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Appendix I Foods Focus Groups Participant Screener

Recruiting Goals:

- People who have done a focus group or other interview-based research in the last 6 months are <u>not eligible</u>.
- People who have ever done five or more focus groups are <u>not eligible</u>.
- When calling potential participants, recruiters should use general interactions throughout all calls to make judgments about each person's ability and willingness to participate in a focus group discussion.
- We are looking to recruit participants who are talkative and articulate. Everyone will be expected to participate in the discussion and contribute her/his opinions. All participants will need to be comfortable conversing in English.
- All participants must be able to read, understand, and speak English.
- All groups will be conducted with individuals ages 18 and over who do at least half of the grocery shopping for their households and who are at least somewhat knowledgeable and interested in issues of food and nutrition.
- All groups will include participants of diverse ages and races/ethnicities.
- The groups will be segmented by education level, gender and age of participants; half of the group discussions in each location will be conducted with lower education participants who hold an Associate's degree from a community college or lower, and the other half with higher educated participants who hold a Bachelor's degree or higher; at the same time, half of all groups in each location will be conducted with female and the other half with male participants, as well as half of the groups in each location will be conducted will be conducted with younger participants (18 to 34 years old) and half with older participants (35 to 65 years old). (See the Table below).

Study Protocol:

- Sufficient recruits will be invited to achieve a target of 8-10 participants per group.
- Each group will last approximately 2 hours (a 90-minute discussion plus time needed for signing in before the group starts and signing out after the group ends).
- Each participant will receive a cash token of appreciation for participating in the focus group.
- Groups will be audio- and video-recorded and live-streamed for off-site observers.
- Signed Informed Consents will be processed at sign-in, and a verbal consent will be obtained before the start of the discussion.
- The identity of the participants will remain confidential.
- Groups will be observed by staff from the U.S. Food and Drug Administration, USDA, and EPA.
- Participants do not have to answer any questions that they do not want to, but are encouraged to participate.

Table: Group Composition and Location:

Group No.	Location	Level of Education	Gender	Age
Group 1 & 2	Bethesda, MD	Higher	Female	Younger (18-34 year old)
	(Metropolitan DC)		Male	Older (35-65 year old)
Group 3 & 4		Lower	Female	Older (35-65 year old)
			Male	Younger (18-34 year old)
Group 5 & 6	Portland, ME	Higher	Female	Older (35-65 year old)
	(Northeast Coast)		Male	Younger (18-34 year old)
Group 7 & 8		Lower	Female	Younger (18-34 year old)
			Male	Older (35-65 year old)
Group 9 & 10	Des Moines, IA	Higher	Female	Younger (18-34 year old)
	(Midwest)		Male	Older (35-65 year old)
Group 11 & 12		Lower	Female	Older (35-65 year old)
			Male	Younger (18-34 year old)
Group 13 & 14	Atlanta, GA	Higher	Female	Older (35-65 year old)
	(South)		Male	Younger (18-34 year old)
Group 15 & 16		Lower	Female	Younger (18-34 year old)
			Male	Older (35-65 year old)
Group 17 & 18	Spokane, WA	Higher	Female	Younger (18-34 year old)
	(West Coast)		Male	Older (35-65 year old)
Group 19 & 20		Lower	Female	Older (35-65 year old)
			Male	Younger (18-34 year old)

SCRIPT:

Hello Mr./Ms. ______, my name is ______ and I'm calling about a research study sponsored by the U.S. Food and Drug Administration in your area. We are recruiting for an upcoming focus group in which participants will be asked to share their thoughts and understanding of different foods. Participants in this study will receive a token of appreciation for participating in the focus group. Let me assure you that this is a legitimate research study. I am not trying to sell anything.

1. First, are you at least 18 years of age? IF NO: We are only recruiting people who are 18 years of age or older for these groups. May I please speak with someone in your household who is at least 18 years of age? IF NO ONE, THANK RESPONDENT POLITELY AND END CALL.

IF NEW RESPONDENT, REPEAT STARTING WITH THE INTRODUCTION ABOVE.

2. Are you interested in participating?

YES	→ CONTINUE
NO	\rightarrow ELIMINATE [THANK RESPONDENT POLITELY]

3. Would you mind answering a few questions? This will only take a few minutes of your time.

YES	→ CONTINUE
NO	→ ELIMINATE [THANK RESPONDENT POLITELY]

- 4. The focus group will be conducted in English. Are you comfortable reading and speaking English?
 - \Box YES \rightarrow CONTINUE
 - □ NO \rightarrow ELIMINATE [THANK RESPONDENT POLITELY]
- 5. Do you or someone from your immediate family work for any of the following:

A Market Research Firm	→ ELIMINATE [THANK RESPONDENT POLITELY]
State or local food agency, EPA,	
U.S. Department of Agriculture, or	
U.S. Food and Drug Administration	→ ELIMINATE [THANK RESPONDENT POLITELY]

- 6. Do you do at least half of the grocery shopping for your household?
 - \Box YES \rightarrow CONTINUE
 - □ NO \rightarrow ELIMINATE [THANK RESPONDENT POLITELY]
- 7. Thinking about your eating habits in general, how much attention do you pay to the nutritional content of the foods you eat? Would you say:
 - □ A lot \rightarrow CONTINUE
 - $\Box \quad A \text{ little} \quad \rightarrow \text{CONTINUE}$
 - Almost none or none at all

- 8. How often, if at all, do you check information on the label when you buy a food product for the first time? Would you say
 - □ Often \rightarrow CONTINUE
 - Sometimes \rightarrow CONTINUE
 - □ Almost never or never
- 9. How often, if at all, do you buy organic produce?
 - □ Often → CONTINUE
 - □ Sometimes \rightarrow CONTINUE
 - □ Almost never or never
- 10. How many of your meals you prepare by yourself?
 - \rightarrow CONTINUE □ A lot
 - □ A little \rightarrow CONTINUE
 - □ Almost None or none at all

NOTE TO RECRUITER: If ALL respondent's answers to Q7-10 are "Almost none or none at all" and "Almost never or never". ELIMINATE [THANK POLITELY].

- 11. How much would you say you know about GMO foods?
 - □ A lot \rightarrow CONTINUE
 - \rightarrow CONTINUE □ A little
 - □ Almost nothing or Nothing \rightarrow ELIMINATE [THANK RESPONDENT POLITELY]
- 12. DETERMINE GENDER. IF UNSURE, ASK RESPONDENT IF S/HE IS MALE OR FEMALE.
 - □ MALE → CONTINUE [RECRUIT TO MALE GROUPS]
 - FEMALE \rightarrow CONTINUE [RECRUIT TO FEMALE GROUPS]
- 13. What is the highest level of education that you have completed? [READ ALL ANSWER OPTIONS. RECRUIT A MIX WITHIN EACH GROUP AND ACROSS STUDY]
 - □ Less than high school
- → RECRUIT TO LOWER ED GROUP → RECRUIT TO LOWER ED GROUP
 - High school graduate or GED
 - → RECRUIT TO LOWER ED GROUP
 - → RECRUIT TO LOWER ED GROUP
 - Technical/vocational school
 Some community college □ Some community college (towards an Associate's degree or other
 - community college degree)
 - □ Community college degree (e.g., Associate's degree) → RECRUIT TO LOWER ED GROUP
 - □ Some college → RECRUIT TO HIGHER ED GROUP (toward Bachelor's degree)
 - College degree (Bachelor's degree)

→ RECRUIT TO HIGHER ED GROUP

- \Box Advanced degree (postgraduate degree) \rightarrow RECRUIT TO HIGHER ED GROUP RECRUIT NO MORE THAN ABOUT 5 PER GROUP TO SEAT NO MORE THAN ABOUT 3 PER GROUP]

- 14. Are you of Hispanic or Latino origin? [ENSURE ABOUT 2 PER GROUP AS REFLECTIVE OF THE AREA]
 - □ Yes \rightarrow CONTINUE □ No \rightarrow CONTINUE
- 15. What is your race? I am going to read several categories of race. You may choose one or more categories. Are you...? [RECRUIT A DIVERSE GROUP REFLECTIVE OF THE AREA.]
 - □ White
 - Black or African American
 - Asian
 - D Native Hawaiian or other Pacific Islander
 - D American Indian or Alaska Native
 - Prefer not to answer
- 16. I am going to read some age categories, could you please tell me in which category your age falls? [RECRUIT A MIX FOR EACH AGE CATEGORY WITHIN EACH GROUP AND ACROSS STUDY]

18-34	ightarrow continue, recruit to younger groups
35-65	ightarrow continue, recruit to older groups
66 and above	→ ELIMINATE [THANK RESPONDENT POLITELY]

- 17. I am going to read some income categories; could you classify your annual household income to one of these categories? [RECRUIT A MIX PER GROUP]
 - □ Less than \$25,000 per year
 - **u** \$25,000 to less than \$50,000 per year
 - □ \$50,000 to less than \$75,000 per year
 - □ \$75,000 and over per year

FINALIZING SCREENER QUESTIONS FOR ALL GROUPS

Thank you for answering these questions. We would like to invite you to participate in a focus group with about eight other participants to discuss your thoughts and understanding of different foods. The discussion will last approximately an hour and a half. The discussion will be video- and audio-recorded, and also observed by researchers. Your participation and everything you say during the discussion will remain confidential and your personal identifying information will not be included in any reports. At the conclusion of the focus group, you will receive \$75.00 as a token of our appreciation for your participation. The focus group will last approximately 2 hours (a 90-minute discussion plus time needed for signing in before the group starts and signing out after the group ends). Are you interested in participating in this focus group?

- □ Yes [CONTINUE]
- □ No [THANK THE PERSON FOR HIS/HER TIME]

I'm glad that you will be able to join us! The focus group will take place on (DAY), (DATE), at [6:00 or 8:00 p.m.] at [SITE LOCATION].

Will you be available to participate at this time?

Yes [CONTINUE]
 No [THANK THE PERSON FOR HIS/HER TIME]

I would like to send you a confirmation letter and directions to the facility. In order to do so, could you please tell me the best way of contacting you:

[INSERT CONTACT INFORMATION]

Date of focus group:_____ Time:_____

We are only inviting a few people, so it is very important that you notify us as soon as possible if for some reason you are unable to attend. Please call [RECRUITER] at [TELEPHONE NUMBER] if this should happen. We look forward to seeing you on [DATE] at [TIME]. If you use reading glasses, please bring them with you to the focus group.