

Illustrative table shells: Pre and Post Discharge Patient Qu

Pre-Question(s)	Variable
1	Health Status
13-17	ADLS
18-22	IADLS
23	Personal Care Assistance
24	Number of falls
25	Number of injury falls
NA	Number of falls limit activity
NA	Number of falls doctor visit
NA	Number of falls ED visit
NA	Number of falls hospitalizatoin
27	Who has talked to you about falling
NA	Who has talked to you about medications

32	Alcohol drinks per week
34	Condition causing pain
35	Days with pain
39	Pain relief interventions
40	Regularly take pain medications
41	Medications for pain
42	Length of time taken
43	Tried to decrease
NA	Seen Primary Doctor since discharge
NA	Planned?
NA	Post-discharge Hospital Visits
NA	Post-discharge ED Visits
NA	Heart attack
NA	Stroke
NA	Blood clot in leg/calf
NA	Blood clot in lung
NA	UTI
NA	Pneumonia
NA	fall
NA	Recommended fall interventions

NA Recommended fall interventions-post-discharge

NA Physical Therapy Sessions

NA Occupational Therapy sessions

NA Exercise Program

NA Eye doctor

NA Foot doctor

2-5 SF-12 Physical Component

6-12 SF-12 Mental Component

28 Perceived priority of falling

29 Perceived likelihood of falling

30	Perceived severity of falling
31	Efficacy for preventing falls
36	Pain in the past 6 months (pre) or week (post)
37	Pain interference with life enjoyment
38	Pain interference with general activity
44-50	Opioid Misuse Index
51	Open comment

Questionnaires

Pre-Discharge Patient Questionnaire

Value	Baseline			Post-Question(s)
	Number	Percent	95% CI	
Excellent				17
Very Good				
Good				
Fair				
Poor				
0				29-33
1-2				
3+				
0				34-38
1-2				
3+				
Yes				39
0				12
1				
2+				
0				NA
1				
2+				
0				13
1				
2+				
0				14
1				
2+				
0				15
1				
2+				
0				16
1				
2+				
Doctor				40/43
Pharmacist				
Nurse				
Another Healthcare Provider				
Family Member or Caregiver				
Other				
No one has talked to me				
Doctor				41
Pharmacist				
Nurse				
Another Healthcare Provider				

Family Member or Caregiver	
Other	
No one has talked to me	
Non-drinker	
Drinker but doesn't binge	50
Binge drinker	
Yes	52
I have had pain, but on less than half of the days	53
I have had pain on more than half of the days but not every day	
I have had every day, but not all the time	
I have had pain all day, every day, without break	
Yoga, stretching, or range of motion exercises	57
Massage or chiropractic	
Acupuncture or cupping	
Meditation or cognitive behavioral therapy	
Prayer	
Marijuana or THC-containing, smoked, edible or vaporized system	
Yes	58
Over the counter medications such as Motrin or Tylenol	59
Prescription non-steroidal medications (NSAIDS) like ibuprofen or naproxen	
Prescription for short acting opioid medications like oxycodone, Percocet, or Vicodin	
Prescription long acting opioid medications like OxyContin, Methadone, or MSContin	
Medications for nerve pain, such as gabapentin, or baclofen	
Marijuana or THC-containing, smoked, edible or vaporized system	
Less than a week	60
More than a week less than a month	
More than a month	
Yes	
Yes	1
Planned	2
Problem	
Yes	3
Yes	4
Yes	5
Yes	6
Yes	7
Yes	8
Yes	9
Yes	10
Yes	11
Physical Therapy	42

Occupational Therapy
 Exercise Programs (or yoga or Tai Chi)
 Visiting an Eye Dr.
 Visiting a Foot Dr.
 Medication Changes
 None
 Physical Therapy 44
 Occupational Therapy
 Exercise Programs (or yoga or Tai Chi)
 Visiting an Eye Dr.
 Visiting a Foot Dr.
 Medication Changes
 None
 None 45
 One
 Two
 Three
 More than 3
 None 46
 One
 Two
 Three
 More than 3
 None 47
 One
 Two
 Three
 More than 3
 None 48
 One
 Two
 Three
 More than 3
 None 49
 One
 Two
 Three
 More than 3

Number Mean(sd) 95% CI

18-21

22-28

NA

NA

NA

NA

54

55

56

61-66

67

Post-Discharge Patient Questionnaire 14/30/60

14 day followup

30 day followup

60 day followup

Number Percent 95% CI Number Percent 95% CI Number Percent 95% CI

Number	Mean(sd)	95% CI	Number	Mean(sd)	95% CI	Number	Mean(sd)	95% CI
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Regression Model using Pre and Post Patient Questionnaires

Outcome variable = Total falls

Other outcomes = injurious falls(limited activity, doctor visit, ED visit, hospitalization); pain at 60 days

Variable	Value	OR	Cru
Previous fall	No (Ref)		
	Yes		
Health Status	Excellent/ V Good		
	Good (Ref)		
Health Condition since discharge	None (Ref)		
	Heart attack		
	Stroke/ TIA		
	Blood clot in leg/lung		
	Urianry tract infection		
	Pneumonia		
	Poor/Fair		
Activities of daily living	No limitation (Ref)		
	1-2 limitations		
	3+ limitations		
Instrumental activities	No limitation (Ref)		
	1-2 limitations		
	3+ limitations		
Pain	0-3 mild (Ref)		
	4-7 moderate		
	8-10 severe		
Pain interference w/ activity	0-3 mild (Ref)		
	4-7 moderate		
	8-10 severe		
Intervention to help strength and balance			
Physical Therapy	0 (Ref)		
	1-2		
	3+		
Occupational Therapy	0 (Ref)		
	1-2		
	3+		
Exercise Programs (or yoga or Tai Chi)	0 (Ref)		
	1-2		
	3+		
Visit eye doctor	No (Ref)		
	Yes		
Visit foot doctor	No (Ref)		
	Yes		
Alcohol	Non-drinker (Ref)		
	Drinks but no binge		

Binge drinker

s post-discharge; pain med use at 60 days post-discharge

Odds Ratio		Adjusted Odds Ratio	
95% CI	p	OR	95% CI p

Illustrative table shells: UCSF Clinical Staff Evaluation Questionnaire

Question(s)	Variable	Value	Number
	Age	<30	
		30-90	
		40-90	
		50-64	
		65+	
	Gender	Female	
		Male	
		Other	
	Years in practice	0-5	
		6-10	
		11-15	
		16-20	
		> 20	
	Student, resident, fellow	Yes	
	DEA registration	Yes	
	Primary unit	15	
		14	
		12	
		11	
		10	
		9	
		8	
		7	
		6	
		5	
	In the past week, number of times ... screened a patient for opioid use disorder	0	
		1-3	
		4-6	
		7-10	
		>10	
		All	
	Seeked consultation from pain management for a patient	0	
		1-3	
		4-6	
		7-10	
		>10	
		All	
	Gave instruction on non-pharmacologic pain treatments	0	
		1-3	
		4-6	

	7-10
	>10
	All
wrote for discharge opioid prescription	0
	1-3
	4-6
	7-10
	>10
	All
Gave opioid taper instruction after discharge	0
	1-3
	4-6
	7-10
	>10
	All
Gave non-pharmacologic pain treatment instructions after discharge	0
	1-3
	4-6
	7-10
	>10
	All

Physicians

Percent 95% CI

Number

Pharmacists

Percent 95% CI

Number

Nurses

Percent 95% CI

Illustrative table shell: PCP Post Discharge Survey

Saw discharged patient

How Useful ...

Information about functional status and rehab goals

Information about fall risk

Suggestion about pain referral

Suggestion about PT/OT referral

Suggestion about other rehab

Suggestion about Vitamin D/Cal use

Suggestion for non-opioid pain meds

suggestions for opioid tapering

Suggestions for identifying patients at risk of opioid adverse events

Suggestions for non medication therapies

Very useful but not perfect

Most useful

Not useful

Slightly useful

Somewhat useful

Very useful but not perfect

Most useful

Not useful

Slightly useful

Somewhat useful

Very useful but not perfect

Most useful