/Cost Effectiveness)

Measure:	Percent of encounters where behavioral health services are billed to insurance, by intervention group (Telehealth vs Non-telehealth): total and by service type
Description:	Indicates the extent to which behavioral health services are being billed to insurance as an estimate of sustainability

Measure 4 (Cost Savings/Cost Effectiveness)

Measure:	Estimated reimbursement for behavioral health services, by intervention group (Telehealth vs Non-telehealth): total and by service type
Description:	Used to describe type of behavioral health service delivered and used to calculate national Medicare reimbursement rate for services delivered as a proxy for cost

Measure 5 (Cost Savings/Cost Effectiveness)

Measure:	Estimated travel costs for behavioral health services, by intervention group (Telehealth vs Non-telehealth): total and by service type
Description:	Indicates travel cost and time for the patient

Measure 6 (Clinical Outcomes)

Measure:	Change in mental and physical health quality of life over time, by intervention group (Telehealth vs Non-telehealth): total and by service type
Description:	Measure will use the Patient-Reported Outcomes Measurement Information System (PROMIS) Global Health to assess patient functioning.

Measure 7 (Clinical Outcomes)

Measure:	Change in depression symptoms over time, by intervention group (Telehealth vs Non-telehealth): total and by service type

Description: Measure will use the Patient Health Questionnnaire - 9 (PHQ-9) to assess depression symptoms in patients whose primary complaint is depression or who have a primary or secondary ICD-10 indicative of depression.

Measure 8 (Clinical Outcomes)

Measure: Change in generalized anxiety symptoms over time, by intervention group (Telehealth vs Non-telehealth): total and by service type

Description: Measure will use the Generalized Anxiety Disorder Scale – 7 (GAD-7) to assess anxiety symptoms in patients whose primary complaint is anxiety or who have a primary or secondary ICD-10 indicative of anxiety.

Measure 9 (Clinical Outcomes)

Measure: Change in substance use severity over time, by intervention group (Telehealth vs Non-telehealth): total and by service type

Description: Measure will use the Drug Use Disorders Identification Tool - Consumption (DUDIT-C) to assess substance use severity in patients whose primary complaint is substance use or who have a primary or secondary ICD-10 indicative of substance use.

Public Burden Statement: An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB control number for this project is 0906-XXXX-NEW. Public reporting burden for this collection of information is estimated to average 14 hours per response, including the time for reviewing instructions, searching existing data sources, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to HRSA Reports Clearance Officer, 5600 Fishers Lane, Room 14N136B, Rockville, Maryland, 20857.