Testing Experience and Functional Tools (TEFT) Functional Assessment Standardized Items (FASI)

Please Complete All Items on Each Page

Section A

PRA Disclosure Statement: This information is being collected to assist the Centers for Medicare & Medicaid Services (CMS) with standardizing functional assessment items for home and community based services (HCBS) and develop performance measures. Under the Privacy Act of 1974 any personally identifying information obtained will be kept private to the extent of the law. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid Office of Management and Budget (OMB) control number. The control number for this project is 0938-1037 (Expires: TBD). The SORN is 09-70-0569.

Functional Abilities and Goals

Self-Care

Form Instructions:

Code the person's **usual** performance during the **past 3 days** using the 6-point scale in **Column A**. If the person's performance **changed** during the **past month**, also code their **most dependent** performance in **Column B**. If the person's self-care performance was **unchanged** during the **past month**, column B should be coded the same as column A. *If the activity was not attempted*, code the reason.

Please complete the Self-Care Priorities section at the bottom of this page.

CODING:		nce Level				
Safety and Quality of Performance - If helper assistance is required because person's performance is unsafe or of	Enter Code A Usual	B Most				
poor quality score according to amount of assistance provided. Activities may be completed with or without assistive devices.		Dependent	6a. Eating: The ability to use suitable utensils to bring food to the mouth and swallow food once the			
 o6. Independent - Person completes the activity by him/ herself with no assistance from a helper. o5. Setup or cleanup assistance - Helper SETS UP or CLEANS UP; person completes activity. Helper assists only prior to or following the activity. o4. Supervision or touching assistance - Helper provides VERBAL CUES or TOUCHING/STEADYING assistance as person completes activity. Assistance may be provided throughout the activity or intermittently. o3. Partial/moderate assistance - Helper does LESS THAN HALF the effort. Helper lifts, holds or supports trunk or limbs, but provides less than half the effort. o2. Substantial/maximal assistance - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort. o1. Dependent - Helper does ALL of the effort. Person does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the person to complete the activity. If activity was not attempted, code reason: o7. Person refused. o9. Not applicable - Person does not usually do this activity. 			meal is presented on a table/tray. Includes modified food consistency.			
			6b. Oral hygiene: The ability to use suitable items to clean teeth. [Dentures (if applicable): The ability to remove and replace dentures from and to the mouth, and manage equipment for soaking and rinsing them.]			
			6c. Toileting hygiene: The ability to maintain perineal/feminine hygiene, adjust clothes before and after using the toilet, commode, bedpan or urinal. If managing an ostomy, include wiping the opening but not managing equipment.			
			6d. Wash upper body: The ability to wash, rinse, and dry the face, hands, chest, and arms while sitting in a chair or bed.			
			6e. Shower/bathe self: The ability to bathe self in shower or tub, including washing, rinsing, and drying self. Does not include transferring in/out of tub/shower.			
			6f. Upper body dressing: The ability to put on and remove shirt or pajama top; includes buttoning, if applicable.			
88. Not attempted due to short-term medical condition or safety concerns.			6g. Lower body dressing: The ability to dress and undress below the waist, including fasteners; does not include footwear.			
			6h. Putting on/taking off footwear: The ability to put on and take off socks and shoes or other footwear that is appropriate for safe mobility.			
Self-Care Priorities: Please ask the person to describe at least one or two personal priorities in the area of self-care for the next six months. If the person does not express any personal priorities in this area, please note this below.						

1.

2.

Mobility (Bed mobility and transfers)

Form Instructions:

Code the person's **usual** performance during the **past 3 days** using the 6-point scale in **Column A**. If the person's performance **changed** during the **past month**, also code their **most dependent** performance in **Column B**. If the person's transfer/bed mobility performance was **unchanged** during the **past month**, column B should be coded the same as column A. *If the activity was not attempted*, code the reason.

CODING:		nce Level es in Boxes	
Safety and Quality of Performance - If helper assistance - is required because person's performance is unsafe or of	Α	В	
poor quality score according to amount of assistance	Usual	Most Dependent	
provided. Activities may be completed with or without assistive devices.			7a. Roll left and right: The ability to roll from lying on back to left and right side, and return to lying on
o6. Independent - Person completes the activity by him/ herself with no assistance from a helper.			back. 7b. Sit to lying: The ability to move from sitting on
o5. Setup or cleanup assistance - Helper SETS UP or CLEANS UP; person completes activity. Helper assists			side of bed to lying flat on the bed. 7c. Lying to sitting on side of bed: The ability to
 OLEANS OF; person completes activity. Helper assists only prior to or following the activity. O4. Supervision or touching assistance - Helper provides VERBAL CUES or TOUCHING/STEADYING assistance as person completes activity. Assistance may be provided throughout the activity or intermittently. O3. Partial/moderate assistance - Helper does LESS THAN HALF the effort. Helper lifts, holds or supports trunk or limbs, but provides less than half the effort. O2. Substantial/maximal assistance - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or 			safely move from lying on the back to sitting on the side of the bed with feet flat on the floor, and with no back support.
			7d. Sit to stand: The ability to safely come to a standing position from sitting in a chair or on the side of the bed.
			7e. Chair/bed-to-chair transfer: The ability to safely transfer to and from a bed to a chair (or wheelchair).
limbs and provides more than half the effort. o1. Dependent - Helper does ALL of the effort. Person			7f. Toilet transfer: The ability to safely get on and off a toilet or commode.
does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the person to complete the activity.			7g. Car transfer: The ability to transfer in and out of a car or van on the passenger side. Does not include the ability to open/close door or fasten seat belt.
 If activity was not attempted, code reason: 07. Person refused. 09. Not applicable - Person does not usually do this activity. 88. Not attempted due to short-term medical condition or safety concerns. 			· · · ·

	(Identifier:								
Section B	Functional Abilities and Goals								
Mobility (Ambula	ition)								
performance changed ambulation mobility pe	during the past month, also co	ode their r	nost depe	point scale in Column A . If the person's endent performance in Column B . If the person's h, column B should be coded the same as column A.					
CODING:				8. Does the person walk?					
Safety and Quality of Performance - If helper assistance is required because person's performance is unsafe or of poor quality score according to amount of assistance provided. <i>Activities may be completed with or without assistive devices.</i>		Derforme		 o. Yes - Continue to question 8a. 1. No, but walking is indicated in the future - skip to question 9. 2. No, and walking is not indicated - skip to question 9. 					
	completes the activity by him/		nce Level es in Boxes						
herself with no assistance from a helper. o5. Setup or cleanup assistance - Helper SETS UP or CLEANS UP; person completes activity. Helper assists		A Usual	B Most Dependent	-					
 only prior to or following the activity. o4. Supervision or touching assistance - Helper provides VERBAL CUES or TOUCHING/STEADYING assistance as person completes activity. Assistance may be provided throughout the activity or intermittently. o3. Partial/moderate assistance - Helper does LESS THAN HALF the effort. Helper lifts, holds or supports 			8a. Walks 10 feet: Once standing, the ability to walk at least 10 feet in a room, corridor or similar space						
			8b. Walks 50 feet with two turns: Once standing, the ability to walk at least 50 feet and make two turns						
02. Substantial/maximal THAN HALF the effort	vides less than half the effort. assistance - Helper does MORE . Helper lifts or holds trunk or			8c. Walks 150 feet: Once standing, the ability to walk at least 150 feet in a corridor or similar space.					
does none of the effort	the than half the effort. oes ALL of the effort. Person to complete the activity. Or, the helpers is required for the			8d. Walks 10 feet on uneven surfaces: The ability to walk 10 feet on uneven or sloping surfaces, such as grass or gravel.					
person to complete the	e activity.			8e. 1 step (curb): The ability to step over a curb or up and down one step.					
If activity was not attemp 07. Person refused. 09. Not applicable - Perso	-			8f. 4 steps: The ability to go up and down four steps with or without a rail.					
activity.	short-term medical condition or			8g. 12 steps: The ability to go up and down 12 steps with or without a rail.					
safety concerns.				8h. Walks indoors: from room to room, around furniture and other obstacles.					
				8i. Carries something in both hands: While walking indoors e.g. several dishes, light laundry basket, tray with food.					
				8j. Picking up object: The ability to bend/stoop from a standing position to pick up a small object, such as a spoon, from the floor.					
				8k. Walks for 15 minutes: without stopping or resting (e.g., department store, supermarket.)					
				81. Walks across a street: crosses street before light turns red					

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Functional Abilities and Goals

Mobility (Wheelchair)

Form Instructions:

Code the person's **usual** performance during the **past 3 days** using the 6-point scale in **Column A**. If the person's performance **changed** during the **past month**, also code their **most dependent** performance in **Column B**. If the person's wheelchair mobility performance was **unchanged** during the **past month**, column B should be coded the same as column A. *If the activity was not attempted*, code the reason.

Please complete the Mobility Priorities section at the bottom of this page.

CODING:		9. Does	the person use a manual wheelchair?	
Safety and Quality of Performance - If helper assistance		0. No	- Skip to question 10.	
is required because person's performance is unsafe or of		1. Ye	es - Continue to question 9a.	
poor quality score according to amount of assistance			Manual Wheelchair	
provided.	Performa			
Activities may be completed with or without assistive devices.	Enter Code		-	
o6. Independent - Person completes the activity by him/ herself with no assistance from a helper.	A Usual	B Most Dependent		
 o5. Setup or cleanup assistance - Helper SETS UP or CLEANS UP; person completes activity. Helper assists only prior to or following the activity. o4. Supervision or touching assistance - Helper provides VERBAL CUES or TOUCHING/STEADYING assistance as person completes activity. Assistance may be provided throughout the activity or intermittently. 			9a. Wheels 50 feet with two turns: Once seated in wheelchair/scooter, the ability to wheel at least 50 feet and make two turns.	
			9b.Wheels 150 feet: Once seated in wheelchair/ scooter, the ability to wheel at least 150 feet in a corridor or similar space.	
o3. Partial/moderate assistance - Helper does LESS THAN HALF the effort. Helper lifts, holds or supports			9c. Wheels for 15 minutes: without stopping or resting (e.g., department store, supermarket.)	
trunk or limbs, but provides less than half the effort. 02. Substantial/maximal assistance - Helper does MORE			9d. Wheels across a street: crosses street before light turns red.	
THAN HALF the effort. Helper lifts or holds trunk or			s the person use a motorized wheelchair/scooter?	
limbs and provides more than half the effort.			o - Skip to question 11a.	
o1. Dependent - Helper does ALL of the effort. Person does none of the effort to complete the activity. Or, the		1. Ye	es - Continue to question 10a.	
assistance of 2 or more helpers is required for the			Motorized Wheelchair/Scooter	
person to complete the activity.	Performa Enter Code			
If activity was not attempted, code reason:	A	B		
07. Person refused.	Usual	Most		
og. Not applicable - Person does not usually do this		Dependent		
activity. 88. Not attempted due to short-term medical condition or safety concerns.			10a. Wheels 50 feet with two turns: Once seated in wheelchair/scooter, the ability to wheel at least 50 feet and make two turns.	
			10b. Wheels 150 feet: Once seated in wheelchair/ scooter, the ability to wheel at least 150 feet in a corridor or similar space.	
			<pre>ioc. Wheels for 15 minutes: without stopping or resting (e.g., department store, supermarket.)</pre>	
			1od. Wheels across a street: crosses street before light turns red.	
Mobility Priorities: Please ask the person to describe a		•	•	
six months. If the person does not express any persona	al priorities	in this are	ea, please note this below.	
1.				

2.

Functional Abilities and Goals

Instrumental Activities of Daily Living

Form Instructions:

Code the person's **usual** performance during the **past 3 days** using the 6-point scale in **Column A**. If the person's performance **changed** during the **past month**, also code their **most dependent** performance in **Column B**. If the person's IADL performance was **unchanged** during the **past month**, column B should be coded the same as column A. *If the activity was not attempted*, code the reason.

CODING:	Performance Level		
Safety and Quality of Performance - If helper assistance		es in Boxes	-
is required because person's performance is unsafe or of	A Usual	B	
poor quality score according to amount of assistance	USUal	Most Dependent	
provided.		Dependent	
Activities may be completed with or without assistive devices.			11a. Makes a light cold meal: The ability to plan and
			prepare all aspects of a light cold meal such as a
o6. Independent - Person completes the activity by him/			bowl of cereal and sandwich and cold drink.
herself with no assistance from a helper.			
o5. Setup or cleanup assistance - Helper SETS UP or			11b. Makes a light hot meal: The ability to plan and
CLEANS UP; person completes activity. Helper assists			prepare all aspects of a light hot meal such as
only prior to or following the activity.			heating a bowl of soup and reheating a prepared
04. Supervision or touching assistance - Helper provides			meal.
VERBAL CUES or TOUCHING/STEADYING assistance as person completes activity. Assistance may be			
provided throughout the activity or intermittently.			11c. Light daily housework: The ability to complete
o3. Partial/moderate assistance - Helper does LESS			light daily housework to maintain a safe home
THAN HALF the effort. Helper lifts, holds or supports			environment such that the person is not at risk
trunk or limbs, but provides less than half the effort.			for harm within their home. Examples include
o2. Substantial/maximal assistance - Helper does MORE			wiping counter tops or doing dishes.
THAN HALF the effort. Helper lifts or holds trunk or			and Heavier periodic between why The shility to
limbs and provides more than half the effort.			11d. Heavier periodic housework: The ability to
o1. Dependent - Helper does ALL of the effort. Person			complete heavier periodic housework to maintain a safe home environment such that
does none of the effort to complete the activity. Or, the			
assistance of 2 or more helpers is required for the			person is not risk for harm within their home.
person to complete the activity.			Examples include doing laundry, vacuuming,
If activity was not attempted, code reason:			cleaning bathroom.
07. Person refused.			11e. Light shopping: Once at store, can locate and
og. Not applicable - Person does not usually do this			select up to five needed goods, take to check
activity.			out, and complete purchasing transaction.
88. Not attempted due to short-term medical condition or			11f. Telephone-answering call: The ability to answer
safety concerns.			call in person's customary manner and maintain
			for 1 minute or longer. Does not include getting
			to the phone.
			11g. Telephone-placing call: The ability to place call
			in person's customary manner and maintain for 1
			minute or longer. Does not include getting to the
			phone.
			priorie.

Functional Abilities and Goals

Instrumental Activities of Daily Living (continued)

Form Instructions:

Code the person's **usual** performance during the **past 3 days** using the 6-point scale in **Column A**. If the person's performance **changed** during the **past month**, also code their **most dependent** performance in **Column B**. If the person's IADL performance was **unchanged** during the **past month**, column B should be coded the same as column A. *If the activity was not attempted*, code the reason.

Please complete the IADL Priorities section at the bottom of the page.

CODING:		nce Level				
Safety and Quality of Performance - If helper assistance is required because person's performance is unsafe or of poor quality score according to amount of assistance	A Usual	es in Boxes B Most Dependent				
 provided. Activities may be completed with or without assistive devices. o6. Independent - Person completes the activity by him/ herself with no assistance from a helper. o5. Setup or cleanup assistance - Helper SETS UP or 			11h. Medication management-oral medications: The ability to prepare and take all prescribed oral medications reliably and safely, including administration of the correct dosage at the appropriate times/intervals.			
 CLEANS UP; person completes activity. Helper assists only prior to or following the activity. O4. Supervision or touching assistance - Helper provides VERBAL CUES or TOUCHING/STEADYING assistance as person completes activity. Assistance may be provided throughout the activity or intermittently. O3. Partial/moderate assistance - Helper does LESS 			11i. Medication management-inhalant/mist medications: The ability to prepare and take all prescribed inhalant/mist medications reliably and safely, including administration of the correct dosage at the appropriate times/intervals.			
 THAN HALF the effort. Helper lifts, holds or supports trunk or limbs, but provides less than half the effort. o2. Substantial/maximal assistance - Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort. o1. Dependent - Helper does ALL of the effort. Person does none of the effort to complete the activity. Or, the 			11j. Medication management-injectable medications: The ability to prepare and take all prescribed injectable medications reliably and safely, including administration of the correct dosage at the appropriate times/intervals.			
 assistance of 2 or more helpers is required for the person to complete the activity. If activity was not attempted, code reason: 07. Person refused. 09. Not applicable - Person does not usually do this activity. 			11k. Simple financial management: The ability to complete financial transactions such as counting coins, verifying change for a single item transaction, writing a check, online/mobile bill pay, banking, or shopping.			
 88. Not attempted due to short-term medical condition or safety concerns. 			111. Complex financial management: The ability to complete financial decision-making such as budget and remembering to pay bills.			
IADL Priorities: Please ask the person to describe at le						
daily living for the next six months. If the person does	not expres	s any pers	sonal priorities in this area, please note this below.			
1.						
2.						

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Section C

Assistive Devices

Assistive Devices for Everyday Activities

Form Instructions:

Identify the person's need for and availability of each assistive device. *If no assistive device is needed to complete self-care, mobility, and instrumental activities of daily living, check "Not Applicable" box. If device is not used, code reason.*

CODING:	Enter Codes in Boxes	
Code the person's usual need for, and availability of,		12a. Manual wheelchair
assistive devices to complete self-care, mobility, or instrumental activities of daily living.		12b. Motorized wheelchair or scooter
02. Assistive device needed and available - Person needs		12c. Specialized seating pad (e.g. air-filled, gel, shaped foam)
this device to complete daily activities and has the device in the home.		12d. Mechanical lift
		12e. Walker
o1. Assistive device needed but current device unsuitable - Device is in home but no longer meets person's needs.		12f. Walker with seat
oo. Assistive device needed but not available - Person		12g. Cane
needs the device but it is not available in the home.		12h. Reacher/Grabber
If device is not used, code reason:		12i. Sock aid
o7. Person refused - Person chooses not to use needed device.		12j. Orthotics/Brace
og. Not applicable - Person does not need this device.		12k. Bed rail
		12l. Electronic bed
		12m. Grab bars
		12n. Transfer board
		120. Shower/commode chair
		12p. Walk/wheel-in shower
		12q. Glasses or contact lenses
		12r. Hearing aid
		125. Communication device
		12t. Stair rails
		120. Lift chair
		12v. Ramps
		12w. Raised toilet seat
		12x. Glucometer
		12y. CPAP
		12z. Oxygen concentrator
		Other:
		I have indicated all the devices needed.
		Not Applicable - No assistive device needed in past month

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	(10	dentifier:)					
Section D	Section D Living Arrangements, Caregiver Assistance and Availability							
Living Arrangeme	ents							
13. Identify the person's u past month.	sual living arrangement during the past 3 days and the	A Past ₃ Days	B Past Month					
CODING:								
 o4. Person lives with othe caregiver. o3. Person lives in congregion home. 	o other residents in the home. rs in the home - for example, family, friends, or paid gate home - for example, assisted living, or residential care a permanent home or is homeless .							
or. I erson was in a medic	a raciity.							
Living Arrangement Priorities: Please ask the person to describe at least one or two personal priorities in the area of living arrangements for the next six months. If the person does not express any personal priorities in this area, please note this below.								
1. 2.								
Availability of As								
14. Does the person have assistance in their home? 0. No - Do not code availability of assistance 1. Yes - Continue to question 14a.								
14a. Code the level of assi during the past mon	stance in the person's home (both paid and unpaid) th.	A Paid	B Unpaid					
CODING:								
 o5. No assistance received o4. Occasional/short term o3. Regular night time o2. Regular daytime o1. Around the clock 								

Section D

Living Arrangements, Caregiver Assistance and Availability

Availability of Paid and Unpaid Assistance

Form Instructions:

Code the **Paid** caregiver's usual ability and willingness to provide assistance with each activity during the past 3 days in **Column A** and the **Unpaid** caregiver's usual ability and willingness to provide assistance with each activity during the past 3 days in **Column B**. *If the activity was not attempted, code as not applicable (og)*.

Please complete the Living Arrangement and Caregiving Priorities section at the bottom of this page.

	-		
CODING:	Enter Codes in Boxes		
Code safety and quality of BOTH paid and unpaid caregiver assistance and their willingness to provide assistance with each of the following activities.	A Paid	B Unpaid	
 o5. Assistance not needed - No assistance needed. o4. Caregiver(s) currently provide assistance - Person's 			15a. Self-care assistance (for example, bathing, dressing, toileting, or eating/feeding).
usual caregiver(s) willing and able to provide needed assistance.			15b. Mobility assistance (for example, bed mobility, transfers, ambulating, or wheeling).
o3. Caregiver(s) need training/supportive services to provide assistance - Caregiver(s) available and need assistance to provide support.			15c. IADL assistance (for example, making meals, housekeeping, telephone, shopping, or finances).
o2. Unclear if caregiver(s) will provide assistance - Caregiver(s) available in the home but it is not clear if			15d. Medication administration (for example, oral, inhaled, or injectable medications).
caregiver(s) will provide needed assistance. o1. Assistance needed but no caregiver(s) available - Person needs assistance but no caregiver(s) available in			15e. Medical procedures/treatments (for example, changing wound dressing, or home exercise program).
 the home. oo. Assistance needed but person declines assistance - Person needs caregiving but declines this assistance. o9. Not applicable - Person does not do this activity. 			15f. Management of equipment (for example, oxygen, IV/infusion equipment, enteral/parenteral nutrition, or ventilator therapy equipment and supplies).
			15g. Supervision (for example, due to safety concerns).
			15h. Advocacy or facilitation of person's participation in appropriate medical care (for example, transportation to or from appointments).
Caregiving Priorities: Please ask the person to describ next six months. If the person does not express any pe			
1.			
2.			