

# **Attachment 3g**

**Mobile Exam Center (MEC)**

**Computer Assisted Personal Interview (CAPI)**

**& Dietary Recall (DRQ) Hand Cards**

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# **MEC CAPI Hand Cards**

## **SXQ1**

1. Lesbian or gay
2. Straight, that is, not lesbian or gay
3. Bisexual
4. Something else
5. I don't know the answer

**SXQ2**

1. Gay
  2. Straight, that is, not gay
  3. Bisexual
  4. Something else
- I don't know the answer





**DPQ1**

Not at all

Several days

More than half the days

Nearly every day

<p><b>Cigarette</b></p>	 <p>The image shows a single cigarette with a white filter and a yellow-orange tip. To its right is a close-up photograph of hands rolling a cigarette, showing the brown tobacco being packed into a white paper wrapper.</p>
<p><b>Pipe</b></p>	 <p>A classic smoking pipe with a dark, polished wooden bowl and a long, curved, dark-stained stem.</p>
<p><b>Cigar, or little cigar, or cigarillo</b></p>	 <p>The image displays four different types of cigars arranged vertically. From top to bottom: a 'Little Cigar' which is short and thin; a 'Cigarillo (Tipped)' which is longer and has a white paper tip; another 'Cigarillo' which is shorter and thicker; and a 'Cigar' which is the longest and thickest, featuring a decorative gold and black band. The text 'Cigar Images Courtesy of Legacy®' is located at the bottom right of the image area.</p>
<p><b>Water pipe or Hookah</b></p>	 <p>A hookah, also known as a water pipe, consisting of a glass or metal base (shisha) containing water, a central stem (muntazah) with a bowl (qalyan) at the top, and several flexible hoses (narghileh) for smoking.</p>

ALQ1

12 ounces  
of beer



5 ounces  
of wine



1.5  
ounces of  
hard  
liquor





## ALQ2

Per Week	Per Month	Per Year
Every day	2-3 times/month	7-11 times/last year
Nearly every day	Once/month	3-6 times/last year
3-4 times/week		1-2 times/last year
2 times/week		
Once a week		Never in the last year

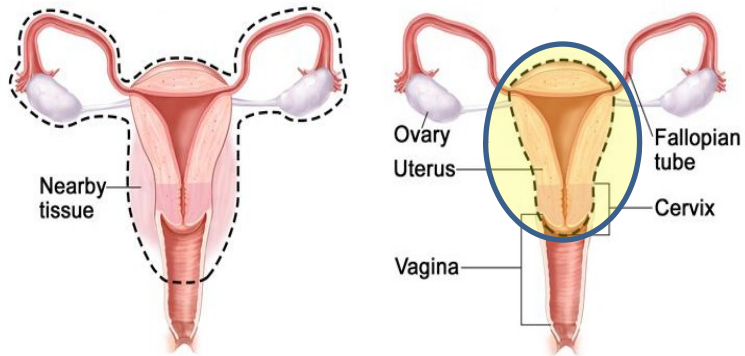
**Pregnancy**



**Breastfeeding**



**Total or Partial Hysterectomy (Surgery to Remove Uterus/Womb)**



**Menopause / Change of Life**

Vaginal dryness

Hot flashes

Night sweats

Mood swings

Sleep issues

Loss of libido



**Other**

**Medical Conditions (medical treatment, medication)**

**Excessive exercise**



# RHQ.3

1. BIRTH CONTROL PILLS
2. PATCH (Ortho Evra™, Xulane™)
3. VAGINAL RING (NuvaRing™)
4. INJECTABLE (shot given every 1-3 months of Depo-Provera™, Lunelle™)
5. HORMONAL IMPLANT (Implanon™, Nexplanon™)
6. CONDOMS OR RUBBERS (male or female condoms)
7. IUD (Intrauterine device, coil, loop, ParaGard™, Mirena™, Kyleena™, Liletta™, Skyla™)
8. DIAPHRAGM, CERVICAL CAP (FemCap) or SPONGE (Today™ sponge)
9. SPERMICIDE FOAM, JELLY, CREAM, SUPPOSITORY
10. NATURAL FAMILY PLANNING (rhythms method, StandardDays, CycleBeads, safe period by temperature or cervical mucus test)
11. STERILIZATION (tubes tied, tubal ligation, partner's vasectomy)
12. WITHDRAWAL (pulling out)
13. EMERGENCY CONTRACEPTION (pills taken within 3-5 days after sexual intercourse such as Plan B™, Preven™, Ella™, Next Choice™, Morning after pills)
14. ABSTINENCE

# Menopausal Hormone Therapy\*

RHQ 2

## Estrogen Pills

**PREMARIN**  
068\* 0.3 mg, 067\* 0.625 mg, 064\* 0.9 mg, 066\* 1.25 mg, 065\* 2.5 mg

**CENESTIN**

**ESTRACE**

**ESTRADIOL**

**ESTRATAB**

**EVEV**

**PREMARIN W/ METHYLTESTOSTERONE**

**ENJUVIA**

**AMNESTROGEN**

**DES**

**ESTRATEST**

**ESTINYL**

**ESTROCON**

**ESTRATESTH.S.**

**ESTROVIS**

**HORMONIN**

**MEDIATRIC**

**MENEST**

**MENRIUM**

**MILPREM**

**OGEN**

**ORTH-EST**

**OS-CAL MONE**

**PMB**

**FEMTRACE**

**GYNODIOL**

**SK-ESTROGENS**

**TACE**

**ZESTE**

## Estrogen Plus Progestin Pills

**PREMPHASE**

**ACTIVELLA**

**FEMHRT 1/5**

**ORTHO-PREFEST**

**PREMPRO**

**ANGELIQ**

\* Use of trade names is for identification only and does not imply endorsement by the U.S. Department of Health and Human Services or the Public Health Service.

# Menopausal Hormone Therapy\*

## Estrogen Creams and Suppositories



## Estrogen Patches



## Estrogen Gels and Sprays



## Estrogen Plus Progestin Patches



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**KIQ1**

Less than once a month

A few times a month

A few times a week

Every day and/or night

# WHQ2

## EXAMPLES OF FROZEN MEALS AND FROZEN PIZZAS



# DMQ8

## **Examples of what we learned when matching NHANES data to other data sources such as Medicare and Medicaid:**

- How housing environment may affect the levels of lead in children's blood
- Higher vitamin D in the blood lowers the risk of broken bones
- Consuming high amount of sugar can increase the risk of heart diseases
- People who live or work with smokers have a higher risk of heart attack
- Adults who exercise, eat healthy diets, and do not smoke have a lower chance of dying



# **Dietary Recall (DRQ) Hand Cards**

## **Fish**

Breaded fish products

Tuna-canned or fresh

Bass

Catfish

Cod

Flatfish

Haddock

Mackerel

Perch

Pike

Pollock

Porgy

Salmon

Sardines

Sea Bass

Shark

Swordfish

Trout

Walleye

Other type of fish

## **Shellfish**

Clams

Crab

Crayfish (crawfish)

Lobster

Mussels

Oysters

Scallops

Shrimp

Other shellfish (for example, octopus, squid)

# EXAMPLES OF AN ALCOHOLIC DRINK

*ALQ1*

12 ounces  
of beer



5 ounces of  
wine



1.5 ounces  
of hard  
liquor

